



PRE-CONFERENCE: AUGUST 1, 2013
HELEN PALMER: "THE INNER OBSERVER"

CONFERENCE: AUGUST 2-4, 2013
MILE HIGH AND INTEGRAL

DENVER, COLORADO, USA
THE WESTIN DENVER DOWNTOWN

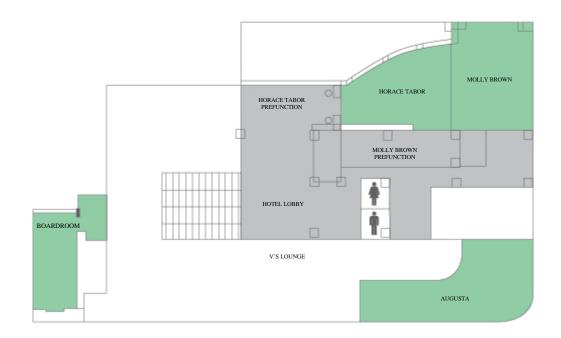


# **THEWESTIN**

# DENVER DOWNTOWN

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# LOBBY LEVEL, SECOND FLOOR



# MEZZANINE LEVEL, THIRD FLOOR



# GLOBAL CONFERENCE 2013

# **Our Vision**

A world in which the Enneagram is widely understood and constructively used.

# **Our Mission**

To help our members thrive through providing opportunities for:

- Developing greater excellence in the use of the Enneagram
- Education in theory and application of the Enneagram
- Engagement with an international community of shared interest and diversified approach





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IEA Conference 2014 San Francisco California IISA Inside Back Cover

n behalf of the Board of Directors of the International Enneagram Association, I welcome you to the 2013 IEA International Conference in Denver, Colorado, USA.

The Conference Committee, led by Kathryn Grant, with assistance from Charlene Taylor, Peter McNab, and Sandy Hatmaker, have prepared what is sure to be a special event.

The conference begins with the 5th annual General Assembly of Affiliates and Chapters. Delegates from the IEA's 19 national affiliates and 2 representatives of the US Chapters will meet on Wednesday to discuss their accomplishments and aspirations and to share their best practices and insights about building local communities and working to fulfill our vision and mission. Working together with the IEA Board of Directors, the General Assembly will continue to help shape the direction of the Association.



The theme of this year's conference is "Mile High and Integral." Thursday's pre-conference session will be lead by one of our founders, Helen Palmer, one of the best-known and highly regarded Enneagram teachers in the world. Friday begins with a keynote by Jeff Salzman, founder of the Boulder Integral Center. Jeff brings a wealth of experience and expertise in the field of Integral studies. The conference ends with Timothy Dobson and his team of musicians leading us in a culminating activity with Dances of Universal Peace. In between will be talks on the newest developments in Enneagram theory and practice by leading Enneagram teachers from around the world.

The diversity in the background of our keynote and endnote presenters represents the diversity of the membership of the IEA. People join the organization for a

variety of reasons and come from a variety of backgrounds. The IEA Board is committed to ensuring a "big tent" community, open to, and embracing of, multiple points of view and application. It is for that reason that we will continue to have the Creative Café so we can have the opportunity to explore our inner artists. You will also be able to attend the Integral Café, a dedicated stream of sessions to explore the relationship of Enneagram and Integral Theory led by experienced Integral/Enneagram practitioners. And, on Saturday, be sure to stop by and walk the Labyrinth and experience an ancient form of walking meditation.

I wish to thank all of the speakers for coming to Denver to share their experience and knowledge. Thanks to all of you for attending the conference this year, and for being part of a vibrant and growing Enneagram community. Finally, thanks to the rest of the IEA Board: Vice President CJ Fitzsimons, Treasurer Lynda Roberts, Secretary Peter McNab, ex officio Mario Sikora, Gail Barber, Isabel Salama, Susanne Povelsen, Kathryn Grant, Melanie Gerlich and Antonio Cordeiro. I'm honored to be part of this exemplary team, which works selflessly to help realize the IEA's vision. It is the Board's hope that you will find in this conference an opportunity to nurture your friendships and increase your knowledge and experience. Please take the opportunity to stop any of us during the conference to give us your feedback on the conference or share your ideas about the organization. We want to know what you think.

Above all, enjoy the Conference!

Maria Jose Munita

President, IEA Board of Directors

### WELCOME FROM 2013 CONFERENCE CHAIR

Westward Ho! Welcome to astonishing Denver, Colorado, legendary western city of old style roundups, cattle brandings and wild saloon gals. Modern, stylish and friendly, Denver awaits — the site for our International Enneagram Global Conference.

This year's Conference is the culmination of diligent planning and a great creative spirit. From the opening pre-conference day straight through to the endnote: every session, every activity and every moment has been designed to support our Mission: Education, Excellence and Engagement.

I hope that you will choose to experience, not only our legendary presenters, but also those that are not familiar to you. With interesting theories and applications, and solidly grounded wisdom, take this opportunity to widen and deepen your understanding of the Enneagram and how it may be useful in your life.



The Integral Café – I am particularly pleased to offer an opportunity for Enenagram enthusiasts to sample and taste Integral Theory, based on Ken Wilber's seminal work. Beginning with Helen Palmer as our pre-conference day presenter, bringing her wisdom and understanding of the Enneagram in conjunction with Integral theory and practice. Carrying through the theme of Integral, Jeff Salzman of the Boulder Integral Center, is our keynote. One session in every time slot will be an offering around integral life and practice. We will hear and experience the "marriage" of Enneagram and Integral. Drop in.

**The Creative Café** – is back thanks to Charlene Taylor. The Café will be open for your enjoyment during the entire conference. Drop in and participate in creating a "whole group project" or play with individual creative pieces. Come in to observe —

but don't stop there. Pick up a brush. Grab some glue. Cut and paste. Enjoy!

**The Conference Bookstore** is stocked with the latest books, videos and ennea-gifts. Also, you may just find the book for which you have been searching. Visit the bookstore in the Blake room and say 'Hi' to Gregg!

Denver is filled with attractions: The 16th Street Mall runs adjacent to the Westin. Shops, restaurants, or just to stroll. Museums, a magnificent aquarium and much more. Take advantage of your time here at the base of the Rockies.

Special note: Thursday—Welcome Reception—poolside—wear your hat and boots!

Glad that you are here. Enjoy!

**Kathryn Grant** 

### A LETTER FROM KEN WILBER TO THE IEA

The Enneagram is a remarkably useful, accurate, and helpful psychospiritual system. What is amazing is how unerringly accurate the various types actually are—something rare in a typology with as many types as the Enneagram has.

Of course, there are always ways to make any system more complete and useful, and here are a few suggestions I might have for the Enneagram:

One, is to include a developmental component for the types. Several theorists and researchers have already done so, to great effect. The advantage to having a developmental component is that consciousness itself really does develop—from, for example, egocentric to ethnocentric to worldcentric to Kosmocentric, with each advance possessing a wider identity, a greater capacity for love, care, and compassion, and a larger capacity for taking more perspectives. The types themselves therefore also undergo certain fundamental shifts in their characteristics, and being able to follow these makes the system all that more accurate and useful.

Another item to keep in mind is that the types themselves can be looked at from within—by acquaintance—and from without—by description. Most people, although they circulate through all the types under certain conditions, are located



primarily at one type station, and so they see that type from within—and they look at the world without through that type. The rest of the types are known not so much by acquaintance as by description. Part of some Enneagram systems is to train consciousness to be able to move through all the types with more fluidity and ease, thus getting to know each type more and more by acquaintance, and less just by description.

It's also worth remembering that types are more like structures of consciousness, in addition to which there are states of consciousness. States are experienced in such things as meditation—and the world's great contemplative traditions each have their own specific maps of the stages of state development as meditation progresses—usually from something like gross to subtle to

causal to pure Witnessing to pure nondual Unity. The important point about types is that a person will tend to interpret these states according to their primary type—and this is very important information to have.

Not everybody experiences subtle states or causal states the same way—a 5 and a 9, for example, will have some very different experiences of these meditative states, and knowing that can be of inestimable value in the overall growth and evolutionary process.

Another useful item is to realize that each of these types can be viewed through different perspectives—such as 1st-person, 2nd-person, and 3rd-person views. 1st-person is the person speaking, and is represented by pronouns such as I, me, my, singular; and we, us, ours, plural. 2nd-person is the person being spoken to, and is represented by pronouns such as you, thou, singular; and youse (or you guys) plural. 3rd-person is the person or thing being spoken about, and is represented by pronouns such as he, her, him, she, his, hers, it, singular; and them, they, theirs, its, plural. Each of these perspectives—representing things like art, morals, and science; or the Good, the True, and Beautiful, will be experienced differently by different types, which is definitely worth keeping in mind. Often when somebody (say, a 3) is discussing morals they have something utterly different in mind than somebody else (at, say, a 7).

The important point with all of these differences is that none of them are the "right" or "correct" ways to view things; all of them are important and worth consideration. It's just that a "one-size fits all" is not the most useful way to construct a typology, and the more dimensions we bring to bear on the issue, the more complete and integral it becomes. The same is true of the Enneagram.

I send all of you my very best wishes for this wonderful gathering of those interested in this most compelling of psychospiritual systems. Much love and much light to you all!

Very best wishes,

Ken Wilber

The IEA will be forever grateful for the hard work and pioneering spirit of our Founders, Maria Beesing, David Daniels, Theodorre Donson, Andreas Ebert, Russ Hudson, Kathy Hurley, Patrick O'Leary, Helen Palmer, and Don Riso.



### **Maria Beesing**

Maria C. Beesing, OP, was the first President of the IEA. A Dominican Sister, she spent eighteen years in elementary education and began ministering as a spiritual mentor, retreat director and facilitator of seminars on spiritual and personal growth. In 1984, she co-authored *The Enneagram: A Journey of Self-Discovery* with Patrick O'Leary and Robert Nogosek. She has presented Enneagram workshops in the USA, Canada, Latin

America, Pakistan, and Europe. Currently, she is the co-director of the Collaborative Dominican Novitiate in St. Louis.



### **David Daniels**

David Daniels, MD, Clinical Professor, Department of Psychiatry at Stanford, maintained a private psychiatric practice in Palo Alto for over 30 years. Together with Helen Palmer, he created the Enneagram Professional Training Program in 1988. Dr. Daniels served as co-director of the first US Enneagram conference at Stanford University in 1994. He now teaches the Enneagram

worldwide. He is also co-author of *The Essential Enneagram* and co-producer of the DVDs "The Nine Paths to a Productive and Fulfilling Life" and "The Enneagram in the Workplace."



### Theodorre Donson – Deceased

Theodorre Donson, MDiv was a lecturer and author in psychology and spirituality. Donson drew upon the spiritual masters and leading psychologists while stressing the importance of personal renewal and healing. Theodorre was co-author with Kathy Hurley of three Enneagram books: Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual

Vitality; My Best Self: Using the Enneagram to Free the Soul; and What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self.



### **Andreas Ebert**

Andreas Ebert was born in Berlin, Germany in 1952. He studied Protestant Theology at Neuendettelsau, Tubingen, Wurzburg, and Heidelberg. He is pastor of St. Luke's in Munich and also (since 2004) the Director of Spiritual Center "St. Martin am Glockenbach", also in Munich. He is also author (with Richard Rohr) of *Das Enneagramm: Die Neun Gesichte der Seele* and author or editor of seven other books on the Enneagram.



## Russ Hudson

Russ Hudson is the Executive Director of Enneagram Personality Types, Inc. and co-founder of The Enneagram Institute. Russ co-teaches the Riso-Hudson Enneagram Professional Training Programs and is a former vice-president of the IEA. He teaches in Europe, Asia, Africa, South America, Australia, and the United States.

Russ co-authored the following books with Don Riso: *The Wisdom Of The Enneagram, Personality Types (revised edition), Understanding the Enneagram (revised edition), Discovering Your Personality Type (revised edition)*, and the audiotape *The Power Of The Enneagram*. Russ also assisted Don Riso in writing Enneagram Transformations.



## **Kathy Hurley**

Kathy Hurley has been teaching about various aspects of personal change since the early 1980s, devoting herself to community leadership and awakening the human spirit to reclaim its destiny, freedom and greatness.

She is co-author with Theodorre Donson of three Enneagram books: Discover Your Soul Potential: Using the Enneagram to

Awaken Spiritual Vitality; My Best Self: Using the Enneagram to Free the Soul; What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self, now published in eight languages.



# Patrick O'Leary

Patrick H. O'Leary, MS, MDiv, is a speaker, facilitator and consultant who has been researching and teaching personality theory on four continents since 1971. His management-consulting firm specializes in developing the communication and conflict resolution skills of team leaders. He also teaches business courses at Cleveland State University.

In 1984 he co-authored *The Enneagram: A Journey of Self-Discovery*, which is now available in six languages. O'Leary has authored tape sets, articles and a psychometric instrument to identify type. He served as the IEA's Executive Director in 1996.



### Helen Palmer

Helen Palmer is a teacher of psychology and intuition and the author of five books about human consciousness. Two of her Enneagram books now appear in 21 foreign languages. She is also featured in a PBS documentary *Breaking Out of the Box: Discovering the Enneagram*.

Together with David Daniels, MD, she co-directs The Trifold School, an international teaching network, training and certification program. Co-director of the first US Enneagram conference at Stanford University, she has been a faculty member at JFK University School of Consciousness and Esalen Institute. Helen is an elected fellow of the Institute of Noetic Sciences and the World Business Academy.



### Don Riso - Deceased

Don Riso, MA, was President of Enneagram Personality Types, Inc., and co-founder of The Enneagram Institute. Don was also the author of five Enneagram books: *The Wisdom of the Enneagram, Personality Types, Understanding the Enneagram, Discovering Your Personality Type,* and *Enneagram Transformations*. These are currently available in multiple

languages, among them English, German, Italian, Japanese, Chinese, Korean, Spanish, Dutch, Hungarian, and Portuguese.

In addition, Don taught the Enneagram in Europe, Japan, China, South Africa, South America, and throughout the United States.



### Jerry Wagner

Jerry Wagner, PhD, is the author of the Enneagram Spectrum of Personality Styles: an Introductory Guide; the Wagner Enneagram Personality Style Scales (WEPSS); and Two Windows on the Self: the Enneagram and the Myers-Briggs. Jerry has been researching and teaching the Enneagram for over 30 years and has offered the Enneagram Spectrum Training and Certification Program

nationally and internationally for the past 15 years: www.enneagramspectrum. com. Jerry is a faculty member of the Department of Psychology and the Institute of Pastoral Studies at Loyola University, Chicago. He is a clinical psychologist with a psychotherapy practice in Evanston, IL. Jerry is a co-editor of *The Enneagram Journal*.

# IEA BOARD OF DIRECTORS



### Maria Jose Munita: President Santiago, Chile

Maria Jose Munita is a Chilean coach and accredited Enneagram teacher. After many years working in Marketing, she decided to follow her passion and became an ontological coach and Enneagram teacher. She now uses the Enneagram in her practice and facilitates Leadership, Team building and Enneagram

workshops. Maria Jose also uses the Enneagram for her own personal development.



### Mario Sikora: Ex Officio, International Affairs Philadelphia, Pennsylvania, USA

Mario Sikora is president of Awareness to Action International and Enneagram Learning International and co-author of the book *Awareness to Action: the Enneagram, Emotional Intelligence, and Change.* He uses the Enneagram to help leaders in organizations of all types and sizes increase individual

performance and team effectiveness. Mario has coached hundreds of leaders in large organizations in North and South America, Europe, and Asia.



### CJ Fitzsimons: Vice President, Publications Baden-Baden, Germany

CJ FItzsimons, PhD, is a Leadership Sculptor and Managing Partner of metisleadership. After a career in research and business spanning Ireland, England and Switzerland, he settled in Germany in 1999. He uses the Enneagram to help leaders express

their leadership authentically in a variety of settings including business, research, academia, non-profit and military. CJ is a certified teacher of the EPTP program.



## Lynda Roberts: Treasurer Decatur, Georgia, USA

Lynda Roberts is a Project Management Professional (PMP) with a twenty-two year management career in Information Technology. Since 2001, she has had her own leadership and management consulting business. She is an Enneagram Institute certified teacher, teaches Riso-Hudson Authorized Workshops as well

as her own Enneagram workshops, and is in training to become an Enneagram Institute faculty member. She is a Director of the Enneagram Institute of Georgia and is a student of the Ridhwan Diamond Approach.



# Peter McNab: Secretary Rawtenstall, United Kingdom

Peter McNab runs excellenceforall Ltd. He is an INLPTA Master Trainer who combines elements of The Enenagram, Clare Graves' Model and NLP in his corporate leadership programmes. He is the author of *Towards An Integral Vision* and the *NLP Practitioner Cards*. If pressed, he will show a magic trick or two.



## Gail Barber: Governance Birmingham, AL USA

Gail Barber, JD, has had a 30-year career as in-house counsel to Fortune 100 and entrepreneurial companies. She is a certified Enneagram Teacher of the EPTP program. She consults with executives and small businesses in transition and teaches Enneagram trainings and workshops.



### Antonio Cordeiro: Marketing Carcavelos (Lisbon area), Portugal

Antonio Cordeiro is a business and life coach, Enneagram teacher and owns Eneacoaching Portugal and EnneaGolf International. He has a background in Sports Management and worked for Sport Portuguese Authority in International Sports Affairs and Training areas. He founded a franchiser

restaurant chain he managed for about two decades. He had positions in the Board of National Association for Young Entrepreneurs and other national and international associations. He is a founder and the current president of Associação Eneagrama Portugal/IEA Portugal.



### Melanie Gerlich: Membership/Business Development Frankfurt, Germany

Melanie Gerlich is a professional coach and leadership trainer with her own firm, Rota Coaching. She offers solution-focused coaching services for individuals and customized training programs for corporate teams. Melanie uses the Enneagram in her work so that clients can experience meaningful

developmental insight and learn tangible tools to gain greater focus while moving ahead and achieving their desired results for personal and professional development.



### Kathryn Grant: 2013 Conference Chair Santa Barbara, California, USA

Kathryn Grant is a certified and accredited Enneagram teacher, Spiritual Director, Life Coach and family constellation facilitator. She uses the Enneagram in private practice and leads retreats, workshops and study groups. She shares her enthusiasm for

the Enneagram by working with and supporting Chapters and as Chair of the Northern California Chapter of the IEA and is a founding member of the Southern California Chapter.



# Susanne Povelsen: Affiliates (EMEA), Accreditation Copenhagen, Denmark

Susanne Povelsen is a Business and Life coach in her own company, CoachSpirit. She helps people to attain their goals and get more balance in life by efficiently combining coaching methods with the Enneagram. Her passion is to see people develop and

grow, and to find the spirit in life. She has been a board member of the Danish Enneagram Association and has been the coordinator of two European Enneagram Conferences hosted in Denmark. In addition she has published a number of translated Enneagram books in Denmark. She has written several articles and a book called *Enneagrammet – kort og godt* (The Enneagram in short).



### Isabel Salama: Affiliates (Spanish and Portuguese Speaking) Madrid, Spain

Isabel Salama has worked for many years as a clinical psychotherapist and a self-development teacher, using the Enneagram and specific techniques. One of the "different" techniques she uses the most is Psychotherapy supported by

animals and nature. Above all, she is a researcher and a student of how human beings behave. She currently uses the Enneagram both in her clinical practice and in Enneagram workshops that she has developed over the years. She is also the current President of Aeneagrama the Spanish IEA Affiliate.



### Angie Arendt Kirkland, Canada

Angie Arendt is an Ordained Minister, Enneagram Teacher, and Integral Developmental Coach. She is committed to supporting people in living full, whole and holy lives. After many years of doing this work in the church, Angie is now a partner at Take 5

Coaching and Engagement Solutions in Montreal where she focuses her energies on creating opportunities for people to embody the Enneagram through private workshops, business consulting, one-on-one coaching sessions, and in on-going small groups designed for the purpose of deep learning and transformation.



#### Dirk Cloete Hout Bay, South Africa

Dirk is an Enneagram Teacher and software developer. He is the Co-Founder of an Integrative Enneagram Solutions and specializes in creating professional Enneagram assessments and reports to help coaches working with the Enneagram to be more effective. He has great enthusiasm to bring the practical and

spiritual growth to people worldwide, to wake them from the unhealthy trances. He also runs a large network of non-profit Enneagram Interest Groups in South Africa in three cities.

embership in the IEA offers a variety of benefits. In addition to the more tangible benefits listed below, there are also intangible benefits of membership. Membership in the IEA sends a signal to the world that you are part of an international community of practitioners committed to excellence in their personal and professional practices. It shows that you find value in fellowship with people who share your commitment to the development of wisdom, understanding, and compassion for self and others. It also indicates that you are committed to helping to bring about the IEA's vision of a world where the Enneagram is widely understood and constructively used.

# **MEMBER BENEFITS INCLUDE:**

- Opportunity to apply as an IEA Accredited Individual
- Discounted registration to the annual IEA Global Conference
- Access to the "Members Only" section of the IEA website
- Access to the recent and archived content in Nine Points, the IEA online magazine in which members have the opportunity to submit articles
- Discounts on selected resources and training programs

# PROFESSIONAL MEMBERS ALSO RECEIVE:

- Complimentary copy of the respected Enneagram Journal, which is published annually
- Opportunity to list Enneagram events on the IEA website calendar
- Opportunity to apply for IEA Professional Accreditation
- Eligibility to present at global IEA conferences and events
- Eligibility for inclusion on the IEA Speakers Bureau list
- Eligibility to purchase an email blast sent to the IEA database
- Listing in the "Find a Professional" directory on the IEA website
- Invitation to attend the Professional Members reception at the annual IEA conference

The International Enneagram Association is a vibrant, dynamic organization that provides meaningful value to members. If you are not yet an IEA member, register now and be even more engaged with other Enneagram aficionados and professionals from across the globe.

# www.internationalenneagram.org



he phenomenal growth of the Enneagram speaks to its power to affect individuals and organizations in profound ways. The gathering of communities to explore the richness of the Enneagram that contributes to our awareness and transformation is an integral part of this growth and of the vision of the IEA.

# **Affiliates**

As the Enneagram movement grows on all continents, the IEA also continues to expand internationally through its Affiliates. IEA Affiliates are countrywide nonprofit Enneagram Associations that work as the official IEA branches within their countries. Affiliates congregate and grow the local Enneagram communities and are committed to promoting the IEA's vision, mission, and values.

There are currently 19 affiliates and a few more are in the process of formation. If there isn't an Affiliate in your country, we invite you to organize one. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Affiliate, and there is a toolkit with information and easy steps that can help as a guide through the process. Please contact Mario Sikora, International Affairs, at mario.sikora@internationalenneagram.org.

### **IEA Affiliates:**

Argentina	Colombia	Netherlands	Portugal
Contact: Cecilia Zanoni	Contact: Oscar Ayala	Contact: Albert Kamphius	Contact: Antonio Cordeiro
Brazil	Denmark	Korea	Spain
Contact: André Prudente	Contact: Claus Roager Olsen	Contact: Mee-Hwa Kim	Contact: Isabel Salama
Canada	Finland	Mexico	Sweden
Contact: Peter McGaugh	Contact: Mervi Lepisto	Contact: Adelaida Harrison de Capdevielle	Contact: Tina Tornell
Chile	France	de Capdeviene	Venezuela
Contact: Erika Sieber	Contact: Bénédicte de Navacelle	Norway	Contact: Ingrid Ochoa
China	Italy	Contact: Kristin Mothes	
Contact: Gloria Hung	Contact: Maura Amelia Bonanno	Peru	
		Contact: Juan Carlos Durán	

# Chapters:

Within countries or regions that span a large geographic area, Chapters generate and serve local Enneagram communities by providing and supporting Enneagram events and learning opportunities. Currently, the United States has six local Chapters.

Active Chapters within the US are listed below. If there isn't a Chapter in your area, we invite you to organize one. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Chapter. Please contact Lynda Roberts, Chapter Liaison, at lroberts@bellsouth.net.

# **IEA Chapters:**

Indiana Chapter	Midwest Chapter
Contact: Jerry Mackel	Contacts: Toni Saunders and Debbie Burditt
Minnesota Chapter	Northern California Chapter
Contact: Linda Hoskins	Contacts: Kathryn Grant and Claire Barnum
Northern Minnesota Chapter	Southern California Chapter
Contact: Linda Bauer	Contact: Don Jasko and Lisa Morrice
	Minnesota Chapter Contact: Linda Hoskins Northern Minnesota Chapter

### What is IEA Accreditation?

In January 2009, the IEA began offering an accreditation to teachers, providers and professionals, training programs, and schools. Since then, the program has been expanded to also include a basic knowledge category. The IEA accreditation serves as a mark of excellence for teachers, providers and professionals, trainings, and schools so that people within and outside the international Enneagram community will have a way of knowing that accredited people, trainings programs, and schools have achieved a certain standard of quality in their Enneagram work and have formally agreed to adhere to the IEA's ethical guidelines.

# The Reasons for the Accreditation Program:

- To increasingly ensure a high international standard of quality for all Enneagram teachers, training programs, and schools through establishing an accreditation that demonstrates the achievement of certain minimum standards of ethical Enneagram work.
- To provide a way to communicate to the public that accredited individuals, training programs, and schools meet certain minimum standards and agree to adhere to a defined set of ethical guidelines.
- To reinforce to the public that the IEA is a self-regulating community that maintains a high level of standards worldwide for the teaching and communication of the Enneagram system by its members.
- To support the proliferation of multiple perspectives and ways of using the Enneagram in an ethical and respectful way.

### Benefits of being IEA Accredited

IEA Accreditation gives you the following benefits:

- You become part of a vibrant, growing, global learning community of recognized professionals.
- Your training and commitment to ethical conduct have been recognized by the IEA on an international level.
- You demonstrate your support for high-quality instruction and application of the Enneagram.

# **Accreditation categories**



### IEA AI IEA Accredited Individual

Accreditation and approval of basic knowledge of the Enneagram and adhering to the ethical standards of IEA. Accreditation at this level serves as a mark for having achieved theoretical basic knowledge that may be collected from different sources.



# IEA APPT IEA Accredited Professional, Provider or Teacher

Accreditation and approval of advanced knowledge and using the Enneagram within a certain professional field, or using the Enneagram professionally for teaching and according to the ethical standards of IEA. Accreditation at this level serves as a mark for having achieved theoretical knowledge as well as practical experience in using the Enneagram on an advanced level.



# IEA ATP IEA Accredited Training Program

Accreditation and approval of a Training Program based on advanced knowledge of the Enneagram. This accreditation marks a program designed and currently offering a professional Enneagram Training also adhering to the ethical standards of IEA.



# IEA AES IEA Accredited Enneagram School

Accreditation of a school as a professional training institution offering basic and advanced Enneagram training by professional teachers, and adhering to the ethical standards of the IEA. AES accreditation serves as a mark for the school to have met certain standards and having main Enneagram teachers who are accredited APPT.



# IEA AH IEA Accredited with Honor

Accreditation of honored members of the International Enneagram Association, such as founders or others who have contributed to the Enneagram society in a remarkable or extraordinary way with new knowledge or epoch-making theories.

### Criteria

To be accredited at any level you must be a professional member of the IEA and a member of the local IEA affiliate (if any). For specific criteria for each category and how to apply for accreditation go to www.internationalenneagram.org.

# 1. NAME BADGE – YOUR TICKET TO THE CONFERENCE

Please wear your name badge at all times for admittance to all activities, including presentations, receptions, and special events.

# 2. REGISTRATION AND CONFERENCE INFORMATION CENTER

- Sandy Hatmaker and staff will be available for registration and general information in on the Mezzanine Level throughout the conference.
- Schedule and/or room changes will be noted on the white board.

### 3. LOST AND FOUND

Please check the Registration and Conference Information Center for lost items. If it has not been turned in to our conference staff, you may want to check with the hotel front desk.

### 4. SESSION BREAKS

We will be serving coffee, tea, and pastries in the morning and cold beverages and snack in the afternoon in the Foyer. See the Schedule-At-A-Glance for times.

## 5. LUNCH

There are several options for lunch each day. The hotel is providing an express lunch in V's lounge located on the lobby level, 2nd floor. Also, grab n' go sandwiches and salads will be available at the Starbucks located on the ground floor.

Additionally, the area offers dozens of restaurants just steps outside the hotel, or take the convenient Sixteenth Street Mall tram. See your book bag for a list of local restaurants.

### 6. ATTENDANCE AT SESSIONS

Attendance at sessions is limited by room size and is on a first come first served basis. Please arrive early if you want to be assured admittance.

### 7. ENVIRONMENTAL SENSITIVITY

Please mute your cell phones during sessions. If you are taking session notes on a laptop computer, please sit in the back of the room so as not to disturb others.

### 8. SMOKING POLICY

The hotel is non-smoking. Smoking will only be permitted outside the hotel.

### 9. CONFERENCE BOOKSTORE

The Conference Bookstore, located in the Blake room and has a wonderful array of Enneagram books and materials for sale. Browse an extensive collection of classics alongside the newest works. Our thanks to the bookstore proprietor, Gregg Jamback.

### **Bookstore Hours**

Thursday: 11:00 am-8:00 pm Friday: 8:00 am-7:00 pm Saturday: 8:30 am-7:00 pm Sunday: 8:00 am-3:00 pm

# 10. CONFERENCE RECORDINGS

Most of the conference sessions are being recorded by Conference Recording Service, Inc. Recordings will be available for purchase anytime during or after the conference. See the recordings table located in the foyer. No personal recording devices will be allowed in the conference sessions.

### 11. DOOR PRIZE

During the closing session on Sunday, someone (maybe you!) will win a free registration for the 2014 IEA Conference in San Francisco, California, USA. Your name tag is your ticket. Drop your nametag in the bucket and we will draw a winner at the closing session. You must be present to win.

# **WEDNESDAY**

# GENERAL ASSEMBLY 8:30am – 6:00pm - Lawrence AB Room

The General Assembly of Affiliates (GAA) is the official forum of participation of IEA countrywide Enneagram associations affiliated to the IEA. Two representatives from each IEA Affiliate will gather from 8:30am to 6:00pm during this fifth annual meeting, to discuss necessities, report activities, suggest plans, and influence the course of action of the IEA. The official IEA Affiliates are: Argentina, Brazil, Canada, Chile, China, Colombia, Denmark, Finland, France, Italy, México, Netherlands, Norway, Perú, Portugal, South Korea, Spain, Sweden, United States, and Venezuela.

We provide informal translation into Spanish and other languages, to maximize inclusion. Our main objective is to facilitate and encourage collaboration in our global organization, exploring current and new possible benefits for the membership, sharing best practices to assist the formation and growth of newer affiliates and encouraging involvement in year round IEA activities.

All IEA members are invited to observe this session.

# **THURSDAY**

# WELCOME RECEPTION 6:00pm – 9:00pm Poolside

A ticketed event: \$25 – Hors d'oeuvres and cash bar. This special event welcomes conference attendees from around the globe. Join us for a social evening of reuniting with old friends and making new ones. Enjoy tasty hors d'oeuvres and cocktails. This year's welcome reception will feature a western theme and even line dancing lessons! So break out the cowboy duds and come join us at this special event!

You will need to <u>register first</u> to get your name tag, and ticket.

# **CONFERENCE PHOTOGRAPHER**

Ken Sergi will be available during conference for individual or small group professional photos. Do you need an updated head shot for your website, business card or Facebook? Ken's the man to see – for \$40 Ken will take a great shot and provide a high resolution jpeg.

# **FRIDAY**

**Opening Session/Keynote Address – Jeff Salzman** 8:30am – 10:00am – Confluence C See page 14.

### CREATIVE CAFÉ – COOK ROOM

The Creative Café has returned! A hit at last year's conference, we again will be exploring, connecting and building community through creative and playful means.

The cornerstone of this year's venture will be The Weaving

Way, a project in which we explore acceptance and integration of all parts of ourselves, the human/egoic and divine/essence. The Both/And. Each person will create their own strand of integration and together we will weave a tapestry holding the beauty



and complexity of all parts of us, individually and as a community. So come explore the places in your life that are calling to be woven back together, to grow. See what beauty is created by doing so, together.

Attend Charlene's guided workshop Saturday morning to take you deeper into exploring the Weaving Way. She will gently and artfully guide you, creating a safe container in which you may more fully explore, discover and create. If art scares you or secretly calls to you, or if you want to dive deep with others, this is the time to attend!

Come. Play. Be Bold and Participate. Let's see where we go...



Charlene Taylor is an explorer, teacher and storyteller of the human journey. A certified life coach and enneagram teacher, Charlene inspires and empowers people to create lives of vitality, presence and soul through artistic expression and deep inquiry.

continued on page 12

# INTEGRAL CAFÉ - CONFLUENCE A

Helen Palmer will begin our exploration of the relationship of Enneagram and Integral Theory in her Preconference Day presentation. Jeff Salzman takes the next step during his keynote. The Integral Café features sessions led by experienced Integral/Enneagram practitioners. Attend all or some of these to deepen your understanding of Ken Wilber's work.

# STARTS FRIDAY - Be an early bird!

# **Auction - noitcuA**

Shift into <u>Reverse</u>! Check over your shoulder, and back up to the auction tables!

Last year's auction was such a success, we are repeating the format for this year's auction—it's a REVERSE AUCTION. At the opening of the auction, each item will have a set bid price. If you love that item and are ready to take it home you can sign and purchase your prize! Just take the item and the bid sheet to Sandy at the registration desk. Or if you feel lucky, you can wait and save as the price decreases! But wait! Don't bids usually increase as the auction wears on? Not this year! The bid amounts will begin to LOWER (that's right—DECREASE) until the lucky bidder signs on the dotted line and claims their prize.

Wait for the price you are willing to pay.

But don't wait too long or you may miss your chance!

Don't miss out on the excitement!

Auction opens Friday morning and goes until items are gone!

Get your raffle ticket—a chance for a week's stay at Carriageholt, a lovely cottage in Ireland or a week's stay in a condo in Toronto, Canada.

# PROFESSIONAL MEMBERS AND FOUNDERS/PRESENTERS RECEPTION

6:30pm - 8:30pm Augusta

Hors d'oeuvres and cash bar (one drink ticket included). Hosted by the IEA Board of Directors, our way to thank the conference presenters and recognize the Professional Level members of the IEA and our Founders. Partake of beer, wine and hors d'oeuvres, in the company of friends and colleagues.

# **SATURDAY**

### LABYRINTH

# Available all day.

A labyrinth walk is a centuries old meditation walk that

helps you focus, gain energy and renew the spirit. Some people walk to simply quiet the mind, and escape from today's hectic pace. Others walk to gain insight and inspiration.



# Janice Lewis, a Chicago

Life Coach, recently made the trip to Chartres, and is bringing her expertise in walking meditation, and a Chartres style labyrinth, to our event. Join us, and be inspired!

# RECEPTION and DANCE PARTY 7:30pm – 12:00pm Atlantic Ballroom

Hors d-oeuvres, cash bar.

Our celebrity DJ, **Russ Hudson**, will get you on the dance floor with great music! Dress up, dress down, or come as you are. Let your hair down and dance till you drop during this fun, informal evening. An optional donation to support the IEA's mission and activities can be made at the door. Non-registered conference attendees (spouses and partners) may purchase an admission ticket for \$20.00.

Winner of a week's stay at Lou Atha's Irish Cottage, Carriageholt will be chosen at 10:00. Raffle tickets will be on sale during the entire conference—last chance to purchase during this reception.

# SUNDAY

# CLOSING AND CULMINATING ACTIVITY 12:00pm - 2:30pm Endnote Address/Closing Session

Something unique this year, *The Dances of Universal Peace*. Simple steps, lovely music and a profound experience of community. **Timothy Dobson** and his musicians will lead us. Even those with two left feet will enjoy. Not to be missed.

Closing session with news of next year, drawing for a free registration and a chance to bid farewell until we meet again in San Francisco for our 20th Anniversary, 2014.



# Preconference Day Address OUR EVOLVING CONSCIOUSNESS TYPE STRUCTURE AND SPIRITUAL STATES Presented by Helen Palmer

Before describing the Pre-Conference Day session I'd like to share what I learned at Ken Wilber's 2013 Conference. The initial impression was seeing over 400 international participants get themselves up a very cold mountain in mid-winter. The second was hearing how committed they are to the Integral map

of consciousness. The third realization was that my Enneagram keynote was greeted with a certain ambivalence. Would the E map be just another typology?

But all that changed when they saw a slide show about the Enneagram's cosmological origins. Their evolutionary perspective didn't flinch at the image of nine eternal Archetypes beset by human passions. And they correctly saw the panel interview as a current expression of how the passions show up today. Yet I was still uncertain about the fit between our communities until it came to the didactic and practice periods. When a hall gets that attentive — it creates a welcome field of gathered presence.

This Pre-Conference Day session is a fuller version of the Integral keynote. It presents the slide show of where the Diagram came from, the information it conveys, and how it reads through the current lens of neuroscience and psychology. Brain mapping illuminates the interior landscape of conditioned patterns that unseat spiritual states. These are the same patterns that can be internally recognized by a vastly underused faculty of knowing commonly called the Inner Observer.

# **About the Inner Observer**

It seems only natural to observe the patterns of our mind and to hear the self-reports of people who see the world differently. Yet that simple turn of attention that self-reflection requires marks a giant leap in the evolution of consciousness.

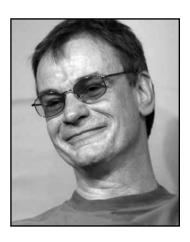
The first turn lets us witness our personality structure. We can observe our thoughts as we are thinking and tell them to someone else. We can witness our emotions as they arise and describe them to others. Self-reflection is the bedrock of evolving consciousness. Self-reflection led you to your Enneagram type.

In the vocabulary of spiritual practice we can learn to recognize the patterns passing through our mind —thoughts, emotion, sensation—"objects of attention" that are structured according to type. Yet the "pure knowing" that notes those patterns as they arise makes prayer and meditation possible.

**In the language of neuroscience** self-reflection joins two different levels of consciousness. The conditioned level of patterns embedded in the neuropathways of our brain, and a reflective state of mind that activates when pre-frontal dominance recedes.

From an evolutionary standpoint we can voluntarily observe the automatic responses that drive our type in a predictable direction. We can learn to recognize and relax embedded cognitive "neuromarkers" such as doubt, flattery, deception and judgment—before they become utterly convincing. These capacities of mind demonstrate our voluntary role in the evolutionary arc of consciousness. For who but ourselves can relax the passions that drive us instead of letting them run?

**To get the most** from this level of learning, participants should know their type and be somewhat skilled in self-observation.



# Keynote Address SURFING THE RISING WAVE! Presented by Jeff Salzman

*Urge and urge and urge, Always the procreant urge of the world ...* 

— Walt Whitman

Think the world is going to hell? Tired of the same old left/right, good/bad, yes/no arguments? Want to throw your shoe at the shouting heads on cable news?

Jeff Salzman offers a cure, an evolutionary and integral view of life that includes ... well, everything. The whole process of evolution is accelerating exponentially: if all of known time is seen as a 24-hour day, life showed up in the last three hours, mammals in the last three minutes, and human beings in the last 1.5 seconds. The pyramids were built .07 seconds ago and "Hey Jude" was written .0007 seconds ago.

Obviously something is going on here, and as Jeff will argue, it is a relentless upward emergence of goodness, truth and beauty. We can locate this evolutionary impulse, moment by moment, as it arises in our own hearts and minds.

The fruit of this insight is a way of living that is larger, deeper, more flexible and wise. The integral worldview is the latest emerging stage in the on-going evolution of consciousness and human culture. As Jeff will demonstrate, it is marked by passionate engagement, basic friendliness and faith in the system. It just may accelerate your own personal evolution!

Jeff Salzman is the founder of the Boulder Integral Center. He's co-founder of CareerTrack, one of the world's leading professional development companies. A long-time spiritual practitioner in many traditions, he has a Masters Degree in Indo-Tibetan Buddhism from Naropa University. Jeff spent the last few years as a co-founder and a lead teacher of Boulder Integral, now The Integral Center. These days he travels, teaches and comments about current events on Integral Life in *The Daily Evolver*.

Find *The Daily Evolver* on Facebook and Twitter.

WEDNESDAY

8:30am-6:00pm **General Assembly of Affiliates (GAA)** 

Meeting

Lawrence AB

5:30pm-7:30pm **Pre-Registration** 

Mezzanine Level

**THURSDAY** 

9:00am-4:00pm Registration

Mezzanine Level

9:00am-10:00am **Morning Refreshments** 

**Foyer** 

10:00am-12:00pm **Pre-Conference Day Address** 

Our Evolving Consciousness,

Type Structure and Spiritual States -

Helen Palmer **Platte River Room** 

**Bookstore** 11:00am-8:00pm

Blake

Lunch on Own 12:00pm-1:30pm

**Foyer** 

1:30pm-3:30pm Our Evolving Consciousness,

Type Structure and Spiritual States -

Helen Palmer Platte River Room

3:30pm-4:00pm Afternoon Break/Refreshments

**Foyer** 

4:00pm-5:30pm Our Evolving Consciousness,

Type Structure and Spiritual States -

Helen Palmer **Platte River Room** 

**Conference Registration** 5:00pm-7:00pm

Mezzanine Level

6:00pm-9:00pm Welcome Reception

**Poolside** 

**FRIDAY** 

8:00am-8:30am Registration/Morning

Refreshments

**Fover** 

8:00am-7:00pm **Bookstore** 

Blake

8:30am-10:00am **Opening Session/Keynote Address** 

> **Jeff Salzman** Confluence C

10:00am-10:30am Mid-Morning Break/Refreshments

### **FRIDAY**

# 10:30am-12:30pm Friday Morning Sessions



# **Margaret Buring**

Enneagram Typing—Finding Your Own Way or Being Assisted by the AIES Typing Program

All Students

Presentation of the validation of typing process of the Australian Institute for Enneagram Studies: 1) An overview of the Enneagram as

taught by the Institute, 2) Presentation of the results of the Study and, 3) Demonstration of the method of typing and its process of determining the type.

**Dr. Margaret Buring** is a member of the IEA and senior teacher with the AIES and the general practitioner and lead researcher of the study.



### **Beatrice Chestnut**

The Enneagram Path of Transformation in Light of Dante's The Divine Comedy

All Students

Just as Homer's *Odyssey* tells a parallel story of homecoming that is found within Enneagram

teachings, Dante's epic poem, The Divine Comedy, offers a great deal of insight into the path of personal growth encoded in the Enneagram symbol. Both in the larger vision of waking up out of the "dark wood" of unconsciousness to work toward higher consciousness and the actual process of working with the human passions and integrating the human shadow, Dante's great work masterfully reveals the same message about traveling the path from bondage to freedom told by the esoteric knowledge behind the Enneagram. Through the structure and the content of his medieval poem about a pilgrim's journey into hell, through purgatory, and finally to heaven, Dante metaphorically sheds light on the path and the work we strive to understand when we study the Enneagram and try to enact its powerful teachings about human transformation. Through lecture, discussion, and group activities, this presentation aims to use the lessons of Dante's medieval masterpiece to highlight, confirm, and expand upon the timeless wisdom connected to the Enneagram: to traverse the road from unconscious habit to a more self-aware, enlightened state.

Beatrice Chestnut, PhD, MA, is a practicing psychotherapist, coach, and business consultant based in San Francisco. She holds graduate degrees in communication and clinical psychology, has studied the Enneagam for 22 years, trained and was certified with Palmer and Daniels in 1997. She served on the board of directors of the IEA for six years, and as President from 2006-2007. She is the co-founding editor of the IEA's Enneagram Journal.

# 2013 CONFERENCE PROGRAM SCHEDULE: FRIDAY MORNING



# Gayle Hardie and Malcom Lazenby

The Emotionally Healthy Leader All Students

The future of leadership development will not be about building "horizontal capability"

that is, the skills, abilities and behaviours needed to lead others. Rather, on how to learn, grow and change in the way in which they relate to, lead and engage others: their "vertical development." (Centre for Creative Leadership, 2012). Gayle Hardie and Malcolm Lazenby (Co-Founders of Global Leadership Foundation) are well known and recognised in the field of transformative (vertical) leadership development. Given the recent launch of their book, The Emotionally Healthy Leader, Gayle and Malcolm will share their insights and experience in how participants can continue to progress through these stages of development making sense of the world in more adaptive and inclusive ways and becoming increasingly emotionally healthy and present as a result. Vertical development cannot be achieved through just thinking or knowing about it. It requires us to be present in the experience and integrate the practices to achieve it into our daily life. Using the Enneagram as a guide in this journey to higher levels of emotional health, Gayle and Malcolm will involve participants in interactive, practical techniques and simple exercises to increase their levels of emotional health and experience the positive qualities and attributes this brings. Understanding the characteristics of type at each level and exploring this somatically as well as through Quantum Thinking (TM) techniques extends the experience in the workshop. Participants are also exposed to specific chapters from the book The Emotionally Intelligent Leader during the session, to reinforce particular ideas and concepts.

As the Co-Founders of Global Leadership Foundation, **Gayle Hardie** and **Malcolm Lazenby** are passionate about making a positive difference to people's lives, their businesses and communities—locally and globally. They are internationally recognised for their innovative and groundbreaking work with the Enneagram and Emotional Health Levels, original and transformational work in emotionally healthy leadership.



### **Antoinette Saunders**

Nine Case Studies: The Use of the Enneagram in Spiritual Psychotherapy

All Students

The goals of spiritual psychotherapy are to identify with one's Higher Self rather than the

ego, to accept 100% responsibility for yourself and your life and to practice non attachment.

The Enneagram, a powerful and dynamic personality system offers clear suggestions that help us understand our emotional and

thought patterns, our ego, that keep us from experiencing God and our spiritual nature.

This workshop will use case studies to demonstrate how the Enneagram can be a powerful tool in helping our clients to transform their life challenges into experiences of spiritual transformation. We will explore, with each type, how recognizing our object of attention, our strengths and challenges, our basic fear, our defenses, and our vices and virtues can change our relationship with God and ourselves.

**Antoinette Saunders, PhD,** is a practicing clinical psychologist and spiritual director. She is co-author of a book on spiritual psychotherapy: *A Women's Search for Inner Peace*. She is presently co-director of Transformations as well as co president of the Midwest chapter of the IEA.



### **Gayle Scott**

Instinctual Variants (Enneagram 'Subtypes') at the Movies

All Students

In Hollywood films, it is the exception, rather than the rule, for movie characters to be

explicitly written and performed true-to-type-Enneagram type, that is. It is even less common to see film characters faithfully represent and embody clear and distinct Enneagram Type and Instinctual Variant (Subtype) combinations. Instinctual Variants (Subtypes) at the Movies. The importance of the Instinctual Variants, and in particular the "Instinctual Stack" and its significant impact on personality and behavior, is rightfully one of the most compelling subjects of contemporary Enneagram research and development. This year we will explore how the Dominant Instincts/Subtypes can show up convincingly in welldrawn movie characters. Using entertaining film clips from movies old and new, we'll look at different Enneagram type film characters who clearly exhibit the focus, energy, and behavioral traits of the Self-preservation, Sexual/Attraction, and Social/Adaptive Dominant Instincts. This is a fun and entertaining way to develop your recognition and deepen your appreciation of the Instinctual Variants, and see them in action on the big screen.

**Gayle Scott** is Senior Faculty of the Riso-Hudson Enneagram Institute. She consults and leads Enneagram workshops and trainings around the world. A 25-year veteran of the Hollywood movie and television industry, she introduced the Enneagram as a tool for character development with actors and screenwriters. Gayle served on the IEA Global Board of Directors 2005-2010.

# 2013 CONFERENCE PROGRAM SCHEDULE: FRIDAY MORNING



### **Judith Searle**

*Great Expectations*: Charles Dickens's Insights into the Classic Success Story

All Students

In *Great Expectations* Charles Dickens offers us one of the great literary examples of the success story, the classic Type Three story genre. Through observing the central character

Pip's strivings toward success, we gain insight into the mental and emotional patterns associated with the Three's worldview. As we examine Pip's relationships with characters of other Enneagram styles, we increase our understanding of the young Three's struggle to create and maintain a successful image in the world. Clips from David Lean's classic 1946 film and excerpts from Dickens's novel will be used to illustrate this exploration of the Three's strengths, limitations and growth process. **Judith Searle's** six published books include *The Literary Enneagram: Characters from the Inside Out and Sex, Love and Your Personality* by Mona Coates, PhD and Judith Searle. A longtime member of the Screen Actors Guild, she offers workshops that teach the Enneagram through film and literary examples.

jsearle479@aol.com; www.judithsearle.com



# Integral Café - Jeff Salzman

Introduction to Integral Theory and Practice All Students This session will provide a quick, efficient download of integral theory, the school of philosophy that seeks to integrate all of human wisdom into a radically inclusive

worldview. Integral theory accommodates the gifts of all previous worldviews, including those which have been historically at odds: science and religion, East and West, as well as pre-history, traditionalism and modernity.

Jeff will walk us through the AQAL Map, illuminating the five key elements of integral theory developed by Ken Wilber, the world's leading integral philosopher, which include:

- 1. Quadrants: The four dimensions of human existence, and how to inhabit each
- 2. Levels of development: the patterns of growth in culture and individual consciousness, and what is emerging today
- 3. Lines of development: multiple intelligences and how to grow in harmony
- 4. States of being: the stages of waking up to our true nature
- 5. Types: the designs of personality (the Enneagram!) that make up the great human family

We will see patterns of history that make sense of current events and inspire smarter solutions to today's global challenges. We will also map the stages of personal evolution that starts with each of us at birth, revealing insights and energetics that accelerate our personal evolution in real time.

Jeff Salzman is the founder of the Boulder Integral Center. He's co-founder of CareerTrack, one of the world's leading professional development companies. A long-time spiritual practitioner in many traditions, he has a Masters Degree in Indo-Tibetan Buddhism from Naropa University. Jeff spent the last few years as a co-founder and a lead teacher of Boulder Integral, now The Integral Center. These days he travels, teaches and comments about current events on Integral Life and The Daily Evolver.

Find *The Daily Evolver* on Facebook and Twitter.

12:30pm-2:00pm Lunch on Own Foyer

# 2:00pm-4:00pm Friday Mid-Afternoon Sessions



### Michael Dolan and Jack Butler

The Enneagram As A Path To Conscious Productivity

Intermediate



Part of each human being's path and struggle is the need to overcome obstacles so we can move our work and life forward with deliberate action. If we are growing and expanding, it's likely that where we place attention, and the actions we're taking, are increasingly aligned with our virtues, and that which is more essential. What practices, systems and tools can best support us in taking action on what matters most? How can building self-awareness using the Enneagram impact our productivity in the world? In this

session we will share our synthesis between the psycho-spiritual aspects of the Enneagram and the concrete, real-world aspects of getting powerful work done in the world. The session will include interactive exercises. Have your calendars, lists, and self-management systems in hand. Explore new strategies, practices and/or tools you or your clients can benefit from the most. Key topics: 1) How does our type and instinctual stack impact our ability to take meaningful action in the world? 2) What are the particular productivity-related pitfalls, blind-spots, and paths of growth for each type? 3) What specific practices can be most fruitful for each type in becoming more truly productive?

**Michael Dolan** is a Certified Integral Coach who has coached hundreds of executives focused on improving productivity and deepening leadership competencies. He developed his expertise in

# 2013 CONFERENCE PROGRAM SCHEDULE: FRIDAY MID-AFTERNOON

personal and organizational productivity as a Senior Coach for David Allen, widely considered to be the productivity guru of this era.

**Jack Butler** is a social entrepreneur, workshop leader, speaker, and founder of Full Spectrum Development, an executive coaching and seminar company. He coaches and advises conscious leaders, entrepreneurs and high-impact individuals. He works extensively with the Enneagram, self-awareness practices, personal productivity systems and integral frameworks.



### Sabine Elisabeth Gramm

Comparing the Enneagram and Schulz von Thun's Psychology of Differential Communication Results in a New View of the Symbol

Intermediate

What would it mean to you if you were to realize that two different personality systems were independently developed in different languages, different times, in different cultures, and that these systems came to very similar archetypal insights? How might this act as a confirmation for both typologies, independently developed? Professor Friedemann Schulz von Thun (University Hamburg), the most important scientist in human communication alive in the German speaking countries, published his Psychology of Differential Communication (PDC) in 1989 without knowing the Enneagram. Spending a long time comparing the systems, beyond their different expressions, I recognized that the Archetypes are compatible. This comparison provides unexpected and clear evidence for the truthfulness of both systems for me, which I gladly want to share with you. In this session I invite you on a changeover-journey from the three-based Enneagram to the four-based PDC-Cosmogram. It's a deeper view in the knowledge of humane nature, human communication and conflict resolution, especially in business, where people often think in opposition. This comparison also provides reasons to risk a new view in turning the Enneagram Symbol on its head and discussing it.

Sabine Elisabeth Gramm studied economics, psychology and communications training with Schulz von Thun. Her Master's Thesis coupled the Enneagram with the Differential Psychology of Communication for use in leadership trainings. She developed the ProFIEL System and founded the Institute for Human Communication to improve relationships in the workplace and elsewhere.



### Bénédicte de Navacelle

Experiment with the Uniqueness of the Types of Energy

All Students

Each type has its own particular energy. Easy to say, not always so easy to feel! And

yet, experimenting with the specific flavour of one's energy is a

tremendous awakening experience that brings about great insight! As Gurdjieff used to say "The Enneagram, to be understood, must be thought as being in movement". And we know how important the body is for a thorough understanding of teachings received and to strengthen consciousness as well. The Improvisation Theater techniques and philosophy appeal to wide listening, great flexibility, constant mobility, true solidarity, ability of taking one's place and changing one's role and capability to take the right action, right now. In other words, it's a wonderful and playful way to work on one's quality of presence. A warm up will enable us to get grounded and centered. It will also give us a first opportunity to notice the differences of energy. Then we'll practice "the pyramid blind walk" and we'll experiment with the unbelievable power of each types' energy as well its uniqueness.

**Bénédicte de Navacelle,** a lawyer by training, teacher, 15 years in business, became a consultant and a coach. She provides "change programs" for companies such as coaching for personal and collective projects. She has also, created a special training called "enneagram and creativity" in which different artistic expressions ease deep understanding and insights and help to integrate them.



# Michael Naylor

The Journey Up the Levels of Development in Addiction Recovery

Addiction Recovery, the Enneagram and the important role of the Three Instincts.

All Students

This workshop addresses the primary issues each Type must navigate to move up the Levels of Development to successful sobriety and an addiction-free life. Of great importance, and often not referenced in recovery circles, is the importance of the three instincts and how they affect early, middle and late recovery. This workshop addresses the significance and importance of understanding the Three Instincts as keys to understanding the dynamics of relapse in early, middle and late stage recovery. The Instincts have not been utilized in addiction treatment and are a missing piece that play a pivotal role in opening the doors to deeper and greater transformation on the road of recovery.

**Michael Naylor** is a Faculty Member of the Enneagram Institute, and a Riso-Hudson authorized teacher. He is a CTI professional coach and has served as an addictions therapist for 25 years. He facilitates Courageous Men's Transformation groups.



# Susan Olesek

A Panel of Ex-Cons: From Fixation to Freedom Beginner

Through this panel of ex-cons, you will hear former inmates' accounts of personal transformation thanks to the Enneagram.

# 2013 CONFERENCE PROGRAM SCHEDULE: FRIDAY MID-AFTERNOON

We are all in a prison of our own making in the ways we suffer our personalities, with one in 100 Americans actually having served time behind bars. With compelling self-disclosure, three men who have done hard time for drugs, robbery, and even murder offer us startling insights about the human struggle. Introduced to the Enneagram while on "the inside", each man applies the gift of their own narrative to show how this system helped them experience an internal freedom before they even got out of prison. In this session we will relate to the human-being behind the "criminal" and see that the incarcerated are no different from you and me. As we make contact with people previously considered "monstere", something extraordinary happens within; we find avenues to our own hearts. This rare panel and the Q & A that follows, shifts the paradigm for human change way beyond the theoretical. It demonstrates the relevance of The Enneagram Prison Project's mission—offering personal freedom to the incarcerated through the Enneagram, and is a springboard for Enneagram-minded community to come together and embrace a hopeful model for unparalleled change.

**Susan Olesek** is the Founder of The Enneagram Prison Project, a non-profit dedicated to offering personal freedom to the incarcerated through the Enneagram. Working within prisons has deeply impacted her appreciation for the Enneagram System. She is driven by a whole-hearted conviction that anyone brave enough to take an honest look at themselves is fully deserving of the personal liberation that can come from such an endeavor.



# Tim Vreeland

Three 20<sup>th</sup> Century American Architects: Frank Lloyd Wright, Louis Kahn and Frank Gehry All Students

Contemporary American architecture (from 1890 to the present day) can be defined in terms

of three architects whose distinctive buildings represent a uniquely American character: Frank Lloyd Wright (1867-1959), Louis Kahn 1907-1974) and Frank Gehry (1929-). These seminal artists are of three different Enneagram types (from different Centers) and three different subtypes. Tim Vreeland, who studied with and later worked for Louis Kahn, is also a longtime friend and colleague of Frank Gehry's. Vreeland will discuss the individual types of these three architects and illustrate through slides how their Enneagram styles have contributed to the richness and diversity of our national architecture.

**Tim Vreeland** has had a distinguished career in architecture and the arts. Educated in Paris and in Rome, he holds undergraduate and architecture degrees from Yale University. His teaching career at several American universities, including the University of Pennsylvania and UCLA, extends over forty years. Currently retired, he paints.



# Integral Café - Susan Rhodes

"What is an Integral Enneagram?"

The enneagram and Ken Wilber's Integral Operating System both offer powerful tools for transformational change. As part of the research for my new book, The Integral Enneagram, I noticed that most people tend to

work with one system or the other, not both. Those who do work with both systems tend to focus more on one than the other. My new book details an approach designed to synthesize the two, combining the best of what the enneagram and Integral systems have to offer. In this talk, I'll introduce the Integral Enneagram approach, describing what it is, how it works, and why it offers a particularly thought-provoking approach to enneagram work.

**Susan Rhodes, PhD,** (cognitive psychology), is an enneagram theorist and teacher who is also the staff writer for the Enneagram Monthly. She has written over 50 enneagram articles as well as three books: *The Positive Enneagram, Archetypes of the Enneagram*, and *The Integral Enneagram*; website: www.enneagramdimensions.net.

4:00pm-4:30pm

Afternoon Break

# 4:30pm-6:00pm Friday Late Afternoon Sessions



#### Gail Garner

Teaching the Enneagram in a Group Therapy Format to Teenage Girls in Foster Care Group Homes

Intermediate

Adolescent girls are a special population in and of themselves, but when working with girls who are in foster care due to a history of abuse or neglect, there are even more issues that come to the surface. I have found that teaching the Enneagram to teenagers is especially effective when one can use clips from movies or television shows, particularly ones that are funny. I have also used some group and individual exercises for the girls in order to help them gain a deeper understanding of the types and enhance their ability to communicate their feelings with one another. This presentation demonstrates how I have taught the Enneagram to teenage girls in foster care group homes, how the girls have received the material, and the ways they have responded to the Enneagram.

**Gail Garner** is a Licensed Clinical Social Worker who has worked in the child welfare field for the past 12 years providing a variety of services, including individual, family and group therapy with children who have been victims of abuse or neglect. Gail is passionate about the Ennagram, uses it in her work and teaching.

# IEA CONFERENCE SCHEDULE-AT-A-GLANCE

	Wednesday-At-A-Glance	
Track/Time	Session Title/Presenter(s)	Location
8:30am-6:00pm	General Assembly of Affiliates (GAA) Meeting	Lawrence AB
5:30pm-7:30pm	Pre-Registration	Mezzanine Level

Thursday-At-A-Glance (Pre-Conference Day Event)		
Track/Time	Session Title/Presenter(s)	Location
9:00am-4:00pm	Registration	Mezzanine Level
9:00am-10:00am	Morning Refreshments	Foyer
10:00am-12:00pm	Our Evolving Consciousness, Type Structure and Spiritual States – Helen Palmer	Platte River Room
11:00am-8:00pm	Bookstore	Blake
12:00pm-1:30pm	Lunch on Own	Foyer
1:30pm-3:30pm	Our Evolving Consciousness, Type Structure and Spiritual States – Helen Palmer	Platte River Room
3:30pm-4:00pm	Afternoon Break/Refreshments	Foyer
4:00pm-5:30pm	Our Evolving Consciousness, Type Structure and Spiritual States – Helen Palmer	Platte River Room
5:00pm-7:00pm	Conference Registration	Mezzanine Level
6:00pm-9:00pm	Welcome Reception	Poolside

	Friday-At-A-Glance	
Track/Time	Session Title/Presenter(s)	Location
8:00am-8:30am	Registration/Morning Refreshments	Foyer
8:00am-7:00pm	Bookstore	Blake
8:30am-10:00am	Opening Session/Keynote Address – Jeff Salzman	Confluence C
10:00am-10:30am	Mid-Morning Break/Refreshments	Foyer
10:30am-12:30pm Friday	Morning Sessions	
	Margaret Buring – Enneagram Typing-Finding Your Own Way or Being Assisted	
	by the AIES Typing Program	McCourt
	Beatrice Chestnut – The Enneagram Path of Transformation in Light of	
	Dante's The Divine Comedy	Confluence B
	Gayle Hardie and Malcolm Lazenby – The Emotionally Healthy Leader	Confluence C
	Antoinette Saunders – Nine Case Studies: The Use of The Enneagram	
	in Spiritual Psychotherapy	Welton
	Gayle Scott – Instinctual Variants (Enneagram 'Subtypes') at the Movies	Platte River Room
	Judith Searle - Great Expectations: Charles Dicken's Insights into the	
	Classic Success Story	Curtis
	Integral Café - Jeff Salzman - Introduction to Integral Theory and Practice	Confluence A
12:30pm-2:00pm	Lunch on Own	Foyer
2:00pm-4:00pm Friday M	id-Afternoon Sessions	
	Michael Dolan and Jack Butler – The Enneagram As a Path To Conscious Productivity	Confluence C
	Sabine Elisabeth Gramm – Comparing the Enneagram and Schulz von Thun's	
	Psychology of Differential Communication Results in a New View of the Symbol	Curtis
	Bénédicte de Navacelle – Experiment the Uniqueness of the Types of Energy	Welton
	<b>Michael Naylor</b> – The Journey Up the Levels of Development in Addiction Recovery,	
	the Enneagram and the important role of the Three Instincts	Confluence B
	Susan Olesek – A Panel of Ex-Cons: From Fixation to Freedom	Platte River Room
	Tim Vreeland - Three 20th Century American Architects: Frank Lloyd Wright,	
	Louis Kahn and Frank Gehry	McCourt
	Integral Café – Susan Rhodes – What is an Integral Enneagram?	Confluence A
4:00pm-4:30pm	Afternoon Break	Foyer

# IEA CONFERENCE SCHEDULE-AT-A-GLANCE

Track/Time	Session Title/Presenter(s)	Location
4:30pm-6:00pm	Friday Late Afternoon Sessions	
	Gail Garner – Teaching the Enneagram In a Group Therapy Format To Teenage Gi	rls
	in Foster Care Group Homes	Curtis
	R. Karl Hebenstreit – Taking Care of Business with The Enneagram: Strategic	
	Planning and Project Management	Confluence B
	<b>Reba Herder</b> – 360° Presence	Welton
	Kathy Hurley and Todd Kemp – The Enneagram: A Response to Violence: The HO	OPE,
	the CHALLENGE, the HEALING	Confluence C
	Debi Lewis – Yoga Nine Ways: Awaken to Source with Yoga and Enneagram	Platte River Room
	Integral Café – Antonio Maria Lopes – The Integral Enneagram	Confluence A
	Calling All Chapter Leaders and those interested in forming or participating in a	Chapter!
	Join us for informal conversation and connection.	McCourt
6:30pm-8:30pm	Professional Members and Founders/Presenters Reception	Augusta

	Saturday-At-A-Glance	
Track/Time	Session Title/Presenter(s)	Location
8:30am-9:00am	Morning Refreshments	Foyer
8:30am-7:00pm	Bookstore	Blake
9:00am-11:30am Satu	rday Morning Sessions	
	Janice Lewis - Labyrinth	Confluence B
	Carl Marsak – The Coming of Wisdom with Time: Applying Enneagram Theory and	
	Practice to the Emerging Field of Transpersonal Gerontology	Lawrence A
	Patrick O'Leary and Pat Stropko-O'Leary – Enneagram plus MBTI: Psychological GPS	
	for Emotional Intelligence	Lawrence B
	Deborah Ooten and Beth O'Hara – Sex and Love; Ego and Essence	Curtis
	Mario Sikora - Keep it Simple: Bringing Clarity and Precision to the	
	Enneagram to Get Results	Platte River Room
	Margaret Smith - The Manifesting Dynamic of the Enneagram:	
	9 stages of manifestation	Confluence C
	Integral Café – Jane Lindsay and Sue Guttenstein – ADIEWA Practices for Embodied	
	Experiences of Enneagram Truths: Working through Contractions and Shadow	
	and into Spiritual Growth	Confluence A
	Creative Café Grand Opening	Cook
11:30am-1:00pm	Lunch on Own	Foyer
1:00pm-3:30pm Satur	day Mid-Afternoon Sessions	
	Katherine Chernick Fauvre – Guiding the 9 Types to Change: Using the Enneagram	
	Types and Tritypes® in Coaching and Psychotherapy	Lawrence B
	Russ Hudson – The Bigger Context: The Enneagram Roots and Teachings	
	from the Fourth Way	Platte River
	Janice Lewis – Labyrinth	Confluence B
	<b>Uranio Paes, Jr.</b> – Energy Work and the Enneagram	Confluence C
	Earl Wagner – The Future of the Enneagram in the Young Adults of Today	Curtis
	Philippe Halin – Scientific research and Enneagram: who needs who?	Lawrence A
	Integral Café – Leslie Hershberger - Between You and Love: Integral Transformation	
	from the Inside Out	Confluence A
	Creative Café	Cook
3:30pm-4:00pm	Afternoon Break	Foyer

# IEA CONFERENCE SCHEDULE-AT-A-GLANCE

Track/Time	Session Title/Presenter(s)	Location
4:00pm-6:00pm	Saturday Late Afternoon Sessions	
	Belinda Gore - Coaching High-Performance Leaders: Awakening and	
	Integrating the Three Centers	Platte River Room
	Roxanne Howe-Murphy and Diana Redmond - Living the Mystery: Expanded	
	Insights for the Spiritual Journey Revealed Through the Enneacross	Confluence C
	Janice Lewis – Labyrinth	Confluence B
	Lisa Morrice – "Sympathy for the Devil" Transforming the Nine Passions	
	with Compassion	Curtis
	Herb Pearce – You Are More Than Your Dominant Type	Lawrence A
	Claus Roager Olsen - Enne@Sales - The Enneagram and Sales - Would You Buy	
	From YOU?	Lawrence B
	Integral Café – Peter McNab - Integral Health	Confluence A
	Creative Café	Cook
7:30pm-12:00pm	Reception and Dance Party	Confluence Ballroom

	Sunday-At-A-Glance	
Track/Time	Session Title/Presenter(s)	Location
:00am-9:00am	Morning Refreshments	Foyer
:00am-3:00pm	Bookstore	Blake
:30am-11:00am Suno	lay Morning Sessions	
	Dirk Cloete and Lucille Greeff – Scaling Enneagram Dynamics from Individual to	
	Organizational Level: A Systemic Perspective	Lawrence B
	Tom Condon – Pacing and Leading with the Enneagram	Platte River Room
	Andrea Isaacs – EnneaMotion: A Taste of Type	Confluence C
	Ginger Lapid-Bogda – Step into Your Authority/Unleash Your Power Potential	Lawrence A
	Terry Saracino – Dynamics of Flourishing Relationships: The Role of	
	Instinctual Energies	Confluence B
	Elizabeth Wagele – A Conversation by Young People About the Meaning of Death	Curtis
	Integral Café – Panel	Confluence A
	Creative Café	Cook
1:00am-12:00pm	Lunch on Own	Foyer
2:00pm-2:30pm Clos	ing and Culminating Activity	
	Endnote Address/Closing Session – Timothy Dobson	Confluence C



# 2013 CONFERENCE PROGRAM SCHEDULE: FRIDAY LATE AFTERNOON

continued from page 19



### R. Karl Hebenstreit

Taking Care of Business with The Enneagram: Strategic Planning and Project Management

All Students

Building off of the 2012 IEA Annual Conference's session on "The Enneagram as

Universal OD Translator," this session will take a deeper dive into the areas of strategic planning, decision-making and project management. Participants in this session will gain a clear understanding of the strategic planning process by navigating through the Enneagram model and learn how the strengths of the Enneagram can be used at each step to maximize the outcomes of strategic planning. We will review current strategic planning models and frameworks and determine similarities, overlaps, and gaps with the Enneagram. We will then select a business idea from the class participants and map it out using the Enneagram as a model of strategic planning. Leveraging this newly-proposed framework, we will determine how it can then be applied to effect more robust decision-making and more complete project management in organizations and daily life and develop action plans to integrate the new model into these realms.

**R. Karl Hebenstreit** holds a PhD in Organizational Psychology from the California School of Professional Psychology, MS in Human Resource Management from the Rutgers Graduate School of Management and Labor Relations, and BA in Psychology, French, and Political Science from Rutgers College. Karl received his executive coaching training through Fielding Graduate University, focusing on the International Coach Federation's core competencies and an evidence-based approach.



Reba Herder

360° Presence

All Students

Ever want to do more and feel exhausted by doing too much all at the same time? The Enneagram offers a logical way to understand this dilemma. 360° Presence illustrates the

limitless impact of being fully present heart, mind, and body. It is the ability to meet needs with an open heart and clear thinking. In this discussion based workshop we'll look at definitions and experiences of 360° Presence. Then we'll consider the challenges of learning how to trust ourselves especially when that means we become vulnerable to ridicule, unmet needs, and unknown territory. Finally, we'll talk about how 360° Presence can anchor us, guide us, and comfort us as we go through cycles of seeking healing and wholeness, practicing presence in the midst of conflict, and creating spaces for others to be authentic.

Join the conversation as we consider how presence can transform our lives, our relationships, and our world. Join us as we explore the power, paradoxes, and pitfalls of 360° presence.

**Reba Herder** is an ordained minister, credentialed public school teacher, and certified Enneagram instructor. She is founder and director of Everylight, Inc. a ministry of global cooperation through mutual encouragement www.everylight.org. She's been integrating the Enneagram into her life for more than 15 years.



# Kathy Hurley and Todd Kemp

The Enneagram: A Response to Violence: The HOPE, the CHALLENGE, the HEALING

Intermediate



How is the Enneagram an integral gift in the hope of eliminating violence in society? What does the Enneagram teach us about the greatest force that every person is challenged to create internally to ensure that peace and harmony will overcome violence in our lives? Why is understanding the difference between intellect and intelligence key to both personal and societal healing and transformation? There is no segment of society that has not been

touched by violence. Relatively few cases are sensational enough to hit the nightly news, but when they do we feel shocked, sad, angry bewildered and helpless. But are we truly helpless? The Enneagram says NO, and this workshop delves into the way the wisdom of the Enneagram can heal the wounds that result from the daily violence we all experience.

**Kathy Hurley** is the co-author of four books on the Enneagram and a founding member of the IEA. An artist, musician and songwriter, Hurley considers her contributions to the Enneagram world to be the crowning achievement of a life dedicated to the pursuit of healing and transformation for herself and others

**Todd Kemp, MA, LPC** received his Masters Degree in Counseling Psychology from the University of Denver. He is a Certified Advanced Hurley/Donson Teacher, and Kathy and Theodorre's son-in-law. Todd has studied, taught and lived the Enneagram with Kathy for 20 years.



## Debi Lewis

Yoga Nine Ways: Awaken to Source with Yoga and Enneagram

All Students

The mindfulness practice of yoga gives us the opportunity to experience ourselves at a

deep energetic level and to understand, integrate and heal our minds, bodies and spirits. This class is based on the Riso-Hudson revelation that working with the Unused Center was key to gaining health and balance in our Enneagram pattern. We will do several exercises to bring awareness to each of the three centers, Instinctive-Gut, Heart and Head, and I will offer specific postures, sequences, meditations and breathing techniques for each

# 2013 CONFERENCE PROGRAM SCHEDULE: FRIDAY LATE AFTERNOON

Enneagram type. We'll also do partner and group yoga to illustrate ways to access the Instincts. The session is designed so every body can easily participate, no prior yoga required. You will leave this session feeling inspired and relaxed, with tools you can use in your yoga practice or in any form of mind-body exercise.

**Debi Lewis, E-RYT 500**, is an experienced yoga instructor of over 25 years and owner of Joyflow Yoga Studio in Ridgeland, MS. She is certified by Riso-Hudson through the Enneagram Institute. Her book *Yoga Nine Ways* expresses her ground-breaking ideas integrating these wisdom traditions to achieve life changing results. yoganineways.com for more information.



# Integral Café - Antonio Maria Lopes

The Integral Enneagram
Intermediate

The connections between the Enneagram and the Integral Theory. Making the Enneagram even more complete: All Types, All Quadrants, All Levels.

Part I - The Illusion of Reality: Dreaming Existence

- Religare
- The Inner One
- The Collective Us
- Transcending the masks

Part II - The Reality of the Illusion: The Existence of the Dream

- Nature's Laws
- Patterns
- Science

Part III - Beyond the Integral Enneagram

- · Upgrading your life
- · Making a positive impact on the world

Antonio Maria Lopes works with photography and video. He studied Teosophy and Kabbalah before becoming acquainted with the Enneagram, ten years ago. In college he first studied Philosophy, but soon changed to Cinema school. He fell in love with the Integral Theory six years ago and since then he's developing ways to combine it with the Enneagram in a practical way, along with MD Doctor Roberta Ribeiro, founder and owner of MedIntegral, one of the pioneers on Integral studies in Brazil.

4:30pm-6:00pm Calling All Chapter Leaders and

those interested in forming or participating in a Chapter! Join us for informal conversation and

connection.
McCourt

6:30pm-8:30pm Professional Members and Founders/

**Presenters Reception** 

Augusta

# **SATURDAY**

8:30am-9:00am Morning Refreshments

**Foyer** 

8:30am-7:00pm Bookstore

Blake

# 9:00am-11:30am Saturday Morning Sessions



# Janice Lewis

Labyrinth All Students

A church has stood atop the hill in Chartres France since the 4th century, and even before that, it was considered to be a special place by

druids and celtic peoples. Today it is a world famous, UNESCO world heritage site, where 1.5 million visitors come to visit one of the best preserved medieval cathedrals in Europe, and to walk the world famous Chartres labyrinth.

A labyrinth walk is a centuries old meditation walk that helps you focus, gain energy and renew the spirit. Some people walk to simply quiet the mind, and escape from today's hectic pace. Others walk to gain insight and inspiration.

**Janice Lewis**, a Chicago Life Coach, recently made the trip to Chartres, and is bringing her expertise in walking meditation and a Chartres style labyrinth to our event. Join us, and be inspired!



# Carl Marsak

The Coming of Wisdom with Time: Applying Enneagram Theory and Practice to the Emerging Field of Transpersonal Gerontology

All Students

Like it or not, 2011 ushered in the advent of "senior citizenship" for the first wave of "Baby Boomers" (born 1946-1964). Thus it seems appropriate to offer a workshop that provides an extensive overview of the emerging field of Transpersonal Gerontology—a recent and powerful integration of transpersonal psychology and social gerontology (the study

# 2013 CONFERENCE PROGRAM SCHEDULE: SATURDAY MORNING

of aging). Harry Moody has said that, "Gerontology, until recently, took little account of developments in humanistic and transpersonal psychology." From our side, Enneagram studies have rarely taken into account important issues and problems related to gerontology, such as psychological integration and conscious aging, spiritual development and "eldering," mentoring of younger generations, life review and preview, forgiveness work, leaving a legacy, self-care, and geriatric concerns. We will look at the work of prominent theorists, including: Erik Erikson, Carl Jung, James Hillman, Lars Tornstam, Harry Moody, Rabbi Zalman Schachter-Shalomi, Robert C. Atchley, and V. Quinton Wacks. Then, using the Levels of Development of Riso and Hudson, the Defense Systems of Peter O'Hanrahan, and the characterological descriptions of Claudio Naranjo and others, we will see what the Enneagram has to contribute to this emerging field. The workshop will include experiential exercises and several handouts.

**Carl Marsak, MA,** has been studying the Enneagram since 1987 and is founder of the Enneagram Center of Ashland. He is a teacher, workshop leader, writer and spiritual counselor. Carl is currently on the faculty of his local Osher Lifelong Learning Institute, teaching spiritual subjects, including the Enneagram, to people between 50 and 94 years of age.



# Patrick O'Leary and Pat Stropko-O'Leary

Enneagram plus MBTI: Psychological GPS for Emotional Intelligence

All Students



Human emotions add spice to life, nuance communication and enliven daily routine. Our feelings are a sixth sense. Evolving as essential survival tools, emotions are often problematic in contemporary life. The secret is learning how to use emotional energy to bring out your best self and become an effective leader. IQ takes second place to feeling savvy in measuring

outstanding job performance. Meaning or how we feel about the data that has more influence than the facts themselves. Whether applying for a job, building a career or improving family relations, emotional expertise makes the difference. Applicants with stellar resumes often fail to impress during a face-to-face interview. Leadership is more about understanding people than data. And what you say is far less important than how you say it.

This workshop will explore the meaning and operation of emotion using the insights of the Enneagram and MBTI as a psychological GPS. Small group dynamics and discussion will allow participants to apply the material presented.

**Patrick H. O'Leary, MS, MDiv**, co-authored the first Enneagram text, *The Enneagram: A Journey of Self-Discovery, in 1984* (ISBN 0-87193-214-8). He is an international management consultant specializing in organizational development since 1972. O'Leary teaches a continuing series of Enneagram courses at Cleveland

State University. He is a Founder of IEA and served as Executive Director in 1996. O'Leary has trained and certified Enneagram teachers internationally since 1991.

**Pat Stropko-O'Leary, RN. MBA**, is Executive Director of Hospice of Medina County. Leading a professional staff of 140 and hundreds of volunteers, and engaging in PR and development, she has mastered the art of emotional intelligence. Pat has staffed programs to train Enneagram teachers in the US and Europe. She uses both the Enneagram and MBTI with her staff.



### Deborah Ooten and Beth O'Hara

Sex and Love; Ego and Essence All Students



Sex and love—two topics that are rarely discussed yet rule lives when kept in the shadows. Join Dr. Deborah Ooten and Beth O'Hara in an exciting, transformative and multidimensional exploration of sex and love. Explore different conceptualizations of sex and love for the 9 types at the different levels of consciousness (Spiral Dynamics) that lead to greater conflict and separation when misunderstood yet open the doors to greater

intimacy and connection when embraced with understanding and compassion. Challenge your own beliefs about sex and love through type groups, dyads and exercises that stimulate the mind, body and heart. Learn ways to shift your consciousness to a whole new level. Dr. Deborah Ooten is a pioneer in research pairing the Enneagram with Spiral Dynamics. She joins with Beth O'Hara who has studied and applied the Enneagram and Spiral Dynamics in depth. Dr. Ooten's original research on the Nine Enneagram types at eight levels of consciousness was published in the 2010 *IEA Enneagram Journal*. Dr. Ooten and Beth O'Hara will be presenting the next phase of this exciting, ongoing research in the areas of sex and love for the first time in this presentation.

**Dr. Deborah Ooten** has her doctorate in clinical psychology and is a certified Enneagram teacher in the narrative tradition. She is CEO of Conscious Living Center and Conscious Dynamics and founder of the School of Conscious Living and community. Dr. Ooten is certified in Spiral Dynamics by Dr. Don Beck.

**Beth O'Hara** is a certified Life Coach, Iyengar Yoga Teacher, and Enneagram teacher in the Narrative Tradition. She is a senior teacher in the School of Conscious Living. Beth holds a degree in Physiological Psychology and is certified in Spiral Dynamics through Todorovic and Cowan.

# 2013 CONFERENCE PROGRAM SCHEDULE: SATURDAY MORNING



### Mario Sikora

Keep it Simple: Bringing Clarity and Precision to the Enneagram to Get Results

All Students

Personal and professional growth and development need not be complicated. While the Enneagram is a map of the psyche with

many facets, it is possible to present the Enneagram in a way that is easy to learn, memorable, and simple without losing its power and efficacy. Based on over 15 years of work with corporate executives and other leaders in organizations across the globe, this approach to the Enneagram starts with five simple concepts—the three instincts; the nine strategies, core qualities, and accelerators; and the Awareness to Action Process—that can be taught and applied in a short time but can also be used to weave a tapestry of lifelong learning. During the session, Mario will present this model to participants and show them how to create a robust developmental plan for themselves or for their clients. While the model was originally developed for work with clients in organizations, the system applies to spiritual and psychological work as well.

**Mario Sikora** is co-author of *Awareness to Action: The Enneagram, Emotional Intelligence and Change* and an advisor to leaders across the globe.



# **Margaret Smith**

The Manifesting Dynamic: The 9 Domains and 9 Design Principles For Collective Intelligence and Prosperity

All Students

We are at a critical shift point in human history. We hang in the balance, socially, economically, environmentally, spiritually, because we have disconnected from our personal and collective intelligence and guidance. We are currently on a path towards economic, social, and planetary unsustainability, violence, and inhospitability. A great imperative is upon us to act in a more collectively intelligent manner, to take our stand for a better, co-created future. In this workshop, we will explore how the Enneagram, which has been utilized as a tool for personal awakening, can also be a powerful tool for our collective awakening. We will expand our thinking and understanding of the Enneagram from an individual typology to a whole systems and process map. This will help to generate insights into why and how human groups, organizations, businesses, communities, and societies typically fail to reach their highest potential, and get mired in conflict, scarcity, and instability.

We will explore the manifesting dynamic of the Enneagram, which consists of the 9 Domains and the 9 Design Principles that connect the 9 Domains in a clockwise process to generate collective intelligence, prosperity, and flow. The manifesting dynamic describes how living systems survive, grow, thrive, progress, and evolve. This framework provides a simple, elegant, potent way to

understand collective dysfunction and failure, as well as what generates collective intelligence, high function, and prosperity. This workshop is based on Dr. Margaret Smith's new book, 9 Design Principles for Collective Intelligence and Prosperity.

**Dr. Margaret Smith** is author of *The Evolutionary Dynamics of the Enneagram: 9 Stages of Consciousness* (forthcoming 2013) and *Money: From Fear to Love – Using the Enneagram* (2011). She is a certified Riso-Hudson Enneagram Teacher, former economics professor, received her PhD from Harvard, and her BA/MA from Yale.



# Integral Café - Jane Lindsay and Sue Guttenstein

ADIEWA Practices for Embodied Experiences of Enneagram Truths: Working through Contractions and Shadow and into Spiritual Growth



All Students

Opening to whom we truly are can require working through, not separating from, contractions from our true nature described by the Enneagram. Whether contractions arise in ongoing shadow and reactivity, trauma,

disintegration or movement to integration, it is essential to have practices for transmuting them to energy for transformation to Presence and our highest qualities.

ADIEWA is a profound intentional inquiry process developed by Jane Lindsay, MSOD, and Sue Guttenstein, PhD. Its practices enable accessing of deep truth held in the fields of our body and Life itself. Supported by these practices, we experience deep, embodied understanding and shift of our contractions, and open to direct experience of Essence. People who have experienced ADIEWA call it "truly awesome."

In this session we will:

- Introduce ADIEWA as a complement to the Enneagram and Integral Spiritual Practice
- · Build our collective field
- Experience ADIEWA Resonant Voice Practice for surfacing patterns of contraction and expansion
- Demonstrate Embodied Consciousness Practice for working through contraction and opening to transformation and perhaps Grace
- Discuss bringing these practices into Enneagram and Integral work

# 2013 CONFERENCE PROGRAM SCHEDULE: SATURDAY MID-AFTERNOON

Jane Lindsay is a Riso-Hudson trained Enneagram teacher, coach, consultant and psycho-spiritual development guide. Her collaboration with Sue Guttenstein has emerged the ADIEWA process which she uses in private sessions and workshops, including ones that also involve the Enneagram.

**Sue Guttenstein, PhD**, has practiced psychotherapy in Toronto for the last 20 years. In 2009, she co-founded the ADIEWA Centre with Jane Lindsay through which she offers individual sessions and healing circles using ADIEWA processes. Together they offer workshops that focus on personal and spiritual transformation and growth.

9:00am-11:30am Creative Cafe - Guided Session by

**Charlene Taylor, See Page 11** 

Cook

11:30am-1:00pm Lunch on Own

# 1:00pm-3:30pm Saturday Mid-Afternoon Sessions



### Katherine Chernick Fauvre

Guiding the 9 Types to Change: Using the Enneagram Types and Tritypes® in Coaching and Psychotherapy

All Students

Learn how to use Tritype as a model for personal growth. Discover what each

Enneagram Type revealed they need to feel supported in a therapeutic setting. Avoid common mistakes coaches and therapists can make with each Type and Tritype. Learn how Micro Expressions communicate more hidden strategies of the 9 Enneagram Types. Based on 18 years of research, this presentation will cover what each of the 9 Enneagram types reported they need to feel validated, affirmed and understood. Attendees will learn how to distinguish between one's Self-Image and one's Type, Tritype and Instinct. as well as how to help one develop the critical self-awareness needed to support change and transformation. We will explore the subtle ways to work with the core fears of the Types within Tritype. We will examine the way in which the 9 Enneagram Types manifest the 7 Primary Emotions of anger, contempt, disgust, sadness, fear, surprise and happiness. This is an interactive, multi-media presentation. In addition to the research, there will be panels of exemplars to explore the nuances of the research findings.

Katherine Chernick Fauvre, co-founder of Enneagram Explorations and Fauvre Research is an internationally recognized teacher, coach and researcher. Katherine's innovative work has made her a leader in the Enneagram world. She works with businesses, families, couples and individuals. She is a former member of the Board of Directors of the IEA and is a certified teacher with Palmer-Daniels, Riso-Hudson and Hurley-Donson.



### **Russ Hudson**

The Bigger Context: The Enneagram Roots and Teachings from the Fourth Way

Intermediate

While knowledge of the types has tended to be the central focus of the modern Enneagram,

sincere students also learn that the Enneagram symbol has an incredibly rich and profound background. This session will focus on some of the broader and deeper frameworks of the Enneagram found in a number of ancient sources which all point to our consciousness as being part of a much larger context—that we have an objective role in the greater cosmos. For the ancients, only the fully felt understanding of this context, cultivated through Living Presence, could bring to us a sense of meaning, deeper purpose, and genuine compassion. We will examine ideas from the Fourth Way teachings of Georges Gurdjieff, as well as elements of Christian mysticism, Sufism, Cabala, Greek philosophy, and other hermetic teachings that lead to a different view of reality that embraces paradox: the ever changing dance of dynamism and stillness, flow and structure, true masculine and true feminine. We will see that such wisdom gives us a new and more conscious foundation on which to build our lives. The session will include meditation, exercises, and music, to bring the power of presence and direct experience to our inquiry into our true place in the cosmos.

**Russ Hudson** is the Director of the Enneagram Institute, a founder of the IEA, and the co-author with Don Richard Riso of five major books on the subject, including *The Wisdom of the Enneagram* and *Personality Types*. He has been teaching this work around the world for the last 22 years.

Janice Lewis
Labyrinth
See page 24 for description



**Uranio Paes, Jr.**Energy Work and the Enneagram

All Students

Uranio Paes will run this experiential workshop in which he will facilitate deep transformation for volunteers, using a carpet with the Enneagram symbol drawn on it. This work

involves managing the energy that the Enneagram symbol and the growth work provides and requires. Uranio's work usually brings in experiential learning about important points in theory, such as arrows, wings and Gurdjieff's Laws, as well as other less known aspects, such as the inner spaces and line intersections at the Enneagram symbol.

# 2013 CONFERENCE PROGRAM SCHEDULE: SATURDAY MID-AFTERNOON

Uranio will do new exercises and approaches using this method. This will include a new and optional group exercise, as well as, work with a few willing volunteers. The experience is transformational for all attendees. Uranio has been developing this innovative application of the Enneagram for several years, deepening and perfecting his approach, always with the intent of providing concrete opportunities for growth, using somatic ways to teach the Enneagram in its psychological and spiritual dimensions.

**Uranio Paes** is an Enneagram teacher and Organizational Consultant, having worked with thousands of students in organizations and groups in Latin America. Uranio co-teaches the EPTP (Palmer/Daniels certification program) in Brazil, Portugal and Spain and was the IEA Global President in 2008 and 2009.



# Earl J. Wagner

The Future of the Enneagram in the Young Adults of Today

All Student

The Enneagram community will be shaped in the future by its members who are young

adults today. This panel discussion brings together young leaders with new perspectives on Enneagram community building and scholarship. The discussion will focus on two areas: 1) Motivation— what young adults are looking for when they discover and learn about the Enneagram, including answers to questions about spirituality, social activism, identity and careers and, 2) Communities as "digital natives" fluent with technology, how young adults come together in communities on the internet as well as the real world. Join in the discussion in a Q/A segment to share your perspective and learn more about how the Enneagram community will evolve.

**Earl J. Wagner, PhD** is a software developer and long-time Enneagram enthusiast. He has worked in academic research and taught at Massachusetts Institute of Technology, Northwestern University and University of Maryland.



# Philippe Halin

Scientific research and Enneagram: who needs who?

All Students

The Halin Premont Enneagram Indicator was scientifically validated in 2008 and published

by the University of Louvain (Belgium) in 2009 and 2012. We present interactive results of three researches. The audience attending the workshop will be considered as researchers and will set a research hypothesis, receive the results, interpret them, discuss the consequences on our knowledge of the enneagram and find out applications. Research 1: HPEI and Professional Interests. The HPEI has been cross-referenced with the IRMR, an

internationally recognized test that measures professional interests according to the Holland Codes. It defines six major types known as RIASEC: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional. Research 2: HPEI and Emotional Intelligence The HPEI has been cross-referenced with the Panas Questionnaire (33 emotions and feelings) and with a Coping Questionnaire that highlight eight factors, which are as many ways to react to stressful situations: social support, problem solving, reappraisal, alcohol, religion and meaning, self-criticism, denial and desertion. Research 3: HPEI and Values. We have cross-referenced the HPEI with the Schwartz's Universal Values Theory (56 values grouped into 10 factors). Results revealed to be very interesting: numerous connections enable a better understanding of the intrinsic motivation of the 9 Types.

**Philippe Halin**, Graduate in literature, Graduate in clinical psychology and education, therapist, trainer, coach, lecturer. Cofounder of the Halin Prémont Enneagram Institute in Belgium, author of 4 books on the Evolutive Enneagram. Specialized in applications of the enneagram in leadership, executive coaching, brief therapy, school and career orientation.



# Integral Café - Leslie Hershberger

Between You and Love: Integral Transformation from the Inside Out

All Students

Much is written about evolution, but the heart of the matter lies in the inner experience of

people whose lives are broken open by change. In these times, we are literally and metaphorically annihilating one another over changing views of God.

In this session, Leslie takes us from an outside view of the Integral map into the lived experience of people who's lives and faith have been rocked by evolving notions of God. Too often, the guruteaching model has been foregrounded as a primary path for those seeking to evolve their understanding of "The Way." Here Leslie shows us that it is love that evolves us through a process of intention, attention and trusting our own inner authority as we relax into the "field." This is a dynamic, deepening, three-centered experience of self within community.

She explores how our Enneagram type is both an obstacle and opening to our own evolution through images, music, story and compelling narrative interviews with type exemplars.

Leslie also shares insights, the thorny challenges and lessons in using the Integral map, the Enneagram and the Narrative teaching style in her work with people whose traditional religious and spiritual identities are being challenged by changes which preceded deeper awakenings.

**Leslie Hershberger** co-facilitated *Coming Home* and *Between You and Love* with Ken Wilber and David Riordan, and co-facilitated *Patterns of Being: Where the Narrative Enneagram and* 

# 2013 CONFERENCE PROGRAM SCHEDULE: SATURDAY LATE AFTERNOON

*Integral Theory Meet* with Helen Palmer and is the Enneagram facilitator for *Integral Recovery*. She integrates the Enneagram, three-centered contemplative practice and Integral in her work.

1:00pm-3:30pm Creative Café

See Page 11 for description

Cook

3:30pm-4:00pm Afternoon Break

Foyer

# 4:00pm-6:00pm Saturday Late Afternoon Sessions



### Belinda Gore

Coaching High-Perfomance Leaders: Awakening and Integrating the Three Center

All Students

An intriguing look at the Enneagram for managers, executives, and the coaches and

consultants who work with them. Join this exploration into leadership that is based on the awakening and alignment of Belly Center, the Heart Center, and the Head Center, creating gifts and tools that drive everything from strategic planning to performance management. Discover how Strength and Will support Leadership Presence, how compassion and creativity make high-level Leadership Performance possible, and how expertise and energy provide the keys to Leadership Innovation. This presentation includes a model for using the Centers (and the three Enneagram types within each center) in leadership coaching and consultation and experiential exercises for trying out these tools for yourself.

**Belinda Gore, PhD**, is a leadership coach and consultant with Metcalf and Associates, as well as senior faculty with the Deep Coaching Institute, an Enneagram-based professional training program for coaches. She has been a member of IEA since 1994.



# Roxanne Howe-Murphy and Diana Redmond

Living the Mystery: Expanded Insights for the Spiritual Journey Revealed Through the Enneacross

All Students



How can I become a genuine human being? This may be one of the most potent questions we can ask ourselves as we explore our evolutionary nature and look to the path of transformation. By integrating two potent symbols, the Enneagram and the Cross (note: we are looking at the cross from many different mystical traditions) new understanding of the paradoxical and triadic nature of the

Enneagram is revealed. Deep spiritual questions arise: What is the nature of good and evil? What gives meaning to life? What is the role of suffering? How do we live these questions, surrender to them, and tend to our hearts? How do we allow for what cannot be known to seep deep within our souls, bringing us into greater contact with what is most real? This is the nature of our inquiry through the Enneacross. Come and explore this new work within the Enneagram field! A floor mat of the Enneacross will facilitate somatic and interactive experiences as we explore a process that takes us deep into the mystery revealed through the integration of these two powerful symbols.

Roxanne Howe-Murphy, EdD, founded the Deep Coaching Institute's Coach Certification Program, an IEA Accredited School and the Deep Living Institute. She is the author of *Deep Coaching: Using the Enneagram as a Catalyst for Profound Change* and *Deep Living: Transforming Your Relationship to Everything That Matters Through the Enneagram* (2013).

**Diana Redmond** is a professional coach, International Enneagram teacher, director and faculty member of the Deep Coaching Institute, an IEA accredited school for professionals in the growth-oriented fields. She co-founded *A Call to Presence*, providing Enneagram workshops and is faculty member for the Core Strengths Coaching Program at SF State University.

### **Janice Lewis**

Labyrinth See page 24 for description



### Lisa Morrice

"Sympathy for the Devil" Transforming the Nine Passions with Compassion

All Students

Ideally suited to fans of rock, pop, and emo, this musical odyssey through Ichazo's nine

Passions invites you to make friends with your favorite "sin"— instead of acting out or resisting it. During a brief audio/visual presentation, you will learn about the Passions through the core issues of each Center. Each Passion is "fleshed-out" with music, graphics, and text allowing you to quickly grasp the emotional energy behind each type. The power and impact of music allows you to understand the Passions not only intellectually but also with your heart and gut. You will then learn and apply the RAIL formula, (recognize, accept, investigate, and let go) to release patterns that keep feeding your Passion. You'll also discover:

- Why becoming aware of bad habits and parts of the self that want to get rid of them leads to new awareness
- How change occurs when you stop punishing what's wrong and rewarding what's right

# 2013 CONFERENCE PROGRAM SCHEDULE: SATURDAY LATE AFTERNOON

• How opening to the present moment cultivates peace and gives you a broader perspective

The format includes inner practices and group exercises. Applying these will help liberate you from the thrall of your Dominant Affect.

Lisa Morrice is a Riso-Hudson certified Enneagram teacher, Authorized Workshop teacher, and Enneagram Institute Network Member, with more than eight years professional experience applying the Enneagram to business, coaching, training, and workshops. She co-chairs the International Enneagram Association of Southern California.



### **Herb Pearce**

You are More Than Your Dominant Type All Students

Certainly your dominant type is very important but you are also more than one type. The Enneagram is a moving system that Herb includes in his ideas of sequence

(your three most used types which gives you a unique flavor in your typology) and how to actively develop other types beyond your core type. Herb will share ideas that challenge some of the traditional ideas of stress and secure types and he will emphasize the importance of understanding your instinctual subtype sequence, wings, clusters and many practical ways to use the Enneagram to enhance your life. He will be happy to interview anyone attending to clarify subtype, sequence, wing, etc.

**Herb Pearce** has taught 2000 Enneagram workshops, staff trainings and presentations in 22 years. Using the Enneagram in his psychotherapy/coaching practice for individuals, couples and families in Arlington, MA, he is the author of *The Idiot's Guide to the Enneagram, Enneagram Beyond the Basics* and *Herb's Tips for Living*.



# Claus Roager Olsen

Enne@Sales - The Enneagram and Sales - Would You Buy From YOU???

All Students

Would you buy from YOU?? Business doesn't

buy from Business—People buy from people...they trust! Thus to be successful in sales, communicating clearly is essential to inspire confidence and motivate customers to buy from you. The Enneagram is invaluable in sales because it clarifies how to leverage the communication skills and strengths of sales personnel, offers direction on how to work on communication pitfalls that interfere with your ability to communicate with nine different types of customers. Individuals and sales organizations will benefit from the use of Enne@Sales, developing understanding of the needs, buying patterns and communication preferences of customers of the nine styles. This workshop is

designed to highly involve participants and encourage them to actually use this opportunity to develop their sales skills. Practical sales tools such as *SalesCars*, *ClientCards*, *CertainSalesModel* etc. will be used throughout the workshop. Also knowledge about Instinctual variation will be covered at this workshop.

Claus Roager Olsen is one of the most powerful teachers of the Enneagram in Denmark, and uses his long-term background in sales and leadership in creating and delivering workshops for leaders, teams and salespeople. Claus is a public speaker, instructor, personal coach and consultant for businesses in Denmark. Claus is presently chairman for The Danish Enneagram Society and is very inspired by the Enneagram, children and close relationships.



Integral Café - Peter McNab

Integral Health

All Students

In this session, you will have the opportunity to explore all aspects of your health (including physical, emotional, mental and spiritual)

using two aspects of Ken Wilber's Integral Model, Levels and Type. (For truly integral health we would need to consider all aspects of the AQALALASAT but we won't have the time for that in just one session. There are many models we could use to explore either of these but we'll be using the work of Clare Graves and the Enneagram.) There will be a short introduction to the Graves Model but we shall quickly move on to exploring your health in a very practical way using each of the worldviews that Graves discovered. You will work in pairs of the same Enneagram Type considering your health using a combination of guided meditation and discussion.

In the second half of the workshop we'll open up the discussion and explore how we can use the model with others, and also the implications of working using Levels and Types. We shall finish by developing an individual Integral Health Action Plan.

Peter McNab is an INLPTA Master Trainer who has run dozens of NLP workshops up to the level of INLPTA Trainer, in over twenty countries on four continents. In 1995 he discovered the Enneagram, Clare Graves' model, and Ken Wilber's Integral model, and since then has been working towards integrating these models predominantly in leadership workshops. He is the author of Towards an Integral Vision: Using NLP and Ken Wilber's Integral Model to Enhance Communication, NLP Practitioner Cards, and the app, NLP Models. Peter sits on the Executive Committee of the IEA as Secretary, edits Nine Points, and co-edits the IEA Journal.

4:00pm-6:00pm Creative Café

See Page 11 for description

Cook

7:30pm-12:00pm Reception and Dance Party

**Confluence Ballroom** 

### **SUNDAY**

8:00am-9:00am Morning Refreshments

**Foyer** 

8:00am-3:00pm Bookstore

Blake

# 8:30am-11:00am Sunday Morning Sessions



### Dirk Cloete and Lucille Greeff

Scaling Enneagram Dynamics From Individual to Organizational Level: A Systemic Perspective All Students



This interactive session will introduce the "Integrative Approach" through the application of the Enneagram to make sense of individual, team and organizational dynamics. By scaling our understanding of the system from microto macro-levels, the Enneagram's relevance as a sense-making framework is expanded to encompass more than the intrapersonal domain. At each level of exploration, the

session will present issue-centric case studies to explore dynamics, focusing on: Centers of Intelligence; Enneagram point of resonance; Harmonic and Hornevian styles driving interpersonal dynamics; Strain/Stress. The case studies will enable participants to explore the implications of the perspective and boundaries applied to frame each situation or issue. With the Enneagram fulfilling the role of the central framework for exploring organizational health and effectiveness, we will explore polarities such as: Individual identity and organizational culture, individual strain and collective strain, leadership style and team identity. The session will build a picture of emergent complexity in an organizational context. This includes the consideration of the individual, the team, the leader in relation to the team, the team in relation to the organization and the organization in relation to its customers, suppliers and other stakeholders.

**Dirk Cloete** is co-founder of Integrative Enneagram Solutions. He specializes in web development, assessments, research and training. He brings a synthesis of Enneagram schools with the mystical philosophy of Astrology, Advaita, Hermetics, Kabbalah and powerful technology into Professional business coaching tools to encourage individual and team development and universal awakening.

**Lucille Greeff** is an Organizational Development (OD) practitioner with a specific interest in assessment, change management, organisational complexity and issue-centric OD. She is the co-developer of the Integrative Enneagram Questionnaire and co-founder of Integrative Enneagram Solutions. She lives in Cape Town, South Africa.



### **Tom Condon**

Pacing and Leading With the Enneagram All Students

Good communicators will often unconsciously match the verbal and nonverbal behavior of others, a practice called Pacing. Pacing was

first observed in the behavior of effective therapists who use it to establish a quick working rapport with their clients. A skilled therapist will often mirror a new client in subtle ways; as the client talks, the therapist may adjust her voice tone and tempo to match the client's. If a client crosses his legs, the therapist might follow; if the client nods, the therapist nods and so on. After Pacing a client, the therapist, (or coach or counselor) will then begin Leading; by changing, for example, her verbal and nonverbal behavior until the client follows in kind. This is evident when the client's outward behavior changes as well as when the client shifts to a new and more resourceful inner state. The method of Pacing and Leading adds a powerful dimension to the Enneagram. Knowing someone's Enneagram style enables you to pace their worldview and unconscious assumptions as well as lead them towards the talents and natural strengths of their style. This approach will help you establish rapport with Enneagram styles that baffle or frighten you. You can also use pacing to temporarily "become" another Enneagram style, to deeply experience a style that has qualities you admire. Join us in this workshop for a demonstration, explanation and intriguing exercise in which you can experience and use this method on the spot.

**Tom Condon** has taught over 800 workshops in the US, Europe and Asia. He offers specialized trainings and consulting for institutes, businesses and organizations. Tom is the author of over 50 audios, videos and books, now available as inexpensive downloads. For information about his workshops or products go to www. thechangeworks.com



# Andrea Isaacs

EnneaMotion: A Taste of Type

All Student

The experience of stepping into someone else's shoes is often the closest we get to finding out what it's like to be them. EnneaMotion is an

experiential approach to learning the Enneagram. By experiencing the energy of the different types, we gain insight and increased compassion. And it's more than that. We actually can change the brain by creating new neural pathways which allows us to access the best qualities of all the types. It's an easy-to-use and very natural way to increase our emotional intelligence and find greater wholeness and joy in our relationships and in life. We'll go in depth with one type, and have an opportunity for a lighter taste of all nine. This program will be accompanied by live musicians improvising with us as we experience "A Taste of Type."

**Andrea Isaacs** has been on the cutting edge in the field of emotional intelligence since 1994 when she created EnneaMotion. She has been an integral part of the Riso-Hudson training program since 1994. She travels the world teaching, coaching, and changing lives.



# Ginger Lapid-Bogda

Step into Your Authority | Unleash Your Power Potential

All Students

Individuals of each enneatype have a particular relationship to their internal authority, but also

to external power, influence, and authority. Our internal authority is what gives us clarity, conviction, and the wisdom to take effective action. Our relationship to external power, influence and authority impacts how we constructively engage in the world with maximum impact. Often we project that enneatype Eights are the reservoirs of power and authority, but even they are not accessing their deepest reserves of positive power and influence. We may believe that Sixes (self-preservation and social subtypes) are limited in their power and influence, but that's not true either. What is more accurate is this: based on our enneatype, we have attitudes and judgments about power and authority; type-based perceptions about how much power and influence we actually have and where this comes from, and that all of these beliefs and feelings limit our deepest power potential. In this interactive, dynamic, and creative session, you'll explore your type-based reactions to both internal and external power, influence, and authority in revealing ways. From there, you will actually be able to experience what it feels like to fully step into the power source of your deepest self.

Ginger Lapid-Bogda, PhD, Enneagram author, teacher, organization consultant and coach helps organizations, leaders, and teams use the Enneagram at home and work. Author of 4 Enneagram-business books, she provides certification programs globally and created "Know Your Type," the Enneagram app for iPhone and Android. In addition, she has an extensive background in Diversity consulting with Fortune 500 and non-profit organizations.



# Terry Saracino

Dynamics of Flourishing Relationships: The Role of Instinctual Energies

Intermediate

This presentation will explore the impact of instinctual energy, separate from type, on relationships. The three major instincts (self-

preservation, social, and sexual) and the subtypes which are formed by them have a powerful impact on our style of relating because they reflect our fundamental values. Since each instinct has very different interests, energy levels and needs, conflicts in relationships are often more related to subtype than type differences. Understanding these differences can improve relationships immediately. Participants will explore a current relationship and leave the workshop with greater awareness about the key dynamics of this relationship. In addition, participants will gain a better understanding of the influence of instincts on relationships in general. The workshop will include a brief talk, inner practice, group exercise and short panels. These panels will consist of participants with different instinctual energies talking about the strengths, challenges and productive ways to work with the different energies.

**Terry Saracino, MA, MBA,** brings over 23 years of experience teaching the Enneagram as a tool for psychological and spiritual growth. She is currently President of the nonprofit Enneagram Studies in the Narrative Tradition (ESNT) and on the faculty of the world-renowned Enneagram Professional Training Program (EPTP).



# Elizabeth Wagele

A Conversation by Young People about the Meaning of Death

All Students

A Conversation by Young People about the Meaning of Death will be a panel of young people, all under the age of 35, using "The

Enneagram of Death" as a jumping off place to discuss their feelings, thoughts, and attitudes about death and dying. I'll ask them questions about their defenses, how they experience their grief and fear, and their reactions to some of the stories in the book. Then you can meet with them in small groups, exchange views, and we'll hear what came out of those meetings. "The Enneagram of Death - Helpful Insights by the 9 Types of People on Grief, Fear, and Dying" has presented an opportunity for many of us to have a needed conversation about death. I believe the sooner we become comfortable talking about it—as well as lots of other touchy or taboo subjects—the better off all of us will be. This promises to be an interesting meeting of minds, hearts, and generations on this important and often poignant subject that impacts every one of us.

Elizabeth Wagele is known for her blogs, articles, music, and books: The Enneagram Made Easy, The Career Within You, The Enneagram of Parenting, The Beethoven Enneagram (CD), The Happy Introvert, Are You My Type, Am I Yours? Finding the Birthday Cake, and The Enneagram of Death.

#### 2013 CONFERENCE PROGRAM SCHEDULE: SUNDAY MORNING

**Integral Panel Discussion**: The culminating session of the Integral Café will give participants an opportunity to ask questions of a panel consisting of the Integral Café presenters from throughout the conference. This will be a great opportunity for us to synthesize the many ideas and experiences that we have had and to consider ways of taking this work forward. Cross-questioning and discussion will be encouraged amongst the panelists. The session will be moderated by Peter McNab.

11:00am-12:00pm Lunch on Own

**Foyer** 

12:00pm-2:30pm Closing and Culminating Activity

Endnote Address/Closing Session -

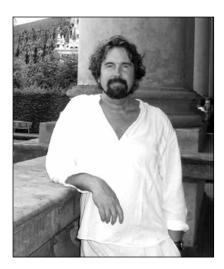
Timothy Dobson Confluence C

## Endnote Address DANCES OF UNIVERSAL PEACE Presented by Timothy Dobson

imothy Dobson and his team of musicians will lead us in a culminating activity with the **Dances of Universal Peace.** No musical or dance experience necessary—participation is the focus. Simple circles with simple steps danced to profound music. The Dances of Universal Peace are part of the timeless tradition of Sacred Dance, a transformative spiritual practice,



evoking an embodied sense of unity, presence and compassion. Offered in an atmosphere of safety, authenticity and mindfulness, the Dances invite us to experience community.



**Timothy Dobson** has taught the **Dances of Universal Peace** in weekly classes along Colorado's Front Range for the past 14 years. A graduate of Naropa University with a BA in Music/Psychology, he focused his senior project on the Healing Properties of Sacred Dances. In 1992, he received ordination as Interfaith Minister through completing a two-year program with the New Seminary in New York City.

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Roxanne Belii Howe-Murphy, PhD EdD

Belinda Gore, PhD

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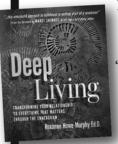
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## ENNEAGRAM STUDIES IN THE NARRATIVE TRADITION



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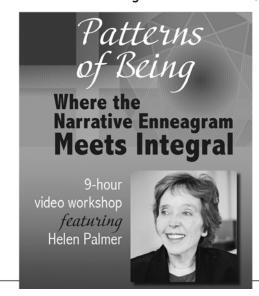
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— Jack Kornfield



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Cost per weekend: \$275. Fee reduction available for students.

For more information, contact Carli Simons at: **carlisimons@yahoo.com** | **(818) 508-9721** 

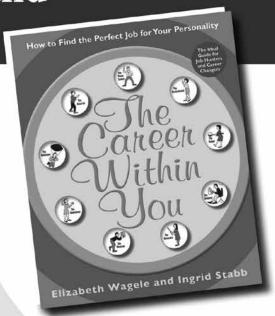


**Sandra Maitri** is one of the principal teachers of the Diamond Approach, and a member of its leadership council. She was one of the original students of Claudio Naranjo, M.D., a trailblazer in transpersonal psychology. She is the author of *The Spiritual Dimension of the Enneagram* and *The Enneagram of Passions and Virtues*.

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- Worksheets
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- · Sample resumes
- · Tips on preparing for interviews
- Humorous Wagele cartoons that help make the Enneagram accessible for anyone



## The Ineagram Institute World Headquarters



#### Core Faculty and Leadership Team

(Left to right)

Gayle Scott
Lynda Roberts
Brian Taylor
Russ Hudson
Michael Naylor
Katy Taylor
Tim McLean
Inset: Andrea Isaacs

**Don Richard Riso** Co-founder, Author, Teacher (January 17th, 1946 – August 30th, 2012)

of Don Riso and his trailblazing work with Russ Hudson, and committed to integrity, compassion, and clarity, we offer our work with the Enneagram in service of the awakening of the human spirit.

The Enneagram Institute

3355 US Hwy 209 Stone Ridge, NY 12484 The Enneagram Institute, formed by Don Riso and Russ Hudson in 1997, is dedicated to the Work of personal transformation. Spiritual teachers worldwide have always reminded us of the richness of our inner life. Without the kind of profound self-knowledge that the Enneagram offers, however, it is exceedingly difficult to awaken to the deeper truths of the soul or to sustain whatever degree of realization we may have attained. The Enneagram Institute combines precise psychological insight and embodied presence with the illumination of spiritual practice and understanding to support individuals and organizations in lasting transformation.

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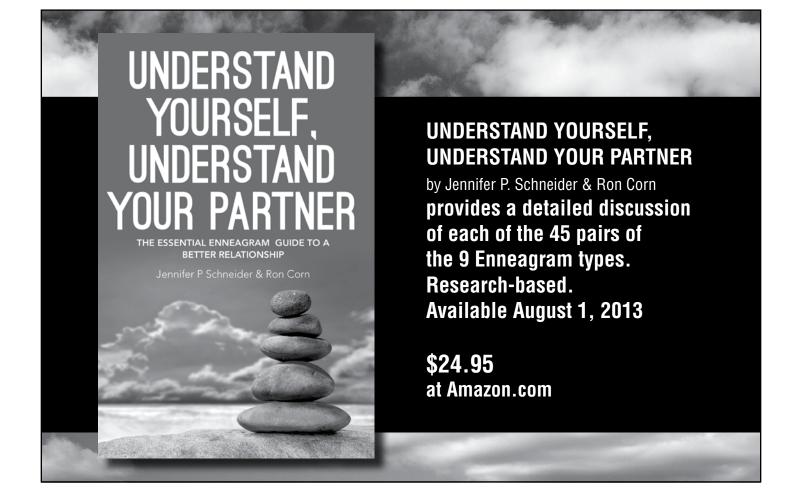
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#### THANK YOU!

Lonsider this the most important page in the entire program—for without busy and willing hands, hearts and heads, the Conference would not be the success that it is. Time, talent and energy combined in so many ways, to prepare an unforgettable experience for you. I extend my sincere thanks to all of the folks listed here—and to so many more.

I hope that you will take the opportunity to thank them as well.

#### **IEA Administrator: Sandy Hatmaker**

Sandy's efficient and good humored help is so valuable. This Conference could not happen without her, and her wonderful staff. Always ready to assist, friendly and knowledgeable — Deep gratitude.

#### **Conference Committee:**

Maria Jose Munita Brita Connelly – Auction Princess
Lynda Roberts Charlene Taylor – Creative Cafe

Mario Sikora Peter McNab – Integral Café Coordinator

#### Volunteer coordinator: Sandy Jaffe-Belanger

And her crew: Elan Fern, Wanda Ross Padilla, Ron Esposita, Sue Burdette, Wendy Wilson,

and others who volunteered after the program went to print.

Conference Recording Services, Inc: Richard Page

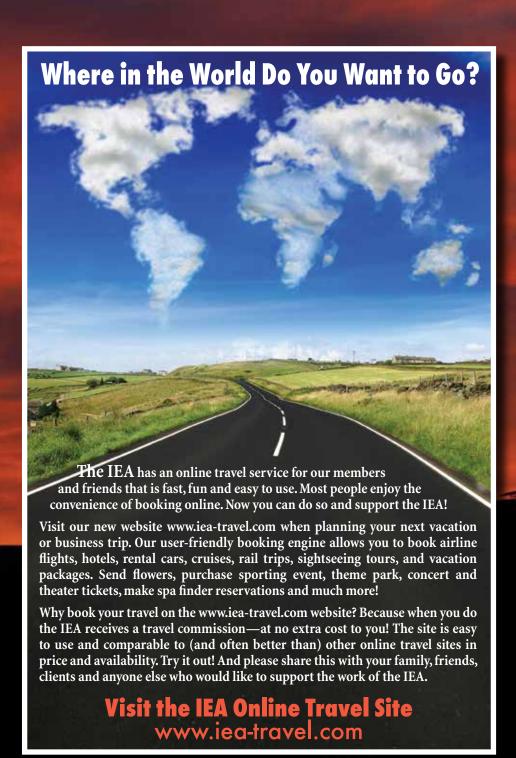
Conference Book Store: Gregg Jambeck Conference Photographer: Ken Sergi

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My deep appreciation to all of these fantastic colleagues! A special thanks to those who added something special: Helen Palmer, Jeff Salzman, Janice Lewis, Brita Connelly, Peter McNab, Charlene Taylor, Timothy Dobson, and all of the presenters!

My greatest thanks and gratitude to you—the participants!

Kathryn Grant 2013 Conference Chair







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