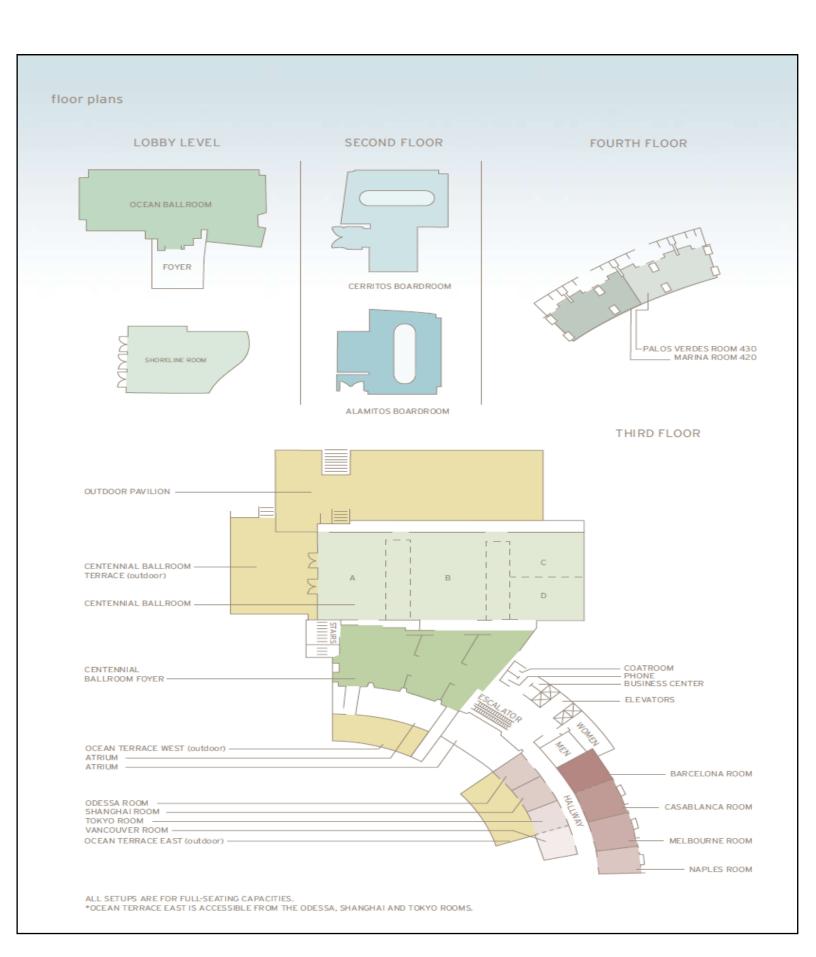


Pre-Conference: July 26, 2012

Conference: July 27-29, 2012

Westin Long Beach Hotel
Long Beach
(Los Angeles)
California, USA

International ENNEAGRAM Association



# IEA COMPERENCE 2012

#### **Our Vision**

A world in which the Enneagram is widely understood and constructively used.

#### **Our Mission**

To help our members thrive through providing opportunities for:

- Developing greater excellence in the use of the Enneagram
- Education in theory and application of the Enneagram
- Engagement with an international community of shared interest and diversified approach



Hotel Meeting Space Map	. Inside Front Cover
Table of Contents	1
IEA President's Welcome: Mario Sikora	2
IEA 2011 Conference Chair Welcome: Kathryn Grant	3
IEA Founders	4
IEA Board of Directors	5
IEA Membership	6
THE IEA: An Affiliate and Chapter Supported Organiza	tion7
General Event Information	8
Special Event Highlights	9
Pre-Conference Day Program	12
Keynote Address	13
Program: Friday Morning	14
Program: Friday Mid-Afternoon Sessions	16
Program: Friday Late Afternoon Sessions	18
Wednesday Program At-A-Glance	20
Thursday Program At-A-Glance	20
Friday Program At-A-Glance	20
Saturday Program At-A-Glance	21
Sunday Program At-A-Glance	22
Program: Saturday Morning Sessions	23
Program: Saturday Mid-Afternoon Sessions	25
Program: Saturday Late Afternoon Sessions	27
Program: Sunday Morning Sessions	29
Endnote Speaker: Dario Nardi	34
Advertisements	
Acknowledgements	40
IEA Conference 2013, Denver, Colorado, USA	Inside Back Cover

#### WELCOME FROM THE IEA PRESIDENT, MARIO SIKORA.

n behalf of the Board of Directors of the International Enneagram Association, I welcome you to the 2012 IEA International Conference in Long Beach, California, USA.

The Conference Committee, led by the tireless Kathryn Grant (with assistance from Charlene Taylor Bales and Peter McNab), have prepared what is sure to be a special event.

The conference begins with the 4th annual General Assembly of Affiliates. Delegates from the IEA's 17 national affiliates will meet on Wednesday to discuss their accomplishments and aspirations and to share their best practices and insights into the theory and application of the Enneagram. Working together with the IEA Board of Directors, the General Assembly will continue to help shape the direction of the Association.



Thursday's pre-conference session will be lead by two giants in the Enneagram field, David Daniels and Russ Hudson. Friday begins with a keynote by Cheri Huber, Zen teacher, prolific author, and founder of the Zen Monastery Peace Center. The conference ends with an endnote by UCLA social neuroscience researcher Dario Nardi. In between will be talks on the newest developments in Enneagram theory and practice by leading Enneagram teachers from around the world.

The diversity in the background of our keynote and endnote speakers represents the diversity of the membership of the IEA. People join the organization for a variety of reasons and come from a variety of backgrounds. The IEA board is committed to ensuring a "big tent" community, open to and embracing of multiple points of view and application. In that spirit we have included two new elements to the conference. The first, The Creative Café, will allow all of us the opportunity to

explore our inner artist; the second is a dedicated stream of sessions to help those who use the Enneagram in their work gain additional professional skills.

I wish to thank all of these speakers for coming to Long Beach to share their wisdom. Thanks to all of you for attending the conference this year, and for being part of vibrant and growing Enneagram community. Finally, thanks to the rest of the IEA Board: President Elect Maria Jose Munita, Vice President CJ Fitzsimons, Treasurer Gail Barber, Secretary Lynda Roberts, Isabel Salama, Susanne Povelsen, Kathryn Grant, Peter McNab, and Melanie Gerlich. I'm honored to be part of this exemplary team, which works selflessly to help realize the IEA's vision. It is the board's hope that people will arrive in Long Beach with open minds and leave with full hearts. Please take the opportunity to stop any of us during the conference to give us your feedback on the conference or share your ideas about the organization. We want to know what you think.

Above all, enjoy the Conference!

Mario Sikora

President, IEA Board of Directors

#### WELCOME FROM 2012 CONFERENCE CHAIR, KATHRYN GRANT

Welcome to beautiful Long Beach, California, home of the Queen Mary and the site for our International Enneagram Global Conference.

This year's Conference is the culmination of diligent planning and a great creative spirit. From the opening pre-conference day straight through to the endnote, every session, every activity and every moment has been designed to support our Mission: Education, Excellence and Community.

I hope that you will choose to experience not only our legendary presenters, but also those that are not familiar to you. With interesting theories and applications, and solidly grounded wisdom, take this opportunity to widen and deepen your understanding of the Enneagram and how it may be useful in your life.

It is also an opportunity to strengthen your business skills. Participate in the "How-to Stream" to sharpen your presentation, business-development and writing skills. You will receive expert coaching and have a chance to practice what you learn with a friendly and supportive audience.

The Creative Café will be open for your enjoyment during the entire conference. Drop in and participate in creating a "whole group project" or play with individual creative pieces. Come in to observe—but don't stop there. Pick up a brush. Grab some glue. Cut and paste. Enjoy!

The Conference Bookstore is stocked with the latest books, videos and ennea-gifts. Also—you may just find the book for which you have been searching. Visit the bookstore in the Odessa room and say 'Hi' to Gregg!

Other conference highlights include:

Thursday: Pre-Conference Day featuring David Daniels and Russ Hudson

Thursday: Reception on the Queen Mary

Friday: Keynote by Cheri Huber

Friday: Presenters and Professionals Reception

Saturday: Dance the night away with world-famous DJ Russ Hudson

Sunday: Endnote by Dario Nardi

...and all the time in between. This conference program is filled with details and schedules for your information.

Glad that you are here. Enjoy!

Kathryn Grant



#### **IEA FOUNDERS –**

The IEA will be forever grateful for the hard work and pioneering spirit of our Founders, Maria Beesing, David Daniels, Theodorre Donson, Andreas Ebert, Russ Hudson, Kathy Hurley, Patrick O'Leary, Helen Palmer, and Don Riso.



#### Maria Beesing

Maria C. Beesing, O.P was the first President of the IEA. A Dominican Sister, she spent eighteen years in elementary education and began ministering as a spiritual mentor, retreat director and facilitator of seminars on spiritual and personal growth. In 1984, she co-authored *The Enneagram: A Journey of Self-Discovery* with Patrick O'Leary and Robert Nogosek. She has presented Enneagram workshops in the USA, Canada, Latin

America, Pakistan, and Europe. Currently, she is the co-director of the Collaborative Dominican Novitiate in St. Louis.



#### David Daniels

David Daniels, M.D., Clinical Professor, Department of Psychiatry at Stanford, maintained a private psychiatric practice in Palo Alto for over 30 years. Together with Helen Palmer, he created the Enneagram Professional Training Program in 1988. Dr. Daniels served as co-director of the first US Enneagram conference at Stanford University in 1994. He now teaches

the Enneagram worldwide. He is also co-author of *The Essential Enneagram* and co-producer of the DVDs "The Nine Paths to a Productive and Fulfilling Life" and "The Enneagram in the Workplace."



#### Theodorre Donson—Deceased

Theodorre Donson, M. Div. is a lecturer and author in psychology and spirituality. Donson draws upon the spiritual masters and leading psychologists while stressing the importance of personal renewal and healing. Theodorre is co-author with Kathy Hurley of three Enneagram books: Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality; My Best Self: Using

the Enneagram to Free the Soul; and What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self.



#### Andreas Ebert

Andreas Ebert was born in Berlin, Germany in 1952. He studied Protestant Theology at Neuendettelsau, Tubingen, Wurzburg, and Heidelberg. He is pastor of St. Luke's in Munich and also (since 2004) the Director of Spiritual Center "St. Martin am Glockenbach", also in Munich. He is also author (with Richard Rohr) of *Das Enneagramm: Die Neun Gesichte der Seele* and author or editor of seven other books on the Enneagram.



#### Russ Hudson

Russ Hudson is the Executive Director of Enneagram
Personality Types, Inc. and co-founder of The Enneagram
Institute. Russ co-teaches the Riso-Hudson Enneagram
Professional Training Programs and is a former vice-president
of the IEA. He teaches in Europe, Asia, Africa, South America,
Australia, and the United States.

Russ co-authored the following books with Don Riso: *The Wisdom Of The Enneagram, Personality Types (revised edition), Understanding the Enneagram (revised edition), Discovering Your Personality Type (revised edition)*, and the audiotape *The Power Of The Enneagram*. Russ also assisted Don Riso in writing Enneagram Transformations.



#### Kathy Hurley

Kathy Hurley has been teaching about various aspects of personal change since the early 1980s, devoting herself to community leadership and awakening the human spirit to reclaim its destiny, freedom and greatness.

She is co-author with Theodorre Donson of three Enneagram books: Discover Your Soul Potential: Using the Enneagram to

Awaken Spiritual Vitality; My Best Self: Using the Enneagram to Free the Soul; What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self, now published in eight languages.



#### Patrick O'Leary

Patrick H. O'Leary, M.S., M.Div. is a speaker, facilitator and consultant who has been researching and teaching personality theory on four continents since 1971. His management-consulting firm specializes in developing the communication and conflict resolution skills of team leaders. He also teaches business courses at Cleveland State University.

In 1984 he co-authored *The Enneagram: A Journey of Self-Discovery*, which is now available in six languages. O'Leary has authored tape sets, articles and a psychometric instrument to identify type. He served as the IEA's Executive Director in 1996.



#### Helen Palmer

Helen Palmer is a teacher of psychology and intuition and the author of five books about human consciousness. Two of her Enneagram books now appear in 21 foreign languages. She is also featured in a PBS documentary Breaking Out of the Box: Discovering the Enneagram.

Together with David Daniels, M.D. she co-directs The Trifold School, an international teaching network, training and certification program. Co-director of the first US Enneagram conference at Stanford University, she has been a faculty member at JFK University School of Consciousness and Esalen Institute. Helen is an elected fellow of the Institute of Noetic Sciences and the World Business Academy.



#### Don Riso

Don Riso, M.A. is President of Enneagram Personality Types, Inc., and co-founder of The Enneagram Institute. Don is also the author of five Enneagram books: *The Wisdom of the Enneagram, Personality Types, Understanding the Enneagram, Discovering Your Personality Type*, and *Enneagram Transformations*. These are currently available in multiple

languages, among them English, German, Italian, Japanese, Chinese, Korean, Spanish, Dutch, Hungarian, and Portuguese.

In addition, Don teaches the Enneagram in Europe, Japan, China, South Africa, South America, and throughout the United States.



#### Jerry Wagner (Honorary Founder)

Jerry Wagner, PhD is the author of the Enneagram Spectrum of Personality Styles: an Introductory Guide; the Wagner Enneagram Personality Style Scales (WEPSS); and Two Windows on the Self: the Enneagram and the Myers-Briggs. Jerry has been researching and teaching the Enneagram for over 30 years and has offered the Enneagram Spectrum Training and Certification Program

nationally and internationally for the past 15 years: www.enneagramspectrum. com. Jerry is a faculty member of the Department of Psychology and the Institute of Pastoral Studies at Loyola University, Chicago. He is a clinical psychologist with a psychotherapy practice in Evanston, IL. Jerry is a co-editor of The Enneagram Journal.

#### IEA BOARD OF DIRECTORS



Mario Sikora: President Philadelphia, Pennsylvania, USA

Mario Sikora is president of Awareness to Action International and Enneagram Learning International and co-author of the book *Awareness to Action: the Enneagram, Emotional Intelligence, and Change.* He uses the Enneagram to help leaders in organizations

of all types and sizes increase individual performance and team effectiveness. Mario has coached hundreds of leaders in large organizations in North and South America, Europe, and Asia.



Maria Jose Munita: President-Elect, International Affairs Santiago, Chile

Maria Jose Munita is a Chilean coach and accredited Enneagram teacher. After many years working in marketing, she decided to follow her passion and became an ontological coach and Enneagram teacher.

She now uses the Enneagram in her practice and facilitates Leadership, Team building and Enneagram workshops. Maria Jose also uses the Enneagram for her own personal development.



CJ Fitzsimons: Vice-President, Publishing Baden-Baden, Germany

CJ Fltzsimons, PhD is a Leadership Sculptor and Managing Partner of metisleadership. After a career in research and business spanning Ireland, England and Switzerland, he settled in Germany in 1999. He uses the Enneagram to help leaders express their leadership

authentically in a variety of settings including business, research, academia, non-profit and military. CJ is a certified teacher of the EPTP program.



Lynda Roberts: Secretary, Knowledge Management Decatur, Georgia, USA

Lynda Roberts is a Project Management Professional (PMP) with a twenty-two year management career in Information Technology. Since 2001, she has had her own leadership and management consulting business.

She is an Enneagram Institute certified teacher, teaches Riso-Hudson Authorized Workshops as well as her own Enneagram workshops, and is in training to become an Enneagram Institute faculty member. She is a Director of the Enneagram Institute of Georgia and is a student of the Ridhwan Diamond Approach.



Gail Barber: Treasurer Birmingham, AL USA

Gail Barber, JD, has had a 30-year career as inhouse counsel to Fortune 100 and entrepreneurial companies. She is a certified Enneagram Teacher of the EPTP program. She consults with executives and small businesses in transition and teaches Enneagram trainings and workshops.



Melanie Gerlich: Membership/Business Development Frankfurt, Germany

Melanie is a professional coach and leadership trainer with her own firm, Rota Coaching. She offers solution-focused coaching services for individuals and customized training programs for corporate teams. Melanie uses the Enneagram in her work so that clients

can experience meaningful developmental insight and learn tangible tools to gain greater focus while moving ahead and achieving their desired results for personal and professional development.



Kathryn Grant: 2012 Conference Chair Sanger, California, USA

Kathryn is a certified and accredited Enneagram teacher, Spiritual Director, Life Coach and family constellation facilitator. She uses the Enneagram in private practice and leads retreats, workshops and study groups. She shares her enthusiasm for the Enneagram, by

working with and supporting Chapters and as Chair of the Northern California Chapter of the IEA and is a founding member of the Southern California Chapter.



Peter McNab: Nine Points Editor Rawtenstall, United Kingdom

Peter runs excellenceforall Ltd. He is an INLPTA Master Trainer who combines elements of The Enenagram, Clare Graves' Model and NLP in his corporate leadership programmes. He is the author of *Towards An Integral Vision* and the *NLP Practitioner Cards*. If pressed, he will show a magic trick or two.



Susanne Povelsen: Affiliates (EMEA) Copenhagen, Denmark

Susanne is a Business- and Life coach in her own company, CoachSpirit. She helps people to attain their goals and get more balance in life by efficiently combining coaching methods with the Enneagram. Her passion is to see people

develop and grow, and to find the spirit in life. She has been a board member of the Danish Enneagram Association and has been the coordinator of two European Enneagram Conferences hosted in Denmark. In addition she has published a number of translated Enneagram books in Denmark. She has written several articles and a book called *Enneagrammet – kort og godt* (The Enneagram in short).



Isabel Salama: Affiliates (Spanish and Portuguese Speaking) Madrid, Spain

Isabel Salama has worked for many years as a clinical psychotherapist and a self-development teacher, using the Enneagram and specific techniques. One of the "different" techniques she uses the most is psychotherapy supported by

animals and nature. Above all, she is a researcher and a student of how human beings behave. She currently uses the Enneagram both in her clinical practice and in Enneagram workshops that she has developed over the years. She is also the current President of Aeneagrama, the Spanish IEA Affiliate .

embership in the IEA brings a variety of benefits. The more tangible benefits are listed below, but it is easy to overlook the intangible benefits of membership. Membership in the IEA sends a signal to the world that you are part of an international community of practitioners committed to excellence in their personal and professional practices. It shows that you find value in fellowship with people who share your commitment to the development of wisdom, understanding, and compassion for self and others. And, it shows that you are committed to helping to bring about the IEA's vision of a world where the Enneagram is widely understood and constructively used.

#### **OTHER MEMBER BENEFITS INCLUDE:**

- The IEA's quarterly Nine Points Magazine
- Discounted Registration to the Annual IEA Conference and some regional conferences
- Access to Member Only section of the IEA website, which includes:
  - Members Only directory
  - Enneagram symbols for download
  - Back issues of Nine Points Magazine available for download
- Discounts on books and many training programs
- IEA podcast interviews with leading Enneagram teachers

#### PROFESSIONAL MEMBERS ALSO RECEIVE:

- A free copy of the annual Enneagram Journal
- Free listing of their services and events on the IEA website calendar
- Eligibility for IEA Professional Accreditation
- Eligibility to present at IEA conferences and events
- Eligibility for listing on IEA Speakers Bureau
- Listing in the "Find a Professional" directory on the website
- Invitation to attend the Professional Member reception at the annual IEA conference
- Eligibility to purchase an email blast sent to the IEA database

The International Enneagram Association brings together Enneagram professionals and aficionados from around the world. Be part of a global learning community by becoming a member of the IEA today!

#### Visit us at www.internationalenneagram.org



#### THE IEA: AN AFFILIATE AND CHAPTER SUPPORTED ORGANIZATION

The phenomenal growth of the Enneagram speaks to its power to affect individuals and organizations in profound ways. The gathering of communities to explore the richness of the Enneagram that contributes to our awareness and transformation is an integral part of this growth and of the vision of the IEA.

#### **Affiliates**

As the Enneagram movement grows on all continents, the IEA also continues to expand internationally through its Affiliates. IEA Affiliates are countrywide nonprofit Enneagram Associations that work as the official IEA branches within their countries. Affiliates congregate and grow the local Enneagram communities and are committed to promoting the IEA's vision, mission, and values.

There are currently 18 affiliates and a few more are in the process of formation. If there isn't an Affiliate in your country, we invite you to organize one. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Affiliate, and there is a toolkit with information and easy steps that can help as a guide through the process. Please contact Maria Jose Munita, International Affairs at mariajose.munita@internationalenneagram.org.

#### **IEA Affiliates:**

Argentina Colombia Peru

Contact: Aniceto Sanabria Contact: Fernando Uribe Contact: Juan Carlos Duran

Belarus Denmark Portugal

Contact: Anna Karpeka Contact: Claus Roager Olsen Contact: Antonio Cordeiro

Brazil Finland Korea

Contact: Alaor Passos Contact: Kristina Harju Contact: Dr. Hwan-Young Kim

Canada France Spain

Contact: Peter McGaugh Contact: Bénédicte de Navacelle Contact: Dra. Isabel Salama

Chile Iran Sweden

Contact: Erika Sieber Contact: Delbar Niroushak Contact: Tina Tornell

China Mexico Venezuela

Contact: Gloria Hung Contact: Adelaida Harrison de Capdevielle Contact: Ingrid Ochoa

#### Chapters

Within countries or regions that span a large geographic area, Chapters generate and serve local Enneagram communities by providing and supporting Enneagram events and learning opportunities. Currently, the United States has six local Chapters.

Active Chapters within the US are listed below. If there isn't a Chapter in your area, we invite you to organize one. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Chapter. Please contact Lynda Roberts, Chapter Liaison, at lroberts@bellsouth.net.

#### **IEA Chapters:**

Greater Cincinnati ChapterIndiana ChapterSouthern California ChapterContact: Michael RebrovichContact: Jerry MackelContact: Don Jasko and Lisa Morrice

Minnesota ChapterMidwest ChapterContact: Linda HoskinsContact: Debbie Burditt

Northern Minnesota Chapter Northern California Chapter

Contact: Jackie Solem Contact: Kathryn Grant and Claire Barnum









Have you earned your accreditation watermark?

The IEA's vision is a world where the Enneagram is widely understood and constructively used. One way we are working to bring this about is through the IEA accreditation program.

Your IEA accreditation sends a signal to the world that you are committed to this vision as well. It is a sign that you take your work seriously, and have committed to achieving expertise and maintaining a standard of excellence. It lets people know that you are part of a community of practitioners that adheres to a code of ethics that honors the system and respects the clients, students, and practitioners.

As knowledge and teaching of the Enneagram spreads, it is critical that the Enneagram community continually recommit itself to being responsible stewards of that knowledge. The accreditation watermark—for your school, training program, or for you as an individual—lets people know that you have made this pledge.

For more information, go to

www.internationalenneagram.org

## 1. NAME BADGE – YOUR TICKET TO THE CONFERENCE

Please wear your name badge at all times for admittance to all activities, including presentations, receptions, and special events.

# 2. REGISTRATION AND CONFERENCE INFORMATION CENTER

- Sandy Hatmaker and staff will be available for registration and general information in the Ballroom Foyer throughout the conference.
- Schedule and/or room changes will be noted on the white board.

#### 3. LOST AND FOUND

Please check the Registration and Conference Information Center for lost items. If it has not been turned in to our conference staff, you may want to check with the hotel front desk.

#### 4. SESSION BREAKS

We will be serving coffee, tea, and pastries in the morning and cold beverages and snack in the afternoon in the Foyer. See the Schedule-At-A-Glance for times.

#### 5. LUNCH

There are several options for lunch each day. The hotel will provide a lunch cart in the ballroom foyer which will offer sandwiches, salads, etc. available for purchase. You can also visit the Grill Restaurant or order room service from your guest room. Additionally, the local area offers several restaurants within walking distance.

#### 6. ATTENDANCE AT SESSIONS

Attendance at sessions is limited by room size and is on a "first come, first served" basis. Please arrive early if you want to be assured admittance.

#### 7. ENVIRONMENTAL SENSITIVITY

Please mute your cell phones during sessions. If you are taking session notes on a laptop computer, please sit in the back of the room so as not to disturb others.

#### 8. SMOKING POLICY

The hotel is non-smoking. Smoking will only be permitted outside the hotel.

#### 9. CONFERENCE BOOKSTORE

The Conference Bookstore, located in the Odessa room next to the ballroom, has a wonderful array of Enneagram books and materials for sale. Browse an extensive collection of classics alongside the newest works. Our thanks to the bookstore proprietor, Gregg Jamback.

#### **Bookstore Hours**

Thursday: 11:00 am – 8:00 pm Friday: 8:00 am - 7:00 pm Saturday: 8:30 am - 7:00 pm Sunday: 8:00 am - 3:00 pm

#### 10. CONFERENCE RECORDINGS

Most of the conference sessions are being recorded by Conference Recording Service, Inc. Audio CDs will be available for each session or complete sets of conference CDs will also be available for purchase. CDs can be purchased anytime during or after the conference. Orders placed by Saturday night can be taken home Sunday. Orders placed Sunday or after the conference will be shipped to you at an additional cost. Tel: 800-647-1110. www.conferencerecording.com. No personal recording devices will be allowed in the conference sessions.

#### 11. DOOR PRIZE

During the closing session on Sunday, someone (maybe you!) will win a free registration for the 2013 IEA Conference in Denver, Colorado, USA. Your name tag is your ticket. Drop your name tag in the bucket and we will draw a winner at the closing session. You must be present to win.

#### WEDNESDAY

#### **GENERAL ASSEMBLY**

8:30am-6:00pm – Barcelona/Casablanca Room

The General Assembly of Affiliates (GAA) is the official forum of participation of IEA countrywide Enneagram associations affiliated to the IEA. Two representatives for each IEA Affiliate will gather from 8:30am to 6:00pm during this fourth annual meeting to discuss necessities, report activities, suggest plans, and influence the course of action of the IEA. The official IEA Affiliates are: Argentina, Belarus, Brazil, Canada, Chile, China, Colombia, Denmark, Finland, France, Iran, México, Perú, South Korea, Spain, Sweden, the United States, and Venezuela.

We provide informal translation into Spanish and other languages to maximize inclusion. Our main objective is to facilitate and encourage collaboration in our global organization; exploring current and new possible benefits for the membership, sharing best practices to assist the formation, and growth of newer affiliates and encouraging involvement in year-round IEA activities.

All IEA members are invited to observe this session.

#### **THURSDAY**

#### WELCOME RECEPTION & PRE-REGISTRATION

6:00pm-9:00pm Aboard the Queen Mary

A ticketed event: \$25

Hors d'oeuvres and cash bar (one drink ticket included)

The elegant and historic Queen Mary awaits our arrival.

Transportation choices: car (parking is \$12) or Long Beach
Red Bus—a team of volunteers will assist you to walk (2 short,
pleasant blocks) to the bus stop, board the correct bus, find the
correct entrance on the QM, take the elevator, and find the party.
Sound complicated? Not so much. Maps will be provided and
talented, friendly guides will be there to assist.

You will need to register first to get your name tag and ticket. Don't miss the boat!

#### **CONFERENCE PHOTOGRAPHER**

Ken Sergi will be available during the conference for individual or small group professional photos. Do you need an updated head shot for your website, business card or Facebook? Ken's the man to see—for \$20 Ken will take a great shot and provide a high resolution jpeg. A genius—he made me (Kathryn) look tall and Mario look friendly!!

#### **FRIDAY**

#### OPENING REMARKS AND KEYNOTE.

Early call: 8:30am. Cheri Huber will bring her message of renewal and challenge to begin the conference on a great note. A fantastic speaker and prolific author—books in the bookstore—Cheri's keynote is top priority. Please see page 13 for additional information about Cheri, her work, and the keynote address.

#### CREATIVE CAFÉ – SHANGHAI ROOM

The honor of your presence is requested at the debut of the Creative Café.

Express yourself—create art pieces that show us "you" and do so in community. A variety of art materials will be available for experiment and creativity. Some instruction will be provided, but mostly you should come to express yourself through color, form, fabric, paint, and glue. A group project, Flags of Light, will be the cornerstone of this first year's venture, each participant lending their unique expression. The finished masterpiece will be displayed at the closing session on Sunday. Be sure "you" are included.

Organic and changing during the conference, the Café is open for your enjoyment. Thanks to Charlene Taylor Bales for her dedication to this exciting new session offering.

#### HOW-TO STREAM - CASABLANCA ROOM

A different learning and practice opportunity in how-to use tools, techniques and technology. The four main titles are: 1) How to Design an Effective Presentation (Peter McNab), 2) Crucial Elements for Building Your Enneagram Business (Valerie Atkin), 3) Craft Your Message: Writing Tools (CJ Fitzsimons), and 4) How to Use Social Media to Your Advantage (Ingrid Stabb). See your "Schedule At a Glance" for specific session information. Incorporated into this model are opportunities to receive coaching in these skills and to present your work to a friendly audience.

Take advantage of this opportunity to work with the best and move your teaching, writing, and business to a new level of excellence.

STARTS FRIDAY - Be an early bird!



Shift into Reverse! Check over your shoulder, and back up to the auction tables!

Last year's auction was such a success—we are repeating the format for this year's auction—it's a **REVERSE AUCTION**. At the opening of the auction, each item will have a set bid price. If

you love that item and are ready to take it home you can sign and purchase your prize! Just take the item and the bid sheet to Sandy at the registration desk. Or if you feel lucky, you can wait and save as the price decreases! But wait! Don't bids usually increase as the auction wears on? Not this year! The bid amounts will begin to LOWER (that's right—DECREASE) until the lucky bidder signs on the dotted line and claims their prize.

Wait for the price you are willing to pay.

But don't wait too long or you may miss your chance!

Don't miss out on the excitement!

Auction opens Friday morning and goes until items are gone! Get your raffle tickets – a chance for a week's stay at Carriageholt: a lovely cottage in Ireland.

## PEAC – PROFESSIONAL ENNEAGRAM ASSOCIATION - CANADA LUNCHEON

12:30pm – 2:00pm The Naples Room

All members of PEAC are invited for a complimentary lunch. Gather to meet and greet other Canadian Enneagram enthusiasts. Join us to connect, socialize, and share ideas.

Friday 12:30 - 2:00 Shanghai Room

Calling All Chapter Leaders - and those interested in forming or participating in a Chapter! Grab a lunch in the foyer and join us in the Shanghai Room for informal conversation and connection.

## PROFESSIONAL MEMBERS & FOUNDERS / PRESENTERS RECEPTION

7:00pm – 9:30pm Ocean Terrace West (outdoors)

Hors d'oeuvres (7:00pm – 8:30pm) and cash bar (one drink ticket included)

Hosted by the IEA Board of Directors, the reception is our way to thank the conference presenters and recognize the Professional Level members of the IEA and our Founders. Partake of beer, wine, and hors d'oeuvres in the company of friends and colleagues.

Elizabeth Wagele at the piano, Karl Hebenstreit providing vocals. Liz will take requests. If we are lucky some of our great voices will join in on the old favorites.

Takes networking to a whole new level. Join in and sing along (optional).

#### **SATURDAY**

#### IEA SOUTHERN CALIFORNIA CHAPTER AND FRIENDS

11:30am - 1:00pm Shanghai Room

You can grab a lunch salad or sandwich from the snack wagon, meet others from the southern California area, learn of the Chapter activities that are planned, and find out how to become more involved. A great networking and social opportunity.

#### RECEPTION & DANCE PARTY

7:00pm – 12:00pm Atlantic Ballroom

Hors d'oeuvres, cash bar.

Our celebrity DJ, **Russ Hudson**, will get you on the dance floor with great music! Dress up, dress down, or come as you are. Let your hair down and dance till you drop during this fun, informal evening. An optional donation to support the IEA's mission and activities can be made at the door. Non-registered conference attendees (spouses and partners) may purchase an admission ticket for \$20.00.

Winner of a week's stay at Lou Atha's Irish Cottage, Carriageholt, will be chosen at 10:00. Raffle tickets will be on sale during the entire conference – last chance to purchase is during this reception.

#### **SUNDAY**

#### **CLOSING CEREMONY**

1:30pm - 2:30pm Endnote Address/Closing Session

**Dario Nardi** – *Enneagram Insights from Brain Science.* A fascinating exploration of connections between scientific brain research and the Enneagram model. For additional information about Dario and his work, please see page 34.

The completed "Flags of Light" project will be on display at the closing ceremony. Come witness the magnificence of this project.

# Integration: The Path to Freedom and Wholeness – Assuring Enneagram's Future

any of us who have learned about the Enneagram have had the sense that it has had a profound impact on our lives, and that rightly applied it could have a very positive effect on the development of the world in our times. This might lead us to wonder what about this system is so powerful? What elements of it produce real change? And, most importantly, what is the future of this profound system? The Enneagram draws on some of the most ancient wisdom about human nature while also being informed by modern psychology and the natural sciences. How can we draw on the best of those wisdom traditions while being open to innovation and new discovery?

Clearly, what most impresses people about our inner work, and what engages genuine interest in what the Enneagram can potentially teach us, is our capacity to "walk-the-talk." We will explore with you the great key to actually "walking-the-talk" and to bringing the Enneagram further into the world—manifesting true integration, which is the inter-linking and balancing of differentiated elements of the self. We will explore this secret to creating transformation from several perspectives: from the view of integrating and balancing the mind (wisdom/joy), heart (love/shared awareness), and body (presence/inner calm), the view of the three great forces/energies, the view of the three ways of resolving conflict, and above all, the perspective of integrating personality and spirit.



**Dr. Daniels:** BA and MD Stanford University. Faculty, Department of Psychiatry, Stanford. Adjunct faculty, Institute of Transpersonal Psychology. Co-Founder of Enneagram Studies in the Narrative Tradition, 1988. Founder of IEA, 1994. Private practice for over 30 years. Author of *Violence and the Struggle for Existence*, (1968) and the Essential Enneagram (revised 2009). Teacher of the Enneagram at Stanford, in the community, and worldwide.



Russ Hudson: Co-founder of the Enneagram Institute. Has taught Enneagram programs throughout the world for over 20 years. He is a Founder and former Vice-President of the IEA, and has co-authored several Enneagram books with Don Richard Riso, including The *Wisdom of the Enneagram*. He holds a degree in East Asian Studies from Columbia University, from which he graduated Phi Beta Kappa.

# Cheri Huber What You Practice is What You Have

The Enneagram is another way of looking at, talking about, and seeing through what is in Zen practice called "egocentric karmic conditioning"—the illusion of a separate self. The Enneagram, like Zen awareness practice, can help us disidentify from the conditioned perspectives, beliefs, and assumptions that are so much the way we experience ourselves that they are simply our "reality." They are "who I am." The words I choose, the things that are important to me, how I see relationships, all paint a picture of the world I inhabit seen through the lens of my Ennea-type. From the perspective of awareness practice, that identification with "me" may be the biggest stumbling block in my path.

In this Keynote address, Cheri will offer us the opportunity to step back and take a look at this "me" who thinks she or he is a solid, real just-the-way-I-am sort of entity and in that stepping back we see that we are not that illusion of a separate self but rather the conscious, compassionate awareness that is all.

Cheri Huber has been a student and teacher of Zen for over 30 years. She is the author of 20 books, the newest being *What You Practice Is What You Have*, the sequel to her widely-read *There Is Nothing Wrong With You*. Other titles include *The Depression Book*, *The Fear Book*, and *When You're Falling, Dive*. In 1983, Cheri founded the Mountain View Zen Center, and in 1987 she founded the Zen Monastery Peace Center in Calaveras County. She and the monks at the Monastery conduct workshops and retreats at these centers, and other places around the U.S., and internationally. In 1997, Cheri founded Living Compassion, a nonprofit organization dedicated to peace and service. She also has a weekly, Internet-based call-in radio show, Open Air.



Wednesday

8:30am-6:00pm General Assembly Meeting

Barcelona/Casablanca

5:30pm-7:30pm Pre-Registration

**Ballroom Foyer** 

**Thursday** 

9:30am-4:00pm Registration Ballroom Foyer

9:30am-10:00am Morning Refreshments

**Ballroom Foyer** 

10:00am-12:00pm Integration: The Path to Freedom

and Wholeness: Assuring Enneagram's Future – David Daniels & Russ Hudson

Salon A

11:00am-8:00pm Bookstore

Odessa

12:00pm-1:30pm Lunch on Own (Sandwiches/Salads

available for purchase) Ballroom Foyer

1:30pm-3:30pm Integration: The Path to Freedom

and Wholeness: Assuring Enneagram's Future – David Daniels & Russ Hudson

Salon A

3:30pm-4:00pm Afternoon Break/Refreshments

**Ballroom Foyer** 

4:00pm-5:30pm Integration: The Path to Freedom

and Wholeness: Assuring Enneagram's Future – David Daniels & Russ Hudson

Salon A

5:00pm-7:00pm Conference Registration

**Ballroom Foyer** 

6:00pm-9:00pm Welcome Reception: Queen Mary

See Page 10

**Friday** 

8:00am-8:30am Registration/Morning Refreshments

**Ballroom Foyer** 

8:00am-7:00pm Bookstore

Odessa

8:30am-10:00am Opening Session/Keynote Address –

Cheri Huber Salon B

10:00am-10:30am Mid-Morning Break/Refreshments

**Ballroom Foyer** 

#### 10:30am-1:00pm Friday Morning Sessions



#### **David Daniels**

The Concealed and Surprising Path to Well-Being and Wholeness: Integrating Our Higher Qualities into Our Lives and Relationships

All Students

How does our Enneagram type both help and hinder our lives and relationships? What makes

for a healthy thriving self and relationships? Most importantly, how do we imbue our relationships with our higher essential qualities? This in-depth workshop explores how the Enneagram's understandings of type can be applied powerfully to develop, strengthen, and transform our lives and relationships. We will explore and you will learn the keys to transforming relationships embedded in the Basic Propositions and the three core emotions fear, distress, and anger which reveal the specific the mysterious paradox of transformation. Together we will explore the vital roles of the Universal Growth Process for Self-Mastery and the three core aversive emotions shared by all mammals that can block or makes transformation possible. The format will include short lecture, inner practice, panels in the Narrative Tradition, and practical group exercises. This workshop is designed for all of us committed to transforming our lives and integrating our higher essential qualities.

**David Daniels, MD,** co-founder of Enneagram Studies in the Narrative Tradition, is a clinical professor of psychiatry at Stanford and co-author of *The Essential Enneagram*. While at Stanford he formed the Committee on Violence, served on the President's Commission on the Causes and Preventions of Violence, co-wrote the acclaimed book *Violence and the Struggle for Existence* and published on the subject in Science. He brings his knowledge of the Enneagram and violence to this presentation.



#### Zitta de Fries

"The Enneagram - LIVE!"

All Students

The workshop is designed to give you an opportunity to experience the sensation of the nine types in your own body, in the healthy, average, and unhealthy levels—to feel the types

in your body and heart—not just the brain. We will use acting techniques, meditations, and dance.

As a choreographer, I work with the performer's role through bodylanguage: sometimes creating a character from the outside-in or from the inside-out.

We build the body language on feelings and thoughts in the character and making sure the performers own feelings and thoughts don't get in the way. The Enneagram is wonderful to help us to dissociate the actor from the role. By giving the Enneagram

students the opportunity to work with all the types as an actor, participants will gain a deeper understanding of all the types.

**Zitta de Fries**, choreographer with 35 years of experience in theatre, television, and movies, works with the best actors, directors, and performers in Denmark and includes the Enneagram in her work.

For six years the workshop has been a part of the Enneagram training with THINK ABOUT IT in Denmark and in 2012 "The Enneagram – LIVE!" workshop will go to Sweden, Israel and Russia.



#### Michael Groser & Claus Roager Olsen

Enne@Sales – Sales and Subtypes – Back to basics!

All Students

Instinctual behavior plays an important role in sales, whether you sell products, services, or a message.



Subtype behavior most often runs on autopilot and is difficult to change. But once you are conscious of your subtype behavior you can adjust it in small steps.

- A weak self-preservative subtype could lead to problems regarding money, time, and basic needs in your business!
- A weak social subtype could lead to problems attracting new potential customers and nursing existing ones!
- A weak sexual subtype could lead to problems being an authentic and empathic sales person!

This workshop focuses on how all three subtypes point to either strengths that lead to successful sales or potential pitfalls that prevent sales success and is designed to involve participants and encourage them to use this opportunity to develop their skills. Participants will discover practical tools such as Sales Cards, Client Cards, and the "Certain Sales" model—four simple steps that lead to a sale—every time.

**Michael Groser** is a Professional Enneagram Business, Team and Sales Coach with 30 years of field experience. Michael has developed powerful Enneagram based tools that help sales teams rapidly grow their sales. Michael is Riso/Hudson trained and completed TrainTheTrainer programs with Lapid-Bogda. His teaching style is energetic, humorous, and empathic.

Claus Roager Olsen is one of the most powerful teachers of the Enneagram in Denmark, using his background in sales and leadership to create workshops for leaders, teams, and salespeople. Claus primarily works as instructor, personal coach, and consultant for businesses in Denmark: Unilever, Danica Pension, Nordea, Canon Denmark, Rynkeby Foods, and others. He is presently chairman for The Danish Enneagram Society.



#### **Christine King**

The Enneagram and the Mindful Choice Model All Students

The Mindful Choice Model is the first systematic approach that trains our conscious awareness to make choices that enable us to move up the levels of our respective Types. We can learn to

choose our thoughts and emotions rather than be chosen by them. Thousands of stimuli present themselves to our awareness, second by second; our thoughts and emotions determine which stimuli we notice and which we overlook. We are usually unaware of this process, and the power we have to 'train ourselves' to actually choose what we pay attention to. The stimuli we choose to focus upon literally orchestrate a process that either plummet us to our Type's lower qualities, where we are at the mercy of our stress patterns, or they lift us to the higher levels of our Types and even beyond the patterns of our Types.

Recent brain research supports how the Mindful Choice Model can impact everything we do. Through experiential exercises, participants will discover how to use the Model's four steps to consistently access their Type's healthy qualities and the healthy qualities of others and greatly expand their choices and possibilities.

**Christine King** was introduced to the Enneagram in 1970 at the Esalen Institute. She currently directs a graduate program in Organizational Learning and Leadership at Barry University. Her new book, *Thinking Doth Make It So*, introduces the Mindful Choice Model.











Khristian Paterhan, Eduardo Torgal, Antonio Cordeiro, Marcela Talancon & Maria Cristina Uribarri

ENEACOACHING: A new era for coaching

All Students

Knowledge in all areas is dependent on accepting new paradigms. Coaching is no different; it too needs to change to continue to meet the demands placed on the modern executive by the new global

#### 2012 CONFERENCE PROGRAM SCHEDULE: FRIDAY MID-AFTERNOON

reality. Due to its efficacy and potential, the Enneagram has the capacity to propel coaching to a new dimension. "Eneacoaching" is the key to a new age of coaching. This new age rests on three large pillars: greater change-intervention speed, greater efficacy of the process, and stronger sustainability of the change and maintenance of the desired behaviors. This program is an introduction to Eneacoaching, an international certification that has founding partners in Portugal, Brazil, and Mexico. Participants in this session will have the opportunity to learn about the methodologies of Eneacoaching and how executives and companies have experience transformational change through the use of the Enneagram. Case studies from Portugal, Brazil, and Mexico will be shared. The Eneacoaching project is expanding and is inviting others to become internationally certified Eneacoaching professionals to add their experience to the expansion of this innovative project in their countries.

Khristian Paterhan is owner and founder of Escola Eneagrama Khristian Paterhan, Brazil; a founding member and former President of IEA-Brazil; and author of three books about the Enneagram and Human Development. Eduardo Torgal is founder and Partner of BeCoach and Eneacoaching in Portugal and a founding member and vice president of Enneagram Portugal Association. Antonio Cordeiro is founder and owner of Eneacoaching Portugal and President of Enneagram Portugal Association. He is an entrepreneur with experience in restaurants, franchising and sports management. Marcela Talancon graduated in psychology and has a master's in couples psychotherapy. She is also certified in Rational Therapy Emotion (ITREM) and has more than of experience teaching the Enneagram. Maria Cristina Uribarri Junco has a master's degree in family psychotherapy with a specialty in couples therapy and speech therapy. Along with her partner Marcela Talancon, she is a partner and cofounder of the Institute for Eneacoaching for Human Development Company (EDJHEM).



Mario Sikora
Working with the Instincts
All Students

The instincts and subtypes are of great interest to most Enneagram practitioners, but it is a topic that is little understood and often confusing. This

program will examine the three instinct domains and 27 subtypes through the lens of their biological roots and discuss how our instinctual biases influence the development of our strengths and weaknesses in our work and personal relationships. Specific tips for each subtype will be presented that will be useful for working on oneself or with one's clients in organizational, therapeutic, or other settings. Based on the presenter's "in the field" experience as a coach to hundreds of leaders and consulting to organizations across the globe, this session will include insights that will be useful to anyone who wants to take their work with the Enneagram to the next level.

Mario Sikora is president of Enneagram Learning International (www.enneagramlearning.com) and co-author of the book, *Awareness to Action: The Enneagram, Emotional Intelligence, and Change.* He is an executive coach who works with leaders and gives Enneagram workshops across the globe.

Creative Café Shanghai

The "How-to" Stream - Peter McNab; How to Design an

**Effective Presentation** 

Casablanca

12:30pm-2:00pm Lunch on Own (Sandwiches/Salads

available for purchase)

**Ballroom Foyer** 

12:30pm-2:00pm Professional Enneagram Association of

Canada (PEAC), the Canadian IEA Affiliate, invites all PEAC members

to lunch. Naples

12:30pm-2:00pm Calling all Chapter Leaders

Shanghai

#### 2:00pm-4:00pm Friday Mid-Afternoon Sessions



#### Felipe Cejudo Rodriguez

Enneagram and Music, Colors of Life Beginner

Why does a song seem "cool" to me? What specific song gets me in the mood for love, to sing, to dance or dream? What is the difference

between a good song and a "terrific" one? This is all related to the deep motivations, ideas, and needs of my own Ennea-type.

Being in contact with my deepest "me," I find certain music, rhythm, wording, or the complete message appealing. By going deeply into this daily component of my life, I discover myself. Based on great hits by great performers or singers, we will enjoy a journey of self knowing, identifying ennea-songs for each type.

**Felipe Rodriguez** is a Mexican Psychologist who specialized for more than 20 years in Human Resources and focused on personnel development and human relations. He is now living in Bogota, Colombia, is a poet and writer, and the father of 2 kids. He is always looking for new ways to fill life with music and color.

#### 2012 CONFERENCE PROGRAM SCHEDULE: FRIDAY MID-AFTERNOON



**Reba Herder**The 9 Arts of Healthy Conversation
All Students

Ever wonder why some conversations seem so wonderful and others so disappointing, especially when you approach both feeling present, open, and capable? The Enneagram

offers a framework that can help us understand and transform this phenomenon. Healthy conversations are safe spaces to be fully human; heart, mind, and body. Unhealthy conversations are discouraging. The arts of conversation are part talent, part skill, and part self expression. When we cultivate and use them we become calmer, more respectful, and more effective in all of our relationships.

In this interactive workshop we'll learn about the arts, practice healthy conversations, and discuss how they can be used with family, friends, and colleagues. Our voices unite our heart, mind, and body centers. Listening to our voices can show us wisdom and energy we didn't know we had. Healthy conversations are a simple way to teach the Enneagram and a powerful (not easy) way to use the Enneagram to transform our relationships and our world.

**Reba Herder** is an ordained minister, credentialed public school teacher, and certified Enneagram instructor. She is founder and director of Everylight, Inc., a ministry of global cooperation through mutual encouragement. www.everylight.org. She has been integrating the Enneagram into her life for more than 15 years.



Hanna Karpeka Let's EnneaPLAY! All Students

Using role playing games while teaching the Enneagram promotes better understanding of the model and often attracts young adults to the seminar. We have created several games for

different purposes. One for beginners to help people to understand their types. The other helps to discover how the different types behave in situations of conflict and frustration. Powerful tools to assist people to see their strong qualities: team activities also make clear the relationships between the Ennea-types.

In this workshop, participants will experience some of these games for an interactive, fun, and interesting experience. We will create a space for creativity and discoveries, together in a safe environment where people can become more aware of their qualities—often not evident in everyday life.

The most important part is the after-game discussion. Join in as we play a little and then discuss the results and the best possible applications for this format of study.

**Hanna Karpeka** lives in Minsk (Belarus), and for three years has owned and managed a training center where people learn NLP and the Enneagram. She is a Certified NLP trainer and Enneagram

instructor, working in Belarus and Lithuania. Hanna is 29 years old, and President of the Belorussian IEA Affiliate since 2010. An Ennea-type Seven, she LOVES to PLAY!!



#### **Terry Saracino**

Living the Enneagram: Tips and Techniques for the Journey

Intermediate

So now that I know my type, what's next? As we all know, the Enneagram is an exquisite map of

the psychological and spiritual dimensions of the nine personality types. However, the map is merely descriptive without methods or practices. To achieve greater wholeness, balance, and freedom using the Enneagram requires conscious intention, and practice. This workshop will focus on how to use this powerful tool to continue our development toward achieving our full human potential.

Terry will share key insights and practices that have emerged as important in her twenty-three year journey with the Enneagram. Explorations into such topics as "What does integration of the psychological and spiritual really mean," the importance of somatic intelligence, and the elements of transformative practice will give participants tools that are immediately applicable to their own journeys. This interactive session will include brief didactics, exercises, and mini-panel interviews. At the end of the workshop, each participant will have a personalized "next step" in continuing his or her path of living the Enneagram.

**Terry Saracino, MA**-Counseling, MBA, Enneagram teacher since 1989, is president of the non-profit Enneagram Studies in the Narrative Tradition and on the faculty of the Palmer-Daniels Enneagram Professional Training Program. She pursues her own spiritual journey through her Enneagram work and as a student of the Ridhwan School. She has created a variety of courses on the transformative power of the Enneagram.



#### Moderator: Judith Searle Panelists: Tom Condon, David Daniels, Russ Hudson & Ginger Lapid-Bogda

The Enneagram Looks at the 2012 American Political Scene: A Panel Discussion

All Students

In this election year, the Enneagram can offer a variety of valuable perspectives on personalities and issues before the public. Topics to be discussed include: the Enneagram styles of the Presidential and Vice-Presidential candidates, the Enneagram style of the United States, how issues and events currently facing the electorate press certain "hot buttons" related to various Enneagram worldviews.

#### 2012 CONFERENCE PROGRAM SCHEDULE: LATE FRIDAY AFTERNOON

Judith Searle's six published books include, *The Literary Enneagram: Characters from the Inside Out* and *Sex, Love and Your Personality* by Mona Coates, PhD and Judith Searle. A longtime member of the Screen Actors Guild, she offers workshops that teach the Enneagram through film and literary examples. jsearle479@aol.com, www.judithsearle.com

Creative Café Shanghai

The "How-to" Stream – Valerie Atkin: 3 Crucial Elements to Build Your Business

Casablanca

4:00pm-4:30pm Afternoon Break

Ballroom Foyer

#### 4:30pm-6:00pm Friday Late Afternoon Sessions



#### **Arthur Kranz**

The Enneagram Symbol and its Equivalent Forms from Ancient Times to the Future

All Students

Carl Jung said: "There is a thinking in primordial images, in symbols which are older than the historical man, which are inborn in him

from the earliest times, eternally living, outlasting all generations, still make up the groundwork of the human psyche. It is only possible to live the fullest life when we are in harmony with these symbols; wisdom is a return to them."

I believe that the Enneagram is linked historically to early and more-primitive symbols and images dating back to the Celestial Sky seen by the unaided eye of prehistoric man to the Tetractys, the sacred symbol of the Pythagoreans. These symbols have made their way into mythology, religion, and recovery movements from the Greek and Roman Gods, to Freemasonry to Alcoholics Anonymous. We will exam these various ancient Enneagram-like symbols, including the Enneagram of Ramon Lull, as well as the alternative modern mathematically equivalent forms such as the Enneagram Mandela, The Nine Menorahs, The Nine Hidden Paths, The Enneagram Sudoku/Matrix and The Ascending Spiral Pattern. We will discuss the added wisdom, meaning, and richness these varied Enneagram-like symbols convey to us. We will end by discussing what Enneagram symbols may look like in the future.

Born and raised in the Metropolitian New York City area, **Dr. Arthur Kranz** is a board certified psychiatrist, involved in Enneagram studies and practice since 2006. He is authorized to teach The Enneagram in the Healing Tradition by Kathy Hurley and hopes to receive his Riso-Hudson Enneagram Institute teacher certification in 2012.



#### Susan Olesek

A Prison of Our Own Making: Seeing Ourselves in the Incarcerated

Beginner

It is an unconscious tendency to disown our shadowy traits by locating them outside

of ourselves and difficult and courageous to see these same characteristics in our self-portrait. We can be just as unaware that we use the incarcerated as a repository for the parts of ourselves we are unable to fully accept, thereby inadvertently committing the unthinkable crime of denying human beings their full potential.

Ironically, many incarcerated embrace the freeing concept that we are more than our personalities with tenacity and an astounding humility. Cultivating a compassionate regard for how we are all in a prison of our own making when we suffer our personalities, frees us to collectively participate in the most profound liberation of all, from the inside out.

Over the last three years I have been teaching the Enneagram to hundreds of men as part of Prison Entrepreneurship Program at a correctional facility in Texas. This program boasts recidivism rates at a fraction of the state's statistics—I am gathering data to support the correlation of Enneagram as an integral part of these staggering results.

**Susan Olesek** has immersed herself in Enneagram studies for the last 12 years, and brings a lively energy to her facilitation, appealing to anyone willing to take an honest look at themselves.



#### Louise Phipps Senft, Esq.

Conflict Transformation and the Enneagram: An Innovative Approach to Mediation

All Students

This presentation will focus on cutting edge applications of the Enneagram in the field of

conflict transformation, explaining how emotional intelligence and increased self-awareness can facilitate empowerment and recognition in the mediation process, enabling the transformational shift. Louise will discuss the ethical implications of using the Enneagram as a tool for quality assurance, enhancing third party neutrality and supporting participant's self-determination, in comparison with the more outcome-oriented approaches to conflict—the facilitative and the evaluative models. Embracing conflict and the opportunities for change, growth, and personal introspection it creates at the personal and the interpersonal levels, is core to understanding Louise's practical application of the Enneagram to a still-developing world of conflict transformation versus conflict resolution.

**Louise Phipps Senft, Esq.,** Baltimore Mediation Founder & Lead Trainer. One of Maryland's Top 100 Women and Baltimore's Best Mediator, Louise has over 20 years of professional experience

#### 2012 CONFERENCE PROGRAM SCHEDULE: LATE FRIDAY AFTERNOON

applying the Enneagram in conflict transformation. She is a founder of Mediators Beyond Borders and a well-known author in the field.



**Margaret Smith** 

Show Up and Shine – The Enneagram as a Success Map

All Students

As teachers, trainers, coaches, consultants, speakers, and authors, we are solopreneurs and entrepreneurs responsible for the business side

of our work. Many of us want to create the business of our dreams, and make a good living doing what we are passionate about. The truth, though, is that being in business for ourselves requires a lot of us, and it can be a constant and daily challenge. To be truly successful as solopreneurs and entrepreneurs, not only do we need to have certain systems in place to build a thriving business, but we also need to have the right mindset and attitude. If we really want to be successful and make an impact, we've got to Show Up and Shine. We've got to step up our game, be bold, and at the same time, be smart, focused, and stay on track. What it takes to be successful is coded in the Enneagram. The Enneagram can help us to understand why we might be having trouble gaining real momentum in our business, why we often seem to be running in place, and why we are not achieving the growth and profitability that we desire.

In this workshop, we will explore how to use the object relations triads, 147, 258, 369, in a powerful way as a model of how to Show Up and Shine. You will gain a new perspective for how to think about the nine points on the Enneagram as a Success Map, thinking about the built-in power of the object relations triadic and how it can guide you to truly Show Up and Shine, and succeed in your business and life. In this interactive workshop, half of the session will be devoted to exploring the success map, and half of the session will be devoted to masterminding in smaller groups and then in a larger group format strategies for success for each person's personal practice/ business/life.

**Dr. Margaret Smith** is author of *Money: From Fear to Love – Using the Enneagram to Create Wealth, Prosperity*, 2011; Co-Founder of Signature Pathways LLC; Certified Riso-Hudson Enneagram Trainer™; Certified Financial Planner; Certified Integral Coach; Adjunct Professor at Drucker Business School, with a PhD from Harvard University.



Jerry Wagner

Look-Alikes Are Not Alikes

All Students

While Threes and Eights, Sixes and Ones, Nines and Five, Fours and Sevens, etc. look alike in some ways, there are underlying differences that make them not alike.

Theodore Millon, a personality theorist, describes personality patterns based on whether we seek comfort and satisfaction (positive reinforcement) or attempt to avoid emotional pain and distress (negative reinforcement); whether we seek satisfaction from outside or within ourselves; and whether we actively or passively go about maximizing rewards and minimizing pain.

Based on a study of 390 subjects, the author found that each Enneagram style has a distinct profile of Millon's eight patterns. These underlying dynamics help to differentiate Enneagram look-alikes.

This workshop explores Millon's types and how they correlate with and illuminate Enneagram styles.

Detached types (seek few satisfactions from either self or others) and can be passive-detached or active-detached.

Dependent types (experience reinforcements from sources other than themselves) and can be passive-dependent or active-dependent.

Independent types (experience reinforcements primarily from themselves) and can be passive-independent or active-independent,

Ambivalent types (have conflicting attitudes about dependence and independence) and can be passive-ambivalent or active-ambivalent.

**Jerome Wagner, PhD,** clinical psychologist, therapist and faculty member in the Department of Psychology at Loyola University, Chicago. Author of *Nine Lenses on the World, the Enneagram Perspective* and *The Enneagram Spectrum of Personality Styles*. Jerry is a Founder of the IEA, a former Director, and is co-editor of the *Enneagram Journal*—a professional peer-review publication.

Creative Café Shanghai

The "How-to" Stream – Coaching Casablanca

6:30pm-8:30pm Professional Members & Founders/

Presenters Reception Ocean Terrace West

continued on page 23

#### IEA CONFERENCE SCHEDULE-AT-A-GLANCE \_\_\_\_\_

Track/Time	Wednesday-At-A-Glance Session Title/Presenter(s)	Location
3:30am-6:00pm	General Assembly Meeting	Barcelona/Casablanca
5:30pm-7:30pm	Pre-Registration	Ballroom Foyer
		•
	Thursday-At-A-Glance (Pre-Conference Day Event	
9:30am-4:00pm	Registration	Ballroom Foyer
9:30am-10:00am	Morning Refreshments	Ballroom Foyer
0:00am-12:00pm	Integration: The Path to Freedom and Wholeness:	Salon A
100 000	Assuring Enneagram's Future – David Daniels & Russ Hudson	0.1
1:00am-8:00pm	Bookstore	Odessa
2:00pm-1:30pm	Lunch on Own (Sandwiches/Salads available for purchase)	Ballroom Foyer
:30pm-3:30pm	Integration: The Path to Freedom and Wholeness:	Salon A
	Assuring Enneagram's Future (continued) – David Daniels & Russ Hu	
:30pm-4:00pm	Afternoon Break/Refreshments	Ballroom Foyer
:00pm-5:30pm	Integration: The Path to Freedom and Wholeness:	Salon A
	Assuring Enneagram's Future (continued) – David Daniels & Russ Hu	
:00pm-7:00pm	Conference Registration	Ballroom Foyer
:00pm-9:00pm	Welcome Reception: Queen Mary	See Page 10
	Friday-At-A-Glance	
:00am-8:30am	Registration/Morning Refreshments	Ballroom Foyer
:00am-7:00pm	Bookstore	Odessa
3:30am-10:00am	Opening Session/Keynote Address – Cheri Huber	Salon B
0:00am-10:30am	Mid-Morning Break/Refreshments	Ballroom Foyer
	Morning Sessions	
	David Daniels –The Concealed and Surprising Path to Well-Being	Salon A
	and Wholeness: Integrating Our Higher Qualities into Our Lives	
	and Relationships	
	Zitta de Fries – "The Enneagram – LIVE!"	Tokyo/Vancouver
	Michael Groser & Claus Roager Olsen – Enne@Sales –	Salon D
	Sales and Subtypes – Back to Basics!	
	Christine King – The Enneagram and the Mindful Choice Model	Barcelona
	Khristian Paterhan, Eduardo Torgal, Antonio Cordeiro,	Salon C
	Marcela Talancon & Maria Cristina Uribarri – Eneacoaching –	
	A New Era for Coaching (Spanish-English Translation)	
	Mario Sikora – Working with the Instincts	Salon B
	Creative Café	Shanghai
	The "How-to" Stream – Peter McNab;	Casablanca
	Design an Effective Presentation	
2:30pm-2:00pm	Lunch on Own (Sandwiches/Salads available for purchase)	Ballroom Foyer
2:30pm-2:00pm	Professional Enneagram Association of Canada (PEAC),	<b>,</b>
2.00 Pin	the Canadian IEA Affiliate, invites all PEAC members to lunch.	Naples
2:30pm-2:00pm	Calling all Chapter Leaders – and those interested in forming	Shanghai
	or participating in a Chapter! Grab lunch in the foyer and join us for	<b>6</b>
	conversation and connection.	
:00pm-4:00pm Friday Mi	id-Afternoon Sessions	
,,	Felipe Cejudo Rodriguez – Enneagram and Music, Colours of Life	Salon C
	(Spanish-English Translation)	
	<b>Reba Herder</b> – The 9 Arts of Healthy Conversation	Tokyo/Vancouver
	Hanna Karpeka – Let's EnneaPLAY!	Barcelona
	<del>-</del>	Salon A
	Terry Saracino – Living the Enneagram: Tips and Techniques	Saion A
	<b>Terry Saracino</b> – Living the Enneagram: Tips and Techniques for the Journey	Salon A
	for the Journey	
		Salon B

#### \_\_\_\_\_ IEA CONFERENCE SCHEDULE-AT-A-GLANCE

4:00pm-4:30pm 4:30pm-6:00pm Friday Late	Session Title/Presenter(s)  Creative Café  The "How-to" Stream – Valerie Atkin: 3 Crucial Elements to Build Your Business	Location Shanghai Casablanca
	The "How-to" Stream – Valerie Atkin: 3 Crucial Elements to Build Your Business	
	to Build Your Business	Casablanca
:30pm-6:00pm Friday Late	Afternoon Break/Refreshments	Ballroom Foyer
	Afternoon Sessions	
	Arthur Kranz – The Enneagram Symbol and its Equivalent Forms	Salon D
	from Ancient Times to The Future	m 1
	Susan Olesek – A Prison of Our Own Making: Seeing Ourselves	Tokyo/Vancouver
	in the Incarcerated	
	<b>Louise Phipps Senft</b> – Conflict Transformation and the Enneagram.	Barcelona
	An Innovative Approach to Mediation	
	Margaret Smith – Show Up and Shine – The Enneagram as a Success Map	
	Jerry Wagner – Look-Alikes are Not Alike	Salon A
	Creative Café	Shanghai
	The "How-to" Stream – Coaching	Casablanca
:30pm-8:30pm	Professional Members & Founders/Presenters Reception	Ocean Terrace West
	Saturday-At-A-Glance	
:30am-9:00am	Morning Refreshments	Ballroom Foyer
:30am-7:00pm	Bookstore	Odessa
	forning Sessions	
•	Katherine Chernick Fauvre – How to Type: 9 Tips to	Barcelona
	Accurately Type Yourself and Others	
	Russ Hudson – Psychology and Personal Growth and Spirituality	Salon A
	Andrea Isaacs – Returning Home: Embodying the Holy Ideas	Salon B
	<b>Deborah Ooten &amp; Beth O'Hara</b> – Where have You been	Salon C
	and Where are You Going?	
	Alan Sheets – New Equations, The Body, and The Enneagram	Salon D
	Margaret Smith, Gayle Hardie, Malcolm Lazenby	Tokyo/Vancouver
	From the Past to the Future: The Enneagram Pathway	,
	to a Quantum Universe	
	Creative Café	Shanghai
	The "How-to" Stream – CJ Fitzsimons: Craft Your Message:	
	Writing Tools	Casablanca
1:30am-1:00pm	Lunch on Own (Sandwiches/Salads available for purchase)	Ballroom Foyer
1:30am-1:00pm	IEA Southern California Chapter & Friends Luncheon –	Shanghai
	Bring Your Lunch and Join us for Conversation	C
:00pm-3:30pm Saturday Mi	id-Afternoon Sessions	
	Catherine Bell & Carolyn Duckworth – From the Riverbend	Salon D
	to the Rockies: Your Journey in Taking Your Enneagram Knowledge	
	Forth into the Business World	
	Flemming Christensen & Cindy Marteney – Emotional Leadership	Barcelona
	& The Nine Types	
	Tom Condon – Do or Die: What Motivates Each Enneagram Style	Salon B
	to Grow and Change	
	Jessica Dibb – Embodying Integration of our Insights and	Tokyo/Vancouver
	Transformations into 21st Century Living through Breathwork	•
		Salon C
	<b>Roxanne Howe-Murphy &amp; Diana Redmond</b> – Deepening Our Living:	
	<b>Roxanne Howe-Murphy &amp; Diana Redmond</b> – Deepening Our Living: Using Counterpoint and Paradox to Occupy Our Souls	
	Using Counterpoint and Paradox to Occupy Our Souls	Salon A
	Using Counterpoint and Paradox to Occupy Our Souls Ginger Lapid-Bogda, Lindy Amos & Gema de la Rosa –	Salon A
	Using Counterpoint and Paradox to Occupy Our Souls  Ginger Lapid-Bogda, Lindy Amos & Gema de la Rosa –  Enneagram in Business: Best Practices Around the World	
	Using Counterpoint and Paradox to Occupy Our Souls Ginger Lapid-Bogda, Lindy Amos & Gema de la Rosa –	Salon A  Shanghai Casablanca

#### IEA CONFERENCE SCHEDULE-AT-A-GLANCE \_\_\_\_\_

	Saturday-At-A-Glance, continued	
Track/Time	Session Title/Presenter(s)	Location
4:00pm-6:00pm	Saturday Late Afternoon Sessions	
	Beatrice Chestnut – Encountering Naranjo's Current Conception	Salon B
	of the Enneagram's 27 Personality Types: Using the Instinctual Subtypes	
	to Deepen Our Self-Awareness	
	CJ Fitzsimons – Giving Constellations in Business a Boost	Salon D
	with the Enneagram	
	<b>Zoe Gerlach</b> – Neuroscience and The Enneagram:	Barcelona
	The Path to Integration	
	Curt Micka – Conflict Management and the Enneagram:	Salon C
	Implications for Managing Conflict with Family and Loved Ones	
	<b>Peter O'Hanrahan</b> – Defense Systems of the Nine Types –	Salon A
	The Key to Inner Work	
	Osnat Yadgar – Who is Talking Now? – Develop a Dialog Between	Tokyo/Vancouver
	the Ego and the Self	
	Creative Café	Shanghai
	The "How-to" Stream – Coaching	Casablanca
:00pm-12:00pm	Reception & Dance Party	Salon A & B
	Sunday-At-A-Glance	
:00am-9:00am	Morning Refreshments	Ballroom Foyer
:00am-3:00pm	Bookstore	Odessa
:30am-10:30am	Sunday Morning Sessions	
	Kacie Berghoef & Melanie Bell – The Dynamism of Mental Health:	Salon B
	Using the Enneagram to Treat the Severely Mentally Ill	
	David W. Fauvre – Unstuck! How the Lines of Connection	Barcelona
	Resolve Dilemmas Revealed by the Wings	
	Gayle Hardie & Malcolm Lazenby – Building Leadership Brand –	Salon C
	Meeting the Demands of a New Decade Now	
	Garry Innes – Future Shock – Revisited	Tokyo/Vancouver
	Clare Loughrige – Ignatius 3 Centers Approach for Integrated	Salon D
	Life Direction	
	Elizabeth Wagele – The Enneagram of Death –	Salon A
	Insights on Fear and Grief	
	Creative Café	Shanghai
	The "How-to" Stream – Practicum	Casablanca
0:30am-11:00am		Ballroom Foyer
1:00am-12:30pm		
	Maura Amelia Bonanno – Ennealkimia	Salon D
	R. Karl Hebenstreit – The Enneagram: Universal OD Translator	Salon C
	<b>Debi Lewis</b> – Yoga Nine Ways	Tokyo/Vancouver
	<b>Jeff Lyons</b> – The Enneagram-Story Bridge™: How to Use the	Barcelona
	Enneagram System to Become a Master Storyteller	
	Vicky Rybka – Music, Movement and Creativity	Salon B
	<b>Delbar Niroushak</b> – Leadership and Diversity for Creating	Salon A
	Faithful Employees in Organizations	
	Creative Café	Shanghai
	The "How-to" Stream – Practicum	Casablanca
2:30pm-1:30pm	Lunch on Own (Sandwiches/Salads available for purchase)	Ballroom Foyer
:30pm-2:30pm	Endnote Address/Closing Session – Dario Nardi	Salon B

#### **Saturday Morning**

8:30am-9:00am Morning Refreshments

**Ballroom Foyer** 

8:30am-7:00pm Bookstore

Odessa

9:00am-11:30am Saturday Morning Sessions



#### **Katherine Chernick Fauvre**

How to Type: 9 Tips to Accurately Type Yourself and Others

All Students

Which types overuse the micro expression of contempt and why?

Why do those with the scholar archetype type themselves as Type 5?

Why do those with the social instinct sound like Type 1?

Which type uses the phrase 'it depends' and why?

Which types take pride in enduring and why?

These questions and more will be answered in this interactive, information packed presentation. Based on 16 years of research, this workshop covers the ins and outs of Enneagram Typing, revealing 9 key steps that will enable you to type with confidence.

Included will be panels of exemplars to demonstrate diverse micro expressions, body language and word choices.

Katherine Chernick Fauvre, is an internationally recognized teacher, coach, and researcher. Her innovative studies into the internal experience of Enneagram type have made her a leader in the field.

She is a former member of the Board of Directors of the IEA and is a certified Teacher with Palmer-Daniels, Riso-Hudson and Hurley-Donson. She co hosts Types: Your Personality Revealed and is the author of *Enneastyle: The 9 languages of Enneagram Type*, *Enneagram Instinctual Subtypes*, and co author of *The 27 Tritypes Revealed: Discover your Life Purpose and Blind Spot*.



#### **Russ Hudson**

Authentic Presence: Working Effectively Embodiment and the Three Instincts

All students

The Enneagram was originally taught as part of an integrated system of ideas and

practices explicitly aimed at genuine transformation and living in presence—not just typing. But what do we mean by "presence"? What actually has led to transformation with this work? Gurdjieff taught that we cannot be present without being awake and alive

in our bodies, and that we can lose our awareness in a moment. Our Enneagram type as well as our particular relationship with the three instincts: Self Preservation, Sexual, and Social, show us both our greatest possibilities for reconnecting with Presence, as well as the main ways we forget our true nature and scatter our attention. We will explore how presence can help us live a more balanced life by being aware of the excesses and avoidances in our instinctual life, but also how the lack of awareness of these imbalances is one of the greatest barriers to fully living our realization. The program will include exercises, music, movement work, and meditation.

**Russ Hudson** is the co-Founder of The Enneagram Institute, and has been teaching Enneagram programs throughout the world for over 20 years. He is a Founder and former Vice-President of the IEA, and has co-authored several Enneagram books with Don Richard Riso including *The Wisdom of the Enneagram*. He holds a degree in East Asian Studies from Columbia University, from which he graduated Phi Beta Kappa.



#### Andrea Isaacs

Returning Home: Embodying the Holy Ideas All Students

Are you curious about the Holy Ideas but can't quite put your finger on what it means, or how to actually experience the Holy Idea of your type?

Do you see it as a beautiful theory, but wonder what it means in terms of living your life? These have been my questions and as an experiential learner, I needed a way to actually experience this. This has been a gift in moving towards actually embodying the Holy Ideas. It also struck me that the Holy Ideas still incorporates separateness: there are nine. We'll go one step further—to a place I call "Home," a step beyond the Holy Ideas where we are One.

In this experiential approach, we will explore:

- what the type is most known for;
- what each type most needs for emotional, psychological, and spiritual development;
- · movement towards the Holy Idea for the type; and
- the Return "Home," a step beyond that to a place of Oneness that is our True Nature.

It will not be possible to cover all nine types in this class, but you will learn how to continue that exploration on your own.

**Andrea Isaacs** has been on the cutting edge in the field of emotional intelligence since 1994 when she created EnneaMotion. Teaching with Riso-Hudson since 1995, she co-founded, as editor/publisher, the *Enneagram Monthly* and coaches and conducts programs internationally. She lives at Sunrise Ranch, a spiritual community in Colorado.



Deborah Ooten & Beth O'Hara

Where have you been and Where are you going? Psychology and Personal Growth All Students

Where have you been and where are you going?



Do you find yourself saying I used to think/ feel/behave in a certain way, but now I think/ feel/behave differently? What explains the evolution of your type? How do you explain the expansion of others and of humanity as a whole? Deborah's research into the levels of consciousness and her paper published in the

2010 International Enneagram Journal describe the bio-psychosocial evolution which occurs when we shift our values and ways of conceptualizing the world. Deborah pairs the Enneagram with these Levels of Consciousness and uniquely describes a powerful and life changing combination of the two systems that provides a new tool (Consciousness Ascending) to uncover where you have been and to predict where you are going. Through film clips, dyad activities, and type groups explore your Enneagram Type at each Level of Consciousness to your individual development as well as the unfolding of humanity. Reflect on how your/generational conflicts arise and how to create understanding and unity across generations and within yourself. Discover how each of the levels are expressed and repressed in your life and how expanding your understanding of these levels can transform your life.

**Dr. Deborah Ooten** has her doctorate in clinical psychology and is a certified Enneagram teacher in the narrative tradition. She is CEO of Conscious Living Center and Conscious Dynamics and founder of the School of Conscious Living and community. Dr. Ooten is certified in Spiral Dynamics by Dr. Don Beck.

**Beth O'Hara** is a certified Life Coach, Iyengar Yoga Teacher, and Enneagram teacher in the Narrative Tradition. She is a senior teacher in the School of Conscious Living. Beth holds a degree in Physiological Psychology and has studied Spiral Dynamics through the School of Conscious Living and Cowan and Todorovic.



**Alan Sheets** 

New Equations, The Body, and The Enneagram All Students

New Equations (formerly known as Enneagram of the Body) is a body-based system of nine types that was derived from and can be directly correlated to the Enneagram. People of each

New Equations type move differently, use their eyes differently, and display different facial expressions. They also think, act, and respond differently. By learning to work directly with your own bodily responses, you can learn what your strengths are and use

them to move beyond your Enneagram fixation. In this workshop, you will get an opportunity to see and experience each of the nine body types. There will also be a demonstration of the body based typing process with two or three participants.

**Alan Sheets** is the cofounder of New Equations and is a former research scientist, bodyworker in the Feldenkrais Method®, and is an accomplished martial artist—he holds a black belt in Aikido.







Margaret Smith, Gayle Hardie, Malcolm Lazenby

From the Past to the Future: The Enneagram Pathway to a Quantum Universe

All Students

In this workshop we explore a new mindset using the Enneagram and Quantum thought to solve our problems and transport us to a reality that truly exists and which we rarely perceive. This map can move us from awareness based on a mechanistic, scarcity-based, either/or thinking to a sense of reality based on a holistic, abundance-based, both/and thinking that has the power to radically transform our collective future.

Our session will be interactive and experiential. We begin by listening to a complex piece of music and analyzing our perception of it through Enneagram type and quantum framework. We will discuss how the Enneagram teaches us to see our least-action pathways and break our vicious cycles, enabling us to move towards a co-creative state of being. We review the nine types from this perspective in an interactive format, and end with an important piece about the distinction between intention and intent."

**Dr. Margaret Smith** is author of *Money: From Fear to Love - Using the Enneagram to Create Wealth, Prosperity*, 2011; Co-Founder of Signature Pathways LLC; Certified Riso-Hudson Enneagram Trainer™; Certified Financial Planner; Certified Integral Coach; Adjunct Professor at Drucker Business School, with a PhD from Harvard University.

**Gayle Hardie** and **Malcolm Lazenby**, Co-Founders of Global Leadership Foundation and Signature Pathways, are internationally recognized for their innovative and groundbreaking work with the Enneagram, Emotional Health Levels, and Quantum theory.

#### 2012 CONFERENCE PROGRAM SCHEDULE: SATURDAY MID-AFTERNOON

Creative Café Shanghai

The "How-to" Stream – CJ Fitzsimons: Craft Your Message:

Writing Tools Casablanca

11:30am-1:00pm Lunch on Own (Sandwiches/Salads

available for purchase) Ballroom Foyer

11:30am-1:00pm IEA Southern California Chapter &

Friends Luncheon – Bring Your Lunch

and Join us for Conversation

Shanghai

1:00pm-3:30pm Saturday Mid-Afternoon Sessions



#### Catherine Bell & Carolyn Duckworth

From the Riverbend to the Rockies: Your Journey in Taking your Enneagram Knowledge Forth into the Business World.

Intermediate



This session will be a positive sensory assault on people wanting to create a business using the Enneagram. It will provide participants with information on initiating a business in the Enneagram and debunking myths. It will walk through BluEra's experience of working with the Enneagram and building up a successful Enneagram practice—warts and all. It will be a lively and interactive session with

take-home materials.

**Catherine Bell** is the CEO of BluEra, an executive search and team transformation firm, located in Canada with affiliates in 74 other countries. She integrates the Enneagram into her work, and wants to share her experience of launching this type of firm and work into the world.

**Carolyn Duckworth** is a Director of BluEra. She works with clients to integrate the academic and practical elements of business together with an understanding of the Enneagram. Her work focuses on improving the health and performance of business teams.



#### Flemming Christensen & Cindy Marteney

Emotional Leadership & the Nine Types

All Students



Emotional intelligence determines much—from workplace performance to happiness in life—and yet many EQ models are complex, require specialized study to apply, and many folks fail to integrate the insights into their everyday work experience and lives. In this workshop, we will explore a simpler approach, emphasizing four critical emotional competencies for leaders: loving-kindness, compassion, appreciation, and equanimity. Drawing on the lessons of modern

neuroscience and positive psychology, this session will introduce practical ways that each Enneagram type can cultivate Emotional Leadership in support of higher performance, better morale, and improved creativity.

Participants will explore how habits of their type affect their current Emotional Leadership capacity and work in teams to develop specific practices to grow in their Emotional Leadership over the next 12 months. Coaching support will be provided by Flemming and Cindy during the workshop along with an optional group check-in call a month after the IEA conference to support ongoing learning and development.

**Flemming Christensen** is the founder of THINK ABOUT IT, a Danish training and consulting company, which introduces more than 3000 people each year to the Enneagram. Working with Top 100 companies, he helps leaders become more conscious in business and helps people lead more meaningful lives.

**Cindy Marteney**, an executive coach at THINK ABOUT IT, has clients in both the USA and Europe. Certified with New Ventures West and the Strozzi Institute, she blends linguistic, emotional, and somatic work with the Enneagram. She works with top leaders in medicine, nursing, law, and high tech.



#### Tom Condon

Do or Die: What Motivates Each Enneagram Style to Grow and Change

All Students

All of us have a vested interest in maintaining our personality defenses. Even when part of us wants to change, another part of us may hang

on to an old pattern, hoping for an unconscious payoff or a perceived gain. To truly grow and change your desire for a new way of functioning has to be stronger than the need to cling to old defenses.

If the main point of learning the Enneagram is to use it to grow and change, having the motivation to do so is essential. Each Enneagram style has typical built-in motivators, some of them obvious, some more hidden and subtle. A few arise from subtypes,

#### 2012 CONFERENCE PROGRAM SCHEDULE: SATURDAY MID-AFTERNOON

which produce finer motivations within the general motivations of a style, Other motivations are shaped by each Enneagram style's defense mechanisms. Among Enneagram styles there are, for example, "feel good," "feel bad" and "feel nothing" defenses and they produce different degrees of urgency and commitment to change.

In this session we will discuss and discover the positive and negative change motivations typical for each Enneagram style. As we locate these motivations within ourselves, we will also learn more about how to evoke them in others—to discover how change can cost less than staying the same.

**Tom Condon** has taught over 800 workshops in the United States, Europe, and Asia. The Director of the Changeworks in Bend, Oregon, he has been an adjunct faculty member of Antioch University and UC Berkeley. He is the author of over 50 audiotapes, videotapes, and books. Website: www.thechangeworks.com



#### Jessica Dibb

Embodying Integration of our Insights and Transformations into 21st Century Living Through Breathwork

All Students

Life begins and ends with a breath – its presence is enduring throughout every moment. Breath

awareness supports consciousness of sensations of our body, feelings of our heart, and thoughts of our mind, and creates conscious connection between them. Enhanced breath, as in Integrative Breathwork, quickly releases the physical, emotional, and cognitive tension holding fear-based behaviors in place, and accesses the natural and powerful intelligence of body, heart, and mind.

In this workshop participants are invited to bring the most potent awareness they have about a way their being needs and wants to change. They will be guided in a breathwork session that can access non-ordinary states of consciousness to hear and integrate the presence, intelligence, and love arising from their bodies, hearts, and minds during the session. The session can be used for 1) integrating and biologically imprinting what is being learned and experienced, 2) healing what is arising from wounds or defensive structures, 3) nourishing and attending to emerging energies and insights, 4) opening the heart .5) accessing boundless states and spaciousness, and 6) attuning to the Divine.

Note: If possible, please bring a pillow and blanket.

**Jessica Dibb** is founder and Spiritual Director of Inspiration, a non-denominational consciousness school. She has created breathwork and psycho-spiritual trainings, and also trains practitioners in these modalities. She uses Integrative Breathwork,

the Enneagram, psychodynamic principles, and wisdom teachings from many lineages to facilitate embodied awareness of each moment. Jessica is Co-director of the International Breathwork Training Alliance, the chair of its Ethics Committee, and a founding member of Ken Wilber's Integral Institute



#### Roxanne Howe-Murphy & Diana Redmond

Deepening Our Living: Using Counterpoint and Paradox to Occupy Our Souls

All Students

"Our odyssey of soul runs in counterpoint to the odyssey of life." (Thomas Moore)



In this exciting and tumultuous time of change, the push and pull of internal and external forces, many of them contradictory, can be felt at the individual and social levels. Nearly every big spiritual question (for example: Who am I? What am I being called to? What is motivating my decisions? What do I do with the simultaneous existence of hope and despair?) contains paradoxes that have the potential

for challenging personal and societal myths, for increasing our capacity to hold tension of apparent incongruity, and for coming into deeper contact with our souls. How do we meet everyday life that overflows with paradox and use paradox to become more conscious and mature, individually and collectively?

In this experiential session, using the Enneagram as our lens, we will incorporate inquiry and somatic work to explore the individual and collective experience of paradox and how it informs our journeys. We will practice processes for embracing paradox on behalf of our evolutionary nature.

**Roxanne Howe-Murphy, EdD,** founder of the Deep Coaching Institute's Coach Certification Program, an IEA Accredited School, is author of *Deep Coaching: Using the Enneagram as a Catalyst for Profound Change and Deep Living* (due out in 2012). She directs the Enneagram Institute of the San Francisco Bay Area and is an authorized Riso-Hudson teacher.

**Diana Redmond** is a professional coach, international Enneagram teacher, and director of the Deep Coaching Institute, an IEA accredited school. She co-founded A Call to Presence, providing Enneagram workshops and coaching. Her work also draws from extensive meditation and yoga training.

#### 2012 CONFERENCE PROGRAM SCHEDULE: SATURDAY LATE AFTERNOON







Ginger Lapid-Bogda, Lindy Amos & Gema de la Rosa Enneagram in Business: Best Practices around the World All Students

Based on the comprehensive 2011 Enneagram in Business Network Best Practices Report of 72 companies in 20 countries, this session takes you beyond the themes of the report into the precise "howtos" of creating and implementing sustainable organizational change initiatives with the Enneagram. Through simulation, discussion and group exercises, we will focus on the six most important Critical Success Factors and how to ensure they are part of your Enneagram-business work, as well as the specifics of best approaches to the most frequently used business applications of the Enneagram: communication, leadership, teams, EQ, coaching, conflict, feedback, and decision-making. Take your work with the Enneagram in organizations to the next level!

Ginger Lapid-Bogda, PhD is past-president of the International Enneagram Association, a longtime NTL member and OD consultant, author of four Enneagram-business books, provider of Enneagram-based resources and certificate programs across the globe, and creator of "Know Your Type," the Enneagram iPhone app. ginger@theenneagraminbusiness.com; www.theenneagraminbusiness.com.

**Lindy Amos** is a facilitator, coach and OD consultant who has integrated the Enneagram into her practice over the past decade. As the Director of Collective Possibilities, a thriving facilitation company in Australia, Lindy envisages workplaces where leaders and teams take up their roles with courage, compassion, and authenticity.

Creative Café Shanghai

The "How-to" Stream – Ingrid Stabb: Social Media – De-Mystified

Casablanca

3:30pm-4:00pm Afternoon Break/Refreshments

**Ballroom Foyer** 

#### 4:00pm-6:00pm Saturday Late Afternoon Sessions



#### **Beatrice Chestnut**

Encountering Naranjo's Current Conception of the Enneagram's 27 Personality Types: Using the Instinctual Subtypes to Deepen Our Self-Awareness

All Students

According to seminal Enneagram author and psycho-spiritual teacher Claudio Naranjo's 21st century description of the Enneagram's instinct-based subtypes, each of the 27 subtypes represents a distinct character type, as each expresses one of the nine passions through a driving need fueled primarily by one of three fundamental instincts. The original source of much of the Enneagram-related information available today, Naranjo's latest articulation of the subtypes goes well beyond what has previously been accessible to students of the Enneagram system. Through illustrative exemplars, discussion, and experiential interactions and drawing on this cutting-edge subtype material describing the unique nature of the 27 characters, we will explore ways to use this updated subtype map to help us become more aware of our most unconscious habits and patterns.

Beatrice Chestnut is a practicing psychotherapist, coach, and business consultant. She holds graduate degrees in communication and psychology, she has taught at Northwestern University, Stanford University, and the University of San Francisco's Law School. She studied with Helen Palmer and David Daniels and has been an active member of the international Enneagram community for ten years, serving as President of the IEA from 2006-2007. Together with David Burke and Jerry Wagner she was founding co-editor of the IEA's *Enneagram Journal* in 2008.



#### **CJ Fitzsimons**

Giving Constellations in Business a Boost with the Enneagram

All Students

At times clients find it difficult to express completely business issues clearly in words. One form of visualization, the constellation, helps the

client to express their internal picture of the issue transverbally. Such approaches have been used for decades in family therapy settings. Over the past ten to fifteen years they have found (in slightly modified form) growing acceptance as a way to solve problems in professional contexts.

I have been developing approaches based on the work of Moreno, Varga von Kibed and Sparrer, and Schulz von Thun that combine insights from the Enneagram with different constellation forms to resolve coaching and other business topics with surprising effectiveness. Typical applications include: how to develop an organizational strategy, a vision for a team, how to ensure our core driver doesn't sabotage us, and how to resolve ethical and values-based dilemmas.

#### 2012 CONFERENCE PROGRAM SCHEDULE: SATURDAY LATE AFTERNOON

In this workshop, after a brief overview of the approaches, we will explore how to combine different constellation forms with the Enneagram to answer concrete questions from session participants.

**CJ Fitzsimons**, born in Ireland (1961), is a leadership sculptor living in Germany and working internationally. He has co-authored a book on international project management in German, focusing on intercultural differences and the role the Enneagram plays in this. He is a qualified Enneagram teacher (AETNT/GfE, 2002).



#### Zoe Gerlach

Neuroscience and The Enneagram: The Path to Integration

All Students

What ignites the passion of our Enneagram type? How do we truly live in our virtues versus our passions? With the help of neuroscience,

this information is now readily available. In this session, we will explore how the passion of our Enneagram character typology can be seen as our primal default mode. We will look at how our core survival anxiety and discomfort triggers our type-based passion, stress response, and its coordinating bodily reactions. We will review recent neuroscience research related to this stress response pattern. This response pattern occurs so quickly, and habitually, that many of us fail to notice when we have become fixated in our personality type.

Through presentation, experiential small group work, and individual work, participants will learn practical tools and techniques to gain awareness of the nine stress patterns. Participants will also learn to manage core anxiety, and expand essence qualities leading to a more integrated self. In integration, we are more adaptable, flexible, stable, and healthy.

**Zoe Gerlach, M.A., M.F.T** has a Master's Degree in Clinical Psychology. She has a psychotherapy and life coaching practice in San Francisco. She completed the Palmer/Daniels Enneagram Professional Training Program in 2005 and serves on the board of the NC-IEA Chapter. Zoe conducts research utilizing practical applications of contemplative neuroscience with the Enneagram system. She coordinates the Wisdom 2.0 Conferences, which brings together neuroscientists, high-tech executives, and wisdom teachers.



#### **Curt Micka**

Conflict Management and the Enneagram: Implications for managing conflict with family and loved ones

All Students

Conflict affects each and every one of us and is often more painful and more prevalent with

those who are close to us. The Enneagram is a powerful tool to

help us work through conflict in a constructive and compassionate way. During this session, we will explore conflict management theory and how our Enneagram Type contributes to the constructive and challenging aspects of conflict resolution. By the end of this session you will understand:

- Key principles of conflict management theory.
- Specific beliefs and behaviors that contribute to constructive and destructive conflict resolution.
- How our type gets us into and keeps us embedded in conflict.
- How we can use the strengths, skills, and gifts of our type to unhook from and constructively manage conflict.

Some of what we'll explore:

- Why dealing with conflict is so hard when it involves those close to us
- · Sources of conflict and implications for how to manage it.
- The Conflict Cycle: the interplay between thoughts/beliefs, emotions, and behaviors.
- The Conflict Dynamic Profile behaviors that contribute to constructive conflict management and behaviors that make constructive conflict management more difficult.
- The key to successful conflict management: 4 key questions.
- Self-awareness a key component of conflict management.

**Curt Micka, J.D.**, is a mediator, facilitator, conflict coach, and trainer with 20+ years experience in the field of conflict management. He's a certified teacher of the Enneagram in the Narrative Tradition and has studied with Don Riso, Russ Hudson, Ginger Lapid-Bogda, and other teachers. He's a former IEA Board member and President of the Minnesota Chapter of the IEA.



#### Peter O'Hanrahan

Defense Systems of the Nine Types – The Key to Inner Work

All Students

There is no better system of personality and character structure available to us today than

the Enneagram. Now in the 21st century, it allows us to draw upon many sources—from the work of the desert monastics in the 4th century to the discoveries of Freud, Reich, Horney, and other leading psychoanalysts in the 20th century—and put it all together with the map of the nine types.

Defenses are the key to our personal development. We need some defenses in this life, yet they are the limiting factors of our type structure. They keep us separated from our essential selves and separated from others. Deep work on ourselves means facing them directly with awareness, acceptance and method.

In this workshop we will explore three specific parts of the defense system—the idealization, the avoidance, and the defense mechanism—and look at practical ways to reduce our reactivity

and automatic patterns, create more flexibility in our type structure, and become more available for love and intimacy. The format will include lecture, small group discussion, and inner practice with breath and self awareness.

**Peter O'Hanrahan** began studying the Enneagram in 1978 in Berkeley, California. An early member of the IEA, he regularly teaches workshops on the basic Enneagram, subtypes, somatics, and leadership in Europe, China, and the US. Since 2001 he has been an associate trainer for the Palmer/Daniels professional training.



Osnat Yadgar

Who is Talking Now? – Develop a Dialog Between the Ego and the Self

All Students

So we know our type, we know the issues we should work on; now what?

This session introduces a Transformational Model and a structured coaching process to get free of your Type's fixation and get in touch with your authentic self.

We will practice how to distinguish "Who is talking now"—the Ego or the authentic self? And learn how to conduct a direct dialog between the two.

Usually our Ego speaks loudly and our soul whispers softly, waiting eagerly to be heard. We will expose the way the Ego (our type) lies to us, provides inaccurate information or turns on false alarms. You'll learn a unique approach to using the Enneagram by actually disarming the Ego and hearing your authentic voice.

This session will include a guided process, practicing in pairs, in type groups, and demonstration of a coaching dialogue.

This workshop is recommended for anyone who is interested in using the Enneagram to get free of the Ego's hold and especially recommended for coaches, therapists, and consultants.

**Osnat Yadgar** founder of the Israeli Enneagram Center - a lively Enneagram community in Israel. An enthusiastic Enneagram researcher, she developed a unique method for personal transformation using the Enneagram. She leads public workshops, conducts personal coaching, and provides certification.

Creative Café Shanghai

The "How-to" Stream – Coaching Casablanca

7:00pm-12:00pm Reception & Dance Party

Salon A & B

Sunday

8:00am-9:00am Morning Refreshments

**Ballroom Foyer** 

8:00am-3:00pm Bookstore Odessa

8:30am-10:30am Sunday Morning Sessions



#### **Kacie Berghoef & Melanie Bell**

The Dynamism of Mental Health: Using the Enneagram to Treat the Severely Mentally Ill

All Students



Individuals in the unhealthy range of health of their Enneagram type consist of the severely and chronically mentally ill population. Traditionally, individuals in the average levels of health (per the Riso-Hudson definition) have used the Enneagram for inner work, while mental health professionals diagnose those in unhealthy levels using the DSM-IV—a static, diagnosis-centric method that often assumes a pathological diagnosis is permanent. By emphasizing core

motivations over symptoms, the Enneagram has an advantage over DSM categorizations by demonstrating connections between healthy and unhealthy qualities within a continuum of type, shows all types have equal capacity for self-realization and pathology, and assumes an innate capacity for change in each individual. The session will explore how to use the Enneagram to move individuals in the unhealthy levels of health into the average range of expression of their type and challenge the limitations of using the DSM-IV with the severely mentally ill. We will propose our idea for a new method of diagnosing and treating individuals with mental illness.

**Kacie Berghoef, MSW,** has studied the Enneagram independently since 2000 and has worked with individuals with severe mental illness in multiple settings for several years. She is in the process of completing the Riso-Hudson Enneagram training program.

**Melanie Bell, M.A.**, is a graduate of Concordia University's Creative Writing program and the University of New Brunswick's Interdisciplinary Leadership program. A writer and editor, she is in the process of completing Riso-Hudson Enneagram training.



David W. Fauvre

Unstuck! How the Lines of Connection Resolve Dilemmas Revealed by the Wings

All Students

The Enneagram is the symbol of a system that is not static. It is dynamic. Predictive. And prescriptive. At this workshop, you'll rediscover

each type as the magnetic field that springs forth from the opposing forces of its wings. You'll also explore how, when facing a difficult life choice, the ego falls into a stuck state of seemingly no-win options held out by its Wings. More importantly, you'll come away with a surprisingly simple and reliable method you can use to immediately help you and your clients expand your choices and break free of limiting beliefs. This method is exclusive to David's work and a similar discovery was also made by Ichazo and Naranjo. Come learn how each type is an attempt to resolve the polarities of its wings and how this can be used to free one from seemingly limiting perceptions and options.

**David Fauvre** is co-founder of Enneagram Explorations and Enneagram.net. He is a leading internationally recognized Enneagram researcher, trainer, and test developer. He holds a Masters in Psychology and is Certified Enneagram Teacher with Riso and Hudson. He has studied with Palmer Daniels, Tom Condon, Naranjo, Ichazo, Byron Katie, and Barbara Brennan.



#### Gayle Hardie & Malcolm Lazenby

Building Leadership Brand - Meeting the Demands of a New Decade Now

All Students



What is my Leadership Brand? What do I want to be known for? What impact do I want to have as a leader? This session provides you with the opportunity to discover, build and strengthen your own Leadership Brand and refine and tailor your impact as a leader.

You will explore nine important Leadership Brand characteristics (based on each of the Enneagram "gifts"): Perspective, Principles, Partners, Performance, Passion, Potential,

Positioning, Presentation & Practices—and understand how to create your own and unique leadership profile as a result.

Potential employees are looking for and choosing leaders that "work for them," not just what the organization stands for. They want to know that they will receive a quality of leadership they expect. Gayle and Malcolm combine research and their expertise and understanding of the Enneagram, as a process tool, to enable leaders to understand what drives and motivates them and the impact they have as a result but also create a way forward to build and strengthen the leadership styles and ways of engaging others that puts them in demand (their "Leadership Brand").

As the Co-Founders of Global Leadership Foundation and Signature Pathways, **Gayle Hardie** and **Malcolm Lazenby** are passionate about making a positive difference to people's lives, their businesses and communities—locally and globally. They are internationally recognized for their innovative and groundbreaking work with the Enneagram and Emotional Health Levels in business—the transformational work of Building Leadership Brand.



**Garry Innes** 

Future Shock - Revisited

Intermediate

Alvin Toffler created a bestseller in 1970 called 'Future Shock'.

Toffler defined "future shock" as a psychological state of individuals and entire societies faced with "too much change in too short a period of time."

Toffler argued that society would undergo an enormous structural change, a revolution to a "super industrial society". This change will overwhelm people, leaving them disconnected and suffering from "shattering stress and disorientation"—future shocked.

In his 'Strategies for Survival' he provides a framework for 'coping with tomorrow,' 'education in the future tense,' 'taming technology' and 'the strategy of social futurism.' His framework provided some useful suggestions yet difficult in practice as it overlooked other dysfunctional imbalances in culture—"change" is only one of them.

Starting with Toffler's 'Strategies for Survival' this presentation will focus on how the Enneagram can be used as a way to increase understand about our relationship with change both on a personal and organizational level.

Break-out sessions will allow participants to "futurize" about how to deal with societal indifference, materialism/narcissism, technology, and how to provide nurture in a spiritually impoverished society.

Finally, selected participants will present their ideas to the wider audience in a collective sharing of wisdom.

Garry Innes, B.Business, Grad Dip, Adult & Vocational Education, AIMM, Dip Enneagram Studies. Garry is a successful business entrepreneur, educator, and presenter, specializing in training young and emerging managers/entrepreneurs. He is President of the Australian Enneagram Community Ltd (formed by David Burke) and a Certified Enneagram Teacher.



#### Clare Loughrige

Ignatius 3 Centers Approach for Integrated Life Direction

All Students

St Ignatius Loyola may not have used the Enneagram, yet the wisdom he describes in

"motions of the soul" radiate Enneagram wisdom. Ignatius taught engagement of head, heart, and gut in order to make decisions that lead to abundant living. Motions of the Soul has been called Discernment of Spirits in modernity. Ignatius continues to help practitioners and individuals navigate the journey of life in "asking what the good way is so we can find rest for our souls"\*...the Enneagram supercharges this knowledge combining practices and experiences that offer a heartfelt, bright and purposeful life excursion.

This session will discuss a head, heart, and gut space for each type: Ignatius motions of the soul, ancient and contemporary spiritual practices to harmonize the three centers for optimal soul direction.

As an Enneagram Practitioner/Teacher, Spiritual Director and Lead Pastor, I use this understanding to bring spiritual guidance to individuals, organizations, and my own staff. Over many years, I have witnessed individual and team transformation. I hope to offer this grace to others.

**Rev. Clare Loughrige, M. Min,** has studied the Enneagram under Psychiatrists, Ministers, Lawyers, Coaches, and others. Whether training has emphasized spirituality or not, Clare finds no sacred-secular split, asserting that the Enneagram is a powerful tool to unlock our heart, soul, mind, and strength.

\* Jeremiah 6:16



#### Elizabeth Wagele

The Enneagram of Death – Insights on Fear and Grief

All Students

This workshop will introduce, Elizabeth's new book, The Enneagram of Death—Insights on Fear and Death—the IEA's first publishing

venture. Participants will learn how people of each type have healed their grief or conquered their fear of death. After an introduction, we will assemble in nine type-groups to discuss true stories from Elizabeth's new book and compare how your experiences around death and dying resonate with these stories. Stories include these and other themes: conquering fear, stress peculiar to end of life, denial, grief, loss, care-giving, and children's grief. You may attend the group of your own type or of the type of someone to whom you are close.

Wagele's work soothes and inspires anyone who is dying, close to someone who is dying, grieving, or afraid of death. Her book is also helpful for caregivers, hospice workers, counselors, grief counselors, psychologists, coaches, those suffering from the fear of death, loss, complicated grief, or interested in the ways death impacts the way we live.

Elizabeth Wagele writes blogs and articles, has appeared on TV, Internet, radio interviews, and book talks, and wrote *The Enneagram Made Easy, The Career Within You, The Enneagram of Parenting, The Beethoven Enneagram* (CD), *The Happy Introvert, Are You My Type, Am I Yours? Finding the Birthday Cake*, and *The Enneagram of Death*.

Creative Café Shanghai

The "How-to" Stream – Practicum Casablanca

10:30am-11:00am Mid-Morning Break/Refreshments

**Ballroom Foyer** 

11:00am-12:30pm Sunday Morning Session



#### Maura Amelia Bonanno

ENNEALKIMIA

All Students

This experiential workshop considers the body as our most important medium towards higher states of consciousness.

The original Enneagram teaching correctly points out that the egotype is not only a psychological characteristic, but is rooted in our organs, bones, muscles, neurological system and endocrine glands constituting our anatomy. This means that all the information we need for our journey back home is available in our body system. For each type, the awareness of the distorted energy can be the door opening to great understanding and inner transformation. During this workshop we can experience that when the same energy usually refused and repressed is allowed to be alive and dance, something new and mysterious can happen. With acceptance, totality and awareness, our entire life is an alchemical process of transformation.

**Maura Amelia Bonanno** is a cultural anthropologist, holistic Counselor, body-worker, Enneagram Teacher accredited by the IEA. She has been working in the field of psychological and spiritual growth for more than twenty years and ten years with the Enneagram.

Her integral approach to self knowledge and inner transformation involves and awaken the three centers of intelligence. www.enneagrammaintegrale.it



#### R. Karl Hebenstreit

The Enneagram: Universal OD Translator
—Using the Enneagram to Help Navigate and
Decipher the Most Common Organization
Development Assessment Methodologies

All Students

The Enneagram has myriad uses in organizations, from team-building to executive coaching, conflict resolution to retention and strategic planning. This session will explore some of its uses in organizations as well as its relation to other individual and organizational assessments (like the Myers-Briggs Type Indicator, DISC, AVA, etc.). Similarities and differences, benefits and limitations will be discussed along with class participants' experiences and recommendations for successful implementation.

**Karl Hebenstreit** has 15+ years of HR/OD experience in the hightech, healthcare, pharmaceutical, telecommunications, professional services, and real estate services industries. He is currently an OD Consultant at EMC and is the principal of Perform & Function. He holds a PhD in Organizational Psychology from CSPP and is an ICF-certified coach.



**Debi Lewis** Yoga Nine Ways All Students

We learn from the past by being mindful in the present. We build our future by the choices we make in the present. Yoga is a spiritual and physical practice that brings our consciousness

into the present moment. We become aware of how much our minds are jumping wildly from past experiences to future worries. Being able to witness this mental activity we begin to understand and experience both our spiritual Essence and the patterns that cause us to feel disconnected from it. These patterns are expertly illustrated by the Enneagram.

Each yoga posture has a certain healing effect energetically. For example standing postures are grounding and backbends are heart opening. Drawn from the observation of Riso/Hudson of the Enneagram Institute that it is helpful to work with the unused energy center, I recommend certain yoga postures and sequences for each personality pattern, creating optimal balance, health and vitality. Participants will experience simple movements and stretches that target each center and Debi will discuss ways to sequence a yoga practice for each Enneagram type. Movements will be simple and beginner friendly. No mats or other yoga props are needed.

**Debi Lewis** is an experienced yoga instructor, and certified by the Enneagram Institute. Debi's book, *Yoga Nine Ways: Awakening to Source with Yoga and Enneagram*, expresses her ground-breaking ideas integrating these disciplines with life changing and practical applications.

#### **Jeff Lyons**



The Enneagram-Story Bridge™: How to Use the Enneagram System to Become a Master Storyteller

All Students

Storytelling is not dependent on any form; a story can be painted, danced, written, staged, or mimed. But, all stories are dependent upon having a structure. Every story has one, every story must have one. In the commercial, how-to world of story development there are countless story gurus, how-to books, and methodologies teaching storytellers how to structure a story.

The good news is that storytellers need look no further than the Enneagram System to find everything they need to discover, uncover, and develop their story's natural, right, and true structure. Much more than simply writing characters from scratch, or some paint-by-numbers approach to storytelling, this workshop demonstrates how to use the Enneagram-Story Bridge™ to: reveal the moral core of any story, discover the core relationship driving any story, design the perfect opposition structure for any story, create characters that "ring true" beyond simple character

typing—and more. Every story knows how it should best be told. If you can cross the Enneagram-Story Bridge<sup>TM</sup>, this workshop can teach you how to listen to your story so that you can be a master at telling any story.

**Jeff Lyons** is a 25-year veteran of the film, television and publishing industries. He currently works as a screenwriter, independent producer, and freelance story-development consultant. He is founder of Storygeeks.com, a professional services company offering story development and editorial consulting services to screenwiters, novelists, and nonfiction authors.



#### Vicky Rybka

Creativity and Imagination as related to type.
All Students

When we were children, our creative side was open and flowing. Then the judging mind, the doubt, shame, image issues, and more got in the way and the creative process was dampened.

We will start the workshop by singing together simple songs and playing rhythm games, as well as some simple movement with music. I will share some video clips of interviews with students on the topic of creativity and imagination. Next, I will lead a short meditation, taking participants back to their early years. Lastly, we will have a panel of Types 1, 4, and 7, representing the three centers as well as exhibiting contrasting approaches.

Vicky Rybka, MA, was born and raised in Buenos Aires, Argentina, where she earned Master's Degrees in Bible Studies and Music Education. She moved to the United States in 1975 and discovered the Enneagram in 1991. She is a certified teacher and typing coach with the Palmer/Daniels Enneagram Professional Training Program. Fluent in Spanish and Hebrew, Vicky teaches the Enneagram in several countries, including the United States, Argentina, and Israel. As a piano teacher, specializing in early childhood education, Vicky has used the Enneagram as a tool for understanding the creative process and how it applies to learning styles.



#### **Delbar Niroushak**

Leadership and Diversity for Creating Faithful Employees in Organizations

Intermediate

One of the great challenges facing organizations is getting all employees, from the CEO to the hourly workers, to realize that to become the

best, they have to embrace diversity. Diversity is about empowering people, making an organization effective by capitalizing on the strengths of each employee. Working with the Enneagram you will learn how to build trust, encourage efficiency and develop a safe environment, a necessary ingredient for teams to work well in challenging moments.

#### 2012 CONFERENCE PROGRAM SCHEDULE: SUNDAY MORNING

Using the focus of the Enneagram, a Human Resources Department can assist employees to trust themselves <u>and</u> the organization and therefore become more faithful employees. Further, focus on employee efforts and on accomplishing goals, bringing diversity into the forefront of the organization will attract efficient people into the organizational ranks. This in turn creates stronger leadership and the likelihood of employees assuming more responsibility. Responsibility can create faithfulness which leads to a strong organizational brand.

**Dr. Delbar Niroushak** is a clinical psychologist and is a certified Enneagram Trainer in the Narrative Tradition. She is the IEA Representative and the Founder of the Enneagram in Iran. She does HRD with Enneagram and also Business Coaching and Group Coaching for Top Managers in Organizations.

Creative Café Shanghai

The "How-to" Stream - Practicum

Casablanca

12:30pm-1:30pm Lunch on Own (Sandwiches/Salads

available for purchase)

**Ballroom Foyer** 

1:30pm-2:30pm Endnote Address/Closing Session

Dario Nardi

Salon B

#### Dario Nardi, PhD Enneagram Insights from Brain Science.

Dario Nard, PhD, a pioneer in the use of EEGs in personality research, reveals cognitive dimensions of the nine Enneagram types using images and anecdotes from his social neuroscience lab. Dario believes that our understanding of the Enneagram can be enriched by the insights from science—and that the scientific study of the brain and personality can be enriched by the insights from Enneagram teachings.

In his endnote Dario will introduce the new science of complexity theory and show how it supports "type" models such as the Enneagram. He will show, specifically, how a few coherent patterns (types)



can emerge naturally from a very complex system such as the human psyche and how personality reveals itself in brain activity, thus underscoring the Enneagram model as powerful and dynamic, describing patterns that are consistent with discoveries in brain and complexity science.

Dario will share his understanding that many regions of the neo-cortex, when re-arranged in a circular format, reveal themes that are strikingly similar to those found in the Enneagram. He will also share the results of an assessment that, he believes, shows that the Enneagram and Myers-Briggs models, while differing in important ways, share a common neurological basis.

Stick around for this fascinating endnote presentation.

**Dario Nardi, PhD** is presently a fellow at the University of California, Los Angeles where he has taught social science, complexity theory, and computing since 1998. He is winner of UCLA's 2005 Copenhaver Award for "Innovative Use of Technology in the Classroom" and the 2011 "Distinguished Teaching award." Dario has worked with personality type since 1983 and is the author or co-author of numerous titles including *Neuroscience of Personality* and *8 Keys to Self-Leadership*. He has created software apps *Personality Types* and *Love Therapy* for the Apple iPhone/iPad, and he is the founder of Radiance House Publishing. Dario's PhD is in Systems Science from Binghamton University.



#### Helen Palmer

International bestselling author and teacher of psychology joins with nationally certified gambling addiction counselors Renee Siegel and Rick Benson to explore a new treatment approach based on the nine-pointed perspective of the Enneagram.

Helen starts the conversation by interviewing nine recovering compulsive gamblers within the framework of their individual psychological type structures. The combined transparency and force of their disclosures provides overwhelming evidence in support of this new approach.

# ALGAMUS Recovery Services

# PIONEERING THE ENNEAGRAM IN OUTPATIENT/ RESIDENTIAL ALCOHOL, SUBSTANCE ABUSE AND GAMBLING ADDICTION TREATMENT

#### Rick Benson

1992 Founder,
ALGAMUS Recovery Services
941-778-2496
www.algamus.org
algamus@aol.com

The 9 POINTS OF VIEW video series is available at the IEA bookstore.



#### Renee Siegel, MA, LISAC, NCGC-II

Renee is Executive Director and owner of ABC Wellness Centre, located in both Scottsdale and Mesa, Arizona. With degrees from the University of North Carolina and Wayne State University, Renee has always had a strong interest in intagrating body, mind, and spiritual principles in working with clients in counseling. She began her career treating individuals and families affected by drug and alcohol problems, working in several inpatient, outpatient, intensive outpatient, and private practice settings A nationally certified gambling counselor, Renee has specialized in treating gamblers since 1994 with a special interest in helping family members. Due to her expertise in the field, Renee has presented locally and nationally, appeared in the media, trained other treatment professionals, and has published numerous articles.



#### Rick Benson

Director of Algamus Recovery Centers, Rick has extensive experience with compulsive gamblers. A 1971 Cornell graduate. Rick is a Nationally Certified Gambling Counselor (NCGC), an American Certified Compulsive Gambling Counselor (CCGC), a Clinical Supervisor for the Canadian Gambling Certification Board (CPGC) and an executive board member of the North Carolina Council on Compulsive Gambling. He is also certified in the Practical Application of Intimate Relationship Skills (PAIRS) seminars and a regular co-facilitator of Emotional Healing Intensives.



### Andrea & the 3 Disciplines

Andrea Ford is a natural builder, healer and philosopher. Her 3 Discipline approach to healing is transformative and inspiring. She uses a blend of Chinese Medicine, Enneagram Counseling, and Shamanic Breathwork to create a personalized program of Wellness for the Mind, Body & Soul.

Her "Shamanic Art" expresses the subtle energies of her work which inspires Emotional and Spiritual Healing.



Giclee Prints Available
For More Information
Please Contact
Andrea
828-586-6336

andreaford@peoplepc.com



"The Witness"



"The Subway Prophet"



"Creation"



"The Medicine Woman"



"Bringing together the profound truth of the Enneagram and the power of Presence, the program significantly deepened my knowledge while expanding my skills and awareness. The result...a highly increased capacity for me as a coach to support transformative changes in my clients!" ~ SAMUEL SCHINDLER, SAN FRANCISCO

#### An Advanced Coaching School

for experienced human growth professionals wanting to integrate the art, science and consciousness of the Enneagram into their businesses.

#### 2012–2013 Deep Coaching Coach Certification Program Starts August 28

IEA Accredited Enneagram School ICF Approved Coach Training Program

#### An Invitation To Go Deeper...

- Develop your capacity and confidence in the power of a presence-based coaching approach as a basis for sustainable change;
- Gain understandings, skills and tools to work with the multiple dynamics affecting your client's growth;
- Grow yourself and your business.

TAUGHT BY Roxanne Howe-Murphy, Ed.D., Founder, author of Deep Coaching and Deep Living (2012), Belinda Gore Ph.D. and a team of outstanding faculty and mentor coaches

DISCOUNT \$400 tuition discount for IEA members

INFO Learn more by scheduling a phone conversation with Diana Redmond, Institute Director: diana@deepcoaching.com

#### www.deepcoachinginstitute.com



Westin Denver Downtown Denver, Colorado, USA Site of: IEA Global Conference 2013 August 1-4, 2013 We are born with our hearts and arms open wide-trusting, confident, and brimming with vibrant life energy. Over time, though, the challenges of life constrain that flow, leaving us unbalanced. We often find ourselves stuck in inertia, exhausted by overdoing, or strained and preoccupied with trying to control everything. Roaming Free Inside the Cage will help you identify your unique pattern of imbalance and reclaim your inborn freedom

SELF-HELP / MOTIVATIONAL & INSPIRATIONAL

"There is much to digest and absorb here, principles and practices, history, symbolism, and poetic expression. This is a book on experience of, rather than knowledge about. Come to it with a willingness to use the principles of optimal learning, be receptive and grounded in order to open your heart and mind with curiosity, and have the expectation of benefit. Then you will indeed benefit greatly from this fundamental, deep and penetrating work on the Enneagram and the Dao."

so that you can move forward with clarity of vision, confidence in

your own power, and composure in the face of life's adversities.

-David Daniels, M.D., September 2009, Clinical Professor, Dept. of Psychiatry and Behavioral Science, Stanford Medical School

William M. Schafer, Ph.D. is a clinical psychologist who has worked with infants, toddlers, and their families for over forty years. A certified teacher of the Enneagram in the Oral Tradition and a student of the Dao, he brings his lifelong passion to integrate western psychology with eastern mysticism to this book.





ROAMING FREE INSIDE THE CAGE

William M. Schafer Ph.D.

0

#### ROAMING FREE INSIDE THE CAGE:



A Daoist Approach to the Enneagram

and Spiritual Transformation

by William M. Schafer Ph.D.

Foreword by David Daniels M.D. Author of The Essential Enneage

#### Unsolicited on-line reviews from readers.

"It is written with a down-to-earth practical orientation for readers who are interested in their personal growth... Schafer's description of each Enneagram type's transformation journey is the most lucid I have read anywhere. He lays out how each type gets distracted and what's necessary to return to a spiritual expression of type.

#### R. Bradstreet, Austin TX

"Though there are many good books to explain the Enneagram, this one surpasses them all in its depth. The author provides a clear, well-written theory of personality development... This book will take you beyond the 'personality typing' approach.'

A. H. Claus, Woodland CA

(available at Amazon.com and Barnes & Noble)

NEW



#### Conference photos by KenSergi.com

Need a new professional photo? Contact Ken anytime during the conference. If you see him with his camera he's probably ready, or can plan a time. High rez JPG only \$20 (619) 204-6622 coach@kensergi.com



"Creative imagery that captures the essence of you."



- Enneagram, MBTI and DISC certified - Organization development and leadership programs

- Performance management systems - Training and facilitation

MyCoachKen.com coach@kensergi.com (619) 600-0110 San Diego, CA

#### **Enneagram Screen Saver** For Mac and Windows

SAVE YOUR SCREEN | RELAX YOUR MIND | SHOW DURING PROGRAMS | GIVE AS A GIFT

3 colored shapes, moving in space for continuous moments of pure delight

\$9 USD

To Order

The Enneagram In Business.com

Group discounts and customized corporate messaging available

A MUST-HAVE FOR ENNEAGRAM PROFESSIONALS

#### Enneagram Fabric Banner

HANG ON THE WALL | USE ON THE FLOOR



Features | 42 x 42 Inches | Full Color 9 Types | 3 Centers | Lightweight Washable | Non-Wrinkle

#### How To Use it!

Hang on the wall during programs Write on it with markers\* Use for floor activities Take in your suitcase

Use water-based markers only

To Order | TheEnneagramInBusiness.com \$150 USD regular | \$130 for those who have certified with Ginger Lapid-Bogda

#### March 2013 Miami, Florida, USA



## Enneagram for Professional Users Level 1 Certification Program

#### A Practical Approach to the Enneagram

#### Five days of theory and application

- IEA
  INTERNATIONAL
  ENNEAGRAM
  ASSOCIATION

  ACCREDITED
- The Enneagram and Emotional Intelligence
- Creating Change through the Awareness to Action Process
- Practical Applications in a workshop setting
- Advanced Concepts
- Independent Study



For more information visit www.enneagramlearning.com

Developed and designed by Mario Sikora, co-author of "Awareness to Action: The Enneagram, Emotional Intelligence, and Change", consultant, and advisor to leaders in organizations across the globe.

¿Are you aware of your Levels of Development in "The Geometry of your Enneagram Identifications"?



#### Viviana Trucco

#### TEGMI 9D

Personalized design in 9 dimensions of the Enneagram system through a computerized inventory of 297 statements. It generates 9 diagrams of pure and combined identifications, in color and type of lines according to intensity and quality; their corresponding graphics with 111 factors in 3 levels of development; 37 ranked personality factors matched with interpretations in a range of tendencies and risks. Prototype Profile and Personal Profile. How to read it. (16 pages english/spanish option). Cost u/s 58

#### www.vivianatrucco.com.ar viviana.trucco@gmail.com

#### Viviana Trucco is:

Psychologist-Philosophy Professor IEA Professional Member-Accredited Teacher2012 Enneagram Researcher- IEA Argentina Member IEA San Francisco 2010 Presenter - Fort Lauderdale 2011 Presenter - IEA Madrid 2012 Presenter - IEA Santiago de Chile 2012 Presenter

# Benefits for Participants

who take web TEGMI test identification dynamizer

#### Free Consultation

Skype or Email





#### INTERNATIONAL ENNEAGRAM ASSOCIATION ACCREDITED TEACHER

#### Traveling to Sedona?

#### Lucky You!

YOU are invited to drop by and join us for a profoundly stimulating Enneagram study group meeting led by Robin Cameron, certified teacher in the narrative tradition, and master teacher/facilitator.

We gather at HartLine Sanctuary tucked like a jewel in the heart of Oak Creek Canyon. The study group meets on third Saturdays nine months of the year.

Private individual sessions or small personal groups meet by appointment for life transforming retreats that will open up and bring new life to your inner and outer world.

For further information email Robin at <a href="mailto:hartline@npgcable.com">hartline@npgcable.com</a>

#### **THANK YOU!**

This page should have prime placement in this Conference program – for without the work of so many enthusiastic and generous workers, volunteers and Board Members, I would have jumped out of my window long ago. This conference is the culmination of the time, talent, and energy of so many and I extend my sincere gratitude.

I hope that you will take the opportunity to thank them as well.

Long Beach 2012 – an historic gathering. Thank you for attending!

#### **IEA Administrator: Sandy Hatmaker**

Sandy's gracious assistance and unflinching good spirit deserve an Oscar—she is the clear winner.

#### **Conference Committee:**

Suzanne Povelsen Maria Jose Munita

Gail Barber Brita Connelly – Auction Princess
Lynda Roberts Charlene Taylor-Bales – Creative Cafe

**Volunteer Coordinator:** Sandy Jaffe-Belanger

#### **Room Facilitators:**

Nils Montan Marissa Rossine
Jose Gutierrez Teresa Montan
Mitchell Tsai Tony Mauro
Joanne Van Hook Diane Lukich
Brenda Lightfoot-Handy Cathy Craig

Conference Recording Service, Inc.: Richard Page

Conference Book Store: Gregg Jamback

Conference Photographer: Ken Sergi

**Program Book Design:** Doris Jancha, DJ Designs

#### **Presenters and Professionals Reception Musicians:**

Elizabeth Wagele, piano and Karl Hebenstreit, vocal

#### **General Volunteers:**

Auction: Brita Connelly. Brian Conlon, Stacy Conlon, and Barbara Clegg Queen Kathryn's Court: Liz Blackford, Judith Cardoza, Linda Fadden, Francoise Chesaux, Lynn Bruer, Ron Esposito, and Richard Long

> My deep appreciation to all of these fantastic colleagues! My greatest appreciation to you, the participants!

> > 2012 Conference Chair: Kathryn Grant

#### **NOTES**

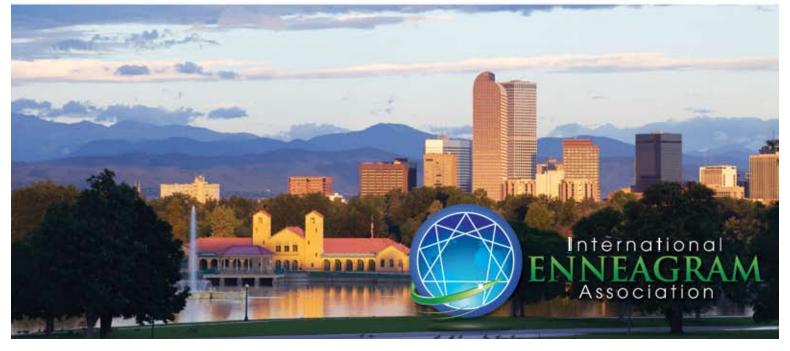
#### **NOTES**






PRE-CONFERENCE: AUGUST 1, 2013
HELEN PALMER: "THE INNER OBSERVER"
CONFERENCE: AUGUST 2-4, 2013

DENVER, COLORADO, USA
THE WESTIN DENVER DOWNTOWN





the IEA receives a travel commission—at no extra cost to you! The site is easy to use and comparable to (and often better than) other online travel sites in price and availability. Try it out! And please share this with your family, friends, clients and anyone else who would like to support the work of the IEA.

Visit the IEA Online Travel Site www.iea-travel.com

