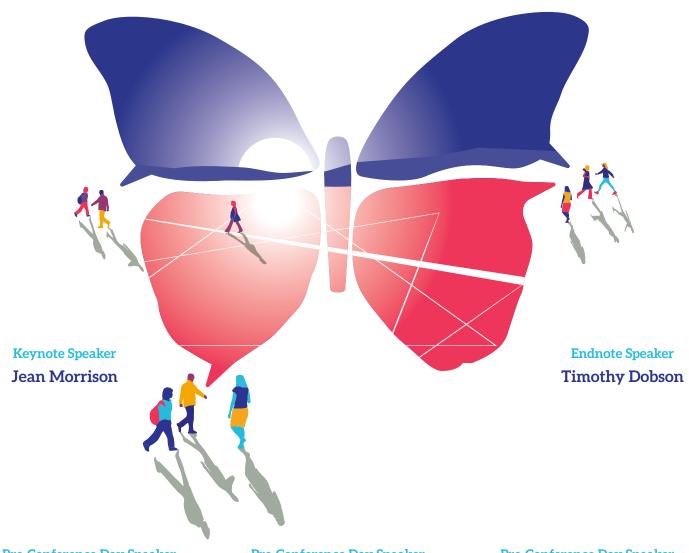


# 2016 IEA Global Conference Conversations that Transform

Furthering Transformation and Change



Pre-Conference Day Speaker
Russ Hudson

Pre-Conference Day Speaker

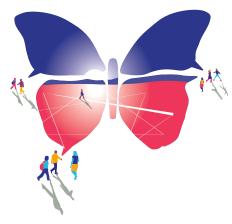
Mario Sikora

Pre-Conference Day Speaker

Jack Killen



#jointheconversation



# 2016 IEA Global Conference

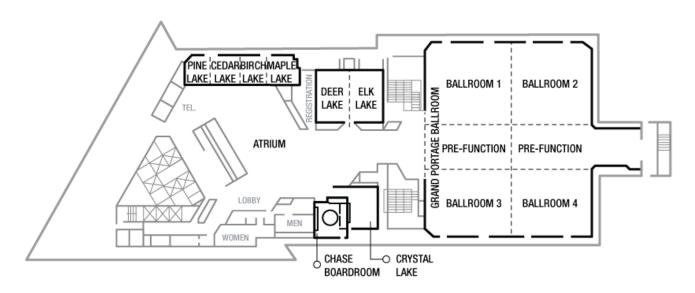
# **Conversations that Transform**

Furthering Transformation and Change

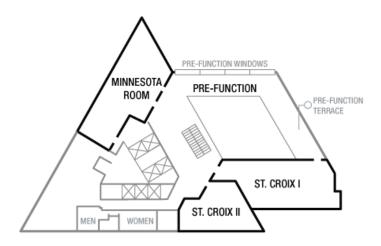
# **Minneapolis Marriott City Center**

30 South 7th Street Minneapolis, MN 55402 USA

## FOURTH FLOOR



#### SIXTH FLOOR



# Conne! IEA Global Conference





International

**ENNEAGRAM** 

Association

Engagement. Education. Excellence.

# **OUR VISION**

A world in which the Enneagram is widely understood and constructively used.

# **OUR MISSION**

To support our members by providing opportunities for:

Engagement with an international community of shared interest and diverse approaches

Education in theory and application of the Enneagram

Developing
greater
excellence
in the use of the
Enneagram



Association

Engagement. Education. Excellence.

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All sessions, events and activities, including the open space that is being used by the IEA conference, are subject to being recorded by video, audio, still image photographs and other media forms by vendors listed in this program booklet. By attending the Conference you give consent to being video/audio recorded and photographed by authorized vendors in all media formats and have those recordings and/or images used by the IEA and authorized vendors for sale, marketing and/or promotional purposes.

# **WELCOME FROM THE IEA PRESIDENT**

n behalf of IEA's Board of Directors, I welcome you to the 2016 IEA Global Conference. We are excited about being in Minneapolis and are sure that you will enjoy the many opportunities that this beautiful city offers.

I am extremely grateful for this opportunity to gather once again with fellow Enneagram professionals and aficionados from around the world. If you are here for your first IEA conference, we extend to you a very warm welcome. To those of you who have attended before, a very warm welcome back.

Use of the Enneagram is expanding quite rapidly, all around the globe, thanks in large part to those in attendance at this conference. As we engage with and learn from each other over the next few days, let's also embrace and celebrate the work that we are all doing toward "creating a world in which the Enneagram is widely understood and constructively used."

The Conference Committee, led by Kathryn Grant, with the never-ending assistance of Sandy Hatmaker, has worked hard to provide a rich and rewarding conference experience. The format of this year's conference is slightly different, with Saturday



Be sure to take advantage of our IEA Conference App which can help you locate the sessions you want to attend, connect with other conference attendees, receive conference announcements, provide real-time feedback on sessions and the conference in general, and download conference presenters' handouts.

During the conference, we invite you to stop by the IEA Board Table located in the foyer to meet and chat with IEA Board members, ask questions about IEA Accreditation and other programs, provide feedback on the conference, and share your ideas about the organization.

Thank you to all of the speakers and panelists for coming to Minneapolis to share your knowledge and experience. Thanks also to each and every attendee for being here and for being a part of our growing Enneagram community. I want to also thank the members of the vibrant Minneapolis IEA Chapter for the generous support they've provided for this year's conference. And a huge thanks to the rest of the IEA Board members: President-Elect Curt Micka, Vice President Belinda Gore, Secretary Mette Hvied Lauesen, Treasurer Brian Mitchell-Walker, Peter McNab, Kathryn Grant, Patrick Kayrooz, Juan Antonio Martinez, Earl Wagner, and Leslie Hershberger. I'm honored to be a part of such a committed, hard-working, and professional team. I want to also thank and honor the IEA Founders, several of whom are here at the conference continuing to teach and support this organization and community.

It is the board's hope that you fully enjoy this opportunity to nurture friendships, increase your knowledge and experience, nurture your own personal growth and transformation, and have an all-around fulfilling conference experience.

Enjoy the conference!

Lvnda Roberts

President, IEA Board of Directors

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# **WELCOME FROM THE 2016 CONFERENCE CHAIR**

# **CONVERSATIONS THAT TRANSFORM**

Minneapolis – what a cool city! River walks and cruises. Parks, bicycle paths, restaurants too numerous to mention, active night life – and live theater venues featuring a variety of plays, concerts. Museums and art galleries beckon. Take advantage of some of these while you are here – and, if you are a shopper – you really must get over to the Mall of America. Wear comfortable shoes!

The line-up of presenters is amazing – again. Several first time presenters, some tried and true, and some we have not heard from for a while: Welcome and Welcome Back! Most of the sessions offer some measure of interaction and opportunity for conversation. The Conference App is back, new and improved - (more info on this handy tool at the introductions and in your packet). Use this to help decide which sessions are most interesting for you, to connect with friends and enter comments and evaluations.

Preconference Day brings three amazing teachers to the stage. Russ Hudson, Jack Killen and Mario Sikora share their insights and expertise on the importance of attitudes and tools generally associated with the "head center" in pursuing self-development or a spiritual path. This day promises great wisdom and fascinating, challenging conversation.

Saturday morning we offer a new format – and though it may appear to be difficult to choose which to attend – we have a solution. Three panels of Enneagram experts who also have expertise in an additional field will have facilitated conversation about three interesting and diverse topics and include the influence that the Enneagram has. Addiction and Recovery. Subtypes/Instincts. Spiritual Bypassing. These will be video-recorded and made available on the new IEA website. So you really can experience all three.

Several receptions and parties - Thursday, the Welcome Reception will be hosted by members of the Minneapolis chapter as well as the Board of Directors. A friendly, lively gathering on Thursday evening in the fourth floor atrium – be there!

The Professionals' Reception on Friday evening is a great place to meet and greet old friends and new in an informal setting.

Also on Friday evening, folks who have pre-purchased tickets will head out to the Guthrie Theater to see South Pacific. A classic musical – known for its early and surprising (at the time) treatment of prejudice. The music is wonderful with many familiar songs - and the theater is great.

Saturday Night Party and Dance – wear your dancin' shoes! Russ is back! You can rightfully expect an exciting mix of music from Mr. Music, himself. We have a truly unique venue this year. The hotel is providing us with the entire sixth floor which easily divides into – a room for the music and dancing, an area for quiet conversation (of course!) and

another for games and party food – all within sight and sounds of each other. Beautiful!

The drawing for the raffle prizes will take place about 9:00. Purchase your tickets and then get ready to travel!

Our "reverse auction" will begin Friday morning and continue until Sunday noon. Remember, if you see an item you want, best to purchase it. Sure, prices decrease but potential buyers increase. Don't miss out on the object(s) of your desire.

Visit the bookstore! Gregg always assembles a fascinating array of the newest books, CDs, DVDs and miscellaneous Enneagram items –and some of the favorite oldies. Jean Morrison – keynote – will have several of her books available.

Glad you are here. Enjoy!



# **IEA FOUNDERS**









#### **Maria Beesing**

Maria C. Beesing. OP. was the first President of the IEA. A Dominican Sister, she spent eighteen years in elementary education and began ministering as a spiritual mentor, retreat director and facilitator of seminars on spiritual and personal growth. In 1984, she coauthored The Enneagram: A Journey of Self-Discovery with Patrick O'Leary and Robert Nogosek. She has presented Enneagram workshops in the USA, Canada, Latin America, Pakistan, and Europe. Currently, she is the co-director of the **Collaborative Dominican** Novitiate in St. Louis.

#### **David Daniels**

David Daniels, MD. Clinical Professor, Department of Psychiatry at Stanford, maintained a private psychiatric practice in Palo Alto for over 30 years. Together with Helen Palmer, he created the Enneagram **Professional Training** Program in 1988. Dr. Daniels served as co-director of the first US Enneagram conference at Stanford University in 1994. He now teaches the Enneagram worldwide. He is also co-author of The Essential Enneagram and co-producer of the DVDs "The Nine Paths to a Productive and Fulfilling Life" and "The Enneagram in the Workplace."

#### Deceased Theodorre Donson

Theodorre Donson, MDiv was a lecturer and author in psychology and spirituality. Donson drew upon the spiritual masters and leading psychologists while stressing the importance of personal renewal and healing. Theodorre was co-author with Kathy **Hurley of three** Enneagram books: Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality; My Best Self: Using the Enneagram to Free the Soul; and What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self.

## **Andreas Ebert**

Andreas Ebert was born in Berlin, Germany in 1952. He studied **Protestant Theology** at Neuendettelsau, Tubingen, Wurzburg, and Heidelberg. He is pastor of St. Luke's in Munich and also (since 2004) the **Director of Spiritual** Center "St. Martin am Glockenbach," also in Munich. He is also author (with Richard Rohr) of Das Enneagramm: Die Neun Gesichte der Seele and author or editor of seven other books on the Enneagram.

#### **Russ Hudson**

Russ Hudson is the **Executive Director of Enneagram Personality** Types, Inc. and co-founder of The Enneagram Institute. Russ co-teaches the Riso-Hudson **Enneagram Professional Training Programs** and is a former vicepresident of the IEA. He teaches in Europe, Asia, Africa, South America, Australia, and the United States.

Russ co-authored the following books with Don Riso: The Wisdom Of The Enneagram, Personality Types (revised edition); Understanding the Enneagram (revised edition); Discovering Your Personality Type (revised edition), and the audiotape The Power Of The Enneagram. Russ also assisted Don Riso in writing Enneagram Transformations.

# **IEA FOUNDERS**









#### **Kathy Hurley**

Kathy Hurley has been teaching about various aspects of personal change since the early 1980s, devoting herself to community leadership and awakening the human spirit to reclaim its destiny, freedom and greatness.

She is co-author with Theodorre Donson of three Enneagram books: Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality; My Best Self: Using the Enneagram to Free the Soul; and What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self, now published in eight languages.

#### Patrick O'Leary

Patrick H. O'Leary, MS, MDiv, is a speaker, facilitator and consultant who has been researching and teaching personality theory on four continents since 1971. His management-consulting firm specializes in developing the communication and conflict resolution skills of team leaders. He also teaches business courses at Cleveland State University.

In 1984 he co-authored The Enneagram: A Journey of Self-Discovery, which is now available in six languages.
O'Leary has authored tape sets, articles and a psychometric instrument to identify type. He served as the IEA's Executive Director in 1996.

#### **Helen Palmer**

Helen Palmer is a teacher of psychology and intuition and the author of five books about human consciousness. Two of her Enneagram books now appear in 21 foreign languages. She is also featured in a PBS documentary Breaking Out of the Box: Discovering the Enneagram.

Together with David Daniels, MD, she codirects The Trifold School, an international teaching network, training and certification program. Co-director of the first US Enneagram conference at Stanford University, she has been a faculty member at JFK University School of Consciousness and Esalen Institute. Helen is an elected fellow of the Institute of Noetic Sciences and the World **Business Academy.** 

#### Deceased Don Riso

Don Riso, MA, was **President of Enneagram** Personality Types, Inc., and co-founder of The Enneagram Institute. Don was also the author of five Enneagram books: The Wisdom of the Enneagram; Personality Types, Understanding the Enneagram: Discovering Your Personality Type; and Enneagram Transformations. These are currently available in multiple languages, among them English, German, Italian, Japanese, Chinese, Korean, Spanish, Dutch, Hungarian, and Portuguese.

In addition, Don taught the Enneagram in Europe, Japan, China, South Africa, South America, and throughout the United States.

# Jerry Wagner

Jerry Wagner, PhD, is the author of the Enneagram Spectrum of Personality Styles: an Introductory Guide; the Wagner Enneagram Personality Style Scales (WEPSS): and Two Windows on the Self: the Enneagram and the Myers-Briggs. Jerry has been researching and teaching the Enneagram for over 30 years and has offered the Enneagram Spectrum Training and Certification Program nationally and internationally for the past 15 years: www. enneagramspectrum. com. Jerry is a faculty member of the Department of Psychology and the **Institute of Pastoral** Studies at Loyola University, Chicago. He is a clinical psychologist with a psychotherapy practice in Evanston, IL.

# **2016 BOARD OF DIRECTORS**



#### **Lynda Roberts: President**

#### Decatur, Georgia, USA

Lynda Roberts is a certified Enneagram teacher and an IEA Accredited Professional. She is on the faculty of the Enneagram Institute, teaching certification program trainings and workshops. She also designs and delivers customized Enneagram workshops and trainings and provides other Enneagram-based consulting services such as leadership development, conflict management and team building. Lynda is a certified Project Management Professional (PMP) having retired from a management career in information technology. She's in the Diamond Approach work as a member of Sandra Maitri's International Retreat Group.

#### Curt Micka: President-Elect Nominating Committee, Nine Points, Membership

#### ▶ Minneapolis, Minnesota, USA

Curt Micka, J.D., is a coach, mediator, Enneagram teacher, and facilitator. He owns and operates Conflict Transformation Services, LLC. He's a graduate of the Deep Coaching Institute, and a certified teacher of the Enneagram in the Narrative Tradition and an IEA Accredited Professional. He has 20+ years experience mediating conflicts of all sort, and he teaches workshops about how the Enneagram can help us navigate conflict more constructively, creatively and compassionately. As a coach, he specializes in helping people and workplace teams navigate conflict more productively, collaboratively, and compassionately.

#### Belinda Gore: Vice President, 2017 Conference Co-Chair

#### Lewis Center, Ohio, USA

Belinda Gore is a psychologist and personal development coach with extensive experience in leadership development. She is a senior faculty member and a partner in The Deep Coaching Institute as well as being an IEA Accredited Professional. For many years she served as president and is now director of training for The Cuyamungue Institute, a non-profit organization that explores ancient practices from indigenous cultures that expand the capacity of contemporary healers and agents for deep change. Belinda is also a member of Sandra Maitri's International Retreat Group and a practitioner of the Diamond Approach.

# **Mette Hvied Lauesen: Secretary**

#### ▶ Copenhagen, Denmark

Mette is a communications advisor with the regional government in the Copenhagen area. She is fascinated by what motivates and inspires people and as such uses the Enneagram in her daily life. She has undergone training with both Danish and American teachers. Because of her enthusiasm for the Enneagram as an interpersonal tool, she has been an active part of the Danish Enneagram scene for a few years – including being President for the Danish IEA board.

#### **Brian Mitchell-Walker: Treasurer**

#### ► Regina, SK, Canada

Brian is a certified coach, Enneagram Teacher and Nine Domains Facilitator. He started Be Mindfully Well, to work with individuals, couples, families and organizations in 2010. Brian wishes he had the knowledge of the Enneagram when he taught for 12 years in inner city Toronto. When he moved to Regina and shifted to working for the church in adult education, supporting congregations and leadership across the country, he was encouraged and supported to learn about the Enneagram. So it seemed only natural to develop a business to continue to deepen this understanding, by sharing and working with others that want to meet the challenges of everyday living with an open heart.

#### **Kathryn Grant: 2016 Conference Chair**

#### Cave Creek, Arizona, USA

Kathryn Grant is an IEA Accredited Professional. She received her certification training with Jerry Wagner, PhD and is currently on staff with Jerry's training and certification program. She teaches the Enneagram and applications at workshops, retreats and in staff development trainings and uses the Enneagram in her coaching and spiritual direction practices. Kathryn has enjoyed her five years on the IEA Board as Conference Chair - working with a fantastic group of people, meeting members and establishing friendships.

# 2016 BOARD OF DIRECTORS



# ► Cincinnati, Ohio, USA

Leslie Hershberger: Conference Marketing, 2017 Conference Co-Chair

Leslie is an Enneagram facilitator, coach and consultant with a background in education, theology and Integral theory. She owns and operates Living Enneagram, LLC and is certified in the Enneagram in the Narrative Tradition teacher and coach tracks and in the Enneagram in Business. She created two Integral international online courses (one focusing on Enneagram spirituality) with David Riordan and Ken Wilber. She brings team and leadership development to organizations by doing project based consulting which not only deepens employee engagement and transformation, but also supports people in sustaining intentional change. She's a devoted 12 year practitioner/member of the intentional Bergamo Enneagram Learning Community which is dedicated to individual and interpersonal transformation through the simple practice of three centered presence.

## **Patrick Kayrooz: Marketing**

#### ▶ Five Dock, Australia

Patrick Kayrooz is an Entrepreneur and an accredited Enneagram teacher in the Narrative Tradition. He is a business development educator and motivator with a Masters in Education and a Degree in Theology. Patrick has established successful businesses and has worked in the areas of branding, policy review, development and training in the educational and corporate arenas for the past 25 years. He has established Enneagram HQ, which facilitates Team Building, Leadership and Self Awareness through workshops on the Enneagram and its application in everyday situations. Patrick is a passionate advocate of the Enneagram, endeavoring to 'walk the talk' in his own personal development and spirituality. Sally, his pet Maltese Terrier is a constant companion at Enneagram HQ.

#### **Juan Antonio Martinez: Global Affairs - Affiliates**

#### Madrid, Spain

Juan Antonio, an ICF certified coach, runs XLNS Coaching, his business focused coaching practice. He's a certified teacher in the Narrative Tradition (EPTP), trained in the Enneagram Institute (Riso-Hudson), and has undergone training in spiritual aspects of the Enneagram. He also has a smaller practice, focused on personal and spiritual development and empowerment. He uses the Enneagram both in one-to-one coaching with business owners, and individuals, and, under the umbrella of Eneagrama y Empresa, he's trying to make a difference in how we relate in the workplace, changing our organizations and thus our society.

#### **Peter McNab: Board Member**

#### Rawtenstall, United Kingdom

Peter runs excellenceforall Ltd. He is an INLPTA Master Trainer who combines elements of The Enneagram, Clare Graves' Model and NLP in his corporate leadership programmes. He is the author of *Towards An Integral Vision* and the *NLP Practitioner Cards*. If pressed, he will show a magic trick or two.

#### **Carla Smith: Board Member**

#### ► Maple Plain, Minnesota, USA

Carla Smith currently serves on the board of the Minnesota Chapter of the IEA and has chaired its Program Committee for the last several years. Carla first discovered the Enneagram almost 20 years ago while working as a corporate lawyer, and has studied with the Enneagram Institute, the Enneagram in the Narrative Tradition and other leading teachers, and received a Full Circle Enneagram Training Certification. Carla devotes significant time and energy to her many passions, including her human and canine family (ask about her sled dogs and retrievers), organic gardening and maintaining her rural homestead, wilderness canoe travel, and supporting the performance of live acoustic music through her house concert series, Sun Dog Farm Concerts.

#### **Tina Tornell: Board Member**

#### ▶ Stockholm, Sweden

Tina is a Riso-Hudson certified Enneagram teacher and ICF coach with a previous career within banking. She founded the company EnneagramCenter in 2008 and has ever since – together with her business partner – used the Enneagram in organizations for the purpose of enhancing self-awareness and communication. They have also created the first ever Enneagram certification program in Sweden. In 2015 they published their own Enneagram book – one of few in Swedish. She initiated the start of the Swedish Enneagram Association in 2011. Tina is a member of the Scandinavian Diamond Approach group. What motivates her in her work is helping people understand and accept themselves and each other.

#### Earl J. Wagner: Technology

#### Berkeley, California, USA

Earl J. Wagner, Ph.D. is a software engineer at Google. He has long been fascinated by the variety of perspectives that we as different individuals hold. This led him to discover the Enneagram nearly ten years ago, and to appreciate how it illuminates our personal motivations. He has trained with Russ Hudson and the teachers of the Enneagram Institute, and Katherine Chernick and David Fauvre, and attended the workshops of various other teachers. He is also involved in the US Nonviolent Communication (NVC) community having trained, and assisted in trainings, on both the East Coast and West Coast.



# **KEYNOTE ADDRESS**



Friday, July 22 — 10:00am-11:30am Ballroom 1&2

# **Jean Morrison**

# "The Language of Life" Meets the Enneagram

I'm excited to invite an interactive dive into **The Language of Life**, a name affectionately and respectfully given to the process formally known as "Nonviolent Communication (NVC)." The Language of Life" is a powerful process that invites awareness of our habitual thoughts and communication, and gives us specific principles and tools to maximize connection through honesty and empathy.

Founded and shared world-wide for decades by Marshall Rosenberg, PhD., his legacy has expanded to over 400 certified trainers and dozens of global organizations who provide training and transformational work in schools, businesses and organizations, inner cities, prisons, wartorn regions, health care programs, and with individuals and families.

With thirty years of stories, challenges, and celebrations in sharing and living (to the best of my awareness) this process, my intention is to provide an' overview laced with specific examples and some experiential interludes.

Bring your Enneagram type patterns to join in the exploration of the 4 Key Distinctions that make The Language of Life" a balm for our brains, bodies, and relationships!

# **ENDNOTE ADDRESS**

Sunday, July 24 — 11:00am-12:30pm Ballroom 3&4

# **Timothy Dobson**

# Closing and Culminating Activity

Timothy Dobson and his team of musicians will lead us in a culminating activity with the Dances of Universal Peace. No musical or dance experience necessary - engagement is the focus. Simple circles with simple steps danced to profound music. The Dances of Universal Peace are part of the timeless tradition of Sacred Dance, a transformative spiritual practice, evoking an embodied sense of unity, presence and compassion. Offered in an atmosphere of safety, authenticity and mindfulness, the Dances invite us to experience community.

Join in this unique form of conversation - body, soul and spirit. An appropriate and enjoyable endnote for our four days of conversation.



# 2016 IEA CONFERENCE SPECIAL EVENTS

# WEDNESDAY

► GENERAL ASSEMBLY OF AFFILIATES & CHAPTERS 12:00pm-5:00pm Deer/Elk Lake

The General Assembly of Affiliates and Chapters (GAA) is the official forum of participation of IEA countrywide Enneagram associations affiliated to the IEA. Two representatives for each IEA Affiliate and the US Chapters will gather from 12:00pm to 5:00pm during this eight annual meeting, to discuss necessities, report activities, suggest plans, and influence the course of action of the IEA. The official IEA Affiliates are: Argentina, Brazil, Chile, China, Denmark, Finland, France, Netherlands, Norway, Portugal, Singapore, South Korea, Spain, and Sweden. The official US Chapters are: Colorado, Indiana, Midwest, Minnesota, Northern Minnesota, and Greater Washington DC.

Our main objective is to facilitate and encourage collaboration in our global organization; exploring current and new possible benefits for the membership, sharing best practices to assist the formation and growth of newer affiliates and encouraging involvement in year round IEA activities. All IEA members are invited to observe this session.

# **THURSDAY**

WELCOME RECEPTION 6:00pm-9:00pm 4th Floor Atrium

Reception food & Cash Bar— This special event welcomes conference attendees from around the world. Join us for a social evening of reuniting with old friends and making new ones. Enjoy a light dinner. Wine, beer and cocktails will be available for purchase.

► MEET AND GREET YOUR IEA BOARD OF DIRECTORS
Throughout the Conference – 4th Floor Atrium

Visit the hospitality table in the registration area to meet the Board members and ask questions about the IEA. Learn more about Nine Points. Make suggestions and have your questions answered about accreditation, chapters, affiliates, future plans, and explore how you might become involved in the workings of the IEA.

# **▶ HEAD SHOTS - CONFERENCE PHOTOGRAPHER**

Ken Sergi will be available during conference for individual or small group professional photos. Do you need an updated head shot for your website, business card or Facebook? Ken's the man to see. For \$50 Ken will take a great shot and provide a high resolution jpeg. Reserve in advance and save! \$45 for prescheduled appointments. The results are worth it!

619.204.6622 ken@sergiconsulting.com

# **2016 IEA CONFERENCE SPECIAL EVENTS**

# **FRIDAY**

# ► REVERSE AUCTION 4th Floor Atrium

At the opening of the auction, each item will have a set bid price. If you love that item and are ready to take it home you can sign and purchase your prize! Just take the item and the bid sheet to Sandy at the registration desk and purchase. Or if you feel lucky, you can wait and save as the price decreases! Prices will be slashed throughout the day. The bid amounts will begin to LOWER (that's right—DECREASE) until the lucky bidder signs on the dotted line and claims their prize. Wait for the price you are willing to pay. But don't wait too long or you may miss your chance!

Auction opens Friday morning, located in the foyer, and goes until items are gone!

#### IEA RAFFLE - WIN A WEEK IN A TORONTO CONDO or a FREE REGISTRATION FOR IEA 2017

Get your raffle tickets—a chance for a week's stay in a 2 bedroom Condo in Toronto, Canada or a free registration to 2017 IEA Conference and Pre-Day event.

Winners of the Raffle Prizes will be chosen at 9:00 pm Saturday. Raffle tickets will be on sale during the entire conference—see the registration desk or volunteers walking around during breaks. Last chance to purchase at the Saturday night Reception & Dance Party.

# ► PROFESSIONAL MEMBERS, FOUNDERS & PRESENTERS RECEPTION 6:30pm-8:30pm Minnesota Room

Reception Food & Cash Bar - Hosted by the IEA Board of Directors, our way to thank the conference presenters and recognize the Professional Level members of the IEA and our Founders. You will need your nametag with "Professional" ribbon to enter.

# **SATURDAY**

► IEA PARTY - RECEPTION, GAMES, AND DANCING! 7:00pm-12:00am 6th Floor

Guest DJ - Russ Hudson!

Reception food and Cash Bar (Ticketed Event \$25)

Celebrate the conference! Come enjoy some food and beverage and party with your fellow conference attendees. We have a truly unique venue this year. The hotel is providing us with the entire sixth floor which easily divides into – a room for the music and dancing, an area for quiet conversation and another for photo booth, games and party food – all within sight and sounds of each other. Something for everyone!

This is an optional event – registered conference attendees and guests (spouses and partners) may purchase purchase an admission ticket. See registration desk to purchase a ticket.

Winners of the Raffle Prizes will be chosen at 9:00 pm. Raffle tickets will be on sale during the entire conference—last chance to purchase during this reception

| ► TIME | LOCATION | SPEAKER / EVENT |
|--------|----------|-----------------|
|        |          |                 |

# Wednesday, July 20

| <b>•</b> | 12:00pm-5:00pm | Deer & Elk Lake  | General Assembly of Affiliates (GAA) Meeting |
|----------|----------------|------------------|--|
| •        | 5:30pm-7:30pm  | 4th Floor Atrium | Pre-Registration                             |

# Thursday, July 21 (Pre-Conference Day Event)

| ► 7:30am-4:00pm   | 4th Floor Atrium | Registration   |
|-------------------|------------------|--|
| ► 7:30am-8:30am   | Ballroom 1&2     | Morning Refreshments   |
| ▶ 8:30am-9:00am   | Ballroom 1&2     | Welcome & Information  |
| ▶ 9:00am-10:30am  | Ballroom 1&2     | Knowing Better: Bringing Discernment, Logic and Science to the Path – Russ Hudson, Mario Sikora, Jack Killen                             |
| ► 10:30am-10:45am | Ballroom 1&2     | Mid-Morning Refreshments   |
| ► 10:45am-12:00pm | Ballroom 1&2     | Knowing Better: Bringing Discernment, Logic and Science to the Path – Mario Sikora, Russ Hudson, Jack Killen                             |
| ▶ 11:00am-8:00pm  | Crystal Lake     | Bookstore Open   |
| ▶ 12:00pm-1:30pm  | Lunch on Own     |  |
| ▶ 1:30pm-3:00pm   | Ballroom 1&2     | Knowing Better: Bringing Discernment, Logic and Science to the Path – Jack Killen, Russ Hudson, Mario Sikora                             |
| ▶ 3:00pm-3:15pm   | Ballroom 1&2     | Afternoon Refreshments   |
| ▶ 3:15pm-4:30pm   | Ballroom 1&2     | Knowing Better: Bringing Discernment, Logic and Science to the Path – Discussion, Exercise, Q&A - Russ Hudson, Mario Sikora, Jack Killen |
| ► 5:00pm-7:00pm   | Atrium           | Conference Registration  |
| ► 6:00pm-9:00pm   | Atrium           | Welcome Reception  |

| ► TIME | LOCATION | SPEAKER / EVENT |  |
|--------|----------|-----------------|--|
|        |          |                 |  |

# Friday, July 22

| •        | 8:00am-8:45am   | Pine Lake          | Eric Lyleson – Essential Wholeness Meditation - Embodying the Essential Qualities of Being                                     |
|----------|-----------------|--------------------|--|
| <b>•</b> | 8:00am-9:00am   | Atrium             | Registration/Morning Refreshments  |
| •        | 8:00am-7:00pm   | Crystal Lake       | Bookstore Open   |
| •        | 9:00am-10:00am  | Ballroom 1&2       | Welcome from the IEA President, Lynda Roberts  |
| •        | 10:00am-11:30am | Ballroom 1&2       | Keynote Address – Jean Morrison<br>"The Language of Life" Meets the Enneagram  |
| •        | 11:30am-1:00pm  | Lunch on Own       |  |
| •        | 1:00pm-3:00pm   | FRIDAY MID-AFTERN  | OON SESSIONS   |
|          |                 | Cedar-Maple Lake   | Katherine Chernick Fauvre – Enneagram Lexicon: The Images, Words and Phrases the 9 Types and 3 Instincts Use and Why           |
|          |                 | Elk Lake           | David Daniels - Knowing Anger: The Cure for Human Violence   |
|          |                 | Deer Lake          | Hilary Langford & Lesley McPherson – Conversations that Matter:<br>Exploring Patterns that Limit Connection and Transformation |
|          |                 | Ballroom 3         | Eric Lyleson – Facilitating Transformative Conversations   |
|          |                 | Ballroom 4         | Sandra Smith – The Enneagram Types in Grief & Loss   |
| •        | 3:00pm-3:30pm   | Atrium             | Afternoon Refreshments   |
| •        | 3:30pm-5:30pm   | FRIDAY LATE AFTERN | IOON SESSIONS  |
|          |                 | Ballroom 4         | <b>Beatrice Chestnut</b> – Exploring the Clarifying Power of the Enneagram's 27 Instinctual Subtypes                           |
|          |                 | Deer Lake          | Kathleen Davis & Nan Henson – EnneaEssentials Explores Coming to Our Senses: Aromatic Conversations that Transform             |
|          |                 | Elk Lake           | María José Munita – Applications of the Instinctual Biases in Leadership and Team Development                                  |
|          |                 | Cedar-Maple Lake   | Anne Muree - Transformational Training: Teaching the Enneagram with Mastery  |
|          |                 | Ballroom 3         | Jerry Wagner & Tom Condon – Conversations with Ourselves: Methods to Effectively Transform Enneagram Critical Voices           |
| <b>•</b> | 5:45pm-6:30pm   | Elk Lake           | IEA New Website Demonstration - Earl Wagner  |
| •        | 6:30pm-8:30pm   | Minnesota Room     | Professional Members, Founders & Presenters Reception  |
|          |                 | Off Site           | Offsite Activities – Guthrie Theater   |
|          |                 |                    |  |

| ► TIME | LOCATION | SPEAKER / EVENT |
|--------|----------|-----------------|
|        |          |                 |
|        |          |                 |

# Saturday, July 23

| •        | 8:00am-8:45am   | Pine Lake         | Eric Lyleson – Essential Wholeness Meditation - Embodying the Essential Qualities of Being   |
|----------|-----------------|-------------------|--|
| •        | 8:00am-9:00am   | Atrium            | Morning Refreshments   |
| <b> </b> | 8:30am-6:00pm   | Crystal Room      | Bookstore Open   |
| <b>•</b> | 9:00am-12:00pm  | TRANSFORMATIVE FA | ACILITATED PANELS (CONCURRENT SESSIONS)  |
|          |                 | Ballroom 3        | Three Realms, Four Perspectives: How the Dynamics of Instincts/Subtypes Deepen Our Understanding of Enneagram Type Facilitator: Belinda Gore Panelists: Beatrice Chestnut, Tom Condon, Russ Hudson, Mario Sikora |
|          |                 | Ballroom 4        | Spiritual Bypassing: Does the Enneagram Help or Hinder?  Facilitator: CJ Fitzsimons Panelists: Susie Herrick, Juan Antonio Martinez, Terry Saracino  |
|          |                 | Deer/Elk Lake     | Speaking of Addiction and Recovery: Compelling Conversations with a Panel of Experts in the Enneagram, Addiction and Recovery Facilitator: Leslie Hershberger Panelists: Anne Geary, Michael Nayor, Renee Siegel |
| <b>•</b> | 12:00pm-1:30pm  | Lunch on Own      |  |
| •        | 12:00pm-12:45pm | Cedar-Maple Lake  | IEA New Website Demonstration - Earl Wagner  |
| <b>•</b> | 1:30pm-3:30pm   | SATURDAY MID-AFTE | RNOON SESSIONS   |
| ı        |                 | Elk Lake          | Stephanie Davis – Beyond Talking & Telling – Using the Enneagram for Conscious Communication   |
|          |                 | Ballroom 3        | Andrea Isaacs - Ease, Peace and Joy No Matter What   |
| ı        |                 | Deer Lake         | Helen Palmer – The Virtues of Our Heart: A Map and Method for Transforming Vice to Virtue  |
|          |                 | Ballroom 4        | Renee Rosario – Enneagram Improv: Building Present-Centered Awareness<br>Through a Creative Conversation   |
|          |                 | Cedar-Maple Lake  | Sarah Walston - The Art of Giving Feedback   |
| •        | 3:30pm-4:00pm   | Atrium            | Afternoon Refreshments   |
|          |                 |                   |  |

► TIME LOCATION SPEAKER / EVENT

# Saturday, July 23 continued

| ▶ 4:00pm-6:00pm  | SATURDAY LATE AFTERNOON SESSIONS |   |
|------------------|----------------------------------|---|
|                  | Deer Lake                        | Barbara Dash & Richard Dash - Use of the Enneagram in Deepening Your Relational Communications        |
|                  | Cedar-Maple Lake                 | Rebecca Herder - First Aid for Conversation Catastrophes: How to Be Your Best When You're Blind-Sided |
|                  | Elk Lake                         | Jean Morrison – "The Language of Life" for Transforming Conversations                                 |
|                  | Ballroom 3                       | <b>Terry Saracino</b> – Dynamics of Flourishing Relationships:<br>The Role of Instinctual Energies    |
|                  | Ballroom 4                       | Ipek Serifsoy – An Enneagram-Based Approach to Gender Diversity and Inclusive Leadership              |
| ► 7:00pm-12:00am | 6th Floor                        | Reception and Dance Party!  |

| ► TIME            | LOCATION       | SPEAKER / EVENT   |
|-------------------|----------------|---|
| Sunday, Ju        | ıly 24         |   |
| ► 7:30am-8:15am   | Pine Lake      | Eric Lyleson – Essential Wholeness Meditation - Embodying the Essential Qualities of Being  |
| ► 7:30am-8:30am   | Atrium         | Morning Refreshments  |
| ▶ 8:00am-3:00pm   | Crystal Room   | Bookstore Open  |
| ▶ 8:30am-10:30am  | SUNDAY MORNING | SESSIONS  |
|                   | St. Croix II   | Christian Brym & Helene Makani - Ego and Essence, The Eternal Drama   |
|                   | Deer Lake      | Karen DeHart – The Undivided Self: A Lively Conversation about the Transformative Power of Releasing Beliefs that Bind Us                                   |
|                   | Minnesota Room | Jessica Dibb – An Experiential Journey into the Power of the Enneagram for Enduring Personal, Relational, and Collective Transformation in the 21st Century |
|                   | St. Croix I    | Karl Hebenstreit – Leveraging the Enneagram and Complementary Assessment Frameworks to Optimize Communication and Interpersonal Dynamics                    |
|                   | Elk Lake       | Debbi Horton – The Power of Questions   |
| ▶ 10:30-11:00am   | Atrium         | Refreshment Break   |
| ► 11:00am-12:30pm | Ballroom 3 & 4 | Endnote Address/Closing Session Timothy Dobson – Dances of Universal Peace  |

# PRE-CONFERENCE DAY EVENT - JULY 21

#### See schedule for times

#### ▶ Ballroom 1&2

# Knowing Better: Bringing Discernment, Logic, and Science to the Path.

The great spiritual traditions, philosophy, and science all share a deep understanding that the human mind is both marvelous and susceptible to illusion. Recognizing this, all three cultivate and employ practices, tools, and methods intended to help us avoid a variety of hidden processes which get in the way of clear, accurate, and receptive understanding. The Enneagram is one such tool. By revealing often unconscious patterns of thinking, feeling, and behavior, it helps us see ourselves and others more objectively, and be in the world more as it actually is rather than as it seems.

At the same time, we must remember that elucidation of the Enneagram and its applications is a work in progress. As such, our understanding of both the teachings and our experiences working with them are subject to the innate fallibilities of the human mind. As a community of seekers we should care deeply about how well we actually know what we believe we know about the Enneagram, both for the sake of the body of Enneagram wisdom itself, and how it is perceived and received by others. In Enneagram circles, this is seen as the work of the "head center" and it is important for all nine personality types if we wish to be truly whole.

Drawing from their personal and professional backgrounds, Russ Hudson, Mario Sikora, and Jack Killen will explore this matter in depth. Through conversations with each other and with the audience, they will explore the value, importance, and proper place of spiritual, philosophical, and scientific perspectives and methods of discernment to our work on the paths of self-development and spiritual growth. Further, the presenters will show how the head center's capacities can deepen and expand through practices, just as in the belly center and the heart center, and that such capacities are vital for any authentic spiritual journey, and for the creation of lives and organizations that serve our most heartfelt sense of purpose.

The session will include group exercises as attendees have conversations with each other about how to integrate new ideas and develop this aspect of the work of perceiving reality clearly, and freeing ourselves from the traps of the human mind.

#### **▶** About the Presenters

**Russ Hudson** is one of the principal scholars and innovative thinkers in the Enneagram world today. He is the co-Founder of The Enneagram Institute and has been teaching the E.I. Trainings and workshops since 1991. He is also a Founder and former Vice-President of the International Enneagram Association, and the co-author with Don Riso of The Wisdom Of The Enneagram, Personality Types (Revised Edition), and several other books. He holds a degree in East Asian Studies from Columbia University in New York, from which he graduated Phi Beta Kappa.

**Jack Killen, M.D.** retired from a 32 year career in clinical research at the National Institutes of Health. He is certified as an Enneagram teacher in the Narrative Tradition, and has studied with many other Enneagram teachers. He has particular interests in the intersections of science and the Enneagram.

**Mario Sikora** is an executive coach who advises leaders in multinational organizations. Mario is co-author of "Awareness to Action: The Enneagram, Emotional Intelligence, and Change" and author of many articles on personality and leadership, performance improvement, and teambuilding. Mario was 2011-2012 president of the board of directors of the IEA.

# **MORNING MEDITATIONS**

# FRIDAY, SATURDAY & SUNDAY

See schedule for times

**Pine Lake** 

Session Level: All Students

# **Essential Wholeness Meditation - Embodying the Essential Qualities of Being**

► Eric Lyleson Full bio p. 33

Essential Wholeness Meditation incorporates all the dimensions described the Enneagram when we think of it as a symbol of a whole human being. As humans we are always in a process of becoming more of our potential and as being we are silent eternal presence.

In response to the demands of being human various essential qualities emerge out of undifferentiated being. A. H. Almaas delineates nine primary qualities: peace, consciousness, compassion, strength, forgiveness, space, acceptance, joy and will. In this meditation we explore these human qualities that enable us to move through cycles of change represented by the circle of the Enneagram while taking refuge in the silent empty stillness of being.

# FRIDAY PROGRAM - JULY 22

#### MID AFTERNOON SESSIONS

1:00pm-3:00pm

Cedar-Maple Lake

Session Level: All Students

Enneagram Lexicon: The Images, Words and Phrases the 9 Types and 3 Instincts Use and Why...

► Katherine Chernick Fauvre Full bio p. 29

Each Enneagram Type and Instinctual Type has its own unique vocabulary and way of conversing, which when understood, can be very revealing. Enhance your typing skills and learn how to recognize the distinct language of type. Discover what the 9 Types and 3 Instinctual Types say about themselves on the Enneastyle Questionnaire. Learn which images, words and phrases the types prefer to use and why they consider them critical to their self-image.

- Which type frequently says 'it depends'?
- Which instinct uses the word 'soul'?
- Which tritype says they avoid 'negative people'?
- Which type uses the word 'loving' the most?
- Which type uses the word tasteful?

The answers to these questions may surprise you. The way the types describe themselves represents their 'internal' experience of type, which can be very different from the 'external' expression of type. A person's behavior can give us clues as to his or her potential type but how someone speaks and his or her preferred vocabulary is far more illuminating.

This is a multi-media presentation with interactive exercises. The findings are based on diverse studies conducted over 22 years with thousands of international participants, Enneastyle Questionnaires, typing interviews, and in-depth coaching sessions.

1:00pm-3:00pm

Elk Lake

Session Level: All Students

# **Knowing Anger: The Cure for Human Violence**

▶ David Daniels Full bio p. 29

Yes, anger is one of the three basic aversive emotions shared by all mammals. And yes it is about violation of our sense of worth and getting what we want and value. In addition anger relates to power and control. It dramatically influences the other. It manifests physiologically with great rapidity before any cognition takes place. Thus anger occurs when we have the subjective experience of personal violation of our identity, well-being, and core values. Hence, anger often represents a response to hurt, humiliation, degradation, and most importantly shame all of which can lead to the loss of connection associated with these feelings. Anger can be an incredibly constructive force in our lives. Or it can destroy. Anger can be a force for the conversion of energy to our best self or tear our relationships apart.

In this workshop we will explore the function of anger in our lives, what drives it, and most importantly, how we can use anger in the service of our psychological and spiritual development. I will use a short Powerpoint presentation, inner practice, practical exercises, a panel with guided interactions, and discussion. In preparation, reflect on one anger behavior or pattern of resentment in your life that you know would be good for you to change.

# FRIDAY PROGRAM - JULY 22

#### MID AFTERNOON SESSIONS

▶ 1:00pm-3:00pm

**Deer Lake** 

Session Level: All Students

# **Conversations that Matter: Exploring Patterns that Limit Connection and Transformation**

Hilary Langford & Lesley McPherson Full bio Langford (p. 33) Full bio McPherson (p. 33)

Our type is a combination of habitual patterns that protect the vulnerable, playful, spontaneous, creative core of who we were truly meant to be! In type, we cannot connect to others in ways 'that matter.' We are protected, guarded, and not truly present. Yet many of us hunger for interactions that truly 'matter'! Sometimes we 'click' with another person. We are fully present, authentic and engaged. We may feel deeply seen, heard and understood. We might even feel 'naked' in the openness and truthfulness that passes between us. Transformation is more likely when we truly face ourselves, and build support from the other to witness our new path.

In this session, we will explore how to create an authentic connection ie patterns we adopt that enrich, not impoverish, our conversations. We will identify patterns that create intimacy and transformation, and those that defend, destroy, and push people away. Awareness gained from the session can be applied:

- in therapeutic and consulting interviews
- · with our friends and families
- and in casual interactions.

Meaningful relationships are a consolidation of all our interactions. 'Conversations that matter' can transform us and our relationships!

1:00pm-3:00pm

**Ballroom 3** 

Session Level: Intermediate

# **Facilitating Transformative Conversations**

# ► Eric Lyleson Full bio p. 33

Transformation occurs in conversations when we are able to accept the resistance to change and relate to it with compassion; but speak to and bring forth the essential qualities of being that is ready and wanting to awaken to one's full potential.

Non-transformational conversations can be characterized as egos (Enneatypes) arguing, placating or pumping one another up -- avoiding whatever might reveal the self-defeating inadequacies of egoic patterning. Transformational conversations begin when at least one person is in tune with their eternal being, accepting of the way things are and experiences no separation between themselves and the other. Then one's natural sense of curiosity can guide the process of discovering how to relax the ego defenses and allow the natural processes of transformation to unfold.

In this experiential workshop you will learn how to take refuge in your eternal nature, and accept more fully the way things are with a spirit of loving kindness that arises out of a sense of unity. From this Buddha-like consciousness then explore how to engage in a transformational conversation that helps people draw on their essential qualities of being in order to relax their egoic fixations and awaken to their full evolving potential.

► 1:00pm-3:00pm

**Ballroom 4** 

Session Level: Beginner

# The Enneagram Types in Grief & Loss

## Sandra Smith Full bio p. 35

Poet and author David Whyte says that 50% of our life is saying goodbye. This begs the question, "How are we navigating these losses?" Whether loss is related to health, shattered dreams, work or relationships, our personality style moves into patterns and stories that lessen anxiety in the moment, yet doesn't allow our grieving to flow.

During this workshop, participants will explore how their Enneagram type works with loss in ways that may be life-denying as well as life-giving. Specific areas of focus will be:

- the emotional habit that creates specific patterns blocking grief's movement
- the defense mechanism that can prevent a healthy grieving process
- the core avoidance of each type that distances us from our emotions

Panels from each of the three centers will allow participants to learn more of type's complex response to grief. Type groups will discuss the inner resources available for support as well as type-specific healthy strategies for healing. Participants will engage in a brief guided meditation to experience the PAUSE process, created by the presenter, a tool for shifting from internal story to the felt sense of grief. Participants will leave with poetry and a list of resource books.

# FRIDAY PROGRAM - JULY 22

#### LATE AFTERNOON SESSIONS

3:30pm-5:30pm

**Ballroom 4** 

Session Level: All Students

# Exploring the Clarifying Power of the Enneagram's 27 Instinctual Subtypes

## Beatrice Chestnut Full bio p. 29

According to the Enneagram model of personality, for each of the nine Enneagram types, there are three instinctual subtypes. This session will describe the three subtypes of all nine types, but we will explore the three subtypes of three of the nine types in more depth, through panels of people talking about how they see their subtype at work in their everyday lives. Based on the latest subtype definitions from the work of Enneagram pioneer, Claudio Naranjo, participants will get an introduction to all nine groups of three subtypes and see how each of the three instincts interact with the passion and type patterns of the type to create three distinct subtypes, each with a distinct focus, personality style, and growth path.

3:30pm-5:30pm

**Deer Lake** 

Session Level: All Students

# **EnneaEssentials Explores Coming to Our Senses: Aromatic Conversations** that Transform

## Kathleen Davis & Nan Henson Full bio Davis p. 30

Full bio Henson p. 31

We're excited to share with you the connections we've discovered between the Enneagram's centers of intelligence and the energetic vitality of essential oils: We call it - EnneaEssentials. The parallels between the worlds of center-wisdom and plant-wisdom support truly transformative internal conversation. Join us and discover, for example, how essential oils drawn from Roses, Geraniums, & Jasmine flowers, open and enlarge our heart space while supporting the growth of our compassion for ourselves, for others, and for our universe.

We'll ask participants to consider how strategically stimulating the body's olfactory response provides sensory opportunities for greater awareness. We'll offer some of the findings of brain-based research & educational learning dynamics and then reframe an aroma's journey using enneagram centers' language as a vehicle for underscoring their parallels.

Highlights of the workshop will include opportunities to participate in a "sniffathon", journal responses, and a guided meditation entitled: "Coming to Our Senses." You will be guided/invited to a more body-grounded, heart-opened, mind-quieted state by prompting a conversation between the intelligence of the plant and the intelligence of the body.

▶ 3:30pm-5:30pm

Elk Lake

Session Level: All Students

# Applications of the Instinctual Biases in Leadership and Team Development

#### Maria Jose Munita Full bio p. 34

The instincts have become more popular and widely understood in the last years, with many approaches being taught and used. In this session, participants will be exposed to the Awareness to Action view, developed by Mario Sikora, on the Instincts, and will experience practical ways in which they can use the model in their work with leaders and teams.

In leadership, we will explore how to identify the different instinctual biases (Preserving, Navigating and Transmitting) and how to leverage the strengths of each. Also, what the implications are in terms of leadership style and how to overcome the weaknesses.

#### TEAM DEVELOPMENT

People of different instinctual biases will focus on different tasks and objectives and we are often surprised when people place their priorities somewhere other than where we do. Such value discrepancies often a significant source of miscommunication and conflict in the workplace. Understanding the influence of the instinctual biases can help us reduce them.

Participants will work in groups by Instinctual domain, finding out by themselves how these biases play out at work. Each group will present their findings in a way that is both informative and fun.

# FRIDAY PROGRAM - JULY 22

## **LATE AFTERNOON SESSIONS**

**▶** 3:30pm-5:30pm

**Cedar-Maple Lake** 

Session Level: Intermediate

# Transformational Training: Teaching the Enneagram with Mastery

Anne Muree Full bio p. 34

This practical "how-to" conversation is about using your type strengths, while allowing the vibrancy of your true nature to infuse your teaching. You will learn how to bring more presence and grounding in all 3 centers to your teaching, and how to design your classes to meet the needs of all 3 centers. You will learn to maximize your training strengths and identify one training blind spot for each type. The concept of how to intentionally bring your virtue to each training will be introduced. Included in this presentation:

- A conversation with a panel of seasoned Enneagram teachers from each center sharing how they create classes where transformation can take place.
- Experiential exercises and modeling of principles taught.
- How to expand your effectiveness by incorporating the strengths of your harmony triangle points in your teaching.
- A list of simple ways to teach to each center.\*
- Learnings from my biggest Enneagram teaching mistakes and how to avoid them.\*
- Hand-outs of training strengths and areas for development of each type.\*
- Opportunity to commit to action steps to enhance your Enneagram teaching.
- \* From my book: "Teaching the Enneagram with Mastery" (forthcoming, 2016)

▶ 3:30pm-5:30pm

**Ballroom 3** 

Session Level: Intermediate

# **Conversations with Ourselves: Methods to Effectively Transform Enneagram Critical Voices**

Jerry Wagner & Tom Condon Full bio Wagner p. 35

Full bio Condon p. 29

We carry on conversations with ourselves all the time. Sometimes the exchanges are encouraging; sometimes they're discouraging; sometimes they are downright nasty. Critical voices have a different form and function within each Enneagram style. Each type has particular issues to be critical about based on its character structure and idealized self-image.

In this workshop we will identify and experience our own critical conversations and explore ways to transform negative voices into positive allies. We'll explore the content of our conversations and, just as importantly, the quality of voice that we use. If we can change the tone, volume, location and other sensory qualities of our critical voice, we often change our reaction to its content.

We will also discover the positive intentions of our inner critic - the uses and benefits of being self-critical - to discover what we really want to say to ourselves. The workshop will include structured exercises and techniques drawn from NLP, Gestalt and Daniel Amen's work to help our inner parts to work together instead of opposing one another.

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# **SATURDAY PROGRAM - JULY 23**

# MORNING — TRANSFORMATIVE FACILITATED PANELS (CONCURRENT SESSIONS)

▶ 9:00am-12:00pm

► Ballroom 3

Session Level: All Students

# Three Realms, Four Perspectives: How the Dynamics of Instincts/Subtypes Deepen Our Understanding of Enneagram Type

► Facilitator: Belinda Gore Full bio p. 31

▶ Panelists: Beatrice Chestnut, Tom Condon, Russ Hudson, Mario Sikora

While a map is not the territory it is nevertheless very useful for finding our way. In this panel four "mapmakers" with very different perspectives will share their models of the three fundamental instincts and how they impact expression of traits and tendencies within the nine Enneagram types. We will ask them to share the intellectual sources and personal preferences that influenced the development of their models and will listen as each describes one of the 27 sub-types or instinctual variations. Questions and participation by the audience is welcome.

9:00am-12:00pm

▶ Ballroom 4

Session Level: All Students

# Spiritual Bypassing: Does the Enneagram Help or Hinder?

► Facilitator: CJ Fitzsimons Full bio p. 31

Panelists: Susie Herrick, Juan Antonio Martinez, Terry Saracino

The subtitle of Robert Augustus Masters's book, Spiritual Bypassing, sums up nicely what this panel brings to us: "When spirituality disconnects us from what really matters. Learning to recognize and transform the obstacles that keep us from living life fully." What happens when we add the Enneagram to the mix? Does the Enneagram help by offering clues to the path, giving us perspective, a map? Or conversely does the Enneagram lull us into complacency, providing a crutch and excuses as we believe we are ego-less, enlightened beings?

Coming from different faith traditions, different Enneagram schools and diverse career paths, our five panelists will share their views and experiences with Spiritual Bypassing. CJ Fitzsimons will use an innovative and inviting conversation format to lead the panelists and attendees on a grand exploration of this topic, while he also draws attendees into the conversation. Each panelist brings impressive professional credentials and extensive Enneagram knowledge – and most importantly – a willingness to wrestle with this fascinating topic.

Join in this transformative conversation with Susie Herrick, Juan Antonio Martinez, and Terry Saracino.

\*This session will be video-recorded for viewing on the new IEA website.

9:00am-12:00pm

Deer/Elk Lake

Session Level: All Students

# Speaking of Addiction and Recovery: Compelling Conversations with a Panel of Experts in the Enneagram, Addiction and Recovery

► Facilitator: Leslie Hershberger Full bio [p. 32]

▶ Panelists: Anne Geary, Michael Nayor, Renee Siegel

The world of addiction and recovery is fraught with beliefs and assumptions. It brings up deeply tender emotions and there can be confusion and reactivity that tests our courage and shapes who we are. How do we have conversations in the midst of this? What conversations do we need to have? How and when do we step into them? With this in mind, Leslie Hershberger will facilitate a discussion with a panel of experts in the field of addiction and recovery who have an embodied commitment to their own inner work: Anne Geary, Michael Naylor and Renee Siegel.

#### MID AFTERNOON SESSIONS

▶ 1:30pm-3:30pm

Elk Lake

Session Level: All Students

# Beyond Talking & Telling – Using the Enneagram for Conscious Communication

# ► Stephanie Davis Full bio p. 30

Conscious Communication is a fundamental shift in how we relate to ourselves and others. Rather than acting from preconceived bias, it asks that we actively unearth unconscious fears assumptions and blocks and offer more awareness, attention and presence. It can radically (even miraculously) transform relationships, negotiations, brainstorming and intimacy.

When consciously communicating, time slows down, allowing for deeper listening and a letting go rather than a holding on (to what is already known or understood). Interaction becomes a living process as we listen from a space of stillness and presence, allowing us to really notice what is emerging and revealing itself and to reach better understanding and deeper connection. In this experiential session, you will learn:

- How to use the Enneagram and other tools to recognize and uncover hidden assumptions (yours and theirs.)
- How to create shared purpose and intention.
- How to develop Conscious Conversational skills.
- How to avoid the traps of head, heart & gut and remain anchored in the present.
- How to hold on to nothing to gain everything.

Conscious communication will be most useful in relationships (both personal and professional) but the general principles can easily apply to writing, social media communication and marketing.

# Ease, Peace and Joy No Matter What

# ► Andrea Isaacs Full bio p. 32

One thing that I know for sure is that if you don't like how you're feeling (angry, sad, resentful, invisible, grieving, envious, anxious, etc.), it doesn't have to be that way. The challenge is, it's not always easy to change how we feel, so we may hold it in and then blurt, not say anything and resentment grows, take it out on others, etc., and the situation doesn't resolve. Join me and learn a simple, step-by-step process that is profound and easy-to-use.

You will learn that when you're triggered, if you don't like how you feel, you can:

- Listen to your body.
- If you change your body, you change your brain.
- If you change your brain, you change your life.

Join us and learn the "3 steps to easy, peace and joy." It's lightning fast and the change lasts. Your body's language is the doorway for your transformation. This is based on the same principles as EnneaMotion, an experiential approach to the Enneagram.

#### MID AFTERNOON SESSIONS

▶ 1:30pm-3:30pm

**Deer Lake** 

Session Level: All Students

# The Virtues of Our Heart: A Map and Method for Transforming Vice to Virtue

**Helen Palmer** Full bio p. 34

The vice to virtue conversion is a spiritual practice that joins two different levels of consciousness. The level of our brain's conditioned neuropathways that automatically repeat. And a "pure" level of consciousness that notes inner patterns as they arise. This workshop is focused on a recent convergence between spiritual practice methodology and evidence based MRI research.

The science of brain imaging demonstrates that we can shift our state of mind. That we can internalize and learn to notice subtle cues of emotional distress before they trigger projections. Projection simply means that inner reactivity is attributed to an outer cause. "You are making me feel this way. And you should change so that I can feel better!" This single concept has enormous potential for transforming vice to Virtue - It tells us that we can regulate the passions of our heart. It tells us that vice can be transformed to Virtue.

#### Please expect:

- Inner practice focused on the vice to virtue conversion.
- Short Didactics on links between psychology, neuroscience and the mystical premise of direct spiritual experience.
- Greetings from Saint John of the Cross who perfected the Apophatic method of prayer, also known as Buddhist Mindfulness practice.

► 1:30pm-3:30pm

Ballroom 4

**Session Level:** All Students

# **Enneagram Improv: Building Present-Centered Awareness Through a Creative** Conversation

Renee Rosario Full bio p. 34

Improvisational games (improv) are creative, courageous conversations. In their purest form, the dialogue, action, story, and characters are created collaboratively by the players and audience as the improvisation unfolds in present time. When you're "playing" in this way, you can't successfully plan ahead, worry about getting it right, try to look good or control the process. You can't do improv wrong. Our type strategies are humorously circumvented by the process of the games themselves, encouraging us to step outside the confines of our typical patterns. The improv games will be specifically tailored to themes relevant to the Enneagram.

In this workshop, participants are encouraged to take risks, make mistakes, be spontaneous, and laugh. Laughter brings us directly into the present moment. Laughter also helps us connect with people. It builds community.

Interspersed throughout the games will be awareness practices, inviting participants to notice what they are feeling and sensing in the moment. There will also be opportunities for the participants to share within the group. This is the opportunity to build novel neural pathways that encourage a more receptive and positive experience in our structure. This session is an opportunity to grow and have fun!

1:30pm-3:30pm

**Cedar-Maple Lake** 

Session Level: All Students

# The Art of Giving Feedback

Sarah Walston Full bio p. 35

Giving and receiving quality feedback is a challenge for most of us. Framing difficult feedback in a way that it can be well received is an art. Since the Enneagram gives us powerful pathways to temper our own biases and to imagine into others' perspectives, it is an ideal framework for learning to give quality feedback. But we need more than a good framework to deliver things well.

This session will illuminate the skills and approach needed to communicate in a way that others are most likely to receive and respond to. Through lecture, discussion, experiential exercises, and type-groups, we will explore the essentials in the art of giving feedback. We will share which approaches work best with people of each enneatype, and understand the strengths and pitfalls of each type's default approach. Walk away with great content you can readily apply in your personal and professional lives

#### **LATE AFTERNOON SESSIONS**

► 4:00pm-6:00pm

**Deer Lake** 

Session Level: All Students

# Use of the Enneagram in Deepening Your Relational Communications

# **Barbara Dash & Richard Dash**

Full bio p. 30

This workshop provides greater clarity, confidence, connection and vitality in your relational communi-cations. Each Enneatype hears and understands key words and communications in their own special way. We provide effective and practical communication tools that enhance personal and professional relationships.

Mastering communications involves more than the accuracy of your words. Clear awareness of how a "type" perceives words allows one to choose a style of communication that best fits. Effective communi-cation also requires understanding our own "type" motivations; how type impacts our perceptions and presentation. We examine the most common communication pitfalls regardless of gender, culture, or religion.

You will experience the presenter's use of personal and cultural examples, and role playing. Participants will have interactive exercises individually and in pairs. There will be a section focusing on close relation-ships, with volunteer participation from one or more couples in the audience, in using the enneagram to create healthier communications. It will not be a therapy session. Practical presentation of how to pre-sent ideas and concepts, to motivate and best support your partner, child, parent through skills that are fun and make sense when dealing with close relationships.

► 4:00pm-6:00pm

**Cedar-Maple Lake** 

Session Level: All Students

# First Aid for Conversation Catastrophes: How to Be Your Best When You're **Blind-Sided**

Rebecca Herder

Full bio p. 31

Have you ever watched helplessly as a colleague spouted embarrassing rhetoric or felt sucked into an argument when you asked a reasonable question? The Enneagram offers a way to understand why that can happen, how to notice your own triggers, and how you can respond more effectively. In this workshop you'll learn how to navigate the dangers of toxic conversations, get to the heart of emotional overload, and help others feel comfortable in the process. You will discover 3 tools, 3 skills, and Nine Arts of Healthy Conversations™. You'll find out the reasons for conversation catastrophes and what you can do to minimize them. You'll learn how to effectively stop the rants, re-frame the others' best intentions, and reduce stress so that you can solve the immediate problem effectively. You'll have many opportunities to practice these skills in exercises, small group conversations with your type, one-to-one conversations, and large group discussions. You'll leave with the information and practical experience you need to get consistent relief from hurtful conversations.

4:00pm-6:00pm

**Elk Lake** 

Session Level: All Students

# "The Language of Life" for Transforming Conversations

## Jean Morrison

Full bio p. 33

Bring your familiarity of your Enneagram type to link up with the principles and skill-set of Nonviolent Communication ("The Language of Life"). Through experiential exercises and discussion groups, participants will learn and apply NVC approaches to communication, including our inner language about our self. This session will explore the dynamic blend of the Enneagram and NVC, including:

- understanding and compassion for self and others,
- the influence of core needs and values on communication between individuals of different Types,
- how the NVC "mind model" can bring clarity for any Enneagram Type, and
- the utility of NVC skills for transforming our conversations, meeting our goals, and living our essence.

The Enneagram helps us observe our patterns and strategies, including the "healthy" and "unhealthy" aspects of our type. The principles of Nonviolent Communication (NVC) build on this awareness, enabling us to connect with others despite our differences. With practice and integration, NVC supports skillful communication honoring our needs and values - as well as those of others - in all of our interactions.

#### **LATE AFTERNOON SESSIONS**

4:00pm-6:00pm

Ballroom 3

Session Level: Intermediate

# Dynamics of Flourishing Relationships: The Role of Instinctual Energies

**Terry Saracino** 

Full bio p. 34

This presentation will explore the impact of instinctual energy, separate from type, on relationships. Each of us has three instincts (self-preservation, one-to-one and social), but one of these tends to be more central in our daily lives and relationships. The three major instincts have a powerful impact on our style of relating because they reflect our fundamental values. Since each instinct has very different interests, energy levels and needs, many people have found that differences in instinctual energies can be more crucial than personality type issues in our relationships. Understanding these differences can improve relationships immediately.

Participants will explore a current relationship and leave the workshop with greater awareness about the key dynamics of this relationship. In addition, participants will gain a better understanding of the influence of instincts on relationships in general.

The workshop will include a brief talk, inner practice, group exercise and short panels. These small groups and panels will consist of participants with different instinctual energies talking about the strengths, challenges and productive ways to work with the different energies.

4:00pm-6:00pm

Ballroom 4

Session Level: Intermediate

# An Enneagram-Based Approach to Gender Diversity and Inclusive Leadership

Ipek Serifsov

Full bio p. 35

A new approach to gender diversity is needed in our society and in our organizations. Despite many "diversity initiatives" advancement in women's leadership continues to be stalled. People in the field are stumped about what to do. This is an issue for all of us, women and men alike, for until we live in a world where the feminine and masculine are balanced and equally valued, we are deprived not only of half the voices on our planet, but also silence the feminine voice within each of us. And it is this feminine voice that houses our 'values of inclusion' which supports appreciation of all other forms of diversity and differences.

This session provides the space and structure for a community exploration of how the Enneagram can contribute to fostering inclusion and gender diversity. The first part of the session focuses on individual and small group explorations of how aspects of the Enneagram offer new perspectives on unconscious bias. In particular, we'll work with a presence-based approach to the 3 centers of intelligence. The second part of the session entails a large group conversation, informed by the principles of Bohmian Dialogue, to excavate our collective intelligence and generate new insights.

# **SUNDAY PROGRAM - JULY 24 MORNING SESSIONS**

▶ 8:30am-10:30am

St. Croix II

Session Level: All Students

# Ego and Essence, The Eternal Drama

Christian Brym & Helene Makani

Full bio Brym p. 29

Full bio Makani p. 33

The basis for the Enneagram model is the idea of Ego and Essence. This is the premise for understanding how to use the Enneagram for growth. The relationship between Ego and Essence has also been central in the development of human consciousness, and has been described in myths, stories, dramas and even films throughout all times.

In this workshop we will explore Essence in different ways, through teaching, conversation, exercises and guided meditations. We will create greater awareness of what our identification with Ego leads to, and look at the difference between acting from Ego and living in Essence. How can doing so enrich our individual lives and at the same time bring the world forward?

Based on analysis of literature and films, we will give a deeper understanding of what has been described in stories throughout all times: the hero's battle with the outside world and with himself. This can either take the form of a drama or a tragedy. You will talk in pairs about situations from your own life: What are the Ego temptations of your Enneagram style? Which stories from your own life have the pattern of drama, which of tragedy? What is your path?

8:30am-10:30am

**Deer Lake** 

Session Level: All Students

# The Undivided Self: A Lively Conversation About the Transformative Power of **Releasing Beliefs That Bind Us**

Karen DeHart

Full bio p. 30

"We translate everything, whether physical, mental or spiritual, into muscular tension." ~ F. M. Alexander

In this fun, active and innovative workshop we will engage in a lively conversation about the way in which core values of our Enneagram type structures show up in our minds and bodies. We will explore our own reactive patterns, discovering how our "beliefs" bind us and how they translate into muscular tension. We will look at the discoveries of F.M. Alexander, who discovered reactive physical patterns in the relationship of the head to the spine that interfere with coordination and express the state of the inner being. We will learn some simple body mapping that reveals common misuse of the self.

Through group discussion, mind-body awareness activities, hands-on demonstration and imaginative movement we will work with our habits of thinking and doing and experiment with ways of releasing excessive tension to restore effortless movement, clarity of thought and joyful living.

8:30am-10:30am

Minnesota Room

Session Level: All Students

# An Experiential Journey into the Power of the Enneagram for Enduring Personal, Relational, and Collective Transformation in the 21st Century

**Jessica Dibb** 

Full bio p. 30

The Enneagram is a powerful tool for psychological integration, spiritual awakening, and innovative multi-dimensional conversations that transform important personal, societal, cultural and global issues in the 21st century. The sophistication and dynamism of the Enneagram contains capacity to create deeper multi-vectored experiential processes/practices/conversations than are often employed, thus supporting people's capacity for sustained presence and innovative collaboration.

Participants will experience breakthroughs, insights for practice, and learn 27 processes to work with themselves and others. They will practice three-centered transformation of kinesthetic awareness; emotional expansion and freedom; perceptual shifts; and spiritual experiences of each types' capacities and gifts. They will then practice speaking and conversing from expanded presence, flow and creativity. Each process flows seamlessly into the next, facilitating increasing experiences of wholeness and integration. "Flow" creates enduring shifts into functioning and dialoguing from presence. Mihaly Csikszentmihaly describes "flow" as focused fullbodied experience that includes stretch and growth. The Enneagram invites that dynamic flow from core contraction to core opening, AND precisely identifies resistances to flow. An unbroken flow of immersion Enneagram practices dissolves perceived limits and disconnections between states of presence, functioning, and decision-making. It also cultivates substantive listening to others, and participation in collective creativity and functioning.

**MORNING SESSIONS** 

▶ 8:30am-10:30am

St. Croix I

Session Level: All Students

Leveraging the Enneagram and Complementary Assessment Frameworks to Optimize Communication and Interpersonal Dynamics

► R. Karl Hebenstreit Full bio p. 31

This interactive session will showcase the complementary uses of the Enneagram, DiSC, Myers-Briggs Type Instrument, and Hogan Assessment in the workplace. Participants will determine/self-assess (or review) their styles in each instrument and see how those styles are correlated and play out in each of the assessment frameworks. Break-outs will allow the participants to determine which tool might be best used in different situations and how to use these frameworks to improve communication and optimize interpersonal dynamics.

▶ 8:30am-10:30am

Elk Lake

Session Level: All Students

# **The Power of Questions**

▶ Debbi Horton Full bio p. 32

He explained to me with great insistence that every question possessed a power that did not lie in the answer." ~ Elie Wiesel, author of *Night*.

Questions have transformative power. Questions often transform conversations – especially the conversations we have with ourselves. With an equal mix of information sharing, personal reflection, and small group interaction, we will bring awareness to the questions we ask ourselves. Are the questions we ask open, honest, and kind? Do they hinder us, plague us, or keep us from moving forward?

As we become more aware of the questions we ask ourselves we see how they influence our ability to live from our True Nature. I have polled fellow Enneagram enthusiasts, from each type, to find the common questions that keep us stuck and the questions that set us free. That information will be shared during the presentation. As we explore our questions, we may want to rewrite them, let go of some altogether, and dare to ask new ones that will lead to personal and spiritual growth.

#### awareness awareness

"Coaching clients through their wellness "map" on the time-honored Enneagram, to live a more empowered life is among my greatest joys!"



Rosemary Hurwitz

For workshops, classes or private sessions Cell Phone: 847-334-2558 Email: rosepetalmusic@gmail.com www.spiritdrivenliving.com



# SPEAKER BIOGRAPHIES A-D

# Christian Brym



Christian Brym was a TV-producer, drama director at the Norwegian Broadcasting Corporation from 1987 – 2009. Christian is currently teaching at the Norwegian TV Academy. He has participated in Enneagram Studies since 2002, is an Enneagram Master and has studied and practiced Gurdjieff since 1982. Christian gives lectures on dramaturgy and the Process-Enneagram. He is writing a book combining Process-Enneagram with Personality-Enneagram. He is Co-founder and board member of IEA Norway.

Session info: p. 27

# Katherine Chernick Fauvre



Katherine is an internationally recognized author, teacher and coach. Her cutting-edge research on the Types, Instinctual Types and Tritypes® has made her a leader in the field. She is a former member of the IEA Board of Directors and is a certified teacher with Palmer-Daniels, Riso-Hudson and Hurley-Donson.

Session info: p. 18

# Beatrice Chestnut



Beatrice Chestnut, PhD, MA is a licensed psychotherapist, coach, and business consultant based in San Francisco. She has a PhD in communication studies, and an MA in clinical psychology. A student of the Enneagram system since 1990, she is author of the book, *The Complete Enneagram: 27 Paths to Greater Self-Knowledge*. She offers trainings on the Enneagram internationally.

Session info: p. 20

# **▶** Tom Condon



Tom Condon is an international Enneagram trainer and author who offers specialized trainings, consulting and coaching in the United States, Europe, Asia and South America. He is the author of over 50 books, CD's and DVD's on the Enneagram, NLP and Ericksonian methods. Website: www.thechangeworks.com

Session info: p. 21

# David Daniels



David Daniels, MD, Clinical Professor: Department of Psychiatry at Stanford, now retired. Together with Helen Palmer, he created the Enneagram Professional Training Program in 1988. Dr. Daniels served as director of the first US Enneagram Conference at Stanford in 1994. He is co-author of *The Essential Enneagram* and teaches worldwide.

# SPEAKER BIOGRAPHIES D

# **▶** Barbara Dash & Richard Dash



Barbara and Richard have been married for over forty years. Barbara has thirty+ years professional counseling experience; Richard has forty+ years experience as an educator and mediator. Together, they train diverse cultures in communication. They work with relationships in the private and corporate arena utilizing their knowledge of the enneagram.

Session info: p. 25

# Kathleen Davis



Kathleen Davis is a professional educator of over thirty years experience, creating & leading district-wide Professional Development. She uses the Enneagram to coach those within her educational community. Kathleen is a certified Aromatherapist. As The Girl Behind the Counter, LLC, she educates and creates retail essential oil products.

Session info: p. 20

# Stephanie Davis



Stephanie Davis is an international trainer educated in Psychology, Business, and Systems Theory. She is a certified, accredited Enneagram Teacher, a certified Master Trainer of NLP and has deeply studied and/or certified in Matrix Energetics, Core Transformation, Hypnosis, Coaching, EFT, MARI, Ho'oponopono, Hakomi and spiritual practices for higher consciousness.

Session info: p. 23

# Karen DeHart



Karen DeHart is a certified Alexander Technique teacher whose work with clients builds mind-body awareness and integration. She uses a whole body, hands-on, educational approach to pain, stress relief, and personal growth through Alexander Technique, Craniosacral Therapy, Inner Relationship Focusing, and the Enneagram.

Session info: p. 27

# Jessica Dibb



Jessica Dibb is founding Director of Inspiration Consciousness School, creating and teaching unique integrated experiential classes using the Enneagram, somatic processes, Integrative Breathing, wisdom teachings and more to support integrated awakened living. She is Director of Global Professional Breathwork Alliance, Breath Immersion: From Science to Samadhi, and Enneagram Global Summit.

# SPEAKER BIOGRAPHIES F-H

# CJ Fitzsimons



CJ Fitzsimons, Ph.D. is a Leadership Sculptor living in Germany and working internationally Clients include leading research institutes in Europe as well as companies like Airbus, BASF and Daimler. With Mary Bast, he is author of Somebody? Nobody? – The Enneagram, Mindfulness and Life's Unfolding. Former officer of the IEA.

Session info: p. 22

# Belinda Gore



Trained and certified by The Riso-Hudson Enneagram Institute, Belinda Gore founded the Enneagram Institute of Central Ohio and has been an accredited teacher with the IEA since 2011. Over the years she has offered workshops and presentations, produced an online newsletter, and applied the Enneagram in psychotherapy and coaching.

Session info: p. 22

# ► R. Karl Hebenstreit



Karl's career spans organization and leadership development, recruitment, training, and career management in medium to large organizations across myriad industries. He holds a Ph.D. in Organizational Psychology from CSPP and a BA and MS from Rutgers. He is MBTI, Hogan, PHR, and ACC certified and is an accredited Enneagram Teacher.

Session info: p. 28

# Nan Henson



Nan Henson is an Enneagram Institute Certified Teacher and Authorized Workshop Leader. She is a Spiritual Director through the Haden Institute and is trained in using Essential Oils for therapeutic and spiritual support.

Session info: p. 20

# ▶ Rebecca Herder



Reba Herder is a founder and director of Everylight, Inc., a certified Enneagram instructor, a California credentialed public school teacher, and an ordained minister. She's used the Enneagram to develop the Nine Arts of Healthy Conversations™ so that she can help creative leaders move from frustration to courage.

# SPEAKER BIOGRAPHIES H-K

# Leslie Hershberger



Leslie's a master facilitator and consultant who supports sustained, intentional change in organizations. She facilitated two online courses for Integral Life focusing on spirituality and the Enneagram and co-designed the Patterns of Being DVD. She's the Enneagram expert for Integral Recovery; her work's high-lighted in John Dupuy's book, Integral Recovery.

Session info: p. 22

# **Debbi Horton**



As a seasoned Enneagram Educator and Spiritual Director, Debbi's creativity, listening, openness, and sense of humor infuse her Enneagram workshops. She is a Certified Enneagram Teacher (Narrative Tradition) and currently serves as President of the Minnesota chapter of IEA. Her M.A. and past experience is in the Career Development field.

Session info: p. 28

# **Russ Hudson**



Russ Hudson is one of the principal scholars and innovative thinkers in the Enneagram world today. He is the co-Founder of The Enneagram Institute and has been teaching the E.I. Trainings and workshops since 1991. He is also a Founder and former Vice-President of the International Enneagram Association, and the co-author with Don Riso of The Wisdom Of The Enneagram, Personality Types (Revised Edition), and several other books. He holds a degree in East Asian Studies from Columbia University in New York, from which he graduated Phi Beta Kappa.

Session info: p. 17

# **Andrea Isaacs**



Andrea Isaacs, a pioneer bridging body wisdom, the Enneagram, emotional intelligence and neurosci-ence, has been teaching, coaching, training and speaking about her original work, EnneaMotion and Somatic Focusing, to thousands of people in over 20 countries over the last 20+ years. She is a founding faculty member of the Riso-Hudson Enneagram Institute Part II training.

Session info: p. 23

# **Jack Killen**



Jack Killen, M.D. recently retired from a 32 year career in clinical research at the National Institutes of Health. He is certified as an Enneagram teacher in the Narrative Tradition, and has studied with many other Enneagram teachers. He has particular interests in the intersections of science and the Enneagram.

# SPEAKER BIOGRAPHIES L-M

### **Hilary Langford**



Hilary Langford (IEA Accredited Teacher and IEA Professional Member). Hilary is an Accredited Teacher in the Narrative Tradition (Daniels and Palmer, 2002). An Organizational Consultant for 31 years, she uses Enneagram in change management, leadership coaching, conflict resolution, team and personal development. She is passionate about facilitating 'conversations that matter.'

Session info: p. 19

### **Eric Lyleson**



Psychologist Eric Lyleson taught Enneagram workshops and trained people in Ericksonian Hypnosis throughout Australia. He lectured at the Australian College of Applied Psychology in counseling, psychotherapy, family therapy and psychopathology. He is author of Essential Wholeness, Integral Psychotherapy, Spiritual Awakening and the Enneagram (integration of psychotherapeutic modalities and spiritual methods).

Session info: p. 18 p. 19

### **Helene Makani**



Helene Makani is Danish and lives in Norway. Enneagram Trainer since 1996, Helene has taught the Enneagram internationally (primarily in the Scandinavia and Russian area) since 2002. She also offers Enneagram based coaching and therapy. She has had a Personal spiritual practice since 1998 and is the author of: The Enneagram - Your Personal Path of Growth (Danish 2009, Russian 2010, English 2011)

Session info: p. 27

### **Lesley McPherson**



Lesley McPherson (IEA Accredited Teacher - IEA Professional Member). Lesley is an Accredited Teacher in the Narrative Tradition, Naranjo SAT student and has completed foundational courses with the Enneagram Institute. She holds a Master in Gestalt Therapy, conducts private psychotherapy practice, teaches Enneagram in community colleges, 'not for profit' organizations and facilitates cancer support groups.

Session info: p. 19

### **Jean Morrison**



Jean Morrison is a consultant specializing in interpersonal communication, functional and respectful working relationships, and team development - all with the intention of supporting individuals and groups to have harmony, productivity, health, and satisfaction at work and at home. She has over 25 years "breadth and depth" experience with a variety of clients including: hospitals, university departments, corporate teams, hotels and retreat centers, prison inmates and staff, school administrators and teaching staff, parents, families, and individuals. She is a certified trainer with the international Center for Nonviolent Communication ("The Language of Life") since 1989; and a co-founder of Santa Cruz organization: Center for Transformative Communication. Jean is co-owner of GROKtheWorld.com; producer of communication materials, books, and games.

Session info: p. 25

# SPEAKER BIOGRAPHIES M-S

### María José Munita



María José is an executive coach and Enneagram trainer who works on leadership development and team effectiveness with clients from different industries. She provides Enneagram-based training and certification programs for HR and OD professionals, coaches, consultants, therapists, and the general public in countries of North and South America, and Europe

Session info: p. 20

### Anne Muree



Anne Muree, Enneagram Educator/Transformational Coach. As a master teacher, Anne brings presence, passion, deep understanding, fun, and love to her Enneagram teaching spanning 20+ years. She certified with Palmer/Daniels, and Riso/Hudson and has studied with Claudio Naranjo. She is the founder of the MN-IEA Chapter and offers a professional certification program annually.

Session info: p. 21

### ▶ Helen Palmer



Helen Palmer is an international best-selling author with books in 30 languages. Her life long teaching focus lies in reconciling psychological and intuitive states of mind. In 1988 she and David Daniels, MD, co-founded Enneagram Studies in the Narrative Tradition, a school that unites personal and spiritual evolution.

Session info: p. 24

### Renée Rosario



Renée Rosario, MA, LPC, is a Core Faculty member of Enneagram Studies in the Narrative Tradition, and Internship Coordinator for the certification programs. She has been teaching for 15 years. A graduate of Naropa University, Renée is a transpersonal, body-centered psychotherapist in Colorado. Playing and leading improv games is a passion.

Session info: p. 24

### Terry Saracino



Terry Saracino, MA, MBA, brings over 26 years of experience teaching the Enneagram as a tool for psychological and spiritual growth. She is founder and former President of the nonprofit Enneagram Studies in the Narrative Tradition (ESNT) and on the faculty of the world-renowned Palmer-Daniels Enneagram Professional Training Program (EPTP).

Session info: p. 26

# **SPEAKER BIOGRAPHIES S-W**

### Ipek Serifsoy



Ipek Serifsoy, PhD, is an executive coach, organizational consultant, and President of The Deep Coaching Institute. Her work uses a presence-based approach to the Enneagram, creative expression, and other innovative methodologies discovered during her doctoral research into the intersection between artistic sensibilities and leadership. Additionally, she facilitates Diversity Dialogues in large organizations.

Session info: p. 26

### Mario Sikora



Mario Sikora is an executive coach who advises leaders in multinational organizations. Mario is co-author of "Awareness to Action: The Enneagram, Emotional Intelligence, and Change" and author of many articles on personality and leadership, performance improvement, and teambuilding. Mario was 2011-2012 president of the board of directors of the IEA.

Session info: p. 17

### Sandra Smith



Sandra Smith, M.Div., offers Enneagram workshops and organizational staff trainings throughout North America. She is an accredited IEA Professional and Certified Teacher in the Narrative Tradition (2001). She organized and taught at the East Coast Enneagram Professional Training Program for eight years and mentors certifying candidates in the Narrative Tradition.

Session info: p. 19

### Jerry Wagner



Jerome Wagner, Ph.D. is a clinical psychologist, therapist and consultant in private practice, and a faculty member in the Department of Psychology at Loyola University, Chicago. Jerry has offered the Enneagram Spectrum Training and Certification Program nationally and internationally for the past 20 years. Website: www.enneagramspectrum.com

Session info: p. 21

### Sarah Walston

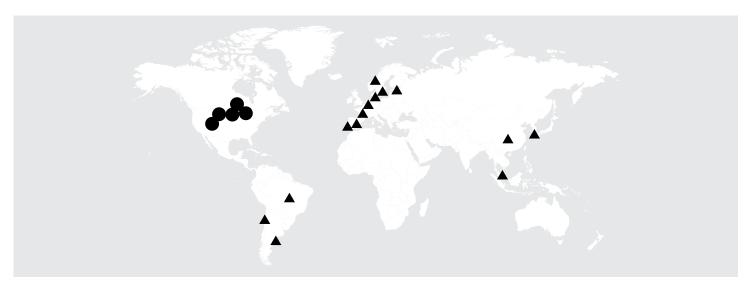


Sarah Walston is an Enneagram coach, psychotherapist, and teacher who has worked deeply with Enneagram for 17 years. As owner of Ninesight - Enneagram for Transformation, it is Sarah's joy to help people create lives their souls are longing for. Sarah is an IEA Accredited Professional and a Certified Teacher in the Narrative Tradition.

Session info: p. 24

# THE IEA: AN AFFILIATE AND CHAPTER SUPPORTED ORGANIZATION

The phenomenal growth of the Enneagram speaks to its power to affect individuals and organizations in profound ways. The gathering of communities to explore the richness of the Enneagram that contributes to our awareness and transformation is an integral part of this growth and of the vision of the IEA.





### **AFFILIATES**

As the Enneagram movement grows on all continents, the IEA also continues to expand internationally through its Affiliates. IEA Affiliates are countrywide nonprofit Enneagram Associations that work as the official IEA branches within their countries. Affiliates congregate and grow the local Enneagram communities and are committed to promoting the IEA's vision, mission, and values.

There are currently 14 affiliates and a few more are in the process of formation. If there isn't an Affiliate in your country, and if you have a strong local community, we encourage you to seek more information from IEA on how to form an affiliate. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Affiliate, and there is a toolkit with information, guidelines, criteria and steps that can help as a guide through the process.

Please contact Juan Antonio Martinez, International Affairs at juanantonio.martinez@internationalenneagram.org



Contact: Viviana Trucco

Brazil

Contact: Marilena Bigoto

Chile

Contact: Maria José Munita

China

Contact: Gloria Hung

Denmark

Contact: Jette Abildskov

Finland

Contact: Laura Valtonen

France

Contact: Gérard Battarel

Netherlands

Contact: Albert Kamphius

**Norway** 

Contact: Kristin Aase

**Portugal** 

Contact: Antonio Cordeiro

Singapore

Contact: Sharon Tan

South Korea

Contact: Young Ja Kim

Spain

Contact: Isabel Salama

Sweden

Contact: Rebecka Bartolomé



### **CHAPTERS:**

Within the United States, Chapters serve local Enneagram communities by providing and supporting Enneagram events and learning opportunities. There are currently seven local IEA Chapters.

Active Chapters are listed below. If there isn't a Chapter in your area, we invite you to organize one. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Chapter.

Please contact Belinda Gore at belinda.gore@internationalenneagram.org

### **IEA CHAPTERS:**

Colorado Chapter Contact: Jan Shegda

Indiana Chapter

Contact: Diane Mackel

Minnesota Chapter
Contact: Debbi Horton

Northern Minnesota Chapter

Contact: Karen Karls

Midwest Chapter Contacts: Debbie Burditt

Greater Washington, DC Contact: Wonhee Kang

# Accredited PROFESSIONAL Association





# **IEA ACCREDITATION**

IEA Accreditation serves as a mark of excellence for teachers and professionals, training programs and schools, so that those within and outside of the international Enneagram community can have a way of knowing that specific teachers and professionals, training programs, and schools have achieved a certain standard of quality in their Enneagram work and have formally agreed to adhere to the IEA ethical guidelines.

### REASONS FOR IEA ACCREDITATION

- To promote a high international standard of quality for Enneagram teachers and professionals, training programs, and schools through establishing an accreditation that demonstrates the achievement of certain minimum standards of ethical Enneagram work.
- To provide a way to communicate to the public that accredited Enneagram teachers and professionals, training programs, and schools meet certain minimum standards and agree to adhere to a defined set of ethical guidelines.
- To reinforce to the public that the IEA is a self-regulating community that maintains a high level of standards worldwide for the teaching and communication of the Enneagram system by its members.
- To support the proliferation of multiple perspectives and ways of using the Enneagram in ethical and respectful ways.

### CATEGORIES OF IEA ACCREDITATION

### **IEA Accredited Professional (AP)**

This level of accreditation indicates advanced knowledge and application of the Enneagram when working within a certain professional field or teaching the Enneagram professionally while adhering to the ethical standards of the IEA.

### IEA Accredited Training Program (ATP)

This level of accreditation indicates an Enneagram training program that is designed and delivered from advanced knowledge and application of the Enneagram, while adhering to the ethical standards of the IEA. This applies to IEA Accredited Professionals who offer training programs that are not necessarily associated with a school or institution.

### IEA Accredited Enneagram School (AES)

This level of accreditation indicates a school as a professional training institution offers basic and advanced Enneagram training by professional teachers while adhering to the ethical standards of the IEA. All teachers of the school must first be IEA Accredited Professionals before the school may apply for this level of accreditation.

### **IEA Accredited with Honor (AH)**

This level of accreditation indicates honored members of the International Enneagram Association such as founders or others who have contributed to the Enneagram community in a remarkable or extraordinary way with new knowledge or influential theories. This level is only selected and offered by the IEA Accreditation Committee.

### APPLY FOR IEA ACCREDITATION

Before applying for accreditation, you must be a Professional member of the IEA. To apply for IEA Accreditation, review the information and applications online:

www.internationalenneagram.org/Accreditation/

# IEA MEMBERSHIP IS MEANINGFUL AND FULL OF VALUE

Membership in the IEA sends a signal to the world that you are part of an international community of Enneagram practitioners and enthusiasts committed to excellence in their personal and professional practices. As an IEA member, you not only support the work of the IEA to create a world in which the Enneagram is widely understood and constructively used, but you have a voice in the direction and the methods that the IEA pursues to attain its vision. And as part of an international community of Enneagram enthusiasts and practitioners, you become part of something bigger than what any of us can be or achieve alone. Only together can we work to awaken the wisdom, understanding, and compassion that resides within all of us and that is revealed through our work with the Enneagram.

### MEMBERSHIP IN THE IEA ALLOWS YOU TO:

- Stay current with the latest, cutting-edge ideas about and applications of the Enneagram in the fields of psychology, spirituality, academia, and business
- Meet and network with other Enneagram enthusiasts and professionals from around the globe, building
  relationships with people who seek to understand themselves and others at a deep and meaningful level.
- Enjoy a discounted registration to the annual IEA Global Conference
- Enjoy discounts on selected Enneagram resources and training programs
- · Access the "Members Only" section of the IEA website
- Submit articles for publication in IEA's NinePoints, the online magazine of the IEA www.ninepoints.org

### PROFESSIONAL MEMBERS ALSO RECEIVE:

### **GREATER PROFESSIONAL VISIBILITY**

- Free listing of your training events on the IEA website
- Free listing on the IEA website "Find-a-Professional" (e.g. Find-a-Teacher, Find-a-Therapist, Find-a-Coach, Find-a Business Consultant, Find-a Health Care Professional, Find-an-IEA Professional Member)
- Eligibility to purchase E-blasts to the IEA Distribution list to promote your events
- Eligibility for IEA Accreditation, a visible and public symbol of your commitment to upholding ethical and professional standards of teaching and using the Enneagram.
- Upon request, IEA Accredited Professionals can be included in a listing as an IEA Speakers Bureau
  presenter. This means that you can offer to present a complimentary Enneagram-related workshop for IEA
  Affiliates and Chapters with the Affiliate or Chapter paying your travel and other expenses.

### A RICHER IEA CONFERENCE EXPERIENCE

- Eligibility to present at the IEA International Conference, Regional Conferences, and other events
- Free admission to the Professional Members, Presenters and Founders reception at IEA Global Conferences
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# WELCOME TO FINLAND

# Reflections

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THE FACULTY AND STAFF AT
THE ENNEAGRAM INSTITUTE EXTENDS ITS

# Sincere Appreciation and Thanks



TO OUR ESTEEMED FACULTY MEMBER

# Lynda Roberts

AS SHE COMPLETES HER TERM AS PRESIDENT OF THE IEA

The Enneagram Institute, founded by Don Riso and Russ Hudson, is dedicated to the Work of authentic self-awareness and the cultivation of presence. We seek to provide individuals with the knowledge and practice necessary to create new foundations and contexts for human development. We use the ancient wisdom of the Enneagram not just as an understanding of personality type, but as a springboard for profound journeys into the depths of the human spirit. We offer writings, teachings, workshops, and trainings, developed and refined through many years of scholarship and experience, to support individuals and organizations in lasting transformation.



Enneagram Institute Faculty (L-R): Lynda Roberts, Michael Naylor, Russ Hudson, Tim McLean, Gayle Scott, and Andrea Isaacs

www.EnneagramInstitute.com

### ENNEAGRAM STUDIES IN THE NARRATIVE TRADITION

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The Enneagram in the Narrative Tradition, founded by Helen Palmer and David Daniels, MD, promotes an open exploration of the nine personality types. Panel interviews of type representatives bring the Enneagram alive through meaningful conversations and insights. Integrating psychology, spirituality and somatics, our programs are set within a rich context of self-observation practices, directed meditations and movement exercises.



### Enneagram Narrative Curriculum – Schedule-at-a-Glance (Late Summer/Fall 2016)

### **MENLO PARK, CA**

**Enneagram Intensive 2.0,** Aug 6-11 *Peter O'Hanrahan, Renée Rosario* 

**Deepening Spiritual Awareness,** Aug 12-14 Helen Palmer, Marion Gilbert

**The Typing Process,** Aug 15-17 *Peter O'Hanrahan, Renée Rosario* 

Free Typing Interviews, August 16

Enneagram Narrative Teacher Training, Aug 18-20 Peter O'Hanrahan, Renée Rosario

Instincts and Subtypes, Aug 21-22, Peter O'Hanrahan

**Enneagram Narrative Learning Community,** Sept 23-26 *Helen Palmer, Terry Saracino, Marion Gilbert* 

### SYDNEY, AUSTRALIA

Enneagram Intensive, Oct 1-6, Peter O'Hanrahan Instincts and Subtypes, Oct 8-9, Peter O'Hanrahan

**NANTES, FRANCE** 

Enneagram Intensive, Oct 24-29

ASHEVILLE, NC

**Deepening Spiritual Awareness,** Oct 28-30 *Terry Saracino, Marion Gilbert* 

CINCINNATI, OH

Enneagram Intensive 2.0, Nov 4-6 and Dec 2-4 Terry Saracino, Renée Rosario

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Teaching Staff: Gloria Cuevas-Barnett, Carole Whittaker, PhD, and Robin Cameron

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**Location**: Redemptorist Renewal Center (Picture Rocks),

Tucson, AZ - www.desertrenewal.org

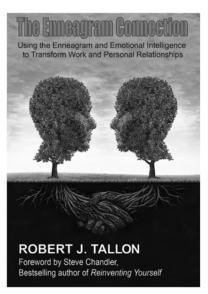
Fee: The all-inclusive \$1025 fee is based on double

occupancy which includes room, meals and

class materials.

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"The Enneagram Connection is both enjoyable and enlightening." Jerome Wagner, Ph.D., author of Nine Lenses on the World

"Read this book and keep it by your side to improve how you interact with the people in your life." **Andrea Isaacs**, creator of *EnneaMotion*, host of the "What We Need To Know" and co-founding editor/publisher of the *Enneagram Monthly* 



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# NOTES

### THANK YOU!

I consider this the most important page in the entire program – for without busy and willing hands, hearts and heads, the Conference could not successful. Time, talent and energy combined in so many ways, to prepare an unforgettable experience for you. I extend my sincere thanks to all of the folks listed here – and to so many more.

Take the opportunity to thank them as well.

### **IEA Administrator: Sandy Hatmaker**

Sandy's efficient and good humored help is so valuable. This Conference could not happen without her – and her wonderful staff. Always ready to assist, friendly and knowledgeable – Deep gratitude.

Danielle Cade: Sandy's right-hand gal (and mine, as well!)

The IEA Board of directors for support and suggestions, and boots on the ground assistance during the Conference.

### Sandy Jaffe-Belanger: Volunteer coordinator

And all the fantastic volunteers who add so much to your experience – and eliminate so many headaches for me. Great appreciation.

### **Members of the Minneapolis Chapter:**

Conference Video/Recording Services, Inc: Richard Page

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Conference Book Store: Gregg Jamback Conference Photographer: Ken Sergi Program Book design: Patrick Kayrooz Marketing assistance: Leslie Hershberger

My deep appreciation to all of these fantastic colleagues! A special thanks to those who added something special: Russ Hudson, Jack Killen, Mario Sikora, Jean Morrison, Eric Lyleson, the panelists and facilitators, Timothy Dobson and his band of magical musicians, and all of the presenters!

My greatest thanks and gratitude to you – the participants!

Kathryn Grant

2016 Conference Chair

athryn



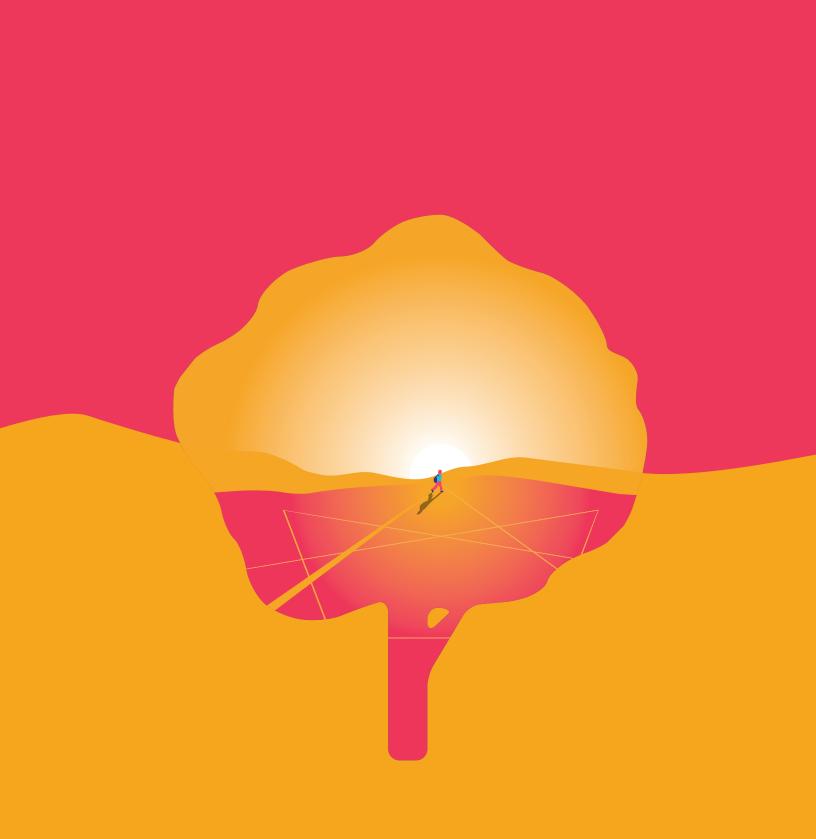
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