

WIDENING OUR WORLD WITH THE ENNEAGRAM CONFERENCE PROGRAM



THE ANNUAL CONFERENCE OF THE INTERNATIONAL ENNEAGRAM ASSOCIATION

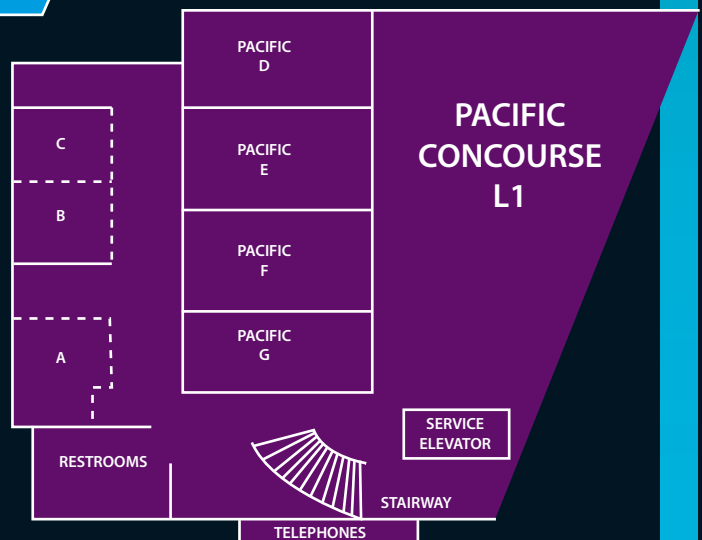
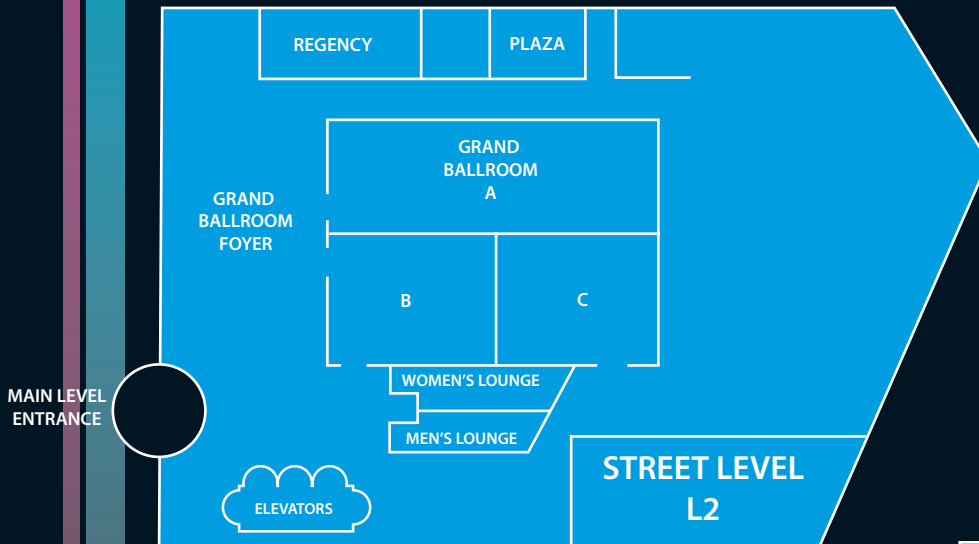
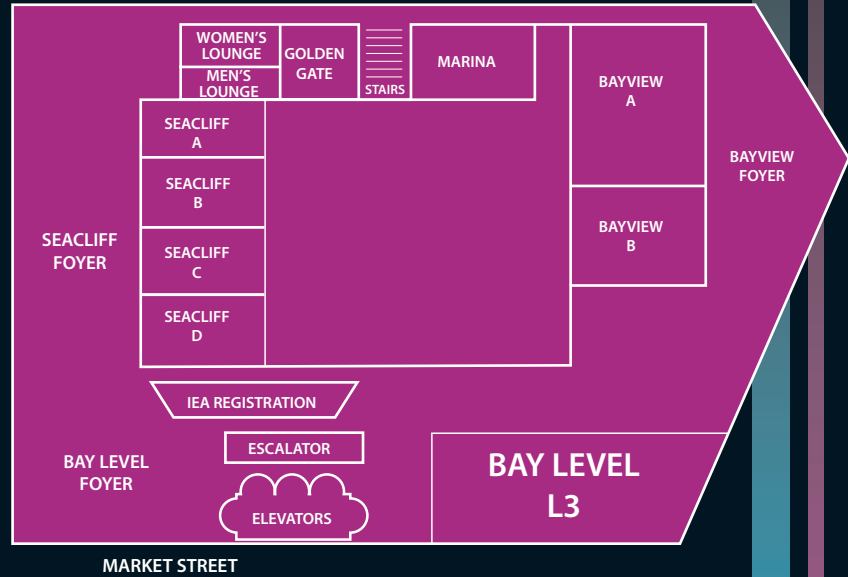
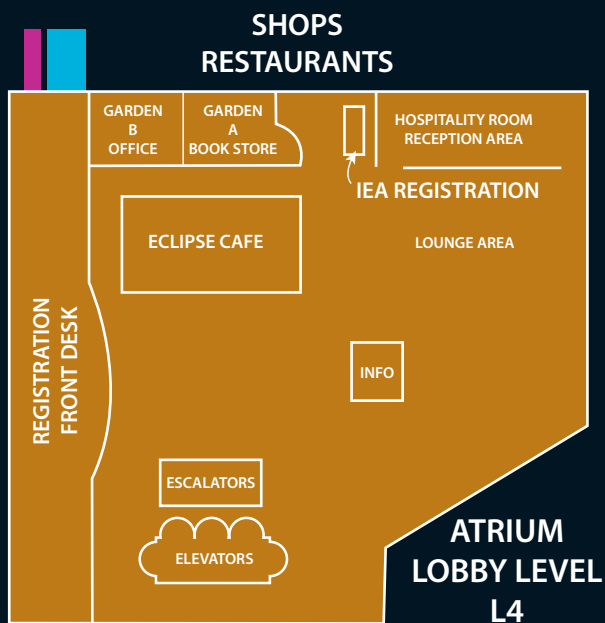
San Francisco, CA
AUGUST 12-14



IEA
international
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association

2005

HYATT REGENCY SAN FRANCISCO



WELCOME

To the IEA 2005 Conference

WIDENING OUR WORLD WITH THE ENNEAGRAM



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OUR VISION

A WORLD IN WHICH THE ENNEAGRAM
IS WIDELY UNDERSTOOD AND
CONSTRUCTIVELY USED.

OUR MISSION

TO PROVIDE A WORLDWIDE HUB
FOR THE SHARING OF ALL DEVELOPMENTS
IN THE THEORY AND ETHICAL APPLICATION
OF THE ENNEAGRAM.

IEA MEMBERS RECEIVE FANTASTIC BENEFITS

NEW! The forthcoming IEA Enneagram Journal, a high-quality professional peer-review journal publication to keep members abreast of Enneagram research and developments all over the world.

NEW! The IEA's improved and resource-rich web site: members can stay current with Enneagram knowledge while learning about Enneagram events worldwide. Find out more at www.internationalenneagram.org.

IEA Participating Membership benefits include:

- Free subscription to The Enneagram Monthly (electronic copy)
- Free IEA quarterly newsletter, Nine Points Bulletin
- Free online access to Membership Directory
- Exclusive online members-only services
- 15% discounts on numerous Enneagram books, materials, and services
- Discount on IEA conference registration fees
- Numerous opportunities to volunteer at IEA conferences and chapter events, create IEA local chapters or alliances, or to become an IEA or Chapter Board Member

And for Professional IEA Members:

- All of the above Participating Member Benefits
- Free listing of your training events on the IEA website
- Free listing on the IEA website in the "Find-a-Professional" section (Find-a-Therapist, Find-a-Coach, Find-a-Teacher, Find-a-Business Consultant, Find-a-Health Care Professional, Find-an-IEA Professional)
- Free inclusion in the IEA Webring, an international network of Enneagram Professionals
- Purchase of the IEA e-mail list
- Eligibility to present at an IEA Conference and events
- Eligibility for listing on IEA Speakers Bureau

**BE AN INTEGRAL PART OF THE EVER-WIDENING ENNEAGRAM COMMUNITY,
JOIN THE IEA and TAKE ADVANTAGE OF ALL THESE BENEFITS!**

To become an IEA member, simply:

- Call the IEA office at (513) 232-5054 or
- E-mail theIEA@aol.com
- Go to www.internationalenneagram.org

A CHAPTER-SUPPORTED ORGANIZATION

The phenomenal growth of the Enneagram in the past ten years speaks to the power of the system to affect individuals and organizations in profound ways. An integral part of this growth and of the vision of the IEA is the gathering of Enneagram students to explore the richness of the material to contribute to all of our awareness and transformation.

One way that people do this is through active and supportive local chapters. Most chapters offer local Enneagram events and learning opportunities, with programs presented by local, national, and international Enneagram teachers. In addition, they often encourage and support the formation of local Enneagram study groups.

Currently active chapters are listed below. If there isn't a chapter in your area, we invite you to organize one. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Chapter.

Contact Curt Micka, IEA Board Liaison to IEA chapters at curt@internationalenneagram.org or (612) 659-1702(v).

IEA Chapters

Colorado - Renée Rosario, Gayle Scott

ColoradoChapter@internationalenneagram.org

Greater Cincinnati - Michelle Meyer

GrCincinnatiChapter@internationalenneagram.org

Indiana - Jerry Mackel

IndianaChapter@internationalenneagram.org

Minnesota - Curt Micka

MinnesotaChapter@internationalenneagram.org

Northern California - Samantha Schoenfeld, Jack Hamilton

NorthCaliforniaChapter@internationalenneagram.org

Southern California - Kathryn Grant

SoCalChapter@internationalenneagram.org

St. Louis - Sammylane Wirth

St.LouisChapter@internationalenneagram.org

Virginia - David Israel

VirginiaChapter@internationalenneagram.org

IEA FOUNDERS

The IEA will be forever grateful for the hard work and pioneering spirit of our Founders, Maria Beesing, David Daniels, Theodorre Donson, Andreas Ebert, Russ Hudson, Kathy Hurley, Patrick O'Leary, Helen Palmer, and Don Riso.

Maria Beesing



Maria C. Beesing, O.P. was the first President of the IEA. A Dominican Sister, she spent eighteen years in elementary education and began ministering as a spiritual mentor, retreat director and facilitator of seminars on spiritual and personal growth. In 1984, she co-authored *The Enneagram: A Journey of Self-Discovery* with Patrick O'Leary and Robert Nogosek. She has presented Enneagram workshops in the USA, Canada, Latin America, Pakistan, and Europe. Currently, she is the co-director of the Collaborative Dominican Novitiate in St. Louis.

David Daniels



David Daniels, M.D., Clinical Professor, Department of Psychiatry at Stanford, maintained a private psychiatric practice in Palo Alto for over 30 years. Together with Helen Palmer, he created the Enneagram Professional Training Program in 1988. Dr. Daniels served as co-director of the First IEA Conference at Stanford University in 1994. He now teaches the Enneagram worldwide. He is also co-author of *The Essential Enneagram* and co-producer of the DVDs "The Nine Paths to a Productive and Fulfilling Life" and "The Enneagram in the Workplace."

Theodorre Donson



Theodorre Donson, M. Div. is a lecturer and author in psychology and spirituality. Donson draws upon the spiritual masters and leading psychologists while stressing the importance of personal renewal and healing. Theodorre is co-author with Kathy Hurley of three Enneagram books: *Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality*; *My Best Self: Using the Enneagram to Free the Soul*; and *What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self*, now published in eight languages.

Andreas Ebert



Andreas Ebert was born in Berlin in 1952. He studied Protestant Theology at Neuendettelsau, Tübingen, Würzburg, and Heidelberg. He is co-founder and pastor of the Base Community of Lorenzer Laken in Nuremberg, Deputy Director of the Lutheran Community Theological College in Celle, Germany. He is also a translator, author, and President of the Ecumenical Enneagram Work Group in Germany.

Russ Hudson



Russ Hudson is the Executive Director of Enneagram Personality Types, Inc. and co-founder of The Enneagram Institute. Russ co-teaches the Riso-Hudson Enneagram Professional Training Programs and is a former vice-president of the IEA. He teaches the Enneagram in Europe, Asia, Africa, South America, Australia, and the United States.

Russ co-authored the following books with Don Riso: *The Wisdom Of The Enneagram, Personality Types* (revised edition), *Understanding the Enneagram* (revised edition),

Discovering Your Personality Type (revised edition), and the audiotape *The Power Of The Enneagram*. Russ also assisted Don Riso in writing *Enneagram Transformations*.

Kathy Hurley



Kathy Hurley has been teaching about various aspects of personal change since the early 1980s, devoting herself to community leadership and awakening the human spirit to reclaim its destiny, freedom and greatness.

She is co-author with Theodorre Donson of three Enneagram books: *Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality*; *My Best Self: Using the Enneagram to Free the Soul*; *What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self*, now published in eight languages.

Patrick O'Leary



Patrick H. O'Leary, M.S., M.Div. is a speaker, facilitator and consultant who has been researching and teaching personality theory on four continents since 1971. His management-consulting firm specializes in developing the communication and conflict resolution skills of team leaders. He also teaches business courses at Cleveland State University.

In 1984 he co-authored *The Enneagram: A Journey of Self-Discovery*, which is now available in six languages. O'Leary has authored tape sets, articles and a psychometric instrument to identify type. He served as the IEA's Executive Director in 1996.

Helen Palmer



Helen Palmer is a teacher of psychology and intuition and the author of five books about human consciousness. Two of her Enneagram books now appear in 21 foreign languages. She is also featured in a PBS documentary *Breaking Out of the Box: Discovering the Enneagram*.

Together with David Daniels, M.D. she co-directs The Trifold School, an international teaching network, training and certification program. Co-Director of the first IEA conference at Stanford University, she has been a faculty member at JFK University School of Consciousness, and Esalen Institute. Helen is an elected fellow of the Institute of Noetic Sciences and the World Business Academy.

Don Riso



Don Riso, M.A. is President of Enneagram Personality Types, Inc., and co-founder of The Enneagram Institute. Don is also the author of five Enneagram books: *The Wisdom of the Enneagram*, *Personality Types*, *Understanding the Enneagram*, *Discovering Your Personality Type*, and *Enneagram Transformations*. These are currently available in multiple languages, among them English, German, Italian, Japanese, Chinese, Korean, Spanish, Dutch, Hungarian, and Portuguese.

In addition, Don teaches the Enneagram in Europe, Japan, China, South Africa, South America, and throughout the United States.

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IEA BOARD OF DIRECTORS 2005

Ginger Lapid-Bogda: President (Enneagram type 2)

Santa Monica, CA, USA



Ginger Lapid-Bogda, Ph.D., is an organization development consultant for Fortune 500 companies, service organizations, nonprofits, and law firms. She is a member of the OD Network and NTL, teaches at several universities, and is the author of *Bringing Out the Best in Yourself at Work: How to Use the Enneagram System for Success* (McGraw-Hill, 2004). ginger@internationalenneagram.org

Beatrice Chestnut: President-elect (Enneagram type 2)

San Francisco, CA, USA



Beatrice Chestnut, Ph.D., M.F.T. has a private psychotherapy practice, facilitates groups, and teaches Enneagram workshops. She has taught at Northwestern University and the University of San Francisco's School of Law. She facilitates interpersonal learning groups at Stanford's Graduate School of Business and the USF School of Law.

Bart Wendell: Vice-president (Enneagram type 9)

Petersham, MA, USA



Bart Wendell, Ph.D. is a management psychologist who consults to companies going through organizational transitions. He also facilitates strategy development and implementation at the executive and board levels in the corporate, nonprofit, public and academic worlds. bart@internationalenneagram.org

Andrea Isaacs: Secretary (Enneagram type 4)

Troy, NY, USA



Andrea Isaacs designs and conducts programs in Emotional and Physical Intelligence based on the relationship between personality and the body. She is on the faculty for the Riso-Hudson Training Program, is a co-founding editor/publisher of the Enneagram Monthly, and has published numerous articles. Andrea also teaches workshops internationally and sees private clients.

andrea@internationalenneagram.org

Laurie O'Brien: Treasurer (Enneagram type 2)

Rochester, NY, USA



Laurie O'Brien is the Director of Finance and Administrative Operations for Fuji Film e-Systems Inc. in Rochester, New York, where she is responsible for all aspects of financial reporting and human resources management. She has been involved in accounting, finance and human resources for over 20 years. laurie@internationalenneagram.org

Francoise Chesaux: (Enneagram type 7)

Redondo Beach, CA, USA



Francoise Chesaux, M.B.A. was born and raised in Venezuela and relocated to Europe, where she started her career in advertising as a creative director in multiple media. Upon moving to the United States, she has continued to provide multilingual marketing and creative services to companies, both domestically and internationally. francoise@internationalenneagram.org

Tom Flautt: (Enneagram type 5)

Cincinnati, OH, USA



Tom Flautt, Ph.D. was president of the IEA from 2001-2003. Since retiring from Procter and Gamble, his professional focus has been on introducing the Enneagram to organizations, teaching at the Institute for Learning in Retirement at the University of Cincinnati, and researching the relationship between Myers Briggs and the Enneagram. tom@internationalenneagram.org

Curt Micka: (Enneagram type 1)

Minneapolis, MN, USA



Curt Micka, J.D. is the president of Conflict Management Services, providing mediation, facilitation, and conflict coaching services. He mediates special education, workplace, neighborhood, divorce, small business and organizational disputes. He is also the president of the Minnesota Chapter of the IEA. curt@internationalenneagram.org

Deborah Ooten: (Enneagram type 8)

Cincinnati, OH, USA



Deborah Ooten, Ph.D. is the founder/director of the Conscious Living Center, The School of Conscious Living and Enneagram Connections. These companies are dedicated to bringing conscious transformation of body, mind and heart through training and coaching to individuals, groups and companies. She also presents workshops, teaches, and is a life coach. deborah@internationalenneagram.org

Uranio Paes: (Enneagram type 5)

Sao Paulo, BRAZIL



Uranio Paes, M.B.A. is a Brazilian management consultant, coach and Enneagram teacher with over 2,000 students. He runs "UP9 DESENVOLVIMENTO HUMANO," a company dedicated to Enneagram applications in businesses, and works with several leading organizations in South America. uranio@internationalenneagram.org

Arnaldo Pangrazzi: (Enneagram type 3)

Roma, ITALY



Arnaldo Pangrazzi, Ph.D. is president of the Associazione Italiana Enneagramma (AIE) and author of *Sentieri verso la libertà: l'enneagramma come teoria della personalita* (Spanish version available). A professor of pastoral care and counseling, he teaches the Enneagram throughout Europe, South America and Asia, and is also the author of books on loss and grief, suicide, pastoral care, training health care volunteers, and death and dying. arnaldo@internationalenneagram.org

Gayle Scott: (Enneagram type 1)

Boulder, CO, USA



Gayle Scott comes from a 25-year career in international film and television production. A certified teacher and faculty member of the Riso-Hudson Enneagram Institute, she co-teaches Riso-Hudson teacher certification trainings across the U.S. A founding Board member of the Southern California chapter of the IEA, she relocated to Boulder, Colorado in 2002 to pursue her psychospiritual studies in the Diamond Approach / Rihwan School. She is the Director of the Enneagram Institute of Colorado and the founding co-chair of the Colorado chapter of the IEA. gayle@internationalenneagram.org



IEA PRESIDENT'S WELCOME

Ginger Lapid-Bogda Welcome Letter + Photo

to come

Our heartfelt appreciation goes out to the many dedicated organizers, workers and volunteers who donated their time, energy and love throughout the year toward making the 2005 IEA Conference a reality.

IEA Administrator, Sandy Hatmaker

Administrative Assistant, Becky Norman

Conference Committee

Gayle Scott, Conference Chair

Beatrice Chestnut

Deborah Ooten

Francoise Chesaux

San Francisco Area Liaison

Samantha Schoenfeld

Members of the Northern California Chapter of the IEA including Joni Harris-Minault, Liz Holdship, Liz Blackford, and Jane Tight

Program Book

Design and Layout: Doris Jeffers, DJ Designs

Graphics: Juan M. Noguerol

Editorial: Gayle Scott and Beatrice Chestnut

Conference Recording Service, Inc., Richard Page

Conference Book Store, Andrea Isaacs

On-site Photographer, Ken Sergi

Spanish – English Translator, Fernando Puyol

Prestige Travel, Cincinnati, Ohio

Room Coordinators

Head Room Coordinator: Sandy Jaffe

Advisor: Eric J. Wheeler

Kasey Arnold-Ince, Victoria Brown, Elisabeth Cravens, Susan Dorf, Ben Eiland, Cheryl Fraenzl, Kerena Gordhamer, Ben Eiland, Diane Howard, Debra Hubert, Fabrice Hubert, Harriet Moss, Charlotte Ormond, Marci Rinkoff, Elizabeth Rood, Ben Saltzman, Ernesto Sanchez, Mark Taylor, Barbara Thomas, Jane Tight, Mitchell Tsai.

Silent Auction Coordinators:

Andrea Isaacs, Anne Muree and Sandy Hatmaker

Promotion:

Francoise Chesaux, Bea Chestnut, Sandy Hatmaker

Promotional Assistance:

Wanda Brown, Kathryn Grant, Enneagram Monthly, Daniel Hamlin, Melissa Hampton, David Israel, Doris Jeffers, Ginger Lapid-Bogda, Michelle Meyer, Carl Micka, Merri Monks, Peter O'Hanrahan, Don Riso, Samantha Schoenfeld, Dave Warner, Evangeline Welch, Sammylane Wirth.



WELCOME FROM THE IEA 2005 CONFERENCE DIRECTOR, GAYLE SCOTT

It is my great pleasure and privilege to welcome you to the 2005 IEA Conference, *Widening our World with the Enneagram*.

The Enneagram, as we've come to realize, is staggeringly true and endlessly revealing, both as a method of inquiry and a tool of liberation.

The profound wisdom of the Enneagram calls for a sincere and respectful approach, and rewards us with a ripening of spirit. It's exciting to be living at a time when the Enneagram is becoming increasingly relevant and respected around the world, as we witness its development and evolution progressing organically, authentically, person to person and culture to culture.

I am happy to welcome so many of the foremost innovators, authors, researchers and teachers of the Enneagram here to present their latest findings and share their ongoing explorations in the field via a wondrous array of topics and themes.

We are honored to have psychotherapist, educator and researcher Daniel Siegel with us to deliver the Keynote address. Dan Siegel is a pioneer in the field of interpersonal neurobiology and the development of personality and he brings insights from his extensive experience in psychiatry and brain research to the expanding province of Enneagram studies.

I'm especially thrilled that A.H. Almaas, the founder of the Diamond Approach and the Ridhwan school of psychospiritual studies, is participating in his first IEA conference, along with senior Ridhwan teacher, Sandra Maitri. As a Ridhwan student, it has long been an aspiration of mine to help further creative communication between the Diamond Heart and Enneagram communities.

I would like to express my deep appreciation to the IEA Board of Directors, especially Ginger Lapid-Bogda and Bea Chestnut, for their abiding vision and guidance, and for giving me this unique opportunity to serve the greater Enneagram community. A special thank you to our most dedicated and resourceful administrator, Sandy Hatmaker, who always manages to pull the needed rabbit out of the hat.

All of us who are keenly drawn to the Enneagram, whether we use it to motivate and improve performance, deepen our compassion and enhance our relationships, or uncover and liberate our True Nature, are helping to nourish and preserve what is real and precious and essential in the magnificent realm of humanity.

May each and every one of us taste and savor the nourishing fruits of this annual labor of love during this 2005 IEA conference weekend in the beautiful city of love, San Francisco.

Gayle Scott

SPECIAL EVENTS

THURSDAY

WELCOME RECEPTION

5:00pm – 7:00pm Hospitality Room, Lobby Level

Come join your colleagues, greet old friends and make new acquaintances. Nibble and nosh, enjoy a drink at the cash bar and get oriented to the conference.

FRIDAY

PROFESSIONAL MEMBERS RECEPTION

6:00pm – 7:30pm Hospitality Room, Lobby Level

A fun get-together for all Professional level members of the IEA hosted by the IEA Board of Directors. Eat, drink, and merrily socialize and network with your colleagues.



FRIDAY NIGHT CABARET: IS ENNYBODY HOME?

8:00pm – 10:00pm Grand Ballroom A

A musical theatrical exploration of the nine Enneagram fixations.

Written and performed by singer/composer/actor Sheilah Glover in collaboration with Julie Foster.

A delightful and witty one-woman show...it's a "don't miss!"

— Gene Prince, San Francisco Bay Times

SATURDAY

CURRENT IEA CHAPTER HEADS BREAKFAST

7:30am – 8:30am Eclipse Café, Lobby Level

Hosted by IEA Board Member and Chapters Liaison, Curt Micka. An opportunity for chapter heads to meet over breakfast, share ideas and learn about each chapter's organization and activities.

BUSINESS CONSULTANTS' NETWORKING MEETING

12 Noon – 1:30pm Hospitality Room, Lobby Level

Facilitated by Ginger Lapid-Bogda & Michael Goldberg

Meet other consultants and trainers using the Enneagram in organizations and learn from marketing experts — tips on marketing your professional practice.

A special lunch event to meet other organizational consultants and to gain invaluable information on understanding and researching your market, building effective marketing plans, promoting your practice, and selling your services.

In addition to networking, a panel of marketing experts will share practical ideas and techniques for marketing your services to current clients and future prospects.

Although this lunch meeting is designed for people currently using (or who want to use) the Enneagram in organizations, if you are interested in learning how to get your services used in other areas such as psychotherapy and spirituality, feel free to join us.

There is a \$5 lunch fee (gourmet pizza) and you need to register in advance at the IEA registration table if you plan to attend. No-fee sign-ups at the door for those not planning to eat!

SPECIAL EVENTS

SATURDAY *continued*

FOUNDERS' RECEPTION FOR PRESENTERS

6:00 – 7:30pm Hospitality Room, Lobby Level

A venerable tradition at the IEA conference. As a thank you for sharing your enthusiasm and expertise with our community, all 2005 conference presenters are invited to come and meet the IEA Founders, partake of wine and h'ors d'oeuvres, and enjoy the company of friends and colleagues.

SILENT AUCTION

7:00pm – 9:00pm Grand Ballroom A

Get your bids in early! The auction committee members have been roaming near and far, gathering lovely and exciting gifts to auction off — everything from original art, handcrafted jewelry, and all manner of desirable gift certificates, to autographed Enneagram books, tapes and CDs, and free or deeply discounted tuition to several Enneagram training courses. Winners will be announced at 9:00 during the Dance Party.

This year the auction proceeds will go toward the IEA's latest project: editing and publishing a professional Enneagram peer-review Journal — an exciting Enneagram first!

SATURDAY NIGHT DANCE PARTY

8:00pm – 11:00pm Grand Ballroom A

We'll all want to kick up our heels after so much intense Head Center activity, so whether you like to rock, swing, Charleston or boogie, be sure to join us at the Saturday Night Social and Dance Party. Our musical host is Darlene DuCharme, one of San Francisco Bay Area's most popular DJ's, guaranteed to get everyone out on the dance floor.

Come enjoy the festivities. There will be good music, food, a no-host bar, and surprise entertainment!

Please bring your conference name badge for admission.

Non-registered spouses and partners can purchase \$15 tickets at the door.

SUNDAY

NEW AND POTENTIAL IEA CHAPTER HEADS BREAKFAST

7:30am – 8:30am Eclipse Café, Lobby Level

If you are interested in starting an IEA chapter in your area, please come join IEA Chapters Liaison Curt Micka for breakfast. Learn how to start a local chapter and get useful information and tips on the organization, structure and benefits of IEA chapters.

CLOSING CEREMONY

12 Noon – 1:30pm Grand Ballroom A

Gurdjieff Movements: Hymn To The Sun

Group participation ritual Movements led by Marta Molinotti and Annamaria Squarciapino

See pages 34 and 47 for more information.



2005 IEA CONFERENCE SESSIONS BY TRACKS

MEDITATION & MOVEMENT

Early Morning Sessions

Jessica Dibb, *Breathwork for Integrating and Enhancing your IEA Conference Journey and Vision*. (Saturday and Sunday)

Anna Maria Molinotti and Marta Squarciapino, *Reawakening Meditation: Ritual Meditation Involving Gurdjieff Movement*. (Saturday and Sunday)

Deborah Dove Eudene, *Hatha Yoga – Gentle Floor Work*. Yoga mats provided. (Saturday and Sunday)

Closing Ceremony

Anna Maria Molinotti and Marta Squarciapino – *Gurdjieff Movements, Hymn to the Sun*. (Sunday)

SPIRITUALITY

Eli Jaxon-Bear, *The Enneagram of Liberation: from Fixation to Freedom*. (Friday and Saturday)

Sandra Maitri, *The Passions and Virtues, Part I and II*. (Friday)

Patrick O'Leary, *Enneagram Arrows: As Seen from the Insights of Ignatian Discernment of Spirits*. (Saturday)

Helen Palmer, *Psychological and Spiritual Integration: Basic Theory and Contemplative Methods, Part I*. (Saturday) Part II. (Sunday)

Arnaldo Pangrazzi, *Forgiveness and the Nine Types*. (Friday)

A.Racily, *The Challenge Point and the Breakthrough Point: Arrows Pointing to Essence*. (Friday)

Don Riso and Russ Hudson, *The Enneagram and the Fourth Way: Transmission and the Spiritual Context of the Enneagram*. (Sunday)

Santikaro, *The Concocting of Type-Based Suffering*. (Saturday)

Jessica Dibb, *Experiencing Essence Through Conscious Awareness and Embodiment of the Three Instincts*. (Saturday)

PSYCHOLOGY AND PERSONAL DEVELOPMENT

Lila Caffery, *The Inner Child: Revisiting the Creation of the Defense*. (Saturday)

Judy Cardoza, *Discovering the Dynamic Enneagram: A Process Model for Personal and Professional Development*. (Saturday)

Tom Condon, *Ericksonian and NLP Approaches to Working with the Enneagram Part I: The Secret Structures of Enneagram Styles*. (Friday)
Part II: Metaphors That Drive Enneagram Styles. (Saturday)

Tom Condon and Carol Erickson, *Ericksonian and NLP Approaches to Working with the Enneagram Part IV: Ericksonian Demonstration and Double Induction*. (Sunday)

David Daniels and Dan Siegel, *Attachment Theory and the Enneagram: An Exploration of Power and Congruence of the Two Systems in Healthy Parenting and Relationships*. (Friday)

Carol Erickson, *Ericksonian and NLP Approaches to Working with the Enneagram. Part III: Homework, Therapy & Enneagram Styles*. (Saturday)

Lissa Friedmann, *Working With Couples for Awakening*. (Saturday)

Belinda Gore, *Guiding the Inner Journey*. (Friday)

Brian Grodner, *Enhancing Personal Growth and Therapeutic Effectiveness with Innovative Therapy Strategies*. (Friday)

Peter O'Hanrahan, *Body, Breath, Emotion and the Nine Types*. (Saturday)

Eric Lyleson, *Essential Wholeness, Nine Steps to an Evolution of Consciousness*. (Saturday)

Joseph Pirone, *Psychodramatic Facilitation of Morphic Resonance Through Enneagram Style in Bert Hellinger's Constellation Encounters*. (Friday)

Don Riso and Russ Hudson, *The Enneagram and the Superego: An Introduction to the Psychic Structures, Part I* (Friday)
Part II (Saturday)

Annette Spiezio, *The Addictive Nature of Our Enneagram Types*. (Friday)

Jerry Wagner, *Know When to Hold 'Em and Know When to Fold 'Em: Holding on to Adaptive Schemas and Letting Go of Maladaptive Schemas*. (Sunday)

INNOVATIVE APPLICATIONS

J. Russell Burck, *Ethics and the Enneagram*. (Saturday)

Leonard Carr, *The Enneagram on Trial*. (Friday)

Katherine Chernick-Fauvre and David Fauvre, *Enneastyle: The Secret Language of Enneagram Type*. (Friday)

Michael Hampson, *The New Foundations of the Enneagram*. (Friday)

Andrea Isaacs, *Emotional and Physical Intelligence and the Enneagram*. (Friday)

Roxanne Howe-Murphy and Barbara Wieland Mark, *Conversations on Women's Midlife Journey: From Transistion to Transformation with Loving Presence*. (Saturday)

Deborah Ooten, *Spiral Dynamics and the Enneagram*. (Friday)

Johanna Putnoi, *Body Intelligence: A Somatic Approach to the Enneagram*. (Saturday)

David Rapkin, *A Channeled Conversation with Monocles*. (Friday)

BUSINESS

Wendy Appel and Pam Rollin, *Emotional Intelligence and the Enneagram: Brains, Behavior, and Beyond*. (Saturday)

Gail Barber and Cathy Wright, *Everybody Wins: Using the Enneagram for Effective Negotiations*. (Friday)

Amir Gabriel Castro and Daniel Castro, *Managerial Being Program: Human Development in Organizations*. (Friday)

Colleen Gentry and Krisann McCormick, *Building Uncommon Wisdom: The Enneagram and Executive Coaching*. (Friday)

Kathy Hurley and Theodorre Donson, with Chad Jorgensen and Kathryn Norman, *Compassion in the Workplace: How the Enneagram Is Enhancing the Corporate Culture of Nu-Ear Electronics*. (Friday)

Kathy Hurley and Theodorre Donson, *Re-VISIONing Professional Relationships with the Enneagram, Part I*. (Saturday)
Part II. (Sunday)

Ginger Lapid-Bogda, *Transforming Teams with the Enneagram*. (Saturday)

Mario Sikora, *From Awareness to Action: Enneagram Strategies and a Model for Change*. (Saturday)

Jerry Wagner and Jim Armstrong, *Developing Our Inner Leader and Coach*. (Friday)

Jerry Wagner and Jim Armstrong, *Adjusting Our Self-Boundaries to Optimize Working Relationships*. (Saturday)

Bart Wendell, *The Enneagram in Business: A Panel of Executives*. (Friday)

ARTS & EDUCATION

Michael Goldberg, *The Enneagram and Homer's Odyssey*. (Saturday)

Judith Searle, *Story Genres and Enneagram Styles*. (Saturday)

GENERAL 2005 EVENT INFORMATION

1. NAME BADGE – YOUR TICKET TO THE CONFERENCE

Please wear your name badge at all times for admittance to all activities, including presentations, receptions, and special events.

2. IEA REGISTRATION AND INFORMATION CENTER

Thursday the registration table will be located in the Bay Level foyer from 8:00am to 2:00pm, and then on the Lobby Level near the Hospitality Room from 4pm to 8pm. Friday morning registration is 7am to 9:30am in the Grand Ballroom Foyer and 10am to 5pm in the Bay Level Foyer. Thereafter, the registration table will become the IEA Information Center. There will be at least one person there at all times during the conference to assist you.

3. COMMUNICATIONS

A cork bulletin board, located in the IEA Information Center, is available for leaving messages for people attending the conference.

4. LOST AND FOUND

Please see the hotel front desk for anything related to the Lost and Found.

5. RESOURCE AREA

Tables near the IEA Information Center are provided for your professional materials, brochures, business cards and flyers. Check out the latest your colleagues have to offer.

6. SESSION BREAKS

We will be serving coffee, tea, and pastries Friday morning in the Grand Ballroom Foyer, and Saturday and Sunday mornings in the Seacliff Foyer on the Bay Level. Hot and cold beverages and light snacks will be available during the 30-minute mid-morning and afternoon breaks between sessions in the Seacliff Foyer.

7. LUNCH

Box lunches will not be provided this year. You may enjoy lunch in the hotel at the Eclipse Cafe on the Lobby Level or the many restaurants in the Embarcadero Center adjacent to the hotel. A list of restaurant and take-out options is provided with your registration packet.

8. ATTENDANCE AT SESSIONS

Attendance at sessions is limited by room size. Please arrive early if you want to be assured admittance.

9. SCHEDULE AND ROOM CHANGES

Schedule or room changes will be noted on the white board near the IEA registration area and will also be announced, when possible, at the beginning of each session.

10. ENVIRONMENTAL SENSITIVITY

Please mute your cell phones and pagers during sessions. If you are taking session notes on a laptop computer, please sit in the back of the room so as not to disturb others.

11. PHOTOGRAPHY

Ken Sergi is the designated IEA conference photographer. He will be screening a slideshow of conference photographs during the Saturday Night Party. His photographs will be available online at <http://www.kensergi.com> for viewing and purchase after the conference.

As a courtesy, please do not take personal photographs of presenters while they are teaching sessions.

12. CONFERENCE RECORDINGS

Most conference sessions are being recorded by Conference Recording Service, Inc. Audiotapes will be available for sale after each session. Complete sets of tapes will be available for purchase on Sunday. See the order form in your packet for special package rates. Audiotapes can be purchased anytime during or after the conference. No personal recording devices will be allowed in the conference sessions.

13. EVALUATION FORMS

Please complete the evaluation forms for each session you attend and give them to the room coordinator at the end of the session. This will help us in our conference planning. We will also provide evaluation forms at the end of the conference so you can give us feedback on the conference as a whole.

14. CONFERENCE BOOKSTORE

The Conference Bookstore has an amazing variety of Enneagram books and materials for sale. It is remarkable to find the classics and the newest works all in the same place. The bookstore is located in Garden Room A located on the Atrium / Lobby level.

Our thanks to our bookstore proprietor, Andrea Isaacs.

Bookstore Hours:

Thursday: 4pm - 9pm	Saturday: 12 Noon - 7:30pm
Friday: 10 am - 7pm	Sunday: 8:30 am - 2:30 pm

15. SMOKING POLICY

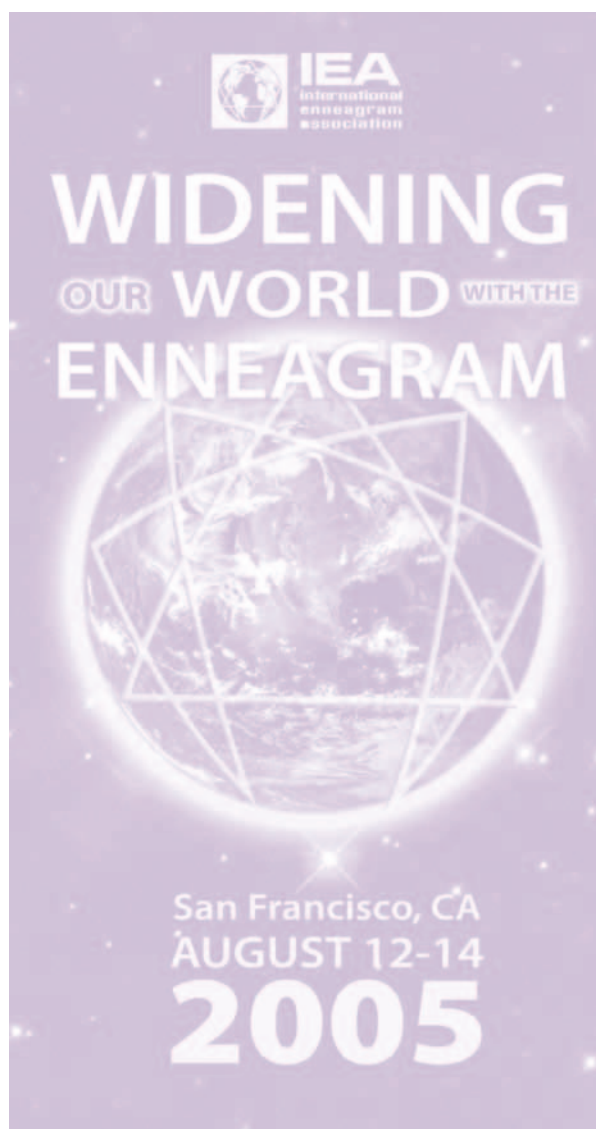
Please follow the hotel guidelines for smoking.

16. DOOR PRIZE

During the closing session on Sunday there will be a drawing. Someone (maybe you!) will win a free registration for the 2006 IEA Conference in Chicago! Your completed overall conference evaluation form, which will be given to you at the end of the Sunday morning session, will be your ticket to win. You must be present to win.

THURSDAY PRE-CONFERENCE DAY AT-A-GLANCE

TRACK/TIME	NAME	LOCATION
8:00am – 2:00pm	Registration	Bay Level Foyer
<i>8:00am – 9:00am</i>	<i>Morning Coffee, Tea and Pastries</i>	<i>Seacliff Foyer</i>
8:30am – 12 noon	Panels (Part 1: Types Three, Six, Nine, One)	Marina
8:30am – 12 noon	International Event	Seacliff AB
12 noon – 1:00pm	Luncheon for Registered Pre-Conference Day Attendees. Please show your pass at the door.	Bayview A
1:15pm – 6:00pm	Panels (Part II: Types Four, Two, Eight, Five, Seven)	Marina
1:00pm – 6:00pm	A. H. Almaas Afternoon Session	Seacliff ABCD
<i>3:30pm – 4:30pm</i>	<i>Afternoon Break & Refreshments</i>	<i>Seacliff Foyer</i>
4:00pm – 8:00pm	Registration	Hospitality Room, Lobby Level
5:00pm – 7:00pm	Welcome Reception	Hospitality Room, Atrium Level



THURSDAY, PRE-CONFERENCE DAY

INTERNATIONAL EVENT

Moderated by Uranio Paes and Arnaldo Pangrazzi

Thursday, 8:30am – 12 Noon.

SEACLIFF AB

Join us for this unique opportunity to meet, learn from, and network with Enneagram practitioners and enthusiasts from different parts of the world. Learn more about our various cultures, and discuss the role of national culture in the study and teaching of the Enneagram. Through interviews and dialogue, we will explore whether and how Enneagram teachers adapt their teaching when presenting in different cultural settings.

We will also update each other on what's going on

with the Enneagram around the world and talk about the IEA's ongoing efforts to expand internationally. If you have an interest in how the Enneagram is currently situated on the global stage, you won't want to miss this lively get-together with international Enneagram practitioners.



Uranio Paes is a Brazilian management consultant, coach and Enneagram teacher with more than 3,000 students. Uranio runs "up9 Desenvolvimento Humano,"

dedicated to Enneagram applications in business, working for several leading organizations in South America. He is certified by Palmer and Daniels and is a

member of the IEA Board of Directors, visioning and leading its international growth plan. www.up9.com
E-mail: uranio@up9.com.br.



Arnaldo Pangrazzi, Ph.D. is president of the Associazione Italiana Enneagram (AIE) and author of *Sentieri Verso la Liberta': L'enneagramma come Teoria della Personalita'*. A professor

of pastoral care and counseling, he teaches the Enneagram throughout Europe, South America, and Asia, and is also the author of books on loss and grief, suicide, pastoral care, health care volunteers, and death and dying.

AN INTRODUCTION TO THE NINE ENNEAGRAM PERSONALITY TYPES: PANELS OF EXEMPLARS

Moderators: Beatrice Chestnut and Toni Marie Clifton

8:30am – 12 Noon and 1:15pm – 6:00pm
MARINA

This special introduction to the Enneagram personality types will provide a window into the attentional patterns and personality dynamics of each of the nine types. The experience of each type will be communicated vividly through 'panels' of representatives who will discuss, through stories and real-life examples, how their personality type operates in everyday life. This workshop draws on the power of personal testimony to express the distinct character of each of the nine types. The moderators will interview each panel to bring the key psychological characteristics and core dynamics of each personality to life.

8:30am – 9:15am TYPE THREE

9:25am – 10:10am TYPE SIX

10:20am – 11:05am

11:15am – 12 Noon

12:00 – 1:15pm

1:15pm – 2:00pm

2:15pm – 3:00pm

3:15pm – 4:00pm

4:15pm – 5:00pm

5:15pm – 6:00pm

TYPE NINE

TYPE ONE

LUNCH

TYPE FOUR

TYPE TWO

TYPE EIGHT

TYPE FIVE

TYPE SEVEN



Beatrice Chestnut is a licensed MFT who has a private practice in San Francisco. She works with individuals, couples, and groups. She has a PhD in Communication and an MA in clinical psychology. She has been working with the Enneagram since 1990 and has been certified to teach the Enneagram by Helen Palmer and David Daniels. She currently serves on the Board of Directors of the

International Enneagram Association and was chairperson of the 2004 IEA conference in Washington, DC.



Toni Marie Clifton, MPH, has 35 years experience in mental health. Trained in analytical psychology, she studied with Virginia Satir, A.H. Almaas, Helen Palmer and others. In

her practice, she combines her knowledge of the Enneagram with her knowledge of psychology and philosophy. Ms. Clifton presents at international and national Enneagram Conferences and has taught Enneagram workshops for many years. Her practice includes working with private and public agencies, groups, couples, and individuals. She produced a 10-video series entitled "The Nine Paths: Ancients Teachings of the Personality."

THURSDAY, PRE-CONFERENCE DAY

A.H. ALMAAS

The Enneagram; A Key to Completeness

1:00pm – 6:00 pm

Seacliff ABCD



The map of the Enneagram is a design that can unlock the secrets of reality on any of its dimensions of existence or experience. With the correct alignment and understanding of the map it can work as an access to the wisdom necessary on these dimensions of reality.

The original use of the Enneagram is to access the wisdom of spiritual realization. To the truly interested and aligned, the Enneagram can give insight into what reality is like in spiritual realization, what the barriers to such realization are, and can provide us with guidance about the direction to such spiritual liberation.

The map of the Enneagram can also give knowledge and insight into the workings of our everyday consciousness, our personality patterns and tendencies. The wisdom of these two dimensions of experience -- that of the spiritual dimension and that of everyday experience -- are both necessary for the integration that leads to human maturity, the development tantamount to completeness.

Beyond ambition, beyond attainment, is home.

Contentment without content; peace, uncaused.

— A.H. Almaas

A.H. Almaas is the pen name of A. Hameed Ali, the originator of the psychospiritual teaching and method known as the Diamond Approach.® Born in Kuwait, his academic background is in physics, mathematics, and psychology.

Ali has developed the Diamond Approach® over the last 25 years. He discovered, through self exploration and work with others, that the ego, or personality, is not only an impediment to growth and happiness, but also covers up vital aspects of us that we need if we are to feel fulfilled or at peace or to acquire the ability to be present and operate in the real world. His teaching emphasizes that these aspects of essence are still available to us and that the personality offers a path to rediscovering them.

In 1975, Ali founded the Ridhwan School in Boulder, Colorado and Berkeley, California. The school now has about 900 members around the United States and abroad, with students in Canada, Australia, Germany, the Netherlands, Great Britain, and other countries.

Almaas is the author of many books, including: *Facets of Unity: The Enneagram of Holy Ideas; Diamond Heart Series, Book I-IV; the Pearl Beyond Price: Integration of Personality into Being: An Object Relations Approach; The Point of Existence: Transformations of Narcissism in Self-Realization; The Inner Journey Home: Soul's Realization of the Unity of Reality* and most recently, *Spacecruiser Inquiry: True Guidance for the Inner Journey*.

<http://www.ridhwan.org>



KEYNOTE ADDRESS

Friday 8:30am – 10:00am

Grand Ballroom A

Patterns of Processing: Linking the Brain, the Mind, and Interpersonal Relationships in the Development of Personality

Daniel J. Siegel, M. D.

In this keynote address Dr. Siegel will introduce the field of interpersonal neurobiology, an approach to understanding how the brain and relationships help shape the mind. Using the lens of interpersonal neurobiology, he will then share his insights about how attachment patterns, temperament, and the brain all contribute to the development of personality.

Drawing on years of experience as both a practicing psychotherapist and a researcher, Dr. Siegel will discuss attachment theory, and how attachment styles affect people's adaptive mechanisms. He will then reference the Enneagram and personality theory in general in exploring how attachment, temperament, and differences in neurobiological features can be looked at together in a deeper way. By describing and synthesizing these different aspects of psychology and neurobiology, he combines his knowledge of brain research, early attachment experience, a person's innate tendencies and temperament, and personality type, to show how a person's perceptual bias leads to the kind of long-term continuity that the personality in adulthood often reveals.

Finally, he will talk about good therapy, and how knowing and working with one's personality can help one make sense of one's life, which manifests as both increased neural integration and a greater sense of well-being.

Dan Siegel received his medical degree from Harvard University and completed his postgraduate medical education at UCLA with training in pediatrics and child, adolescent, and adult psychiatry. He served as a National Institute of Mental Health Research Fellow at UCLA, studying family interactions with an emphasis on how attachment experiences influence emotions, behavior, autobiographical memory and narrative.

Dr. Siegel's psychotherapy practice includes children, adolescents, adults, couples, and families. An award-winning educator, he formerly directed the training program in child psychiatry and the Infant and Preschool Service at UCLA. He is the recipient of the psychiatry department's teaching award and

several honorary fellowships. He is currently an associate clinical professor of psychiatry at the UCLA School of Medicine where he is on the faculty of the Center for Culture, Brain, and Development. He is also the Director of the Center for Human Development, an educational organization that focuses on how the development of individuals, families and communities can be enhanced by examining the interface of human relationships and basic biological processes.

Dr. Siegel is the co-editor of a handbook of psychiatry and the author of numerous articles, chapters, and the internationally acclaimed text, *The Developing Mind: Toward a Neurobiology of Interpersonal Experience* (1999). This book introduces the idea of interpersonal neurobiology and has been of interest to and utilized by a number of organizations, including the U.S. Department of Justice, the Vatican's Pontifical Council for the Family, the Council on Technology and the Individual, early intervention programs and a range of clinical and research departments worldwide. Dr. Siegel serves as the Founding Editor-in-Chief for the Norton Series on Interpersonal Neurobiology. His book with Mary Hartzell, M.Ed., *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive* (2003) explores the application of this newly emerging view of the mind, the brain, and human relationships.

Dr. Siegel's integrated and accessible developmental approach has led him to be invited to local, national and international organizations to address groups of educators, parents, public administrators, healthcare providers, policy-makers, clergy, and neuroscientists. The overall goal of these educational efforts is to provide a scientifically grounded view of human experience to a wide audience that can help facilitate the development of psychological well-being and emotional resilience across the lifespan.

He is currently collaborating with Jack Killen, Denise Daniels, David Daniels, and Laura Baker on a research project developing a framework for understanding how an inner perspective on personality and the Enneagram can be understood from a scientific point of view.

2005 CONFERENCE PROGRAM SCHEDULE

Friday Morning

7am – 9:30am	Registration	Grand Ballroom Foyer
8am – 8:30am	Morning coffee, teas, and pastries	Grand Ballroom Foyer
8:30 – 10am	Opening Session / Keynote Address	Grand Ballroom
10am – 10:30am	Mid-Morning Break and Refreshments	Seacliff Foyer
10am - 5pm	Registration	Bay Level Foyer
10:30am – 1:00pm	Friday Morning Session	Bay Level



Thomas Condon

Ericksonian and NLP Approaches to Working With the Enneagram

Part 1: The Secret Structure of Enneagram Styles

Track: Psychology and Personal Development
All Students

All subjective experience has a sensory structure, an “inner architecture,” and anything we do follows a sequence of internal sensory steps — a combination of seeing, hearing, feeling, smelling and tasting. Each Enneagram style also has specific sensory qualities that shape our Enneagramatic reactions. Whenever someone behaves in a compulsive, fixated way from within their Enneagram style, there is both a structure to it and key sensory qualities that drive the behavior. These subjective elements can be identified and altered, sometimes to dramatic effect. Come and learn a new perspective on the Enneagram that leads to greater freedom and choice.

Thomas Condon has taught over 600 workshops in the United States, Europe and Asia. The Director of the Changeworks in Bend, Oregon, he has been an adjunct faculty member of Antioch University and the University of California at Berkeley. He is the author of over 50 audios, videos and books. Tom offers specialized trainings and consulting for businesses and organizations in the United States and Europe. His unique decades-long background in Neuro-Linguistic Programming (NLP) and the Enneagram blends powerful communication methods with a deep understanding of interpersonal dynamics. His trainings and consulting apply these disciplines to team building, effective management, enhancing communication and improved leadership – all leading to positive profitable change.

For a brochure or consultation, email Tom at: changewk@yahoo.com or call 541-382-1894. <http://www.thechangeworks.com>



David Daniels & Dan Siegel

Attachment Theory and the Enneagram: An Exploration of the Power and Congruence of the Two Systems in Healthy Parenting and Relationships

Track: Psychology and Personal Development
All Students



How do we develop healthy and secure attachments between parents and children? How do we create lasting bonds between all of us, regardless of age? What do the two perspectives of the Enneagram and Attachment Theory have to offer us in our parenting and on our developmental paths? How can they contribute to healthy relationships that allow for attunement, balance, and

coherence (the ABCs) of secure attachment? And how can they help foster interpersonal resonance, responsiveness, and rapid repair/recovery during upset?

This workshop, following Dan Siegel's keynote address, will explore these two remarkable systems, both of which illuminate our processes and patterns, our behaviors, and our paths of development. We will also examine the remarkable congruence, coherence, and contribution of each system. Finally we will look at the important ways knowledge of this synthesis can enhance our parenting and our intimate relationships. The presenters will employ lecture, a “walk around the Enneagram,” self-observation practice combined with inner reflection, dyad exploration of attachment styles and type, and a nine types panel in the Narrative Tradition.

David Daniels, M.D., a leading developer and teacher of the Enneagram with over thirty years of clinical practice in Palo Alto, is Clinical Professor, Department of Psychiatry and Behavioral Sciences, Stanford Medical School. Since 1988, together with Helen Palmer, he has pioneered the Enneagram Professional Training Program. In his worldwide teachings he has developed many applications of the Enneagram, including therapy practices, will as a transformer, the dynamics of vital relationships, anger and forgiveness, integrating psychological and spiritual life for lasting relationships, and dream work. He has applied the Enneagram in organizations in coaching, leadership development, team building, and effective communications.

Dr. Daniels was Co-director of the First International Enneagram Conference at Stanford University and is an IEA founder. He is co-author of the best selling book, *The Essential Enneagram*, and a developer of the videos/DVDs, *Nine Paths to a Productive and Fulfilling Life* and *The Enneagram in the Workplace*.

phone: 650-329-0994; email: drdaniels@batnet.com;

<http://www.authenticenneagram.com>

Dr. Dan J. Siegel is Associate Clinical Professor of Psychiatry — UCLA Center for Culture, Brain, and Development. He received his medical degree from Harvard University and completed his postgraduate medical education at UCLA with

2005 CONFERENCE PROGRAM SCHEDULE FRIDAY MORNING

training in pediatrics, general adult psychiatry, and child and adolescent psychiatry. He is author of *The Developing Mind: Toward a Neurobiology of Interpersonal Experience*, and, with Mary Hartzell, published *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*. He has served as a National Institute of Mental Health Research Fellow at UCLA, studying family interactions with an emphasis on how attachment experiences influence emotions, behavior regulation, and autobiographical memory and narrative process.

Telephone: 310-447-1071

email: danieljs@ucla.edu



Kathy Hurley, Theodorre Donson, with Chad Jorgensen and Kathryn Norman

Compassion in the Workplace: How the Enneagram Is Enhancing the Corporate Culture of Nu-Ear Electronics

Track: Business

All Students



Chad Jorgensen is Managing Director and CEO of Nu-Ear Electronics, a company that manufactures and distributes top quality digital hearing aids across the U. S. With two of his key people, he attended a Hurley/Donson Enneagram training program in October, 2004, and then contracted with Kathy and Theodorre to bring the Enneagram into his entire company. He put his executive sales and customer service staff through the training because of the life-changing effects it had on him and his two colleagues. Chad will describe the effects this spiritual approach is having on his company and employees. Kathy and Theodorre will explain what

they do in their training to invite the Enneagram into people's hearts for personal change and growth.

Kathryn Norman, a cultural anthropologist, interviewed employees of Nu-Ear Electronics to evaluate the effects of bringing the Enneagram into this corporate culture. An ethnographic study researching the organizational culture of Nu-Ear incorporated The Organizational Character Index (OCI). This tool applies the Myers Briggs Type Indicator (MBTI) to organizations.

Kathy and Theodorre are presenting their Breakthrough Enneagram® to sales and customer service personnel at regional meetings throughout the country.

Kathy Hurley and Theodorre Donson, international Enneagram authors and practitioners, are known for their creativity in Enneagram theory and applications. Founding IEA Board members, Theodorre served as the IEA's second president in 1996 and Kathy as Director of the 1997 IEA Conference.

Among the foremost innovators in the field, their Breakthrough Enneagram® goes beyond describing type to reveal the inner dynamics of personality.

Hurley and Donson are the authors of three popular Enneagram books: *What's My Type?*, *My Best Self*, and the award-winning *Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality*.

They travel extensively, offering Enneagram seminars as well as professional training programs that certify others to teach their material. They have taught personal growth issues since the mid-1970s to people in all walks of life from all over the world. For 20+ years they have focused their attention on spiritual heart practices in their family and in their professional programs. They enjoy learning about life from their grandsons, aged 10, 9-1/2, 9, and almost 5.

303.985.1889. Toll free: 877.591.9903. E-mail: eri@hurleydonson.com.

Web site: www.hurleydonson.com.

Chad Jorgensen is the Managing Director and CEO of Nu-Ear Electronics, a division of Starkey Laboratories. Nu-Ear is a \$50 million-per-year division of the world's largest manufacturer of hearing aids. Mr. Jorgensen and Nu-Ear developed the DVD training series "Mastering the Art of Influence with the Hearing Impaired." Mr. Jorgensen has implemented the Enneagram and NLP in the company's sales training and counseling. Nu-Ear is customizing a model of patient hearing loss issues and communication requirements specific to the nine Enneagram types. Nu-Ear has implemented a multi-tiered approach to the Enneagram Training program which also incorporates elements of Thomas Condon's and Ginger Lapid-Bogda's work.

800.626.8327. Web site: www.nu-ear.com.

E-mail: chad_jorgensen@starkey.com.

Kathryn A. Norman, Ph.D. is founder of Bodega Bay Consulting. She received her doctorate in social anthropology from Oxford University and completed a post-doctoral degree in counseling, with a special focus on neuroscience, at the University of Northern Colorado. A frequent university lecturer, she has been engaged in consulting-coaching in North America, Asia, Europe, Central and South America for over 35 years.



Eli Jaxon-Bear

The Enneagram of Liberation: from Fixation to Freedom

Track: Spirituality

All Students

Each one of us is here on earth to wake up to our true nature. This is the fulfillment of the human potential. To be established in the truth of yourself, you must be

willing to see the lies and false identity that have been running your whole life. The Enneagram shows us the precise structure of the knot of ego. Awareness is the

sword, and the Enneagram reveals the knot that needs to be cut. The Enneagram teaches us how the ego veils true essence. The purpose of learning one's egoic structure is not to become a better ego, but to wake up to one's true nature and stop all false identification.

The Enneagram reveals how we have falsely identified ourselves with the physical, emotional, and mental bodies. The core identification is the unexamined belief, "I am somebody." Once this thought arises, the ego becomes crystallized in the mind, and consciousness experiences itself as limited.

The true self is a limitless expanse of conscious intelligence. The false self is who you subconsciously believe yourself to be, whether grand or low. This false self, which calls itself "me," is based in ignorance, fear, and greed. These are the primary roots of all fixation.

As long as you are serving egoic selfishness in the name of security, comfort, pleasure, or other drives of fixation, you are betraying the pure loving intelligence that is your true self. As long as you are following particular thoughts in your mind instead of love -- as long as you believe the voices in your head instead of the clarity of open consciousness -- you are betraying yourself.

Our time together is dedicated to waking up from false identity and realizing your true nature.

Eli Jaxon-Bear's eighteen-year spiritual search, which took him to various parts of the world, started in 1971, after a profound awakening while a federal fugitive from fighting the war in Vietnam. In 1978 he became the first president of the Tibetan Buddhist Dharma Center in Marin County in Northern California. In 1982 he was presented with a Zen Teaching Fan at ChoShoJi Zen Temple in Japan, and in 1987 he was initiated into a Sufi clan in Morocco.

He met his final teacher, Sri Poonjaji, in India in 1990, and has since dedicated his life to passing on his mentor's spiritual message.

He currently meets people and teaches through the Leela Foundation, a non-profit organization dedicated to world peace and freedom through universal self-realization. In keeping with the philosophy of the Leela Foundation, Eli's new book, *Sudden Awakening into Direct Realization*, based on ancient teachings, years of contemplation, and a direct transmission of a silent mind, shows how spiritual awakening can be the springboard for stopping destruction in the world.

A teacher at the Esalen Institute for over twenty years and at the Omega Institute, the nation's largest holistic learning center, he has taught in many different fields of consciousness evolution.

The author of *The Enneagram of Liberation: From Fixation to Freedom*, Eli has been writing about and teaching the Enneagram for over a decade. He is the editor of *Wake Up and Roar*, which is available in ten languages. His audiocassettes include *Way of the Bodhisattva* and *Death as an Ally: Meeting at the Holocaust Museum*. Eli's television show, *Meeting with Eli*, airs on 30 different stations and is Marin County's most popular community access show.

The Leela Foundation website is: www.leela.org



Don Richard Riso and Russ Hudson

The Enneagram and the Superego: An Introduction to the Psychic Structures — Part 1

Track: Psychology and Personal Development

All Students



Anyone who has done serious spiritual or psychological inner work encounters a discouraging phenomenon: having experienced new states of freedom and expanded consciousness, after a few days (or hours) the old personality patterns reassert themselves as if the profound experience had not occurred. One of the main causes of this return to our familiar perspective is the superego or 'inner critic.' Its job is to keep us inside the familiar

boundaries of our ego self. The superego is also the part of our psyche most often responsible for causing us to feel shut down, disempowered, and alienated.

These two sessions will explore the specific role the superego plays in the nine Enneagram types. The sessions will employ a visual approach with pictures and diagrams to help participants understand specifically how the superego drives much of our ego activity. Attendees will learn how the superego creates each type's inner conflicts and self-defeating habits, and explore ways to counteract its deadening, limiting effects.

The Psychic Structures are concrete "blueprints" for the inner mechanisms of each type. They are symbolic representations of psychological processes providing a "gestalt" of each type. They are especially powerful for visually oriented people. With these vivid and dynamic models, you will be able to see what is happening in each type and why. With this kind of understanding, true compassion and a depth of awareness can arise, making possible a resolution of each type's illusions and inner conflicts. This material has not been published in any Riso-Hudson books. The sessions will also include music and experiential exercises for reclaiming our presence and vitality by revealing the superego's false and restrictive patterns and self-concepts.

Don Riso, M.A., is one of the foremost teachers and developers of the Enneagram in the world today. A best-selling author in the field, he is President of Enneagram Personality Types, Inc., co-Founder of The Enneagram Institute, and a Founder of the IEA. Don's five books, co-authored with Russ Hudson, have sold over a million copies worldwide and are available in many foreign editions. He lives in upstate New York and continues to teach in Europe, Japan, China, South Africa, South America, and throughout the United States.

Russ Hudson is one of the principal scholars and innovative thinkers in the Enneagram world today. Russ brings a long-standing involvement in several spiritual traditions, including the Gurdjieff Work and A.H. Almaas' Ridhwan School. Russ is the Executive Director of Enneagram Personality Types, Inc. and co-Founder of The Enneagram Institute. He is a Founder and former Vice-President of the IEA. He holds a degree in East Asian Studies from Columbia University in New York, from which he graduated Phi Beta Kappa. He lives in Manhattan and teaches in Europe, Japan, China, South Africa, South America, Australia and throughout the

2005 CONFERENCE PROGRAM SCHEDULE FRIDAY AFTERNOON: SESSION I

United States.

Don and Russ' contributions to the Enneagram are described in detail on their website in the article *Enneagram Contributions*. Convinced that the Enneagram would not be taken seriously without grounding in modern psychology, Don devoted himself to clearly and systematically describing the types and the elements of the system as a whole.

Don and Russ believe that the Enneagram is an invaluable tool for the growth of consciousness in human beings. When the personality types (and the system as a whole) are rightly understood, they help illuminate what is so often unconscious—and therefore hidden—in us. The Enneagram helps turn the light of awareness onto those features of our personality that operate automatically, not only keeping us 'asleep,' but so often getting us into more trouble, more conflicts, and increasing our suffering and that of others. Given the awareness, as well as the willingness to work on ourselves, the Enneagram is one of the great tools available for alleviating human suffering. Through self-observation, we can come to a deeper level of self-awareness and self-realization. Through this process, transformation becomes not just an idea, but a reality. When enough individuals begin to change, the world will begin to change.



Jerry Wagner and Jim Armstrong Developing Our Inner Leader and Coach

Track: Business Intermediate and Advanced

The more that we are grounded in a solid self-concept and motivated by self-confidence, the more of ourselves and our presence we can bring to our roles as leaders and coaches. *Leading* is about envisioning a better future and believing with every fiber of our being that we have the inner strength and integrity to make this future come true by way of personal mastery. *Coaching* involves bringing about a shift in who people need (want) to be and what they need to do to expand their choices, make effective decisions, and achieve meaningful results. When we are aligned with our values — generalizations about what is

important to us — we build up a positive database of experiences to support a healthy self-concept. We can enhance our self-concept and make it more assured by building new desired qualities into our identity or by transforming undesirable characteristics into their positive opposite. To enhance our self-concept, we may first need to alter negative experiences in our database that would resist our expanded identity. In this workshop we will learn how combining specific NLP practices with the Enneagram's map of cognitive and emotional schemes contributes to more resourceful leadership and coaching styles grounded in a healthy self-concept — how we think about ourselves. This will involve transformative, guided self-discovery exercises, including change practices, and group interaction.



Jerry Wagner, Ph.D. is the author of the *Enneagram Spectrum of Personality Styles: an Introductory Guide*; the *Wagner Enneagram Personality Style Scales* (WEPSS); and *Two Windows on the Self: The Enneagram and the Myers-Briggs*. Jerry has been researching and teaching the Enneagram for over 30 years and has offered the *Enneagram Spectrum Training and Certification Program* for the past 10 years: www.enneagrampectrum.com. Jerry is on the faculty of the Institute of Pastoral Studies and the department of psychology at Loyola University, Chicago. He is a clinical psychologist with a psychotherapy practice in Evanston, Illinois, and is a founding member of *Faith Based Consulting*, a consulting group to not-for-profit organizations. (847-492-1690); jwagner5@aol.com

Jim Armstrong, Ph.D., is a clinical psychologist who practices as an executive coach, therapist and management consultant. He has focused on integrating the Enneagram and NLP in his practice and professional programs for 20 years. He is a faculty member at Loyola University, Chicago, and Presidio World College, an MBA Program in Sustainable Management in San Francisco, California. He has coached and consulted for major corporations in the energy, health care, manufacturing, communications, and airline industries in the US and Latin America. He is a graduate of the Newfield Network Coaching and Organizational Change Program. (415) 925-1587 jjarmstrong@sbcglobal.net

Friday Afternoon: Session I

1pm – 2:30pm Lunch Break

2:30 – 4pm Friday Early Afternoon Session



Amir Gabriel Castro and Daniel Castro

Managerial Being Program: Human Development in Organizations

Track: Business Intermediate - Advanced

Spanish-English Translator: Fernando Puyol



Investing in human capital has become an innovative tool that shows results and gives organizations a competitive advantage. The development and implementation of programs of inner growth and the training of leaders, also known as coaching, has permitted organizations to help employees generate self-esteem and develop positive and proactive leadership skills. This type of program also stimulates creativity and efficiency and allows for more happiness and interpersonal success at work.

The Managerial Being is a human development coaching process that uses the Enneagram to identify and strengthen competencies.

Through The Managerial Being Program we are able to find the most outstanding

characteristics of the behavior of each of the members of a company group as they are manifest in the organizational context. The detailed observation and knowledge of these behaviors allows us to establish the bases for the construct of a more humanistic culture.

Using the Enneagram to work with the organization and the human being in a variety of ways, this program aims to develop self-knowledge and increase personal satisfaction and pleasure at work. In addition, the Enneagram system is used to train individuals to communicate and have greater degrees of empathy with their co-workers. Creativity, presence, and problem-solving abilities are also enhanced through this program. This has the effect of increasing productivity and creating motivation other than remuneration for doing work in the organization. It also helps to establish more harmonious working relationships, lessen accidents and absences at work, and prevent substance abuse.

Amir Gabriel Castro is a philosopher, humanist, and sociologist. He received his Enneagram training in 1978 from Chilean psychiatrist Carlos Warter. In 1995 he was initiated in Sufism by Sufi master Nawab Pasnak. He is founder and director of AmaRenacer, an international organization designed to support Human Development.

Daniel Castro Carvajal works as a psychotherapist and is studying to be a psychoanalyst. He learned the Enneagram from his father, Gabriel Castro, in 1990, when he began working with AmaRenacer Organization. He created a three-day workshop for teenagers based on "The Inner Traveler."



Katherine Chernick Fauvre and David W. Fauvre

Enneastyle: The Secret Language of Enneagram Type and How it Reveals both Enneagram Type and Self Image

Track: Innovative Applications All students

Based on over a decade's worth of research, testing, and data from over 4000 Enneastyle questionnaires, this presentation reveals the secret "word use patterns and archetypal images" that reveal our Enneagram type. Research suggests that each Enneagram type has a specific visual presentation and word use preference inherent to their Enneagram type. When understood, this leads to deep insights into the inner workings of each type and suggests powerful and accurate means to determine Enneagram type. Also presented will be the research, testing methodology, and advanced instructions for three groundbreaking Enneagram and Instinctual Subtype testing instruments. These tests are based entirely on the language and archetypal image preferences of each type as revealed in our research. This includes the currently available Enneacards Enneagram Test and the Enneastyle Test, and exciting new information on an online computer-scored language use test that is currently under development with an MIT PhD. software programmer. This exciting presentation will reveal the self image and language preferences of each type as well as how to use this information in testing, coaching, and teaching the Enneagram.

Katherine Chernick Fauvre and David W. Fauvre MA, Enneagram Explorations

Katherine and David, founders of Enneagram Explorations, teach and consult on the Enneagram in business, psychology, and healing. Katherine is a published researcher on the Enneagram and the instinctual subtypes. Katherine is a certified Enneagram teacher with Helen Palmer-David Daniels, Don Riso-Russ Hudson, and Kathy Hurley-Theodorre Donson, and has also studied with Tom Condon, Claudio Naranjo, Stephan Wolinsky, and Eli Jaxon-Bear. David holds a Masters in Counseling Psychology, has studied at the Barbara Brennan School of Healing and is a Riso-Hudson Certified Enneagram Teacher. Contact Information: www.enneagram.net, info@enneagram.net, 650-327-4404. Enneagram Explorations has offices in both Menlo Park, CA and Paia, Maui, HI.

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Colleen Gentry and Krisann McCormick

Building Uncommon Wisdom: The Enneagram and Executive Coaching

Track: Business All Students



The Enneagram is alive and well in Wachovia, the nation's 4th largest financial services institution. Organizationally, the application of the Enneagram was first introduced into the system in 1994 and has continued to thrive as a foundation for developing individuals, leaders, and teams. In 2002, Wachovia embarked on the development of an Executive Coaching Practice in support of several key corporate-wide leadership development initiatives. Underpinning that practice is the application of the Enneagram as an effective avenue for developing Wachovia's 85 Executive Coaches. Hundreds of senior leaders benefit from these coaching engagements. This strategy has helped Wachovia become a highly rated program by Fortune 100 firms and has contributed to Wachovia being named as a Top 100 Best Practice by Training Magazine for the second year in a row.

In this presentation, conference participants will learn about the application and integration of the Enneagram into organizational development at Wachovia. This presentation will address challenges and successes and provide participants with processes, tools, and resources for integrating the Enneagram into a corporate coaching initiative. Participants will explore the approach taken to integrate the Enneagram as the basis of language and philosophy for a corporate coaching initiative.

Colleen Gentry, M.A., leads the Executive Coaching Practice for Wachovia Corporation, the nation's 4th largest financial services organization. She has over 20 years of organization development and leadership consulting experience ranging from culture integration and executive team development to helping organizations merge the best of both worlds for increased performance. Certified in the Enneagram in 1994 by Kathy Hurley and Theodorre Donson, Colleen uses the

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Enneagram and Myers-Briggs Type Indicator as key elements of her coaching and leadership work. She is a frequent speaker on topics related to both the development of corporate executive coaching practices and business applications of the Enneagram. Colleen chairs the Conference Board's Executive Coaching Council and is a member of the National OD Network, the International Enneagram Association, HR Planning Society, and the International Coach Federation.

Krisann McCormick, M.A., is an organization consultant dedicated to helping organizations yield higher business results by optimizing their human capital. Krisann brings more than 20 years of experience to her work in executive coaching, leadership and team development, diversity training and facilitation, and change management. Through assessment tools, data collection and personal interaction, Krisann works with the client to establish purposeful goals, explore core motivations, and identify key leadership behaviors for improvement. Her personal philosophy is that corporations and organizations can be better served by achieving a greater balance of head and heart, intellect and intuition in their day-to-day decision-making. Her consulting style encompasses a blend of psychological insight combining the dynamics of Myers-Briggs and Enneagram type on leader behavior and motivation and the influence of diversity to organizational and leader effectiveness. Krisann received her Enneagram training in 1998 with Don Riso and Russ Hudson.

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Belinda Gore

Guiding the Inner Journey

Track: Psychology and Personal Development
Intermediate-Advanced

Therapists, coaches, and spiritual directors who guide individuals in psychological recovery and spiritual growth recognize the value of a clear map for the inner journey.

This presentation will focus on how to use the Enneagram as both a worldview and a tool in guiding the process of personal change.

Specifically three stages will be addressed:

- How to conceptualize the process of change;
- How to understand the primary issues underlying a client's identified need;
- How to develop effective interventions that are tailored to fit the client and the identified need.

It is essential for those who provide guidance to understand their three primary contributions to the inner journey: safety, support, and structure. These functions, when adequately met, create a healthy holding environment in which a person can change. Equally important, the one who is seeking guidance has the tasks of learning to acknowledge and accept responsibility for self-observation, developing the willingness to change, and cultivating the ongoing practice of presence,

without which change cannot be long-lasting.

While acquiring innovative and practical tools, participants can inquire and discuss how to assess Enneagram type in a therapy or coaching environment and how to use this information within a meaningful structure to guide the journey toward healing and liberation from suffering.

Belinda Gore, Ph.D., is a psychologist who has developed creative methods for integrating the Enneagram with psychotherapy, useful for clients who are struggling in the lower levels of development as well as for people seeking support for personal and spiritual development. Director of The Enneagram Institute of Ohio, she teaches a professional certification training program for therapists and coaches, *Guiding the Inner Journey*, and publishes a monthly E-newsletter, the *Enneagram News*. She is also a business consultant, applying the Enneagram as a model for stress management, team building, and leadership coaching. Since 1975 Belinda has been developing and facilitating educational and experiential workshops for both professional development and personal growth.

On a regular basis I find myself thankful for how the Enneagram has changed my life. At a personal level, the Enneagram was the tool that finally allowed me to see myself clearly and to understand how to let go of attitudes that had always led to shame and frustration in my life. How could I not want to share this remarkable discovery with the world? I have been a therapist and workshop facilitator for thirty years, so it was natural for me to introduce the Enneagram with clients and to teach about what I was discovering in my personal life and in my work. Our shared enthusiasm for living liberated lives gives me hope for the future of the world.

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Michael Hampson

The New Foundations of the Enneagram

Track: Innovative Applications All students

The Enneagram has been "endlessly described but never explained." The emergence of the nine types, wings theory, and especially the distinctive irregular pattern of the arrows: all have so far been "taken on trust." In this

workshop Michael Hampson offers the Enneagram community — for the first time — a detailed logical and rational explanation for each aspect of the Enneagram system.

The explanation begins with the fundamental and entirely practical question of how we engage with the world around us. To this task we each bring three basic resources: head, heart, and our gut reactions. This workshop will demonstrate how all the essentials of Enneagram theory can be explained directly in terms of the interaction of three things: the particular features of each of the nine types in turn, their arrangement in a circle in a specific order, and their further interconnection according to the Enneagram's specific irregular pattern of internal lines. The material is logical and rational throughout — with clear links to cognitive,

behavioral, and even neurological psychology. Participants will take away fundamental new insights into all aspects of Enneagram work and will learn the ultimate defense of the Enneagram against its critics.

The material draws on and supplements the author's book, *Head versus Heart – and our Gut Reactions: The Twentyfirst Century Enneagram*, published February, 2005.

Michael Hampson studied cognitive, behavioral, and neurological psychology in the rigorously scientific Department of Experimental Psychology ("Experimental" as in "scientific experiment") at Oxford University. During his six years at Oxford he graduated in Philosophy and Psychology and then in Theology. He brings all of these disciplines to his work on the underlying structure of the Enneagram.

Michael's book, *Head versus Heart – and Our Gut Reactions: The Twentyfirst Century Enneagram*, was published February 2005 by "O Books" ISBN 1903816920

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Sandra Maitri

The Passions and Virtues Part I

Track: Spirituality

All students

In this three-hour workshop, we will explore the Enneagrams of Passions and Virtues and find out what guidance they can offer for our personal growth and spiritual transformation. As we will see, the Passions are

the emotional atmospheres and motivating drives that inform our consciousness when we are identified with our personality or ego. While one particular Passion is most characteristic of each of the nine ennea-types, we will see how they are each stumbling blocks and forms of suffering common to us all. Through finding and experientially understanding the Passions within ourselves, it is possible to open to the Virtues, those attitudes and qualities of felt experience that are beyond the personality. We will explore how the Virtues, like the Passions, are universal—not limited to one ennea-type—and how they are not only characteristics of enlightened consciousness, but also, and perhaps more importantly, function as orientations to support our unfoldment. This workshop will include a presentation, interpersonal exercises to be done with other participants, and a discussion period.

Sandra Maitri was a member of Claudio Naranjo's first SAT group (Seekers After Truth) which began in 1970 and in which the Enneagram was taught in the U.S. for the first time. She has taught the Enneagram to the public and to hundreds of students of the Diamond Approach, founded by A.H. Almaas, in the U.S., the United Kingdom, and Europe. She is a senior and supervising teacher of the Ridhwan School, home of the Diamond Approach, and she is its Director of Teacher Training in California. Her first book, *The Spiritual Dimension of the Enneagram: Nine Faces of the Soul*, was published in 2000. Her second book, *The Enneagram of Passions and Virtues: Finding the Way Home*, was published in June, 2005, both by Tarcher/Penguin.

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Deborah A. Ooten, Ph.D.

Spiral Dynamics and the Enneagram

Track: Innovative Applications All students

Spiral Dynamics is a system that describes and highlights the unfolding of the eight levels of human consciousness.

Dr. Clare Graves, the originator of SD, states, "What I am proposing is that the psychology of the mature human being is an unfolding emergent, oscillating, spiraling process, marked by progressive subordination of older, lower-order behavior systems to newer, higher-order systems as man's existential problems change." Spiral Dynamics outlines the specific "value" meme of each of the different levels of human development.

In this presentation Deborah will describe the value memes of the Spiral Dynamics system and how they interface with the nine points of the Enneagram. The Spiral will be explored in terms of its relevance to the Enneagram. Possible applications for how to use the Enneagram and Spiral Dynamics to assist in shifting individual and global consciousness will also be explored.

Deborah Ooten, Ph.D., is certified in Spiral Dynamics by Don Beck and in the Enneagram by Helen Palmer and David Daniels. Deborah is the founder/director of the Conscious Living Center and the School of Conscious Living in Cincinnati, Ohio. Deborah is dedicated to transforming human consciousness and utilizes the Enneagram and Spiral Dynamics to bring about global change. Deborah holds her doctorate in clinical psychology, is an occupational therapist, and a craniosacral therapist. Deborah currently practices as a life coach, helping individuals, groups, and businesses to balance work, play, and self-care by attending to the body, mind, and heart. Deborah is a member of the IEA board of directors and will serve as the 2006 IEA Conference chair.

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A. Racily

The Challenge Point and The Breakthrough Point: Arrows Pointing to Essence

Track: Spirituality

All Students

According to Enneagram theory, changes occur in our core personality style during times of personal security as well as times of risk or stress. It is also well known that our

stress and security points do influence us both positively and negatively. The Enneagram makes us aware of tendencies and predictions, but we can also use the map to create healing strategies that will help us take charge of our potential and destiny.

This presentation is about seeing the security and stress points from another perspective and independently of outside circumstances or life situations. It will demonstrate a healing strategy based on our willingness to grow and develop. The powers and resources of both points are accessible as we willingly and consciously function out of the healthy perspective of our type. Both points will be presented in an interdependent connection where the two connecting points will reinforce each

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other positively.

The security point will function as a springboard from where we collect enough energy, awareness, and understanding to create momentum to jump towards the essential qualities and positive tendencies of the stress point. The security point becomes the *challenge point* where we have to face difficult tasks that test our ability and skills. The stress point becomes the *breakthrough point* that can move us forward beyond the level of the personality, freeing us from a limited and partial way of seeing reality.

A. Racily has been working as a teacher, trainer, therapist and counselor in South America since 1989 and in Europe since 1998. She specializes in presenting the Ennea-Types through the Emotional Approach (Passions-based teaching, linking emotions with higher awareness) and Spiritual Approach (Essence and Evolution: understanding spiritual development as a human evolutionary imperative).

Racily has been a staff member at the Osho Meditation Academy in Pune, India, for the past 14 years, designing and supervising the courses and trainings based on different eastern traditions including Zen, Buddhism, Sufism, Taoism, and Vedanta. She has created a series of courses combining the spiritual dimension of the Enneagram with several complementary meditation practices suited to modern life.

Many of her courses are not type-based. Racily likes to position the entire Enneagram map on a single individual, on different subjects, on various spiritual perspectives and traditions, and on the spiritual search. For example, if the map is placed on a specific subject or situation it will reveal nine corresponding aspects or themes concerning this subject. This way of working presents the Enneagram not just as a type-based map but also as a magnificent tool that can be applied to the totality of human experience.

She is currently involved with a growing network of integral visionaries, including Ken Wilber, Andrew Cohen, Don Beck, Brian Swimme, Duane Elgin, and Ervin Laslo.

Brazil: 0055-11



Annette M. Spiezio, LCPC, CADC **The Addictive Nature of our Enneagram Types**

Track: Psychology and Personal Development
Intermediate and Advanced

It is known that we as human beings only live at 10% of our potential. We limit our possibilities for authenticity in

life out of fear, suffering and a lack of healing or being awake. Being stuck in our addictive natures is a confined place where we become powerless and limited. We stay in "life stories" that no longer match our reality.

This presentation will give clear and precise tools for identifying the addictive nature of each Enneagram personality type and provide ways to assist in healing and widening our possibilities of living in essence. We are each responsible to be awake to our most authentic self possible in order to be fully present to this life.

This presentation will be didactic and interactive. Participants will receive some information describing the addictive nature of our Enneagram types and then will work using the oral tradition to identify their own addictive parts and learn how to free up their authentic selves. This work will allow participants to expand from their own limited addictive nature as well as providing tools and experience for counselors and guides to work with others.

Annette Spiezio is a Licensed Clinical Professional Counselor, a Certified Alcohol and Drug Counselor, a Certified Enneagram Teacher and a Pastoral Counselor. She is currently in a training program for certification in Internal Family Systems.

Annette is founder and president of Spiezio and Affiliates, Assistance Toward Authentic Living, an organization providing counseling and consulting services for individuals, families and organizations. She is also a founding member of Faith Based Consulting firm working with organizations to enhance and maximize potential leadership skills. Annette has held clinical and administrative positions in the pastoral and behavioral health fields, in private, community and health care settings. Annette uses the Enneagram as a tool that informs all of her life and work.

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Friday Afternoon: Session II

4pm – 4:30pm

Mid-Afternoon Break and Refreshments

4:30-6pm

Friday Late Afternoon Session



Gail Barber and Cathy S. Wright

Everybody Wins: Using the Enneagram for Effective Negotiations

Business Track **All students**

We all do it. All day every day. Like it or not, negotiation is the human condition. Whether we are buying a new car, merging two Fortune 500 companies, or arranging dinner out, we do a dance as choreographed as Prairie Chickens in mating season. The steps are immutable, but the grace of their execution is in our own hands.

Yet, for the most part, we are bad at it. We negotiate unconsciously, not clear about our own goals, not understanding the motivations and desires of the other parties, and failing to alter our style to respond to the

reactions we are receiving.

The Enneagram provides an excellent template for handling negotiations—



whether the settlement of a class-action lawsuit or an argument with your teenager. The Enneagram likewise provides a model for approaching negotiation from a win/win posture, insuring that the mutual needs and interests of the parties are accommodated to the greatest possible extent. Imagine: everybody getting more of what they really want.

To be an effective negotiator, you must first understand that negotiations proceed in six well-established stages, whether the parties are conscious of this fact or not. Each stage can then be evaluated in Enneagram terms. Your Enneagram style will tend to make you better at some stages than others. In this presentation, using two entertaining and interactive scenarios, you will learn:

- The Six Stages of Negotiation
- How your own Enneagram style is likely to affect each stage
- How to negotiate effectively with other Enneagram styles at each stage
- Negotiation techniques to handle people and situations you find difficult
- Negotiating tips and strategies from two experienced lawyers

You will leave this workshop with handouts, experiences and knowledge to be a more effective and confident negotiator.

Gail Barber, J.D., is Chief Counsel and Director of Human Resources for AmSource, a professional employer organization. She has more than 25 years experience as Corporate Counsel to a Fortune 500 corporation, where she tried cases before judges and arbitrators, negotiated contracts, and advised senior management. Her more than 25 years in business includes negotiation in a wide variety of contexts: business transactions, labor negotiations, and settlement of litigation.

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Cathy S. Wright, J.D., is an experienced trial attorney and a principal of the Clarus Group, a management consulting firm. She has over 20 years of trial experience ranging from antitrust to class actions. She is a certified mediator and has taught Alternative Dispute Resolution, including negotiation techniques, in numerous settings, including as an Adjunct Professor of Law.

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Leonard Carr

The Enneagram on Trial

Track: Innovative Applications All students

In his role as a forensic psychologist and expert witness, Carr has used the Enneagram in many well-known trials that have contributed to important precedents in South African Law. While Carr has not explicitly named the

Enneagram in court, he has used his knowledge of the Enneagram to explain personality and the psychological dynamics and motivations that were at play in the committal of crimes as well as in the effects of trauma on claimants in

damages claims. Focusing on a fraud and a murder case, particular emphasis will be placed on what Carr has nicknamed the “terrible Twos”—a seemingly unlikely Enneagram number for persons who commit serious crimes. Attention will also be given to the collusion between Twos and Eights, and the power issues that can create the conditions that facilitate the development of abusive relationships. Mention will be made of two other cases, a murder case and a damages claim made against the South African government by three men who, during the apartheid era, were framed for murder, unlawfully arrested, tortured, maliciously prosecuted, and sent to death row for six years. Carr will guide participants through the process of deconstructing legal and personal narratives and then utilize their Enneagram knowledge to create a suitable grounds — based on personality — for the defense of claims in these cases. Carr will then demonstrate the process that he used to create defenses or claims in these cases.

Leonard Carr is a clinical psychologist who has had nearly twenty-five years experience in counselling in diverse lay-voluntary and professional settings. He has provided ongoing training, and individual and group case consultation to many welfare and counselling organizations. As an expert witness he has presented findings in the courts of South Africa, including the Constitutional Court, and has had reports accepted by courts in many countries. He has served on commissions of enquiry and taken part in public interest lobbies. Carr runs growth courses and workshops based on the Enneagram and Narrative Therapy as well as consulting and coaching in corporate settings. Well known as a local and international speaker and workshop presenter, he has appeared on national and international television and radio programs. His own regular show, “The Soulfulness of Everyday Life,” is featured on Infusion Radio, the World Space Satellite Radio Network.

(www.infusionradio.com) His other series include therapeutic children’s stories designed to teach Enneagram concepts to young children and programs for relationship preparation and enrichment. He is the in-house psychologist of Infusion Radio, answering on air email questions submitted by listeners at Leonard@infusionradio.com or Leonard@leonardcarr.com

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Brian Grodner, Ph.D., ABPP

Empowering Personal Growth and Enhancing Therapeutic Effectiveness: Integrating Innovative Therapy with the Wisdom of the Enneagram

**Track: Psychology and Personal Development
All students**

The Enneagram may be the most profound and practical way to know ourselves and others. This knowledge of personality, orientation, character, and attentional habit forms a cohesive, predictable pattern of who we are and points a light to who we can be.

The Enneagram, on its own, however, does not have inherent strategies, techniques, or procedures to produce change. The process of “Enneagramatic

FRIDAY AT-A-GLANCE

TRACK/TIME	NAME	LOCATION
7:00am – 9:30am	Registration	GRAND BALLROOM FOYER
8:00am – 8:30am	<i>Morning Coffee, Tea and Pastries</i>	<i>GRAND BALLROOM FOYER</i>
8:30am – 10:00am	OPENING SESSION / KEYNOTE	GRAND BALLROOM A
	DANIEL J. SIEGEL, M.D. – Patterns of Processing: Linking the Brain, the Mind, and Interpersonal Relationships in the Development of Personality	
10:00am – 5:00pm	Registration	BAY LEVEL FOYER
10:00am – 10:30am	<i>Morning Break and Refreshments</i>	<i>BAY LEVEL FOYER</i>
10:30am – 1:00pm	MORNING SESSIONS	BAY LEVEL
Psychology & Pers. Dev.	TOM CONDON – Ericksonian and NLP Approaches to Working with the Enneagram. Part I: The Secret Structures of Enneagram Styles	SEACLIFF D
Psychology & Pers. Dev.	DAVID DANIELS & DANIEL J. SIEGEL, M.D. – Attachment Theory and the Enneagram	BAYVIEW A
Business	KATHY HURLEY & THEODORRE DONSON w/CHAD JORGENSEN & KATHRYN NORMAN Compassion in the Workplace: Enhancing the Corporate Culture of Nu-Ear Electronics	BAYVIEW B
Spirituality	ELI JAXON-BEAR – The Enneagram of Liberation: from Fixation to Freedom	MARINA
Psychology & Pers. Dev.	DON RISO & RUSS HUDSON – The Enneagram and the Superego: An Introduction to the Psychic Structures, Part I	SEACLIFF AB
Business	JERRY WAGNER & JIM ARMSTRONG – Developing Our Inner Leader and Coach	SEACLIFF C
1:00pm – 2:30pm	<i>Lunch Break</i>	
2:30pm – 4:00pm	EARLY AFTERNOON SESSIONS	BAY LEVEL & PACIFIC CONCOURSE
Innovative Applications	KATHERINE CHERNICK & DAVID FAUVRE – Enneastyle: The Secret Language of Type	MARINA
Business	AMIR GABRIEL AND DANIEL CASTRO – Managerial Being Program: Human Development in Organizations	SEACLIFF B
Business	COLLEEN GENTRY & KRISANN MCCORMICK – Building Uncommon Wisdom: The Enneagram and Executive Coaching	SEACLIFF D
Psychology & Pers. Dev.	BELINDA GORE – Guiding the Inner Journey	BAYVIEW B
Innovative Applications	MICHAEL HAMPSON – The New Foundations of the Enneagram	GOLDEN GATE
Spirituality	SANDRA MAITRI – The Passions and Virtues, Part I	BAYVIEW A
Innovative Applications	DEBORAH OOTEN – Spiral Dynamics and the Enneagram	SEACLIFF C
Spirituality	A. RACILY – The Challenge Point and the Breakthrough Point: Arrows Pointing to Essence	SEACLIFF A
Psychology & Pers. Dev.	ANNETTE SPIEZIO – The Addictive Nature of Our Enneagram Types	PACIFIC F
4:00pm – 4:30pm	<i>Afternoon Break and Refreshments</i>	<i>SEACLIFF FOYER</i>
4:30pm – 6:00pm	LATE AFTERNOON SESSIONS	BAY LEVEL & PACIFIC CONCOURSE
Business	GAIL BARBER & CATHY WRIGHT – Everybody Wins: Using the Enneagram for Effective Negotiations	SEACLIFF B
Innovative Applications	LEONARD CARR – The Enneagram on Trial	SEACLIFF A
Psychology & Pers. Dev.	BRIAN GRODNER - Enhancing Personal Growth and Therapeutic Effectiveness with Innovative Therapy Strategies	BAYVIEW B
Innovative Applications	ANDREA ISAACS – Emotional and Physical Intelligence and the Enneagram	MARINA
Spirituality	SANDRA MAITRI – The Passions and Virtues Part II	BAYVIEW A
Spirituality	ARNALDO PANGRAZZI – Forgiveness and the Nine Types	SEACLIFF C
Psychology & Pers. Dev.	JOSEPH PIRONE – Psychodramatic Facilitation of Morphic Resonance through Enneagram Style in Bert Hellinger's Constellation Encounters	PACIFIC F
Innovative Applications	DR. DAVID RAPKIN & MONOCLES W/GAYLE SCOTT – Monocles on the Enneagram: Channeled by Dr. David Rapkin, Interviewed by Gayle Scott	GOLDEN GATE
Business	BUSINESS PANEL W/BART WENDELL, FACILITATOR – The Enneagram in Business: A Panel of Executives	SEACLIFF D
6:00pm – 7:30pm	Professional Members Reception	HOSPITALITY ROOM
8:00pm – 10:00pm	Musical Comedy Performance by Sheilah Glover: "Is Ennybody Home?"	GRAND BALLROOM A

SATURDAY AT-A-GLANCE

TRACK/TIME	NAME	LOCATION
7:30am – 8:30am	IEA Chapter Heads Meeting	ECLIPSE CAFÉ
7:30am – 8:30am	EARLY MORNING SESSIONS / MOVEMENT	BAY LEVEL
	JESSICA DIBB – Breathwork for Integrating and Enhancing your IEA Conference Journey	MARINA
	DEBORAH DOVE EUDENE – Yoga Flow (floor mats provided)	SEACLIFF D
	ANNA MARIA MOLINOTTI & MARTA SQUARCIAPINO – Reawakening meditation: Ritual Meditation involving Gurdjieff Movements	SEACLIFF AB
<i>8:30am – 9:00am</i>	<i>Morning Coffee, Tea and Pastries</i>	<i>SEACLIFF FOYER</i>
9:00am – 12:00pm	MORNING SESSIONS	BAY LEVEL
Psychology & Pers. Dev.	TOM CONDON – Ericksonian and NLP Approaches to Working with the Enneagram Part II: Metaphors That Drive Enneagram Styles	SEACLIFF D
Business	KATHY HURLEY & THEODORRE DONSON – ReVISIONing Professional Relationships with the Enneagram, Part I	BAYVIEW B
Spirituality	ELI JAXON-BEAR – The Enneagram of Liberation: from Fixation to Freedom	MARINA
Spirituality	HELEN PALMER – Psychological and Spiritual Integration: Basic Theory and Contemplative Methods	BAYVIEW A
Psychology & Pers. Dev.	DON RISO & RUSS HUDSON – The Enneagram and the Superego: An Introduction to the Psychic Structures, Part II	SEACLIFF AB
Business	JERRY WAGNER & JIM ARMSTRONG – Adjusting Our Self-Boundaries to Optimize Working Relationships	SEACLIFF C
<i>12:00 Noon – 1:30pm</i>	<i>Lunch Break</i>	
	<i>Business Consultants Network Meeting (Pre-registration required for lunch)</i>	<i>HOSPITALITY ROOM</i>
1:30 pm – 3:30pm	EARLY AFTERNOON SESSIONS	BAY LEVEL & PACIFIC CONCOURSE
Business	WENDY APPEL & PAM ROLLIN – Emotional Intelligence & the Enneagram: Brains, Behavior, and Beyond	SEACLIFF D
Psychology & Pers. Dev.	JUDY CARDOZA – Discovering the Dynamic Enneagram – A Process Model for Personal & Professional Development	PACIFIC F
Arts & Education	MICHAEL GOLDBERG – The Enneagram and Homer's Odyssey	SEACLIFF A
Innovative Applications	ROXANNE HOWE-MURPHY & BARBARA WIELAND MARK – Conversations on Women's Midlife Journey: From Transistion to Transformation with Loving Presence	SEACLIFF B
Business	GINGER LAPID-BOGDA – Transforming Teams with the Enneagram	BAYVIEW B
Psychology & Pers. Dev.	PETER O'HANRAHAN – Body, Breath, Emotion and the Nine Types	SEACLIFF C
Spirituality	PATRICK H. O'LEARY – Enneagram Arrows: As Seen from the Insights of Ignatian Discernment of Spirits	MARINA
Spirituality	SANTIKARO – The Concocting of Type-Based Suffering	BAYVIEW A
<i>3:30 pm – 4:00pm</i>	<i>Afternoon Break and Refreshments</i>	<i>SEACLIFF FOYER</i>
4:00pm – 6:00pm	LATE AFTERNOON SESSIONS	BAY LEVEL & PACIFIC CONCOURSE
Innovative Applications	J. RUSSELL BURCK – Ethics and the Enneagram	SEACLIFF B
Psychology & Pers. Dev.	LILA CAFFERY – The Inner Child and the Enneagram: Revisiting the Creation of the Defense	PACIFIC D
Spirituality	JESSICA DIBB – Experiencing Essence Through Embodiment of the Three Instincts	PACIFIC F
Psychology & Pers. Dev.	CAROL ERICKSON – Ericksonian and NLP Approaches to Working with the Enneagram Part III: Homework, Therapy, and Enneagram Styles	SEACLIFF D
Psychology & Pers. Dev.	LISSA FRIEDMANN – Working With Couples for Awakening	BAYVIEW B
Psychology & Pers. Dev.	ERIC LYLESON – Essential Wholeness, Nine Steps to an Evolution of Consciousness	SEACLIFF C
Innovative Applications	JOHANNA PUTNOI – Body Intelligence: A Somatic Approach to the Enneagram	MARINA
Arts & Education	JUDITH SEARLE – Story Genres and Enneagram Styles	BAYVIEW A
Business	MARIO SIKORA – From Awareness to Action: Enneagram Strategies and a Model for Change	SEACLIFF A
6:00 pm – 7:30pm	Founders Reception for Presenters	HOSPITALITY ROOM
7:00 pm – 9:00pm	Silent Auction	GRAND BALLROOM A
8:00 pm – 11:00pm	Dance Party	GRAND BALLROOM A

SUNDAY AT-A-GLANCE

TRACK/TIME	NAME	LOCATION
7:30am – 8:30am	Potential New IEA Chapters Breakfast Meeting	ECLIPSE CAFÉ
7:30am – 8:30am	EARLY MORNING SESSIONS / MOVEMENT	BAY LEVEL
	JESSICA DIBB – Breathwork for Integrating and Enhancing your IEA Conference Journey	MARINA
	DEBORAH DOVE EUDENE – Yoga Flow (floor mats provided)	SEACLIFF D
	ANNA MARIA MOLINOTTI & MARTA SQUARCIAPINO – Reawakening meditation: Ritual Meditation involving Gurdjieff Movements	SEACLIFF AB
<i>8:30am – 9:00am</i>	<i>Morning Coffee, Tea and Pastries</i>	<i>SEACLIFF FOYER</i>
9:00am – 11:30pm	MORNING SESSIONS	BAY LEVEL
Psychology & Pers. Dev.	TOM CONDON & CAROL ERICKSON – Ericksonian and NLP Approaches to Working with the Enneagram Part IV: Ericksonian Demonstration & Double Induction	SEACLIFF D
Psychology & Pers. Dev.	KATHY HURLEY & THEODORRE DONSON – ReVISIONing Professional Relationships with the Enneagram, Part II	BAYVIEW B
Spirituality	HELEN PALMER – Psychological and Spiritual Integration: Basic Theory and Contemplative Methods	BAYVIEW A
Spirituality	DON RISO & RUSS HUDSON – The Enneagram and the Fourth Way: Transmission and the Spiritual Context of the Enneagram. ALSO: Discussion of Recent Scientific Study of Enneagram	SEACLIFF AB
Psychology & Pers. Dev.	JERRY WAGNER– Know When to Hold ‘Em and Know When to Fold ‘Em: Holding on to Adaptive Schemas and Letting Go of Maladaptive Schemas	SEACLIFF C
<i>11:30 – 12 Noon</i>	<i>Morning Break and Refreshments</i>	<i>SEACLIFF FOYER</i>
12 Noon – 1:30pm	CLOSING EVENT & CEREMONY	GRAND BALLROOM A
	Closing Remarks	
	Gurdjieff Movements: <i>Hymn To The Sun</i>	
	Led by ANNA MARIA MOLINOTTI & MARTA SQUARCIAPINO	
	See page 49	

change” has typically been based on the important tool of presence, an awareness and dropping of “type behavior” rather than a usage of psychotherapeutic strategies.

Luckily there are new paradigms of powerful and rapid treatments. Many of these innovative psychotherapeutic strategies, however, have neither a refined theory of personality nor a sense of how discrete behaviors and feelings are organized or connected. This can make it more difficult to make wise decisions about exactly what to “treat” and how to treat it effectively.

These strategies can now be adapted to provide the strength and energy of change to be used with the Enneagram’s direction of change – to provide the locomotion on the Enneagram-tailored path. This workshop will experientially integrate the power of these change strategies with the wisdom of the Enneagram.

We will use • **Energy Psychology** to clear or reduce Enneagrammatic type fears, stressors, beliefs, and unwanted emotions that are blocks or barriers to what we want, and use • **Nine different practical strategies** to access and mobilize recommended type, triadic, and general desired resources to install new patterns, attitudes, and responses that move us toward, and into, our higher levels of health and more essential true nature.

Participants will learn how to use these powerful yet practical tools on their own, and if therapists/coaches/teachers, with their clients.

Brian Grodner, Ph.D., ABPP

Brian Grodner is a clinical and health psychologist, founding director of both the Enneagram Institute of New Mexico and the Milton Erickson Institute for Clinical Hypnosis and Behavioral Sciences of New Mexico (1979), a diplomate in clinical psychology from the American Board of Professional Psychology, a fellow of the Academy of Clinical Psychology, and clinical assistant professor in the department of Family and Community Medicine at the University of New Mexico School of Medicine.

Brian serves as faculty for the Riso-Hudson Professional Enneagram training program, and helped design, and was faculty for, the first three Riso-Hudson Enneagram Growth Experiences (Part II Training). He has also studied with Claudio Naranjo and completed the Enneagram in Business Train-the-Trainers Program with Ginger Lapid-Bogda, Ph.D. He is a former member of the Board of Directors of the International Enneagram Association.

Brian is a national trainer and speaker for professional groups, conferences, organizations, and the public on the Enneagram, Hypnosis and hypnotic language patterns, Energy psychology, Innovative psychotherapy, peak performance, organizational applications of the Enneagram, habit control, and health and healing.

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Andrea Isaacs

Emotional and Physical Intelligence and the Enneagram

Innovative Applications

All Students

This program uses an experiential approach to explore the relationship between personality and the body. Personality—including inner thoughts, feelings, and motivations—will be translated into simple movement concepts of space, time, and energy.

Neuron pathways are the channels through which information travels between the brain and the muscles, nerves, and tendons of the body. The thinking and feeling patterns that we engage most often have the most well-developed pathways. If you are a patient person, you have a well-developed neuron pathway to tolerate quite a bit before you get upset. If you tend to get angry easily, you have a well-developed neuron pathway for anger. If there are qualities you lack, such as confidence or patience, then chances are you lack a well-developed neuron pathway for its expression. Developing and training new neuron pathways broadens our options and makes it easier to make new and better choices for handling difficult situations and emotions. The process is designed to increase emotional range, enhance mental and emotional flexibility, allow for growth and change, and increase emotional intelligence.

During the concluding exercise, participants will be guided to a different way of moving that will shift the inner state. By training and trusting our physical intelligence, we will create something that can be used as a physical antidote to a disturbing emotion.

Andrea Isaacs, MA, is a certified professional Enneagram instructor with the Riso-Hudson, Palmer-Daniels, and Hurley-Donson professional Enneagram training programs. She combined her dance career with meditation and her studies in the Enneagram and Transpersonal Psychology to develop EPI (Emotional and Physical Intelligence), a system that explores the relationship between personality and the body. This system includes exercises and techniques for training and increasing one’s physical and emotional IQ. Andrea is a faculty member of the Riso-Hudson Professional Enneagram Training Program, an International Enneagram Association Board member and officer, and co-founding editor/publisher of the Enneagram Monthly. She writes, conducts interviews, and has published several articles on EnneaMotion, Physical Intelligence and Will. She has been an educator for over 30 years and has taught thousands of people of all ages in all walks of life. She teaches workshops and sees private clients internationally.

Andrea has also designed a program for people whose lives have been touched by cancer. Based on the principles of EPI and on her own journey through breast cancer, “Cancer Odyssey” uses meditation, movement, writing and drawing to help people find and express their range of reactions to a diagnosis. It is her earnest belief that giving a voice to these feelings is the best way to get to the other side of them. She is convinced that applying this process to herself helped to expedite her emotional and spiritual healing. This program is designed to bring this process to others. *Cancer Odyssey: Poems and Drawings on a Cancer Journey* is a self-published book about her journey.

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Sandra Maitri

The Passions and Virtues Part II

Spirituality Track Suitable for all students

Continuing this three-hour workshop, we will explore the Enneagrams of Passions and Virtues and find out what guidance they can offer for our personal growth and spiritual transformation. As we will see, the Passions are the emotional atmospheres and motivating drives that inform our consciousness when we are identified with our personality or ego. While one particular Passion is most characteristic of each of the nine ennea-types, we will see how they are each stumbling blocks and forms of suffering common to us all. Through finding and experientially understanding the Passions within ourselves, it is possible to open to the Virtues, those attitudes and qualities of felt experience that are beyond the personality. We will explore how the Virtues, like the Passions, are universal—not limited to one ennea-type—and how they are not only characteristics of enlightened consciousness, but also, and perhaps more importantly, function as orientations to support our unfoldment. This workshop will include a presentation, interpersonal exercises to be done with other participants, and a discussion period.

For information on **Sandra Maitri**, see page 25.



Arnaldo Pangrazzi

Forgiveness and the Nine Types

Track: Spirituality For All Students

We cannot live without suffering, but we cannot suffer without hoping or healing. Many people are hurting and getting sick because of their inability to forgive. Being able to forgive is not so much a gift to others as to

ourselves. Ultimately, not forgiving is doing more damage to ourselves than to others. More than a single act, forgiveness is a process that enables us to heal the past, change the framework of the present and open to live more fully in the future. One of the factors that may significantly influence the relationship with forgiveness is one's personality type.

This workshop will address: the different dimensions of forgiveness; the relationship between one's type and the challenge of forgiveness; the way the three centers (mind, gut, heart) relate to hurting and forgiveness; the struggle with some feelings that may block or interfere with the healing process; the results of research conducted in Italy and Spain with over 500 people, aimed at exploring what trends or recurring tendencies the 9 types manifest relative to issues dealing with hurt and forgiveness.

This presentation will include an experiential component to work with the issues addressed.

A. Pangrazzi has a doctoral degree in Pastoral Theology from the International Institute for the Theology of Pastoral Health Care, Camillianum, in Rome. He has traveled extensively teaching the Enneagram, group dynamics, pastoral care of the sick, and issues related to death, dying and grief. He is the author of over a dozen

books translated into Spanish, Portuguese, and Hungarian. He has been teaching the Enneagram since the early 90s and is the President of AIE (Associazione Italiana di Enneagramma) that counts about 150 members. He is a member of the IEA Board.

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Joseph Pirone

Psychodramatic Facilitation of Morphic Resonance Through Enneagram Style in Bert Hellinger's Constellation Encounters

Track: Psychology and Personal Development
Intermediate/advanced

Bert Hellinger's systemic family constellation therapy often produces profound shifts in the minds and hearts of the client and the audience after witnessing the representatives Bert selects to constellate the reconciliation process. A psychodramatist's awareness of the Enneagram type of both the client and the persons chosen as representatives in constellation perpetrator/victim dramas frequently increases the speed, intensifies the depth, and produces the field within which painful issues are recreated, joined, imaged, externalized, and made available for reframing and hence integrating transformation. Shifts from the passions toward the virtues in the client and the audience are often thereby facilitated in these victim/perpetrator encounters.

It is assumed that the audience understands the dynamics of the movement of the arrows in the direction of integration as it is this movement that seems to often be facilitated by the process.

The theme of the sociodrama actually given will emerge from the field sociometrically at the time of the presentation. Thus the presentation is intensely experiential for those representing, and somewhat experiential for the observing others. Group limited to 30 persons. Most of the participants will observe.

Please note: No one will be admitted to the workshop after 10 minutes past the start time.

Joseph Matthew Pirone is a Professor of Psychology and Mentor in the Honors Program at SUNY Rockland. In his advanced personality and social behavior courses, he integrates Enneagrammatic and sociodramatic approaches to understanding optimal and destructive human behavior. An Enneagram educator as well as psychodramatist, sociodramatist, and family therapist for several decades, he has drawn from these techniques to create a unique teaching and learning experience in the psychology of hating, conflict resolving, and forgiving. Dr. Pirone's areas of research include the phenomenology of the alteration of states of consciousness in psychological and spiritual healing. He has trained with Bert Hellinger in the study of family constellations, applying the Hellinger work to the resolving of hatred between religious and ethnic groups. Currently he and his students are exploring the process of creating Internet-based collaborative communities in the service of Peace, using interactive teleconferencing applications that facilitate awareness of human suffering between groups. He is the Founder

and Director of both Enneahellinger Media in Mahwah, New Jersey and the Enneagram Center of the Adirondacks, Jay, New York, both at drjosephpirone.net. Pirone has a PhD in psychology from Fordham, trained at the Alfred Adler Institute in New York, did psychodrama and sociodrama training at the Moreno Institute in New York, and is certified to teach the Enneagram by Hurley and Donson and Riso and Hudson.

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David Rapkin

A Conversation with “Monocles”

**Dr. David A. Rapkin channeling “Monocles”
interviewed by Gayle Scott**

Track: Innovative Applications

Intermediate/Advanced

During this presentation, Dr. David Rapkin will be channeling Monocles, a non-physical collective entity or consciousness, who has the clarity and capacity to witness and illuminate deep intuitions that many of us have about the underlying nature and purpose of the Enneagram.

Monocles will be interviewed by Gayle Scott and will engage in Q&A with the audience. In past meetings and workshops, Monocles has shared the idea that the Enneagram itself is a ‘calling card’ of a higher dimensional consciousness that is inviting people to commune with it. Exploring this realm can open us to a profound and transformative understanding of the motivation and the methods by which we create our own life experience. Monocles’ core excitement in communicating with us is helping us become more conscious creators of our own reality.

Monocles’ presentations can be emotionally and intellectually challenging. They often guide us in exploring Enneagram-based preferences and choices made at deep levels of consciousness — areas of personality functioning that are not ordinarily available to inquiry and have yet to be revealed in traditional Enneagram teachings. For example, Monocles has approached the topic of fixations and other addictions as representing one’s unconscious decisions to manifest opportunities to experience compelling aesthetic preferences that are of intense “exploratory interest” to the self.

In sessions with Monocles people often discover and directly experience the unconscious motivating pleasure and fulfillment behind the habitual creation of drama and difficulties they have conditioned themselves to believe they’re trying to avoid or are afflicted by. These teachings are sometimes offered conversationally and sometimes through the use of guided imagery and meditation.

Please arrive on time to this session with an open mind and a willingness to participate.

David A. Rapkin, Ph.D., is a clinical and health psychologist and organizational consultant who lives and practices in Los Angeles, California. He began exploring various spiritual traditions as a teenager and was introduced to the Enneagram in the early 1990s by Michael Goldberg. Dr. Rapkin was exposed to “trance channeling” in the early 1980s. In 1986 he took a class given by a Los Angeles-based teacher, Shawn Randall, whose entity specializes in teaching other people to

channel. Over the years, “Monocles” has explicated an elaborate cosmology and metaphysical and spiritual system, the purpose of which appears to be assisting people in awakening to their roles as creators of their realities, increasing their capacity to grow from situations they unconsciously choose, and developing skills to consciously manifest inner experience and outer circumstances.

Dr. Rapkin is a graduate of Columbia College/Columbia University (B.A., 1972) and of UCLA (M.A., 1974, and Ph.D., 1984), where his dissertation research focused on psychological preparation for cancer surgery. His clinical practice includes humanistically-oriented depth psychotherapy, guided imagery and hypnosis with adult individuals and couples and with people and their families dealing with significant health issues such as pain, HIV-AIDS and cancer from the time of diagnosis through death and dying. His approach to organizational consulting emphasizes interactions between conscious task-related behavior and unconscious group dynamics and is informed by his studies of the Enneagram. Dr. Rapkin has served in a variety of roles in professional organizations, including the Southern California Chapter of the IEA.



**Bart Wendell, Ph.D.,
Moderator**

The Enneagram in Business: A Panel of Executives

Business Track All Students

Using the Enneagram to enhance organizational life is much talked about but still a rare event in actuality. While a number of businesses have sponsored workshops that introduce individuals to the growth potential for individuals inherent in the Enneagram, it has yet to find a similar acceptance as a tool for organizational growth and health. This Panel will provide a unique opportunity to have a conversation

with executives who have successfully used the Enneagram in their organizations to enhance the performance of the organization. Facilitated by Bart Wendell, panel discussion will start the conversation with plenty of opportunity for questions from the audience.

Panel Members:

Colleen Gentry, M.A., is Senior Vice President in Organizational and Executive Consulting with Wachovia Corporation, the nation’s 4th largest financial services organization, and leads Wachovia’s Executive Coaching Practice. Colleen uses the Enneagram and Myers-Briggs Type Indicator as key elements of her coaching and leadership work. She is a frequent speaker on business applications of the Enneagram. Colleen chairs the Conference Board’s Executive Coaching Council and is a member of the National OD Network, the IEA, HR Planning Society, and the International Coach Federation. She has served as a consultant to a broad spectrum of businesses and has worked directly with senior leaders in all phases of Organizational Development.

Jaime Colmenarez, Ph.D. is the General Manager of Sucromiles, an important chemical multinational company located near Cali, Colombia, South America. He has trained his staff in the Enneagram and has used it to improve both the leadership and the working climate of Sucromiles. In addition, Jaime is the founder of the Transcend Foundation, a nonprofit organization dedicated to developing healthy values and initiatives in children from low-income families.

Chad Jorgensen is Managing Director and CEO of Nu-Ear Electronics, a division of Starkey Laboratories. Nu-Ear Electronics, a division of the world's largest manufacturer of hearing aids, manufactures and distributes top quality digital hearing aids across the U.S. An innovator and thought leader in his organization, Chad has been using the Enneagram extensively with his sales staff, integrating it with sales training principles and other technologies such as NLP.

Moderator: Bart Wendell, Ph.D. is a management psychologist who consults with companies going through organizational transitions. He also facilitates strategy development and implementation at the executive and board levels in the corporate, nonprofit, public and academic worlds. His clients range from the US Air Force Academy and Johnson and Johnson to PBS and the Ford Foundation. He presently serves as Vice President of the IEA.

Saturday

Early Morning Sessions

7:30am – 8:30am	Chapter Heads Breakfast Meeting	Eclipse Café
7:30am – 8:30am	Early Morning Sessions	Bay Level
8:30am – 9am	Morning Coffee, Tea and Pastries	Seacliff Foyer

Jessica Dibb

Breathwork for Integrating and Enhancing Your IEA Conference Journey

Breathing is the first and last thing we do in life, thereby connecting consciousness/essence/spirit to the body. These Breathwork sessions are offered so participants can access non-ordinary states of consciousness, in order to fully hear and integrate the presence, intelligence and love that is arising from their bodies, hearts, minds and spirits during the conference.

These sessions are nourishing, healing, contemplative, visioning, energizing, and sacred. Participants are guided and supported through a simple yet powerful breathing process accompanied by music, in an environment of safety, wisdom and love. Everyone is welcome.

Jessica Dibb is founder and Spiritual Director of Inspiration, a non-denominational consciousness school, which promotes personal, relational and planetary wholeness. For twenty-three years she has created Psycho-spiritual trainings using Integrative Breathwork, the Enneagram, psychodynamic principles and wisdom teachings from many lineages to facilitate expansive awareness of each precious moment. Jessica is Co-director of the International Breathwork Training Alliance, the chair of the organization's ethics committee, and Co-chair of the International Breathwork Foundation's Integrity Committee.

Deborah Dove Eudene

Yoga

Deborah Dove Eudene is a yoga teacher, body worker and energy therapist whose yoga classes are based on the principles of vinyasa flow and yoga therapy, connecting movement with breath, marrying flexibility with stability, and looking to the inner landscape to guide the journey.

Marta Molinotti and Annamaria Squarciapino

Reawakening Meditation: Ritual Meditation Involving Gurdjieff Movements.

No particular ability is needed, but the will to actively participate is required All attendees will be physically active. . . . The meditation involves Gurdjieff Movements in a silent journey through the consciousness of the body. . . . Following The Cycle of Nourishing from Chinese traditional medicine, blocked energy will be awakened and released. . . . The still sleeping energies of internal organs, of the mind and of the heart, are gently spurred to freely circulate and flow in every part of the body. . . . Once this is achieved, the three energy centres (emotional, mental, and visceral) have the possibility to show their power. . . . Through the music of the Gurdjieff dance and the precision of the movements, this new quality of energy begins to reveal a different sense of the body's form. . . . Repetition gives rise to a ritual dance of meditation. . . . A different geometry, a new whole that can be realized only through the synergy of the group.

Please see Sunday Closing Ceremony, page 47 for information about the Gurdjieff Movement Ritual.

Marta Molinotti is a teacher of the AIE (Associazione Italiana di Enneagramma). She teaches Sacred Dances of Gurdjieff workshops, and Theatre-Therapy courses combining knowledge of the Enneagram and the movements of Gurdjieff. She has a diploma in Theatre-Therapy (<http://www.fedteatroterapia.it>). She is the author of "Intersection between theatre and physics: a subset of theatre therapy" published inside "Theatre as therapy" by Walter Orioli, MacroEdizioni 2001. She is also a group leader for self-help groups.

Annamaria Squarciapino is a member of the Board of Directors of the AIE (Associazione Italiana di Enneagramma). She is a professional Shiatsu bodyworker, an on-stage assistant for theatre-therapist Marta Molinotti. And the coordinator of self-help groups treating drug addiction. e-mail: swacc@linknet.it

Saturday Morning

8:30am – 9am	Morning Coffee, Tea and Pastries	Seacliff Foyer
9:00am – 12 Noon	Morning Sessions	Bay Level
12 Noon – 1:30pm	Lunch Break	
12 Noon – 1:30pm	Business Consultants Lunch Meeting	Hospitality Room

Thomas Condon

Ericksonian and NLP Approaches to Working With the Enneagram

Part 2: Metaphors That Drive Enneagram Styles

Track: Psychology and Personal Development All Students

Another way to think about an Enneagram style is as a kind of narrative. Our personality trance is held together by a story we tell ourselves, and the main skill we practice within our Enneagram style is storytelling. In popular psychology, these stories are called “scripts,” although the Enneagram describes them in a deeper way.

Each Enneagram style is anchored by metaphorical images that drive the style’s preoccupation. The kind of image you have partially dictates the story you are prone to living, with all its strengths and drawbacks.

In this session, Tom will demonstrate how to elicit and transform these unconscious metaphors as well as discover your own driving metaphors and those of other styles.

For information on **Thomas Condon**, see page 20.

Kathy Hurley and Theodorre Donson

Re-VISIONing Professional Relationships with the Enneagram, Part 1

Track: Business All Students

This program is for therapists, counselors, spiritual directors, coaches, nurses, caregivers and managers of teams — anyone who is in a professional one-on-one relationship with others. The Enneagram can be a useful interpreter of people, showing how we need best to respond to others in order to have successful and satisfying relationships. Using research with their own clients, colleagues and students, Kathy and Theodorre present their collected insights on how to deal with people of each type.

This program on re-visioning professional relationships is presented in two parts; each part stands on its own and is complemented by the other. Part 1 covers building trust. How do you build trust with exemplars of each of the personality styles? How can you speak in a language the other person will hear best? How can you most quickly and easily demonstrate you are tracking with the person? This presentation ends with some comments on personality disorders as they relate to Enneagram types. Professionals working one-on-one, especially if they are not trained in psychology, can benefit from these particular insights needed when dealing with personality disorders.

For information on **Kathy Hurley** and **Theodorre Donson**, see page 20.

Eli Jaxon-Bear

The Enneagram of Liberation: From Fixation to Freedom

Track: Spirituality All Students

See page 20 for more information.



Helen Palmer

Psychological and Spiritual Integration: Basic Theory and Contemplative Methods

Track: Spirituality All Students

Roughly half of Helen’s students are drawn to the Enneagram because they recognize their own

psychological patterns. They generally gain clarity about type issues by working with a therapist or a counselor, and they begin their spiritual practice to experience inner peace. The other half are established meditators whose receptive inner state unseats when type issues are triggered. For obvious reasons, both groups see value in integrating their knowledge of type with contemplative method.

In this session Helen highlights the Vice to Virtue conversion, a strategy that unites precise self-observation with contemplative method for the relaxation of suffering. The Vice to Virtue transformation is an inner activity of dissolving negative emotions rather than acting them out.

Helen Palmer is a teacher of psychology and intuition. She has authored five books in the literature of consciousness, including two international bestsellers on the Enneagram topic, which now appear in 18 foreign translations. Her Enneagram books have sold over half a million copies worldwide.

Helen is the subject of a public television documentary, “Breaking Out of the Box: Discovering the Enneagram, and together with David Daniels, M.D., she co-directs The Trifold School, an organization that reflects her thirty year commitment to bridging personal and spiritual realities.

Through The Trifold School, Helen teaches programs and certification trainings internationally, with mature locations in San Francisco, Chicago, Cincinnati, Washington D.C., Dublin Ireland, Bristol England, and Frankfurt in Germany.

Don Richard Riso and Russ Hudson

The Enneagram and the Superego: An Introduction to the Psychic Structures: Part 2

Track: Psychology and Personal Development All Students

See page 21 for presentation information.

Jerry Wagner and Jim Armstrong

Adjusting Our Self Boundaries to Optimize Working Relationships

Track: Business Intermediate and Advanced Students

The world of work is comprised of interpersonal relationships operating on many different levels of complexity and meaning. These relationships occur in different arenas as well, from intra-organizational to inter-organizational communities and networks. Through leadership development and coaching, these relationships are harnessed to accomplish various business-related objectives, such as communicating and providing effective feedback, managing conflict, crafting high performance teams, and networking for creating coalitions. Building on the values-based self-concept approach in Part I, this workshop considers the self-boundaries that define the extent of our self-concept. We will learn NLP techniques to discover and alter our external and internal boundaries. In doing so we acquire greater freedom and choice based on how we represent these boundaries in our minds. And we will learn how to adjust these representations to expand our repertoire of responses and behavior within our Enneagram style. Through instruction, experiential exercises, and practice, participants will polish their boundary skills to enhance their leadership and coaching presence to engage, connect, and collaborate with co-workers in healthy and respectful ways.

For information on **Jerry Wagner** and **Jim Armstrong**, see page 22.

Saturday Afternoon: Session I

12 Noon – 1:30pm Lunch Break

1:30pm – 3:30pm Early Afternoon Session

3:30pm – 4pm Afternoon Break and Refreshments



Wendy Appel and Pam Fox Rollin

Emotional Intelligence and the Enneagram: Brains, Behavior, and Beyond

Track: Business All Students

The Enneagram offers powerful pathways for developing Emotional Intelligence (EQ), and EQ work is a useful entry point for introducing the Enneagram to corporate audiences. Together we will explore the link between the Enneagram and Emotional Intelligence from three perspectives.



- “Brains”: How recent findings in neuroscience help explain the nature of emotional reactions and provide insights into strategies for deepening self-awareness and interrupting troubling patterns

- “Behavior”: How the Enneagram can be used to help us develop the specific intrapersonal and interpersonal competencies that fuel leadership success, such as self-awareness, adaptability, transparency, empathy, conflict management, and relationship building.
- “Beyond”: How the Enneagram supports us in being aligned with life’s intelligence, and how cultivating presence enables us to walk our personal and professional paths more gracefully.

Join Appel and Rollin and become familiar with the essentials of Emotional Intelligence and the links between EQ and the Enneagram. This session will integrate presentation with personal inquiry, exercises, and practices that leverage an understanding of the Enneagram in developing EQ in ourselves and others. Participants are welcome from any level of Enneagram expertise, although the program will assume basic familiarity with points and patterns.

Wendy Appel, MA, is a Senior Organizational Development Consultant and Cultural Anthropologist. She has extensive experience and expertise in meeting design and facilitation, change management, leadership development, effective communication, conflict resolution, and group and interpersonal dynamics. She is also a contributing author to a book on diversity. Supporting leaders to develop awareness of their patterns of reaction and interaction so that they are able to be more choiceful rather than operating out of habit is a core focus of Wendy’s work.

Wendy consulted to several health care organizations and had an earlier career in product development and project management in the high tech arena prior to

joining Kaiser Permanente. Wendy is currently completing the Enneagram certification with Riso and Hudson and is certified in the *Myers-Briggs Type Indicator* (MBTI). She also facilitated *Group and Interpersonal Dynamics* in the Stanford MBA program.

Wendy uses the Enneagram in her consulting practice with executives and managers. She also teaches Enneagram classes and facilitates 3 to –5-day Enneagram retreats.

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Pam Fox Rollin, MBA, IdeaShape Coaching & Consulting, helps executives and emerging leaders bring out the best in themselves and others, step up to larger roles, and build teams that inspire and deliver top performance. Clients include Accenture, Autodesk, Blue Shield of CA, Charles Schwab, and small and mid-size companies in advertising and technology. In addition to corporate and nonprofit clients, Pam is a master coach and senior facilitator at Stanford University's Graduate School of Business, where she earned her MBA. Pam is co-authoring research on emotional intelligence and personality type (MBTI®) in 265 leaders; her guidebook on Multiple Intelligences and top performance will be published this summer.

Creating awareness of our own patterns and possibilities is at the core of Pam's work, and Pam finds the Enneagram tremendously powerful for her clients. Self-awareness is foundational to emotional intelligence. The Enneagram offers efficient, powerful, and affirming ways to help leaders see more clearly their habits of thinking and acting, and the impact on their relationships and their own peace. Learning about Enneagram patterns can also help leaders deepen their understanding of and empathy for others. Pam finds the developmental levels described by Riso and Hudson particularly valuable in working with emotional intelligence.

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Judy Cardoza

Discovering the Dynamic Enneagram — A Process Model for Personal and Professional Development

Track: Psychology All Students

This workshop focuses on the Enneagram as a dynamic map which can be used to illustrate and discern the

natural, life-giving directional movement of any unfolding project or process. Every process in which we are engaged reflects and expands our sense of Self. Each project itself has a course of development, and we — in the laboratory of the project — are also on a developmental trajectory.

Tracing those trajectories and discovering where they are in the present moment brings awareness of what's next and of what conscious choices might be made. The gift of this awareness is the possibility of moving with greater ease, joy and freedom in both personal and professional daily living. This is a particularly useful tool during times of evaluation and decision-making, and as a new project or life phase begins.

Current application is both diagnostic and strategic and has been found helpful to counselors, teachers, business leaders, artists and parents. Workshop participants will have the opportunity throughout the presentation to track the development of a specific process of personal interest. Knowledge of the enneagram of personality is helpful but not required. Come join us for the adventure!

is a professional personal coach, spiritual counselor and an ordained New Thought minister. She is co-founder and Program Director for Sargasso Center, Inc., a New Mexico tax-exempt corporation engaged in *Discovering and Developing the Inspired Leader Within* [sm] which uses the Enneagram and other modalities in its work with corporations and individuals.

Her exploration of the Enneagram over the last 18 years has been developed through study and teaching, in retreat facilitation and leadership, and in private practice with clients in California and New Mexico. She is certified in both the Riso-Hudson and Hurley-Donson teaching programs. Her undergraduate degree in political science and graduate seminary degree, as well as two decades of Sufi studies, have been part of a broad education in human development and spiritual psychology. She has published several articles on the Enneagram and is currently completing a co-authored workbook on the process model.

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Michael Goldberg

The Enneagram and Homer's Odyssey

Track: Arts and Education For All Students

In Homer's *Odyssey*, a source of the Enneagram, Odysseus meets each of the 9 enneagram types in their exact numerical order. The types are clear to those who know the Enneagram. These mythic teaching stories expand and

deepen our understanding of the ennea-types. If you are a teacher of the Enneagram, these are wonderful stories to have in your storehouse.

In this informal and interactive session, Michael Goldberg re-tells the famous chronicles of *The Odyssey* through an Enneagram lens, and discusses how Odysseus' adventures can be used as a useful guidebook to working with the Enneagram types.

Michael Goldberg, an attorney and management consultant, wrote the best-selling *The 9 Ways of Working*, about the Enneagram in business. Michael works with Enneagram clients large and small including the CIA, Motorola, Philips Electronics, Farmers Insurance and Wells Fargo. He has been featured in an hour-long interview on the Fox News Channel, on CNN, the BBC, and on network broadcasts in Australia and South Africa. He has been on the faculty of graduate schools of management and law, and currently teaches at the Professional School of Psychology. A longtime mediator, he has mediated hundred of disputes, including large scale community controversies. He has taught at Esalen Institute and at the U.S. government's Western Management Development Center for senior executives. His new book is *Travels with Odysseus: Uncommon Wisdom from Homer's Odyssey*.

Although he teaches principally in business, Michael's theoretical approach to the

Enneagram is mythic, alchemical and archetypal. He believes the types are deep stories we tell each other and ourselves that point to our true nature. He considers that, while the details of type hold interest, of overriding importance is the Enneagram as a whole: that each of the types constantly creates the others, and that the pulls between the types are a natural source of balance, awareness and compassion for others and self.

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Ginger Lapid-Bogda

Transforming Teams with the Enneagram

Track: Business Suitable for all students

Just as the Enneagram illuminates the architecture and dynamics of the personality, the field of organization development provides a powerful framework for understanding the architecture and dynamics of teams.

This highly interactive session integrates the insights of the Enneagram with the theory and practice of creating high-performing teams from the field of organization development.

Because almost everyone who works in an organization works within a group or team context, and most people are members of multiple work groups and teams, team development is one of the most important organizational applications of the Enneagram. An integrated Enneagram/OD approach to developing high-performing teams not only transforms a team, it contributes to the personal transformation of individual team members. This session will show you how to make that happen.

Because this session is a two-hour structured team simulation, everyone who attends should expect to participate. The session is limited to the first fifty-four attendees, and all participants need to be present at the start of the session in order to hear the simulation instructions. Come to enjoy the experience, the insight, and the fun!

Ginger Lapid-Bogda, Ph.D., an organization development consultant with thirty-five years of consulting experience -- Fortune 500 companies, nonprofits, and law firms in areas such as strategic change, high-performance teams, executive coaching, and diversity -- is a member of the OD Network and NTL. She currently serves as president of the IEA.

As a faculty member for several universities, she teaches courses in leadership, organizational change, and consulting skills. As a speaker, she makes presentations at conferences for organizations such as the Center for Creative Leadership, the OD Network, and ASTD. In 1991, the American Management Association awarded her a "10 Best Speakers Award" for her speech, "Managing Complex Change." A contributing author to books and journals, Ginger authored "OD Interventions or Help! What Do I Do Now?" which appears in *Organization Development*.

Perspectives and Foundations. In addition, she has published numerous articles on the topic of diversity. For her article "Judge Your Company's Politics Before You Climb Aboard" (*National Business Employment Weekly*), Ginger received the "Best 10 Articles of 1991" award, and she is featured in the commercial video, *Improving Workplace Gender Culture*. In her new book, *Bringing Out the Best In Yourself at Work: How to Use the Enneagram System for Success* (McGraw-Hill, 2004), Ginger describes how to integrate organization development theory and practice with the Enneagram in the areas of communication, feedback, conflict, leadership, and teams.

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Roxanne Howe-Murphy, Ed.D. and Barbara Mark, Ph.D.

Conversations On Women's Midlife Journey: From Transition to Transformation with Loving Presence

Track: Innovative Applications

Intermediate and Advanced Levels



Midlife, generally speaking the ages between 40 and 60, represents a pivotal crossroads in life. A sea change is taking place in how a growing number of the over 43 million women in this stage of adult development are approaching their lives. Central to their experience is the emergence of a spiritual hunger, a yearning for wholeness, and a desire for deeper meaning in life. A

premise of this session is that the transformation that is possible at this crossroads is a major work of one's lifetime. The choices individuals make at this time shape the quality of the remainder of their lives.

The Enneagram and Jungian work are both bodies of wisdom that provide a framework for deep-level transformation. The integration of the Enneagram and Jungian perspectives supports women in becoming de-hypnotized from the personal trance of the personality and the cultural trance of the collective unconscious. Beyond its fundamental role in accelerating self-knowledge, the dynamic nature of the Enneagram provides valuable guidance in the evolving nature of the life journey, and into the portal of Presence. Jungian concepts provide great depth to our understanding of the stages of midlife. Both give rise to the Unconscious becoming Conscious and support the process of embracing our inner

authority as we mature into the second half of life, remembering that which is eternal and sacred.

Presentation, conversation, and experiential activities will be used. This session will:

a) present information on the nature of midlife transition and the women who are experiencing it; b) introduce participants to an integrative framework and process for moving from midlife transition to midlife transformation; c) engage participants in focused conversations around issues that arise in midlife, using both the Enneagram and Jungian theory to inform our inquiry; and d) explore how Presence informs the midlife journey.

Roxanne Howe-Murphy, Ed.D. is a certified corporate coach and a certified Riso-Hudson teacher. Roxanne is the Director of the Enneagram Institute of the San Francisco Bay Area, an affiliate of the Enneagram Institute. An executive and life coach, Roxanne uses the Enneagram extensively in her coaching practice with executives and with people in midlife. She also teaches Enneagram classes and facilitates a nine-month intensive Enneagram program for women.

Roxanne was a university educator for over 20 years and is a lifelong student of the evolving nature of consciousness. She has dedicated much of her life to helping others to recognize and embody their inner authority. Roxanne has written for numerous professional publications, and co-authored an internationally adopted textbook on an integrative approach to rehabilitation. Her Enneagram coaching workbook, *Through the Lens of the Enneagram: Coaching for Powerful Life Transformation*, is due out soon.

Roxanne's orientation to the Enneagram is as a framework for accelerating self-knowledge, for releasing human suffering, for living life with more awareness and integrated intelligence, and for experiencing the expansiveness and liberation of spirit.

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Barbara Mark, Ph.D. is an executive coach, mentor, and consultant who has worked in the arena of personal growth and human potential for over 25 years. She has a Master's Degree in Humanistic Psychology and a doctorate in Transpersonal Psychology. Barbara is the founder and principal of Full Circle Institute in San Francisco. She is a past co-president of San Francisco Coaches, a member of the International Coach Federation, and is the current president of the International Association of Coaches.

Barbara specializes in working with senior executives and supports them in navigating the personal and professional changes and challenges that accompany midlife. Barbara's brings a Jungian perspective to her work and focuses on the unique experience of liminality in adult development. *"I believe that it is our opportunity and responsibility to bring our selves fully into our world and to make our unique contribution."*

Barbara and Roxanne are co-founders and principals of Women's Presence™ Retreats, for women in the midst of midlife change. They integrate the Enneagram and Jungian perspectives into their shared work with women.

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Peter O'Hanrahan

The Embodied Enneagram: Body, Breath, Emotion and the Nine Types

Track: Psychology and Personal Development
All Students

Among the great virtues of the Enneagram system are its holistic view of human beings and its holistic approach to

personal and spiritual development. The wonderful, and still evolving, psychological knowledge of the types provides support for self-awareness and mindfulness, best exercised by a reliable and friendly inner observer. This knowledge starts in the mind, but it can also guide awareness and practices involving our feelings and instincts.

George I. Gurdjieff, who brought the Enneagram to the West, had an early holistic curriculum with his Fourth Way school - methods based not just on the first way (of the body), or the second way (of the heart), or even the third way (of the mind). With sacred music and dances, teaching stories, and physical tasks, Gurdjieff addressed all three centers or "brains" as he called them, anticipating modern research into the Triune Brain. Certainly there were other holistic teachers and educators, including Rudolf Steiner, Maria Montessori, Ida Rolf, Wilhelm Reich, and Carl Jung. But it wasn't until the 1960's and 70's that mainstream medicine and psychology began to be impacted by the emerging holistic health movement. It was an associate of Freud, Wilhelm Reich, who first described type in his book *Character Analysis*. This was the first view of people through the lens of character structure, not as just a collection of neurotic symptoms. Reich also set the stage for the emergence of somatic psychology as a whole with his focus on the breath and the movement of life energy in people.

This workshop will include a quick tour of the somatic (embodied) structures and patterns of the nine types, and suggestions for practice and self-awareness, with references to boundaries, body armor, breathing, body types, and basic grounding. About 30 minutes will consist of experiential bodywork, followed by short breakout groups.

Peter O'Hanrahan is an experienced Enneagram teacher who has provided public workshops and specialized trainings to businesses, schools, and community organizations for the past 24 years. He is the program manager and an associate trainer for the Enneagram Professional Training Program (EPTP) of the Trifold School for Enneagram Studies with Helen Palmer and David Daniels M.D. He writes and teaches regularly on the Enneagram in the Workplace, Instinctual Subtypes, and the Embodied Enneagram.

Since 1975 Peter has practiced counseling and directed self help programs in Berkeley, California, with a focus on making practical methods available to people on a path of personal and professional development. During this time he has integrated the Enneagram into his counseling and body therapy practice. He directed the Center for Human Growth in Berkeley, which hosted the first public Enneagram classes in the late 1970's.

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Patrick H. O'Leary, M.S., M.Div

Enneagram Arrows: As Seen from the Insights of Ignatian Discernment of Spirits

Track: Spirituality For Advanced Students

The Arrows within the circle of the Enneagram symbol are a later addition to Enneagram theory. Claudio Naranjo said they were a momentary insight/doodle used to answer a student's question. Many authors, including this presenter, use them to explain progress and regression in self-understanding and actualization. Spiritual direction, in the model of St. Ignatius Loyola, has its origin in the method for discernment of spirits outlined in the Spiritual Exercises. This lengthy (up to 30 days) period of guided meditation and contemplation provides an individual with a tailored path toward true self-awareness. The Exercises are open to any serious spiritual pilgrim, regardless of religious orientation or lack thereof. Participants will learn how the instinctual energy of each type is converted in the process of becoming self-aware. Consolation and desolation, the 'movements' of the spirit, are the indicators of authentic integration or disintegration for each type. Discerning these movements is crucial for spiritual progress. O'Leary outlined this process in his 1984 book. Movement along the Enneagram arrows is usually interpreted as a disintegration of the type. Contrary motion is explained as integration. Participants will have opportunities to experience these contrary movements. They will also test the validity of the opposite interpretation; i.e., movement along the arrow is integration, etc. With direction, the participants will also learn how voluntary cooperation with the movements leads to a balance of type and conversion, similar to the Traps vs. Holy Ideas in the intellectual energy and the Passions vs. Virtues in the emotional energy. Participants will be asked to share some of their reflective experiences with both small and large groups.

Patrick H. O'Leary, M.S., M.Div., co-authored the first Enneagram text, *The Enneagram: A Journey of Self-Discovery*, in 1984 (ISBN 0-87193-214-8). He is an international management consultant specializing in organizational development since 1972. O'Leary began teaching a continuing series of Enneagram courses at Cleveland State University in 1994. He is one of the Founders of IEA and served as its Executive Director in 1996. O'Leary's study of the Enneagram began in Chicago with 1971-72 graduate seminars taught by Bob Ochs, a Loyola University professor who had just returned from a year of personal study with Claudio Naranjo, M.D., in California. O'Leary integrated his studies in environmental biology, physiology, psychology, the Myers-Briggs Type Indicator (MBTI), individual counseling, spiritual direction and organizational development with his understanding of the Enneagram. He began offering various seminars on the Enneagram in 1972. The 1984 text was written to summarize further understanding of the Enneagram obtained from thousands of participants who attended those early seminars. During his thirty years as a member of the Jesuit Order (Society of Jesus) and as a Roman Catholic priest, O'Leary practiced Ignatian discernment. (St. Ignatius Loyola was the founder of the Jesuits in 1540). He also organized and led a training program for spiritual directors.

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Santikaro

The Concocting of Enneagram Type-based Suffering

Track: Spirituality Intermediate-Advanced

This afternoon we will look into the structure of ego-type using the classic Buddhist teaching of dependent co-origination. This perspective, which the Buddha considered the heart of his teaching, looks at the causal processes by which we give birth to ourselves as egoistic beings, and the anxiety and suffering produced by ego-birth. Many of the terms used by the Buddha can be linked with crucial aspects of type, e.g., basic proposition, defense mechanism, attentional style, identity, and passion. This reveals the 'self' we strive to be as merely a concoction out of emptiness. While the suffering is real enough, the dynamic recycling of the type-stuff sustains an illusion that recycles the suffering unnecessarily. When type is deconstructed or released, the full potentials of awakening are liberated.

Santikaro is the founder and guiding teacher of Liberation Park in Oak Park, Illinois, near Chicago. He went to Thailand with the Peace Corps in 1980 and remained there for 20 years, mainly as a Theravada Buddhist monk. He lived at Suan Mokkh, a forest monastery in Southern Thailand, for fifteen years, where he studied under Buddhadasa Bhikkhu, an influential teacher and reformer (who died in 1993). Santikaro taught meditation and Buddhism in Thailand for many years and initiated Enneagram teaching that has grown into the Thai Enneagram Association. He continues to lead meditation retreats in the USA and various corners of the world.

He now lives and teaches in the Chicago area, pursuing his vision of Liberation Park, a modern American expression of Buddhist practice, teaching, community, and social responsibility. He continues to translate his teacher's work, along with pondering the application of Buddha-Dhamma to our hectic high-stress ways of life, working in socially engaged Buddhism, and breathing mindfully. His Enneagram work focuses on its application to Buddhist practice and how Buddhist meditation can deepen, as well as be informed by, Enneagram studies.

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Saturday Afternoon: Session II

3:30pm - 4pm

Mid-Afternoon Break and Refreshments

4pm - 6pm

Saturday Late Afternoon Session



J. Russell Burck

Ethics and the Enneagram

Track: Innovative Applications

All students

Enneagram professionals bear responsibilities similar to those mentioned in the Hippocratic Oath and the Oath of Maimonides. Their opportunities to misuse their power parallel those of physicians. This presentation will address such ethical issues facing Enneagram professionals as confidentiality, accuracy, respect for persons, and fiduciary responsibility.

We shall work interactively, asking how our own ideals and our sense of responsibility show up in our work, because professional ethics involves our own sense of good and not so good, right and not so right, and so on. Because a profession also identifies purposes and constraints that its members agree to adhere to, we shall inquire into its ideals, obligations, and prohibitions. And we shall look at the tension between our personal ethics and the ethics of our profession. An important feature of the Enneagram is that it is used in a number of contexts. We shall ask about specific ways that the details of each context shape the Enneagram professional's work in that context. The ethics of the Enneagram, however, far transcend professional ethics. At the most basic level, the Enneagram system describes nine significantly different ways that people define responsible living. It links individuals' self-interest with the formation of their personality, and can aid in exploring the intricate voluntary ethics associated with self-observation and the tension between noticing and containing one's own dysfunctional responses to stressful situations and examining these responses. This presentation will explore these aspects of Enneagram ethics, drawing on works from major Enneagram schools including Palmer-Daniels, Riso-Hudson, A.H. Almaas' Diamond Approach, and authors such as Michael Goldberg, Mary Bast, Clarence Thomson, and Jerry Wagner. The presentation will involve individual tasks, group work, and lecture.

The Rev. J. Russell Burck, Ph.D., a Presbyterian minister, is Associate Professor in the Department of Religion, Health, and Human Values at Rush University Medical Center. After consulting and teaching in ethics at Rush since 1980, he recently retired as Director of the Program in Ethics and the Ethics Consultation Service. He continues to consult, teach, and write part-time at Rush. He studied at Princeton University, the Biblical Seminary in New York, and Princeton Theological Seminary, which awarded him the Ph.D. in Pastoral Theology. He also taught at Tuebingen University in Germany. Honors include being the University Marshal for commencement, 2004.

His articles on ethics and the Enneagram have been published in TALK Journal. In addition to numerous publications, he co-edited and contributed to *Clergy Ethics in a Changing Society: Mapping the Terrain*, published by Westminster/John Knox Press, cited as one of the ten best books for ministry in 1991 (The Academy of Parish Clergy). He reviews articles for *Critical Care Medicine*.

He is certified in Jerry Wagner's Enneagram Spectrum program and is seeking certification in David Daniels and Helen Palmer's Enneagram Professional Training Program. He participates regularly in the Upper Midwest Diamond approach group that began in May, 2004.

He is past president of the Chicago Clinical Ethics Programs, which fosters collaboration among the ethics programs of Chicago area medical schools. He served on the Ethics and Peer Review Committee of the American Association of Electrodiagnostic Medicine.

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Lila Caffery, MA, CCHT

The Inner Child: Revisiting the Creation of the Defense

Track: Psychology and Personal Development

All Students

This two-hour presentation is entirely experiential. Major sources are Bowen, Bradshaw and Naranjo. The

participants will first form an Opening Circle. They will do a Visualization with Music in which they return to their childhood home where they will allow themselves to re-experience early moments of vulnerability and the actions they took to defend themselves. Perhaps, they were overwhelmed with the anger in the house and hid in a closet. The withdrawal was the defensive posture. In pairs they exchange these stories. Afterwards they have an emotional dialogue about this with one of their parents in the presence of their partner and their Higher Power. Now participants from each type will compose a panel to tell how they are still playing out this initial wounding. What triggers the habitual response? Do we see it coming? Do we try to alter or diminish the power of it? Finally, there will be a closing circle and a short period for feedback.

The theoretical belief is that, by expressing the wound to another, the witnessing removes the belief that the wound is not real; by expressing the feeling to the source of the wound, the need to act it out (projection) is diminished.

Lila Caffery, MA, CCHT took her Masters degree in Counseling at the University of Maryland. She is a graduate of the Georgetown Family Center's two year training program in Family Systems Therapy, Murray Bowen, M.D., founding director, and a graduate of Jay Haley's Strategic Therapy training. She later trained at Saybrook Institute as a clinical hypnotherapist under Ian Wickramasakera, PhD, and took her certificate at the Palo Alto School of Hypnotherapy. Later influences include John Bradshaw, Virginia Satir and Maureen Redyl, MFCC. Her own spiritually based work combines family drama, art, music, visualization and role playing. She has presented her Intensives in the Bay Area and Japan since 1990 and has a private practice in San Francisco and Belmont, CA. She specializes in couples work, and in food, love, sex, Internet and chemical addiction. Her study of the Enneagram has included conferences and workshops with most of the leaders in the field, including her most recent Authentic Enneagram training in England. Since 2003 she has integrated this work into all her therapy. She is a professional member of the NCIEA. Her recently published article in the December issue of Enneagram Monthly is available on her website: www.innerchildhealing.com. Phone: 415-337-9474. lila@innerchildhealing.com.



Jessica Dibb

Experiencing Essence Through Conscious Awareness and Embodiment of the Three Instincts

Track: Spirituality All Students

Carl Jung taught us that the greatest gold is discovered within us by relating to our shadows consciously and bringing them into the light. So too, by consciously revealing our instincts and developing ongoing awareness of them, we will expand our inner resources for responding to life with the grace, strength, spontaneity, flexibility, attunement, joy, truth, beauty, love and wisdom of our Essence. Each instinct gives us particular energies and wisdom that can enhance life and create a powerful structure for embodying Essence in every moment. Participants will learn ways to consciously contact and experience the full spectrum of the energies and developmental levels of the three instincts. This spectrum includes the psychopathologies, shadows, masculine and feminine energies, actualized energies, and illuminated qualities of each instinct. Understanding will be enriched by referencing current brain research.

This highly experiential workshop begins with explanations of the spectrum of energies of each instinct. Examples and stories will illustrate each instinct's contribution when it is fully revealed and illuminated. Participants will then enter into experiential journeys for each instinct using kinesthetic sensing, music, thoughts, movement, chakra awareness, sound, and breath. Then each participant can choose one instinct to work with more intensively during a potent and nurturing guided breathwork experience. This deeper work will create opportunities to 1) heal and release blockages; 2) discover patterns of under-use, over-use, or unhealthy imbalance of the instinct; 3) open that instinct's energy more fully in the body, noticing how it affects energy levels, choices, relating, feeling Self, and contacting Essence. Participants will experience an expanded flow and embodiment of the kinesthetic, emotional, mental, and spiritual energy that can infuse each moment by bringing the instincts into the light of awareness, unconditional love, and consciousness.

Jessica Dibb is the founder and Spiritual Director of Inspiration Community, a non-denominational consciousness school, promoting personal, relational, and planetary wholeness. For twenty-two years she has designed and taught courses ranging from eight weeks to seven years, using unique experiential processes to facilitate kinesthetic, emotional, intellectual, and spiritual experiences and embodiment of Essence. She teaches a five-year training program in psycho-spiritual facilitation. This multidisciplinary program trains practitioners to assist people in awakening and cultivating the unfolding of consciousness through all stages of life, from conception and birth through death. Jessica uses the Enneagram, psychodynamic principles, Integrative Breathwork, eclectic spiritual practices, diverse psychological processes, induction of mystical states, movement, and wisdom teachings to facilitate awakening and integration of expansive states of awareness and consciousness in everyday life. For the past fourteen years she has been using the Enneagram as the primary map to help people navigate towards the mapless territory of the alive and evolutionary Authentic Self, which manifests uniquely in every person. Jessica is the Co-director of the International Breathwork Training Alliance and teaches

internationally. She is also a founding member of Ken Wilber's Integral Institute, a core team member of the Global Life Foundation, and Co-chair of the International Breathwork Foundation's Integrity Committee.



Carol A. Erickson

Ericksonian and NLP Approaches to Working With the Enneagram

Homework, Therapy and Enneagram Styles (Part 3 of Tom Condon's Morning sessions)

Track: Psychology and Personal Development Track

All Students

This presentation will build on Part I and II material presented Friday and Saturday mornings by Tom Condon. This afternoon we will focus on some common "negative trances" — problematic aspects of our Enneagram styles — and what to do about them. The workshop will include a variety of therapeutic methods and techniques as well as creative "homework assignments" in order to assist clients and ourselves to break out of these limiting patterns. (All are welcome. It is not a prerequisite to have attended Condon's sessions.)

Carol A. Erickson, L.C.S.W., M.F.T., is the Director of the Erickson Institute in Berkeley, California. Carol conducts workshops in the U.S. and Europe and is an adjunct faculty member at the University of California, Berkeley. She has life long experience in the field of Hypnotherapy, dating from her childhood as eldest daughter of Milton H. Erickson, M.D. Through the Erickson Institute, Carol maintains an extensive private practice and offers individual and staff trainings for therapists, clinics and agencies. (510) 526-6846.



Lissa Friedman Ph.D.

Working with Couples for Awakening

Track: Psychology and Personal Development

For Intermediate and Advanced individuals and couples

In working with couples, each person does his or her own work of self-exploration and changing patterns. The couple relationship is like a hothouse for the fixated behavior; it brings out the best and the worst, providing many opportunities for freedom and true love.

When the Enneagram is used for liberation or awakening, it is understood that the themes of suffering are based in the distorted perceptions of the ego fixation. The only one that feels unloved, criticized, distrustful, etc., is the fixation. When the fixation is dissolved or released, the suffering that was caused by fixated identity disappears. The focus of the work using the Enneagram is to release the illusion of fixated identity.

This workshop will focus on the use of the Enneagram in the couple relationship as a tool for liberation or awakening.

Part 1: The core presentation of the initial process of attraction; how fixated behavior gets triggered; a brief description of how each fixation relates in relationship; and examples of couples who have attended workshops or private sessions.

Part 2: Couples are lead into processing their initial attraction, how their patterns now trigger each other, and how to work with the patterns as they show up in order to release them.

Part 3: The conclusion explains how fixation can be released using the process of couples work.

Part 4: Questions

Using the Enneagram in working with couples adds a different dimension than other modalities of couples therapy or coaching, particularly if the Enneagram is used for awakening. With awakening as the focus, the aim of the therapeutic relationship is freedom from fixated perception -- therefore behavior. The dynamics of the relationship are excellent fodder for recognizing patterns of ego identity and releasing them.

Lissa Friedman received an MA and an Ed.S in Mental Health Counseling, and a Ph.D. in Art Therapy. She is a Licensed Mental Health Counselor and a Marriage and Family Therapist. She has been in private practice since 1984. She has been working with couples for over 20 years.

Dr. Friedman began studying the Enneagram with the Arica school, established by Oscar Ichazo in 1986. She was an apprentice teacher from 1992 to 1994. Since then she has studied the work of Almas, Jaxon-Bear, Maitri, and Naranjo. She began presenting workshops on the Enneagram in 2001.

Lissa Friedman has published four articles in the *Enneagram Monthly: The Subtypes and Movement* (April, '04), *Working with Couples for Awakening* (May, '04), *The Ego is the Seed of Essence* (July, '04), *Stripped Naked-From Fixation to Freedom* (Dec. '04). Her book, *Enneagram of Awakening: A Path to Freedom*, is in review.

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Eric Lyleson

Essential Wholeness: Nine Steps to an Evolution of Consciousness

Track: Psychology and Personal Development

All students

In this innovative approach, the Enneagram

simultaneously describes the spiral dynamics of evolution and the multifaceted timelessness of our essence. The Enneagram, like a prism, helps us see the white light of our Being differentiated into nine essential qualities. Modern theories of evolution will be used to illuminate the Enneagram's scientific validity while articulating a step-by-step model of systemic change. Each phase is defined by its developmental task, primary function, neurological domain, and corresponding essential quality. In this model if we turn the Enneagram on its side we would see

a fractal-like spiral in which, with each complete developmental cycle, the circle expands and moves up a level. The numbers, starting at nine and returning to nine, represent the phases. This model is very useful in defining the underlying structure of effective psychotherapy and spiritual development, but could also be applied to organizational change. You will see how the tendencies of each personality type lead to psychological disorders when a person fears change, overly identifies with one phase of an evolutionary cycle and resists the next phase. The compulsions of personality are defined as the tendency to get stuck in predictable vicious cycles. Freedom is found by embracing the natural evolutionary flow of life and reconnecting with one's essential wholeness.

Eric Lyleson, (M.A. Psychology) lived in California until 1987 when he immigrated to Sydney, Australia and founded the Healing Relationships Center. As a registered psychologist he provides individual, family and marital therapy. In addition he has been conducting public and professional training seminars throughout Australia since 1989 including: The Enneagram: Personality and Personal Evolution; Ericksonian Psychotherapy and Hypnosis; The Art of Couples Therapy; A Course in Miracles; Mindfulness Meditation.

In 2001 Eric was the keynote speaker at the South Australia Enneagram Conference where he presented the workshop, "The Enneagram, Mapping the Hero's Journey." As faculty of Relationships Australia and the Australian College of Applied Psychology he taught post-graduate and Masters-level courses. He has trained with Stephen Gilligan, David Schnarch, John Weakland, G. Cecchin, William Emerson, and John Grinder. He is a student of Diamond Way Tibetan Buddhism. Eric is author of *"Reflections from Down Under, Getting Lost and Finding Yourself in Nature."* He is currently seeking publication for *"Essential Wholeness, Nine Steps to an Evolution of Consciousness."*

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Johanna Putnoi

Body Intelligence: A Somatic Approach to the Enneagram

Track: Innovative Applications

All Students

Your body is a profoundly intelligent, biologically programmed miracle of nature that comes equipped with the instinct to bond and the ability to love. It has the innate wisdom and power to respond brilliantly when you are in danger, to tell you when you need nourishment, to let you know when it is time to rest.

Somatics refers to this condition as natural instinctive embodiment. You are naturally embodied when you can experience sensate pleasure on a regular basis, when you can deeply relax into yourself, when you can both give freely and defend yourself appropriately, when you know the differences between natural instinctive responsiveness and enforced inhibition.

Unfortunately, the fixation process often pits mind against matter, teaching us at an early age to suppress the call of instinct. When a person spends a lifetime

2005 CONFERENCE PROGRAM SCHEDULE SATURDAY AFTERNOON: SESSION II

manipulating expression, holding back anger, grief, and joy, the body literally gets tied up in knots and forced off balance.

This presentation combines the theory and practice of Somatics with the wisdom of the Enneagram. An overview of somatic theory will be presented and highlighted through simple exercises that engage the body's wordless language, introduce the *posture of natural design*, and provide participants the direct experience of how each Enneagram type shapes primary instinct, body posture, and emotional climate.

Knowing how to bring the body back into balance, mentally, emotionally, and physically, makes it easier to sustain an open quality of neutrality. The contrast, then, between embodied versus fixated perception and function becomes alarmingly real, nurturing the process of exposing and then disengaging from the fixations and passions the Enneagram system so brilliantly describes.

Johanna Putnoi is the author of *Senses Wide Open: The Art and Practice of Living in Your Body, Somatics Through the Lens of the Enneagram* (Enneagram Monthly Aug/Sept '96), and numerous other published articles. Certified in the Narrative Tradition since 1989 and Lomi Somatics since 1979, Johanna was one of the first to teach the Enneagram in combination with Somatics.

She has studied directly with seminal figures in all her fields of interest: modern dance pioneer Martha Graham; educator Ivan Illich; mind/body trail-blazers Moshe Feldenkrais, Robert K. Hall, and Emilie Conrad; and psychological/spiritual thinkers Helen Palmer, David Daniels, Claudio Naranjo, and Carl Whitaker.

For more than twenty years Johanna has worked to help people develop a new awareness and respect for the body's natural intelligence. Her work has given her the opportunity to teach topics such as *Touch and the Art of Healing* for the UCSF Medical Program, *The Somatic Approach to Dance* at Stanford University, and *Somatics Through the Lens of the Enneagram* for actors and screenwriters in Los Angeles. She has taught at Esalen Institute, the California Institute of Integral Studies, and San Francisco State. She holds degrees from New York University and the American University in Paris.

Presently Johanna has an on-going private practice in Menlo Park, California, leads professional trainings and workshops in the somatic approach to the Enneagram, and is developing a multimedia presentation illustrating how the body language and fundamental nature of the Enneagram types is brilliantly visible in the paintings of the Old Masters.

650-854-1028 jputnoi@pacbell.net www.sensesopen.com

about reality (world views) with certain Enneagram types, and the protagonists of these stories tend to be people of these types. For example, the basic basic "Eight" genre is the western, war story, or action-adventure story, which involves a single protagonist whose physical daring, appetite for confrontation, natural leadership, and determination to see justice done is an essential element of the form.

In this presentation Searle will discuss the correspondences between each of the nine Enneagram types and the genre(s) related to the world view/basic values of that type, with illustrative examples from literary works and films.

In her discussion of the genres, she will list "rules of the road": implicit guidelines that each of the genres imposes on a storyteller (and which audiences expect to see observed). Searle will also discuss the ways writers "type cast" themselves in particular genres related to their personal type and why it is so difficult for many writers to switch genres.

If time allows, she will include an interactive exercise that guides participants to observe the natural genre in which they tell their personal stories.

Judith Searle is the author of *The Literary Enneagram: Characters from the Inside Out* (Metamorphous Press, 2001). She is a former board member of the International Enneagram Association and former Chair of its Southern California Chapter.

As an Enneagram consultant to the entertainment industry, she has spoken to various professional groups including The Directors Guild of America, The Writers Guild of America (both East and West Coast branches), Women in Theatre, and Women in Film. She has introduced the Enneagram to professional entertainment industry groups abroad, such as R.A.I. (the Italian state radio-television entity) and the PILOTS Screenwriting Conference (sponsored by the European Union). She is a longtime member of the Writers Guild of America and the Screen Actors Guild.

She offers weekend seminars on the Enneagram in the United States and abroad. Her "Great Movies, Great Books and the Enneagram" seminar features a two-pronged approach to the Enneagram: showing typical behaviors through extensive clips from films and showing the underlying psychological processes through annotated excerpts from novels and memoirs.

An honors graduate of Wellesley College with a major in English Literature, she holds a Master of Education degree from Harvard University. Her non-Enneagram writings include *Loveline*, a novel (NAL Books); *Getting the Part: Thirty-three Professional Casting Directors Tell You How to Get Work in Theater, Films, Commercials, and TV* (Limelight Editions); and *In the Teeth of Time: Poems 1971-2004*.

(310) 393-5372 jsearle479@aol.com www.members.aol.com/jsearle479



Judith Searle

Story Genres and Enneagram Styles

Track: Arts and Education All students

The Enneagram is unique among personality typologies in showing a picture of process, which is the essence of any story. Certain basic literary forms share assumptions



Mario Sikora

From Awareness to Action: Enneagram Strategies and a Model for Change

Track: Business All Students

This presentation is adapted from the book, *From*

Awareness to Action: The Enneagram, Emotional Intelligence, and Change, by Robert Tallon and Mario Sikora. It is based on the presenters' experience using the Enneagram as a tool for executive coaching and team building in Fortune 500 companies, government agencies, and small businesses.

The presentation will cover the Enneagram of Strategies, a new approach to understanding the nine types, the "Awareness to Action" approach to performance improvement, and a brief overview of emotional intelligence and how the Enneagram can be an aid to improving 16 emotional competencies.

An experiential exercise will give attendees first-hand experience in applying the change process to their own lives and to their coaching of others. A brief Q&A period will allow attendees to ask questions about the content or the presenter's experiences using the Enneagram in organizations such as Motorola, Johnson & Johnson, Rohm & Haas, and Beazer Homes.

Mario Sikora is president of Enneagram Consulting and Training Company and co-author of *From Awareness to Action: The Enneagram, Emotional Intelligence, and Change* (University of Scranton Press). In addition to a variety of general management consulting interventions, he has conducted Enneagram-based training and coaching programs in more than a dozen organizations since 1998, including Motorola, Rohm & Haas, Beazer Homes, and Johnson & Johnson. Over 150 executives have completed his Enneagram-based, one-on-one executive coaching/leadership development program, and hundreds more have attended his corporate workshops. He is a featured presenter in Motorola's "Leadership Essentials" training program.

Phone/Fax: 215-739-8144. E-mail: mario@enneagramconsulting.com. Website: www.enneagramconsulting.com.

Sunday Early Morning

7:30am – 8:30am	New and Potential New IEA Chapter Heads Breakfast	Eclipse Café
7:30am – 8:30am	Early Morning Sessions	Bay Level
8:30am – 9am	Morning Coffee, Tea and Pastries	Seacliff Foyer

Jessica Dibb

Breathwork for Integrating and Enhancing Your IEA Conference Journey

See page 34 for more information.

Deborah Dove Eudene

Yoga

See page 34 for more information.

Marta Molinotti and Annamaria Squarciapino

Reawakening Meditation: Ritual Meditation Involving Gurdjieff Movements

See page 34 for more information.

Sunday Morning

9am – 11:30am	Morning Sessions	Bay Level
11:30am – 12 Noon	Mid-Morning Refreshments	Seacliff Foyer
12 Noon – 1:30pm	Closing Event and Ceremony	Grand Ballroom

Thomas Condon and Carol Erickson

Ericksonian and NLP Approaches to Working With the Enneagram

Part 4: Ericksonian Demonstration and Double Induction

Track: Psychology and Personal Development All Students

Carol and Tom will work together with an audience member who wants to change an Enneagram-related problem, using Ericksonian methods customized to their specific Enneagram style. Such demonstrations are usually vivid, entertaining and intense. Most produce a visible before-and-after difference in the client, as they shift from their Enneagram "fixation" to greater freedom and choice. The demonstration will be followed by a unique experience of "double induction" hypnosis. Carol and Tom will guide the group into a deep rich experience relevant to each person's application of the Enneagram.

For information on **Tom Condon**, see page 19.

For information on **Carol Erickson**, see page 42.

Kathy Hurley and Theodorre Donson

Re-VISIONing Professional Relationships with the Enneagram, Part 2

Track: Business All Students

This program on re-visioning professional relationships is presented in two parts; each part stands on its own and is complemented by the other. Part 2 covers issues of follow-through. What issues will need to be dealt with as the relationship grows? How do you facilitate the relationship in a supportive and effective way? Also covered is the effect of your personality style on the relationship — the strengths and potential obstacles professionals of each personality style bring to the relationship. What do exemplars of each personality style naturally do well? What issues will they need to watch for in relationships?

This program is for therapists, counselors, spiritual directors, coaches, nurses, caregivers and managers of teams — anyone who is in a professional one-on-one relationship with others. The Enneagram can be a useful interpreter of people, showing how we need best respond to others in order to have successful and satisfying relationships. Using research with their own clients, colleagues and students, Kathy and Theodorre present their collected insights on how to deal with people of each type.

For information on **Kathy Hurley** and **Theodorre Donson**, see page 20.

Don Richard Riso and Russ Hudson

The Enneagram and the Fourth Way: Transmission and the Spiritual Context of the Enneagram

Track: Spirituality All Students

Most of us originally discover the Enneagram as a typology, but more profoundly, it is a map of wholeness and a way of recognizing and investigating different aspects and dimensions of our inner experience.

George Gurdjieff brought the Enneagram symbol (and many of its principles) to the modern world in a teaching he called "The Fourth Way"—a method of approaching self-realization that involves working with all three Centers (head, heart, and belly) simultaneously. But these Centers must be understood in a right way. Real inner work requires a direct experience of being fully awake in the Centers versus having a vague idea of their automatic expressions when we are identified with the personality. Ultimately, the Enneagram helps us see the ways we lose ourselves in the personality—and thus lose contact with the present moment and with reality itself. Only by profoundly seeing and understanding this, can we be transformed. The session will focus on the exploration of the interface between ego consciousness and the realms of freedom and vastness that are our True Nature.

AND Research Findings from a Breakthrough Study on the Validity of the Enneagram

Due to a last-minute availability of new research findings, the final part of this session will be devoted to presenting the results of a breakthrough scientific study of the Enneagram System of Personality Types recently conducted in the UK by Dr. David Bartram and a team of psychologists and psychometric experts. We will review the findings from this study, which provide strong statistical evidence for the validity of the Enneagram system as a genuine assessor of personality types.

For information on Don Riso and Russ Hudson, see page 21.

Jerry Wagner

Know When to Hold 'Em and Know When to Fold 'Em: Holding on to Adaptive Schemas and Letting Go of Maladaptive Schemas

Track: Psychology and Personal Development All Students

We view the world through our schemas, which are important beliefs about the world and ourselves. Schemas are stable and enduring patterns of thinking that develop during childhood and are elaborated throughout our life. Since we accept these schemas without question, they become self-perpetuating and very resistant to change. To the extent that our schemas represent reality fairly well, they are useful and serve us well. If our schemas distort reality, they end up being self-defeating.

Schemas exert their influence on our behavior and strive to ensure their own survival by means of three processes; schema maintenance, schema avoidance, and schema compensation. In this workshop we'll consider how these processes operate in the nine Enneagram styles.

We'll see how our schemas maintain themselves by exaggerating information that confirms their world view and minimizing facts that contradict it. We'll discover how we cognitively, emotionally, and behaviorally avoid triggering our maladaptive schemas in order to escape the negative emotions they stir up. And we'll investigate how we compensate for these schemas by doing the opposite of what they suggest so we can evade triggering the pain they cause. We'll also explore which adaptive or useful schemas might replace our maladaptive ones.

This workshop will involve some input, personal reflection, small group sharing, and large group feedback.

For information on Jerry Wagner, see page 22.

Helen Palmer

Psychological and Spiritual Integration: Basic Theory and Contemplative Methods

Track: Spirituality All Students

For more information see page 35.

Closing Ceremony

Gurdjieff Movements: Hymn To The Sun

Led by Marta Molinotti and Annamaria Squarciapino

(See bio information on page 34)

The aim of the ceremony is to facilitate a pause in the normal unceasing activity of the conscious mind in order to create the spaciousness to experience other aspects of existence and consciousness unavailable until this moment.

George Ivanovitch Gurdjieff emphasized that dance could be used to express knowledge of a higher or cosmic order. The practice of dancing the 'Movements' is perhaps the most important part of Gurdjieff's teaching. Performing each movement, the dancer experiences a different force that expresses an objective truth about him/herself. The dance is a real instrument of awareness which favours observation of the self without over-identification with the self. Each dance has a characteristic frequency, each dance carries a wave that has a crucial role in the exploration of a part of our personal universe. Above all it brings the presence of the dancer into actual time.

In the performance of an energetically charged group ritual the personality is forced to leave much of itself behind — the person detaches from the ego. We discover orbits far from the nucleus and its strong binding force (the quality of the personality) with light of different colours. In the Hymn To The Sun we will work with a magneto-optical trap that lowers emotional energy, as well as with laser beams, coherent sounds, and magnetic fields.

To experience the Movement in our own bodies, it is essential to dance with other people. All the dancers' bodies, synchronized, are in fact like a single wave of matter proceeding in one direction. People undergo a transition from behaving like the separate particles of classical physics, to behaving like one giant matter wave -- a unique subject-object.

The illusion we maintain is that we are all separate and alone in the universe. This dance offers the opportunity of a real connection between people and a way of experiencing the Unity of One.



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Lila Caffery, MA, founder of Inner Child Healing, is a highly experienced Family Systems therapist who trained under Murray Bowen, MD, at the Georgetown Family Center. Her work integrates psychological principles with a deeply spiritual approach and is now completely integrated with her Enneagram work and practice. She has guided hundreds of clients through this process.

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On a personal note, The Enneagram has been priceless in my own personal and spiritual growth and invaluable in my professional work with individuals and organizations. And while psychological and spiritual understanding and development is a cornerstone of Enneagram training, I bring a special additional focus on innovative and practical applications of the Enneagram.

I was certified by Don Riso and Russ Hudson in 1994, am faculty for their Part I. professional training, and helped design, and was faculty for, the first three Riso-Hudson Enneagram Growth Experiences (Part II Training).

I have also studied with Claudio Naranjo as well as completing the Enneagram in Business Train-the-Trainers Program with Ginger Lapid-Bogda, Ph.D., and am a former member of the Board of Directors of the IEA.

Having introduced and taught the Enneagram (as well as hypnosis, energy psychology, innovative psychotherapies, personal growth/effectiveness, sports psychology, health and healing, communication, leadership, and team-building) to many national conferences and congresses, professional groups, institutions, organizations, and businesses across the US and Mexico, I love to share the fruits of my personal commitment and passion, as well as my humor and special professional expertise and unique perspective, to make a positive difference in the quality and depth of people's lives.

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Helen Palmer of Berkeley, CA, has authored five highly acclaimed books in the field of human consciousness, including *The Enneagram* and *The Enneagram in Love and Work* (Harper), which appear in 19 foreign translations and have sold more than a half million copies.



David Daniels, M.D., is a clinical professor of psychiatry and behavioral sciences at Stanford University and co-author of *The Essential Enneagram* (Harper). He was in private practice for more than three decades and is a pioneer in therapeutic applications of the Enneagram.

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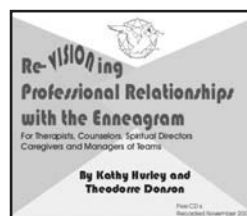
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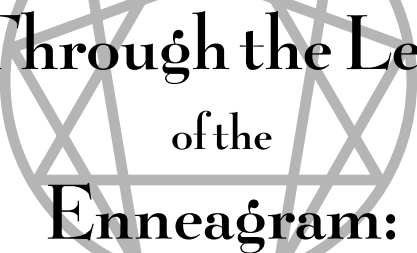
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in
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Jerry Wagner, a clinical psychologist, has been researching and teaching the Enneagram for over 30 years and has offered the *Enneagram Spectrum Training and Certification Program* for the past 10 years.

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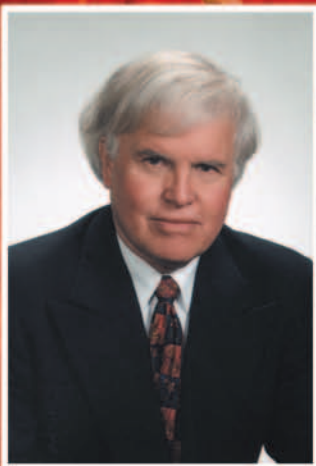
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